

FEPSAC

17TH CONGRESS 2024

PERFORMANCE UNDER PRESSURE
IN SPORTS, MILITARY/POLICE,
PERFORMING ARTS, MEDICINE,
BUSINESS AND DAILY LIFE

WWW.FEPSAC2024.EU



PROGRAMME
BOOK

15/07 - 19/07/24
CONGRESS INNSBRUCK

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CONGRESS OVERVIEW

Time	Info	Monday July 15	Tuesday July 16	Wednesday July 17	Thursday July 18	Friday July 19	Time
07.30 – 08.00	R						07.30 – 08.00
08.00 – 08.30	E						08.00 – 08.30
08.30 – 09.00	G		KEYNOTE	KEYNOTE	KEYNOTE	KEYNOTE	08.30 – 09.00
09.00 – 09.30	S		Cecilie Thøgersen-Ntoumani	Stiliani “Ani” Chroni	Duarte Araújo	Mia Stellberg	09.00 – 09.30
09.30 – 10.00	T	Parallel Sessions	Poster Session & FEPSAC	Poster Session	Poster Session	Poster Session	09.30 – 10.00
10.00 – 10.30	R	Parallel Precongress	Group Picture				10.00 – 10.30
10.30 – 11.00	A	workshops	Break	Break	Break	Break	10.30 – 11.00
11.00 – 11.30	T	FEPSAC Managing Council	Parallel Sessions	Parallel Sessions	Parallel Sessions	Parallel Sessions	11.00 – 11.30
11.30 – 12.00	I	(closed) Meeting			Young Researcher Award		11.30 – 12.00
12.00 – 12.30	O						12.00 – 12.30
12.30 – 01.00	N	Break	Break*	Break*	Break*	Break*	12.30 – 01.00
01.00 – 01.30	A						01.00 – 01.30
01.30 – 02.00	L	Parallel Sessions	Parallel Sessions	Parallel Sessions	Parallel Sessions	Parallel Sessions	01.30 – 02.00
02.00 – 02.30	L						02.00 – 02.30
02.30 – 03.00							02.30 – 03.00
03.00 – 03.40	D	Break	Break	Break	Break		03.00 – 03.40
03.40 – 04.10	A	Parallel Sessions	Parallel Sessions	Parallel Sessions		Break	03.40 – 04.10
04.10 – 04.30	Y						04.10 – 04.30
04.30 – 05.10	S	Break	Break	Break			04.30 – 05.10
05.10 – 05.30							05.10 – 05.30
05.30 – 06.00			FEPSAC General Assembly			KEYNOTE	05.30 – 06.00
06.00 – 06.30			and Ema Geron Award			Kristoffer Henriksen	06.00 – 06.45
						AWARDS	
06.30 – 07.00		OPENING CEREMONY		VIP reception	Social activities	Closing Ceremony of	06.45 – 07.00
		KEYNOTE				the Academic	
07.00 – 07.30		Daniel Gould	FEPSAC Young Practitioner			Programme	07.00 – 07.30
07.30 – 08.00		WELCOME COCKTAIL	Presentation, BÖP Award				07.30 – 08.00
08.00 – 08.30						Conference Dinner	08.00 – 08.30
08.30 – 09.00							08.30 – 11.30

* parallel meetings

PERFORMANCE UNDER PRESSURE IN SPORTS,
MILITARY/POLICE, PERFORMING ARTS, MEDICINE,
BUSINESS AND DAILY LIFE

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INTRODUCTION

In Innsbruck we will concentrate on our congress topic “Performance under pressure” and we are excited to share with you and our colleagues the newest scientific and applied insights. We will bring together some of the leading experts in performance psychology to discuss, debate and celebrate the impact of pressure on individual and team performances in different settings, and we’d love to see you there.

Performing under pressure is a common challenge for individuals in various domains, including sports, performing arts, business, and high-stakes professions (police, military, medicine etc.). Pressure situations can elicit stress, anxiety, and a range of emotions that can impact performance. However, with the right strategies and mindset, individuals and teams can learn to thrive and excel under pressure. We love to enhance our

client's abilities to perform at their best in challenging situations.

We will have participants and presenters from sports, military, police, performing arts, medicine and business settings. At our congress we connect the most influential people from these areas.

We will feature over 100 workshops, oral sessions and symposia, delivering continuing education on the latest techniques and practices in our field. For colleagues who are interested in deeper education we will have an intense pre-congress-programme covering hypnosis in sports, mindfulness in Olympic sports and a fine educational programme for becoming sport psychologists in professional and elite sports.

WELCOME



Congress President Christopher Willis

Dear FESPAC Members, Esteemed Colleagues, and Respected Friends of our Global Sport and Performance Psychology Community, FEPSAC (European Federation of Sport Psychology) stands as the premier organization for sport psychology in Europe. On behalf of the Division of Sport Psychology of the Professional Association of Austrian Psychologists, the Center of Mental Excellence GmbH, and the PCO Tyrol Congress, we are thrilled to announce that we have been granted the privilege of hosting the FEPSAC Congress 2024 in the beautiful city of Innsbruck, Austria, for the very first time.

Innsbruck, a city with a remarkable history of hosting the Olympic Games three times, is no stranger to international sporting excellence. In 1964 and 1976, it welcomed the world

for the Winter Olympics, and the 1st Youth Olympic Winter Games in 2012 were a splendid celebration of competitive sport and joyful camaraderie. In 2020, Innsbruck played host to the Winter World Masters Games, the world's largest winter sports festival, bringing together elite athletes and enthusiasts over 30. Given Innsbruck's legacy of exemplary performance under pressure, it is the ideal setting for engaging in discussions and presenting the latest research and applications in the field of sport and performance psychology, with a particular focus on “performance under pressure.”

Our vision for this congress is to advance this theme through a programme that combines scientific rigor with practical relevance. We are committed to featuring exceptional keynote speakers, captivating symposia, hands-on workshops, as well as individual oral and poster presentations. Additionally, we are excited to introduce a scientific slam and an applied slam to further enrich our offerings. We have received overwhelmingly positive responses from esteemed colleagues who have graciously agreed to join the scientific and applied committees. Furthermore, we are actively collaborating with leading national and international associations in sport and performance psychology to elevate the profile of the congress.

In light of Innsbruck's rich history and tradition in professional sports, we anticipate significant media and public interest in the FEPSAC Congress 2024. We are confident that we will deliver an exceptional programme in collaboration with our local sports organizations, complete with an engaging social and athletic agenda. We believe that the FEPSAC Congress 2024 in Innsbruck, Austria, will create enduring scientific, applied, and social memories for all our participants. We consider hosting the 17th FEPSAC Congress in Innsbruck, situated in the heart of the Alps, as a unique opportunity to promote and advance our field, particularly within Europe and in collaboration with our colleagues worldwide.

We eagerly look forward to welcoming you to Innsbruck.

With warm regards,
Christopher Willis

WELCOME



FEPSAC President Maurizio Bertollo

Dear colleagues!

Welcome to the exciting world of sport and exercise psychology! In Innsbruck is the 17th FEPSAC Congress that brings together professionals, researchers, and enthusiasts passionate about the intersection of sports and psychology. Whether you're attending our congress to learn about the latest research in our field, network with fellow experts, or gain insights into improving athletic performance and well-being through psychological techniques, you're in for a rewarding experience. The representatives of the National Association of Sport and Exercise Psychology affiliated to FEPSAC will have the opportunity to share their local experience with the entire community.

Our FEPSAC Congress 2024 offers a platform to explore topics such as mental toughness, motivation, performance anxiety, team dynamics, and the psychological aspects of coaching and sports management, but also the fields of physical and mental health of individuals and groups. If you are looking for concepts and tools to promote motivation, self confidence, cognitive abilities and social connection in these areas you should attend the congress.

Overall, the FEPSAC Congress in Innsbruck will be an excellent opportunity to connect with colleagues, learn from experts, and contribute to the field of sport and exercise psychology. Make the most of this event, and I hope it leads to valuable collaborations and insights for you and your peers!

I wish you a wonderful Congress!
Maurizio Bertollo

WELCOME



*President of the Professional Association of Austrian Psychologists
Beate Wimmer-Puchinger*

Dear colleagues,

on behalf of the Professional Association of Austrian Psychologists, which boasts nearly 6,000 members, it is our immense pleasure to extend our support to the FEPSAC Congress in Innsbruck. Over the past few years, the number of sport psychologists in Europe working with professional teams, national and Olympic training centers, and universities has seen a dramatic increase. Furthermore, our division of sport psychology, comprising more than 200 members, has been highly active, establishing standards of practice, ensuring quality, and safeguarding clients against malpractice and harm. Throughout Europe, various initiatives are underway to promote sport psychology, estab-

lish professional training, and practice pathways within the field. The field of sports psychology is gaining increasing societal significance, particularly in the realms of health promotion and secondary prevention of mental disorders. Additionally, it plays an active preventive role in the context of sexual violence.

We firmly believe that hosting this congress in Austria presents a remarkable opportunity to further advance and strengthen the discipline of sport psychology in Europe.

We eagerly anticipate your presence in Innsbruck and warmly welcome you to this exciting event.

Beate Wimmer-Puchinger

CONGRESS VENUE

The FEPSAC Congress 2024 will be held at Congress Innsbruck from July 15 - 19, 2024.



Congress Innsbruck
Rennweg 3 6020 Innsbruck
Austria

The venue Congress Innsbruck is situated right at the city centre making it possible for visitors of congresses to enjoy a car-free stay. The award-winning event venue offers a wide range of space and is geared to cater for individual requirements and wishes – from compact seminars to major congresses.

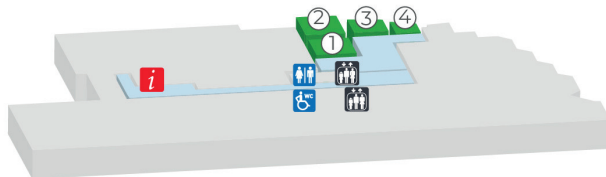




MAP OF CONGRESS VENUE

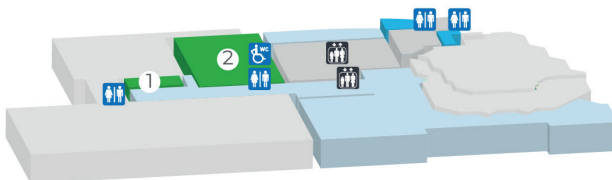
3rd floor:

1. Hall Freiburg
2. Hall Grenoble
3. Hall New Orleans
4. Hall Aalborg



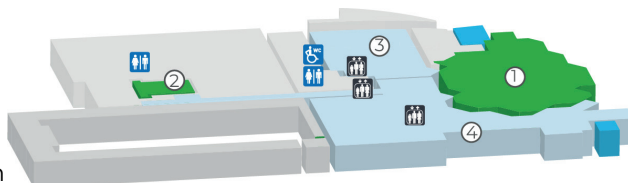
2nd floor:

1. Hall Igls
2. Hall Innsbruck



1st floor:

1. Hall Tirol
(Plenary sessions)
2. Hall Maximilian
3. Posters & Exhibition
- 3./4. Catering



Ground floor:

1. Hall Orangerie
2. Hall Dogana
3. Hall Strassburg
4. Hall Brüssel
5. Registration desk
6. Media check
Cloakroom



REGISTRATION INFORMATION

The FEPSAC 2024 registration desk is located close to the main entrance of Congress Innsbruck at the ground level (Europa Foyer). The staff is happy to greet you and answer all your questions.

You will receive your name badge at the registration desk, which you must wear at all times during the congress.

REGISTRATION OPENING HOURS

Monday, July 15	07:30 AM – 06:30 PM
Tuesday, July 16	07:30 AM – 06:30 PM
Wednesday, July 17	07:30 AM – 05:30 PM
Thursday, July 18	07:30 AM – 04:00 PM
Friday, July 19	07:30 AM – 07:00 PM

CANCELLATION POLICY

For detailed information regarding the FEPSAC 2024 registration cancellation policy, please refer to our website:

www.fepsac2024.eu

CONFERENCE REGISTRATION

Conference registration fee includes:	The following are not included in the fees and must be purchased separately:	Accompanying person fee includes:
<ul style="list-style-type: none">✓ Participation in sessions✓ Access to exhibition and social events✓ Coffee breaks✓ Welcome reception✓ Closing reception✓ Access to FEPSAC 2024 Ema Geron Award, Science and Applied Slam	<ul style="list-style-type: none">✗ Lunch during the congress✗ Participation in the pre-congress workshops✗ Participation in the following social events: city tour, soccer tournament, Swarovski Crystal Worlds-Tour, Bergisel Ski Jump and Museum-Tour, Trail Running or Walking Tour, Day Trip Neuschwanstein	<ul style="list-style-type: none">✓ Participation in the opening ceremony, welcome cocktail, closing ceremony and conference dinner✓ Access to social events✓ Access to the Science and Applied Slam✗ NO Access to scientific sessions

PERSONAL DATA

The participant is entitled to revoke his/her consent to the specific data processing at any time by writing to the congress secretariat: fepsac2024@cmi.at

LOST BADGE

Please hold on to your badge as it is your pass to enter the venue. Should you lose it please report to the reception desk with your ID for a less glamorous replacement.

FILMING AND PHOTOGRAPHY

We would like to inform you that there may be filming and photography during the meeting. A photo gallery with all photos taken during the congress will be available to registered participants on the FEPSAC 2024 website. In addition, photographs taken during the congress may be used for the organizer's social media networks.

MODIFICATION OF THE PROGRAMME

The conference chairmen reserve the right to modify the conference programme, which is published as an indication only.

DATA PRIVACY

We take your privacy very seriously and in order to comply with GDPR consent requirements, your consent to our Privacy Policy is mandatory for a participation. For detailed GDPR guidelines please see: www.fepsac2024.eu – Registration - Registration guidelines.

IMPORTANT DATES & SPECIAL EVENTS

OPENING CEREMONY AND WELCOME COCKTAIL

On Monday evening the opening Ceremony will take place in Hall Tirol at 05.20pm. You are welcome to join Chris Willis and Maurizio Bertollo at the Welcome Cocktail after the Welcome Ceremony at 06.45pm.

GROUP PICTURE

On Tuesday there will be a group picture taken from 09.30 – 09.40am (Hall Tirol). Join us and be part of the group picture of FEPSAC 2024!



SOCIAL ACTIVITIES

During the FEPSAC Congress 2024 there will be plenty of activities to explore the city of Innsbruck and much more! On Thursday from 04.00 – approx. 08.00pm there will be sports and sightseeing activities to join. The meeting point for all activities will be the Congress Innsbruck (Europa Foyer, near the registration).

Please hold on to your name badge as it is your pass to enter the venue. Should you lose it please report to the reception desk with your ID for a less glamorous replacement.

CONFERENCE DINNER

The FEPSAC Congress dinner brings together all delegates in a celebration of collegiality with good food, drink and music in the beautiful historic place which is Dogana. Join us at 7.00pm in the congress centre - Dogana and make sure you bring your dancing shoes!

If you no longer can attend the dinner please do inform us at the congress desk to reduce food wastage.



FOOD AND BEVERAGES

COFFEE BREAKS

Coffee breaks with complimentary coffee, beverages, and snacks will be held in the Kristall Foyer.

Additionally, a bar will be open during sessions where you can purchase food and beverages on the first floor in the Kristall Foyer.

The catering staff is welcoming you at the Kristall Foyer on the first floor with delicious food and beverages.

LUNCH BREAKS

During the congress, all participants are responsible for their own lunch. As our congress venue is entirely pedestrian-friendly and close to the city centre, we recommend all surrounding restaurants. Feel free to ask our staff members for recommendations regarding restaurants in the city.

If you have preordered a lunch package you will receive your lunch voucher at the registration desk. The lunch package will be ready for you to pick up in the Kristall Foyer on the first floor.

Please be aware that Lunch packages will be available from Tuesday – Friday during lunch break.

DAILY SPORTS PROGRAMME

RUNNING AND YOGA

During the congress you will have the opportunity to join the daily sports programme. Every morning (Tuesday – Friday) there will be running sessions as well as Yoga from 06.00 – 07.00 am.

The meeting point for all sports activities will be the main entrance of Congress Innsbruck.

You can register for the daily sports programme at the registration desk. For further information you are welcome to ask the staff at the registration desk.

GENERAL INFORMATION FROM A-Z

ABOUT AUSTRIA

Austria has been a member of the European Union since 1995, the population is 8,5 million, the capital city being Vienna (Vienna). Politically, Austria is a democratic republic with the prime minister as the head of the government and parliamentary elections every five years. The formal head of state is the president, who has more representative duties than political power. The country is divided into nine federal states, Innsbruck is the capital of the state of the Tyrol. The language spoken in Austria is German, but most Austrians speak English, and many speak some French or Italian too and are happy to be of service to visitors.

ABOUT INNSBRUCK

Innsbruck, the capital city of Tyrol, is located in the Alpine region of Austria, in the valley of the river Inn, at 580 metres above sea level. It is surrounded by mountain ranges and numerous peaks which reach an altitude of approx. 2,700 metres above sea level. The city has 121,000 inhabitants and hosts one of the oldest universities in Europe, founded in the year 1669. Today, over 30,000 students attend the university in Innsbruck. Due to its location, Innsbruck has an excellent tourist infrastructure and is best known for its rich cultural heritage, as well as for its endless opportunities in sports and recreation. Innsbruck has been the host for Olympic Winter Games twice, in 1964 and 1976. In the town, some 160 restaurants, cafes and bars, most of them in walking distance to the convention centre, offer traditional Tyrolean and Austrian specialties as well as international dishes.

ABSTRACTS

Abstracts selected for FEPSAC 2024 are presented in Concurrent Sessions and Poster Sessions. All accepted and confirmed abstracts are available via the abstract book online.

CAMERAS AND CELL PHONES

No unauthorised recording is allowed in any event during the FEPSAC Congress 2024. As a courtesy to fellow attendees, please set your cell phones on silent mode during the session.

CERTIFICATE OF ATTENDANCE

After the congress you will receive your Certificate of Attendance via Email. You will receive a questionnaire about your experience at the FEPSAC Congress, which you are asked to fill out to receive your Certificate of Attendance.

CHILD CARE

During the FEPSAC-Congress in Innsbruck your children from the ages of 6 to 13 can participate in our exciting Sports and Adventure Week from Monday, July 15th – Friday, July 19th 2024. Free from performance constraints, your children can immerse themselves in the multi-faceted world of sports: volleyball, dodgeball, field hockey,

basketball, dance, baseball, soccer, adventure lessons, gymnastics, apparatus gymnastics, and many more. Please note that the registration of children must be completed prior to the conference!

more information:
www.sportwoche.eu/en/

CONGRESS APP



In addition to the programme booklet and the website, we also offer an accompanying FEPSAC 2024 app.

Use this app to get information regarding the events, presenters, sessions, abstracts and much more. To install and use the app, please follow the QR Code (for Apple Users) above. Alternatively it is easy to download and install the app by searching for EventsAir in your Android or Apple App Store. Then all you need to do is:

1. Install The Event App by EventsAir.
2. The first time you open the app, enter this event code: fepsac2024
3. When the app opens, enter your email address and 6-digit App PIN. You can find your App PIN on your name badge.

DISCLAIMER

The organizers have made every attempt to ensure that all information in this publication is correct. The organizers take no responsibility for changes to the programme or any loss that may occur as a result of changes to the programme. Some of the information provided in this publication has been provided by external sources. Although every effort has been made to ensure the accuracy, currency and reliability of the content, the organizers accept no responsibility in that regard.

EMERGENCY

The emergency numbers can be called free of charge from any phone in Austria. In the event of traffic accidents, fire or other situations, emergency services should be contacted immediately on the European emergency number: 112. The police can be contacted by calling 133 and fire department by 122. For an ambulance service please call 144.

FACILITIES FOR WORK

Please bring your presentation on a USB stick and hand it in at the media check (located next to the registration desk on the ground floor of Congress Innsbruck). There is a space for delegates to work (normally 2-3 desks with chairs with internet and power). Please make sure to do so at least one hour before your ses-

sion starts. You need not bring your own computer. The meeting rooms are equipped with PC and data projector. Due to the restricted amount of desks we ask that delegates use this space for short periods of time. This also allows speakers to finalise presentations for deposit.

LIABILITY AND INSURANCE

Neither the organizers nor CMI / PCO Tyrol Congress as their agency accept any liability for personal injuries, or loss of, or damage to property belonging to congress delegates or accompanying persons, either during or as a result of the conference or during any of the networking events. It is recommended that participants arrange for their own personal health, accident and travel insurance before they depart from their countries. Only written agreements shall be valid. The play of jurisdiction shall be Innsbruck.

LOST & FOUND

Please return or claim any items found or lost at the registration desk.

NAME BADGE

To enjoy a smooth FEPSAC Congress please ensure you wear your Congress name badge in a way that is clearly visible.

NON-SMOKING POLICY

All congress venues are non-smoking (including vaping). Smoking is permitted on the premises outside of the buildings. Please use the ashtrays provided.

OFFICIAL LANGUAGE

The official language of the FEPSAC Congress 2024 is English. No simultaneous translation will be provided.

PARKING

There is an underground car park at the Congress Centre. Participants obtain tickets at reduced rates from the porter's desk on the ground floor of Congress Innsbruck. Please note that these reduced fares only apply to the Congress garage (garage entry on the left side) and not the other parking facilities (garage entry on the right side). Please also note that street parking in the city is available but limited to 90 minutes.

PUBLIC TRANSPORTATION

Innsbruck main station is located in the centre of the city within walking distance to the conference venue. Taxis are also available outside the station's entrance.

There is a good public transport system in Innsbruck and its surroundings. Most busses and trams operate until midnight. Detailed information on bus schedules is available at your hotel. Tickets can

be pre-purchased from ticket machines at the stops.

Taxis are usually available outside the conference centre's entrance. If you need support, please contact the registration desk.

PHOTO AND FILM RECORDINGS

When you registered for the Congress, the organizer was given permission to take photos and film during the Congress, and to use these recordings in the context of the event for public relations and documentation, analogue and digital. The organizer has legitimate interests in using the photos on its website, on Facebook/Instagram and in print media (Art. 6 § 1 sentence 1 lit. f DSGVO).

RESTAURANTS & BARS

There are plenty of restaurants and bars in the inner-city of Innsbruck. For dining options please refer to: innsbruck.info/en/see-and-experience/food-and-drink/restaurant-search

WATER

Tap water is safe to drink. The value of water is particularly evident in Innsbruck, because 100% of Innsbruck's water needs are met by spring water, the quality of which is constantly monitored. The journey of Innsbruck's water begins at the very top of the Nordkette, where water from melted snow or precipitation seeps deep into the rock and then makes its long way down into the valley. This special geological situation determines the high quality of Innsbruck's drinking water.

WIFI CONNECTION

FEPSAC 2024 is providing free Wi-Fi in the conference area. To ensure a positive Wi-Fi experience for all users please do not use your own wireless hotspot device. The additional Wi-Fi devices create significant RF interference which can interfere with all Wi-Fi networks. Please turn these devices off and connect to the Wi-Fi network FEPSAC and open your web browser to connect to the internet.



LOG IN DETAILS:

Network name: congress

Username: FEPSAC

Password: fepsac2024

INFORMATION FOR PRESENTERS

Every FEPSAC Congress lives off the wide array of excellent scientific presentations and discussions/ presentations on best-practice interventions.

GUIDELINES

POSTER PRESENTATIONS

Please bring your poster in portrait style. Poster measures must not exceed A0 format (84,1 cm/ 33,11" in width and 118,9 cm/ 46,8" in height). No other formats are allowed! Posters exceeding the above-mentioned directions cannot be displayed. Mounting material will be provided on site.

Please use the FEPSAC Congress templates that can be downloaded from the website.

Please set up your poster between 8.00am and 9.00am on the day of your Poster Session. Please demount your poster until 5.30pm on the same day of your Poster Session. Otherwise, we will have to dispose of it!

You will have the opportunity to print your poster at the University of Innsbruck. The Copyshop is approximately 15 minutes walking distance away from the conference venue.

Address:

Copyshop und Buchhandlung
for Poster Printing

Innrain 52f, 6020 Innsbruck

Opening hours:

Monday - Friday: 8.30 am to 6.00 pm

Saturday: 8.30 am to 12.00 pm

Costs for A0 posters:

17,00€ for matt paper or 30,00€ for glossy paper

(no other formats allowed)

CONCURRENT SESSIONS

Please bring your presentation as a ppt. or pptx. file (screen format 16:9) on a USB memory stick. Presentation laptops will be provided in the session halls. Please note, a presentation with your own laptop is not possible. Make sure to hand in your presentation to the media check the day before your presentation up to 2 hours before your presentation starts.

Please use the FEPSAC Congress templates that can be downloaded from the website.

INFORMATION FOR CHAIRS

The job of the chairperson is to run the session smoothly and make it informative, interesting, and lively by facilitating excellent communication between the speakers and the audience, and keeping the time.

Oral presentation (12+3 minutes) will

be gathered into sessions of up to five speakers.

In Gimme 5 sessions, each presenter has five minutes for a maximum of five PowerPoint slides. After each

short presentation, a discussion of up to three minutes is added. Seven contributions are to be presented within one session.

FORMATS

SYMPOSIA

All symposia consist of oral presentations from multiple speakers and cover a specific coherent topic relating to Sport and Exercise Psychology. The focus of the presentations can be theoretical, methodological, or applied. Symposia chairs are responsible for time management during the session and should allow sufficient time for questions and discussion with the audience.

ORAL PRESENTATION

Oral Presentations consist of up to five oral presentations. Each individual presentation consists of a 12-minute talk followed by a 3-minute discussion. The focus of the presentations can be theoretical, methodological, or applied. Session chairs are responsible for time management during the session, session chairs and speakers should allow sufficient time for questions and discussion with the audience. The sessions have been compiled based on single contributions that are related to Sport and Exercise Psychology.

GIMME 5 PRESENTATION

There will also be three Gimme-5 session in the programme. In Gimme 5 sessions, each presenter has five minutes to present a maximum of five slides. After each short presentation, a discussion of up to three minutes is added. Session chairs are expected to take charge of time management during the sessions in order to allow switching between sessions.

WORKSHOP

The workshops involve active participation through interactive discussions, demonstrations, and/or experiential learning through hands-on experiences for participants. Applied workshops offer opportunities for practitioners to share their professional practice strategies. Evidence-based workshops have been given priority. Research workshops can include, but are not limited to, research methods, ethics in research, theory or measurement development, grant writing and mentoring in scientific writing.

PODIUM DISCUSSION & SPECIAL SESSION ROUNDTABLE

Podium Discussions/Round Table Discussions bring together experts from a specific, relevant topic who will share their experiences, intervention strategies and how they link theory and/ or practice. Bringing expert researchers and expert practitioners together on a common topic in a panel discussion provides excellent opportunities for an audience to learn and engage in open dialogue in a scientist-practitioner framework.

APPLIED SLAM & SCIENCE SLAM

The Applied & Science Slam will take place during the evening session on Tuesday, July 16th, 06.30pm. It offers funny and creative, but still informative and scientific presentations of state-of-the-art and original research. The slam is a special form of oral presentation that reaches a broad audience.

FEPSAC YOUNG PRACTITIONER AWARD & FEPSAC YOUNG RESEARCHER AWARD

During this years congress there will be a FEPSAC Young Practitioner Award and FEPSAC Young Researcher Award. There will be a Poster Session where the YPA and YRA posters will be presented. The Poster Session will take place on Thursday 09.00am.

The session for the Young Researcher Award (oral) will be on Thursday 11.00am – 12.30pm Hall Grenoble.

The session for the Young Practitioner Award (oral) will be on Tuesday during the Award & Slam Session at 06.30 – 09.00pm.

KEYNOTES

During this year's congress, there will be a total of six keynote speakers. Each keynote speaker is an international, highly renowned scientist, all from different fields of Sport and Exercise Psychology. They will hold a presentation of 45 minutes, followed by 15 minutes of discussion, which is open to questions from the audience. The entire keynote is moderated by a chair.

MEETINGS

Invited Participants Only

WHO	WHAT	DAY, TIME, LOCATION
FEPSAC MC only	FEPSAC MC Meeting	Monday, 09.00am – 12.00pm Hall Strassburg Nord
PSE Associate Editors chaired by Raab and Tamminen	Lunch-Elsevier-AE Meeting	Tuesday, 12.00 – 01.30pm Hall Strassburg Nord
Euromental partners chaired by Berchicci	Euromental project Meeting	Tuesday, 12.00 – 01.30pm Hall Brüssel
FEPSAC group and individual members	FEPSAC General Assembly and Ema Geron Award	Tuesday, 05.30 – 06.30pm Hall Brüssel
ENYSSP	ENYSSP Gathering	Tuesday, 08.00pm
ISSP-FEPSAC	ISSP-FEPSAC Dinner	Tuesday, 08.00pm
SASP-accredited FEPSAC members	FEPSAC-SASP Meeting	Wednesday, 12.30 – 01.30pm Hall Maximilian
Open to all interested in EU projects	Erasmus+ Sport network Meeting	Wednesday, 12.30 – 01.30pm Hall Grenoble
VIP only	VIP Reception	Wednesday, 05.30 – 08:00pm
YRA and YPA committee members	Committee Meeting FEPSAC Young Re- searcher Award and Young Practitioner Award	Thursday, 09.00 – 10.30am Hall Grenoble
Presidents or Repre- sentatives of Sport Psy- chology associations, chaired by Van Raalte	Sport Psychology Council Meeting	Thursday, 12.15 – 01.15pm Hall New Orleans
FEPSAC history group task force chaired by Roland Seiler	History Meeting	Friday, 12.30 – 02.30pm Second Floor

KEYNOTES

<p>Daniel Gould <i>Michigan State University, East Lansing, United States</i> Coaching today’s athlete: meet- ing them where they are and tak- ing them where they need to go Monday,15/Jul/2024: 05.45 – 06.45pm Chair: Christopher Willis</p>	<p>Duarte Araújo <i>University of Lisbon, Lisbon, Portugal</i> The ecological dynamics of cognizant bodies in expert sport performance Thursday, 18/Jul/2024: 08.30 – 09.30am Chair: Rita de Oliveira</p>
<p>Cecilie Thøgersen-Ntoumani <i>University of Southern Denmark, Odense, Denmark</i> Why is it so difficult when you have to, and so easy when you want to? The role of motivational factors for physical activity promotion Tuesday, 16/Jul/2024: 08.30 – 09.30am Chair: Athanasios Papaioannou</p>	<p>Mia Stellberg <i>University of Helsinki, Helsinki, Finland</i> Sport psychology in Esports Friday, 19/Jul/2024: 08.30 – 09.30am Chair: Andrea Keplinger</p>
<p>Stiliani “Ani” Chroni <i>Inland Norway University of Ap- plied Sciences, Rena, Norway</i> Our Duty to Safeguard Sport: From Ignorance and Silence to Knowledge and Practice Wednesday, 17/Jul/2024: 08.30 – 09.30am Chair: Anastasiya Khomutova</p>	<p>Kristoffer Henriksen <i>University of Southern Denmark, Odense, Denmark</i> Performance excellence under pressure: Reflections of a scientist practitioner Friday, 19/Jul/2024: 05.30 – 06.30pm Chair: Michala Bednarikova</p>

DETAILED OVERVIEW

MONDAY, 15/JULY/2024

09.00am – 12.00pm / 12.30pm / 5.10pm

PAGE	FEPSAC COMMITTEE MEETING - Invited Participants Only	
62	09.00am – 12.00pm	FEPSAC Committee Meeting - Invited Participants Only
	Hall Strassburg Nord	Session Chair: Maurizio Bertollo (FEPSAC President)

PAGE	PARALLEL PRECONGRESS WORKSHOPS & PARALLEL SESSIONS	
62	09.00am – 05.10pm	Network Meeting 1 - Invited Participants Only
	Hall Maximilian	Session Chair: Svenja A. Wolf, Florida State University
62	09.00am – 05.10pm	Symposium 01: Other topics - Invited Participants Only
	Hall New Orleans	Session Chair: Alexandra Pizzera, German Sport University Cologne
65	10.00am – 12.30pm	Precongress Workshop (applied) 01: Elite sports and expertise
	Hall Brüssel	Session Chair: Peter Haberl, LLC
65	10.00am – 12.30pm	Precongress Workshop (applied) 02: E-Sports
	Hall Igls	Session Chair: Katharina Hänsch, Sportpsychological Training

MONDAY, 15/JULY/2024

01.30 – 02.30pm

PAGE	PARALLEL SESSIONS	
66	01.30 – 02.30pm	Oral presentation 01: Coaching & Professional development and mentoring
	Hall Tirol	Session Chair: Nadja Walter, University of Leipzig
67	01.30 – 02.30pm	Symposium 02: Psychophysiology
	Hall Strassburg Nord	Session Chair: Arash Mirifar, University of Florida
68	01.30 – 02.30pm	Symposium 03: Other Topics
	Hall Strassburg Süd	Session Chair: Marie Ottilie Frenkel, Hochschule Furtwangen/Furtwangen University

69	01.30 – 02.30pm	Symposium 04: Well-being and quality of life
	Hall Brüssel	Session Chair: Natalie Durand-Bush, University of Ottawa
70	01.30 – 02.30pm	Symposium 05: Youth
	Hall Igls	Session Chair: Louise Kamuk Storm, University of Southern Denmark
71	01.30 – 02.30pm	Workshop (research) 04: Other topics
	Hall Grenoble	Session Chair: Geir Jordet, Norwegian School of Sport Sciences
72	01.30 – 02.30pm	Workshop (applied) 05: Elite sports and expertise
	Hall Innsbruck	Session Chair: York-Peter Klöppel, Red Bull Athlete Performance Center
72	01.30 – 02.30pm	Oral presentation 02: Clinical sport psychology, clinical issues in sport and physical activity & Emotion & Exercise psychology
	Hall Freiburg	Session Chair: Roland Seiler, University of Bern

MONDAY, 15/JULY/2024

02.40 – 03.40pm

PAGE	PARALLEL SESSIONS	
73	02.40 – 03.40pm	Oral presentation 03: Emotion
	Hall Tirol	Session Chair: Marika Berchicci, University "g. D'annunzio" of Chieti-pescara
74	02.40 – 03.40pm	Symposium 06: Psychophysiology
	Hall Strassburg Nord	Session Chair: Andrew Cooke, Bangor University
75	02.40 – 03.40pm	Workshop (applied) 06: Cognition
	Hall Strassburg Süd	Session Chair: Tarcan Kiper, Neo Auvra Corp Session Chair: Fabio Richlan, Paris Lodron University of Salzburg
75	02.40 – 03.40pm	Symposium 07: Other topics
	Hall Brüssel	Session Chair: Laurie Schwab, Swiss Federal Institute of Sport Magglingen & Institute of Sport Sciences of the University of Lausanne
77	02.40 – 03.40pm	Symposium 08: Developmental/lifespan perspectives
	Hall Igls	Session Chair: Kristoffer Henriksen, University of Southern Denmark

MONDAY, JULY 15TH, 2024

78	02.40 – 03.40pm	Workshop (research) 07: Research methods (incl. qualitative & quantitative)
	Hall Grenoble	Session Chair: Whitney Moore, East Carolina University
78	02.40 – 03.40pm	Workshop (applied) 08: Elite sports and expertise
	Hall Innsbruck	Session Chair: William Low, Heriot-Watt University
79	02.40 – 03.40pm	Oral presentation 04: Cognition
	Hall Freiburg	Session Chair: Stephan Frederic Dahm, University of Innsbruck

MONDAY, 15/JULY/2024

04.10 – 05.10pm

PAGE	PARALLEL SESSIONS	
80	04.10 – 05.10pm	Gimme Five presentation 01: Coaching & Elite sports and expertise & Emotion & Ethics in applied settings
	Hall Tirol	Session Chair: Marie Ottilie Frenkel, Hochschule Furtwangen/Furtwangen University
81	04.10 – 05.10pm	Workshop (applied) 09: Psychophysiology
	Hall Strassburg Nord	Session Chair: Sylvain Laborde , German Sport University Cologne
81	04.10 – 05.10pm	Symposium 09: Professional development and mentoring
	Hall Strassburg Süd	Session Chair: Anastasiya Khomutova, University of Brighton
82	04.10 – 05.10pm	Symposium 10: Well-being and quality of life
	Hall Brüssel	Session Chair: Melanie Lang, Edge Hill University
84	04.10 – 05.10pm	Oral presentation 05: Youth
	Hall Igls	Session Chair: Louise Kamuk Storm, University of Southern Denmark
85	04.10 – 05.10pm	Workshop (research) 10: Research methods (incl. qualitative & quantitative)
	Hall Grenoble	Session Chair: Ruud Den Hartigh, University of Groningen
85	04.10 – 05.10pm	Workshop (applied) 11: Elite sports and expertise
	Hall Innsbruck	Session Chair: Daniel Rähse, Olympiazentrum Vorarlberg GmbH

86	04.10 – 05.10pm	Workshop (applied) 12: Group dynamics and team sports
	Hall Aalborg	Session Chair: Carl Vincent Mohr, Groundwork
87	04.10 – 05.10pm	Oral presentation 06: Consulting/counselling & Motivation & Coaching
	Hall Freiburg	Session Chair: Martin Turner, Manchester Metropolitan University

MONDAY, 15/JULY/2024

05.20 – 09.00pm

PAGE	OPENING CEREMONY & WELCOME COCKTAIL	
88	05.20 – 06.45pm	Opening ceremony
		Session Chair: Maurizio Bertollo (FEPSAC President)
	Hall Tirol	Keynote I: Coaching today's athlete: meeting them where they are and taking them where they need to go Daniel Gould, Michigan State University Session Chair: Christopher Willis (Congress President)
	06.45 - 09.00pm	Welcome Cocktail
	Kristall and Tirol Foyer	

MONDAY, JULY 15TH, 2024

TUESDAY, 16/JULY/2024

08.30 – 09.40am

PAGE	KEYNOTE	
89	08.30 – 09.30am	Keynote II: Why is it so difficult when you have to, and so easy when you want to? The role of motivational factors for physical activity promotion Cecilie Thøgersen-Ntoumani, University of Southern Denmark Hall Tirol Session Chair: Athanasios Papaioannou, University of Thessaly

FEPSAC GROUP PICUTRE

09.30 – 09.40am FEPSAC Group Picture

Hall Tirol

TUESDAY, 16/JULY/2024

09.40 – 10.30am

PAGE	POSTER SESSION	
90	09.40 – 10.30am	Poster Session I Kristall Foyer

TUESDAY, 16/JULY/2024

11.00am – 12.00pm

PAGE	PARALLEL SESSIONS	
106	11.00am – 12.00pm	Oral presentation 07: Coaching Hall Tirol Session Chair: Sebastian Brueckner, Private Practice
107	11.00am – 12.00pm	Podium discussion (invited) 01: Best practice Hall Strassburg Nord Session Chair: Markus Raab, German Sport University Cologne
108	11.00am – 12.00pm	Workshop (applied) 13: Youth Hall Strassburg Süd Session Chair: Roxy Helliker O'Rourke, University of Toronto Session Chair: Catherine Sabiston, University of Toronto Session Chair: Delaney Thibodeau, University of Toronto
108	11.00am – 12.00pm	Podium discussion (invited) 02: Transitions in and out of sport/dual career Hall Brüssel Session Chair: Natalia Stambulova, Halmstad University

108	11.00am – 12.00pm	Workshop (research) 14: Best practice Hall Maximilian Session Chair: Xavier Sanchez, Université d'Orleans and Université Paris Saclay - SAPRÉM and CIAMS
109	11.00am – 12.00pm	Symposium 11: Motor development Hall Igls Session Chair: Vicky Gottwald, Bangor University
110	11.00am – 12.00pm	Oral presentation 08: Research methods (incl. qualitative & quantitative) Hall Grenoble Session Chair: Jannis Friedrich, German Sport University Cologne
111	11.00am – 12.00pm	Oral Presentation 09: Mental skills training & Sexual violence, sexual harassment and sexual abuse & Psychophysiology Hall New Orleans Session Chair: Marte Bentzen, The Norwegian School of Sport Sciences
111	11.00am – 12.00pm	Workshop (applied) 15: Elite sports and expertise Hall Innsbruck Session Chair: Niels Rossing, Aalborg University
112	11.00am – 12.00pm	Symposium 12: Youth Hall Aalborg Session Chair: Víctor J. Rubio, University Autonoma Madrid
113	11.00am – 12.00pm	Podium discussion (invited) 03: Cultural sport psychology Hall Freiburg Session Chair: Tatiana V. Ryba, University of Jyväskylä
113	11.00am – 12.00pm	Symposium 13: Other topics Hall Orangerie Session Chair: Gershon Tenenbaum, Reichman University & Ariel University

TUESDAY, 16/JULY/2024

12.00 – 01.30pm

PAGE	MEETINGS - Invited Participants Only	
114	12.00 – 01.30pm	Lunch-Elsevier-AE Meeting Hall Strassburg Nord Session Chair: Markus Raab, German Sport University Cologne
115	12.00 – 01.30pm	Euromental project Meeting Hall Brüssel Session Chair: Franziska Lautenbach, Humboldt- Universität zu Berlin

TUESDAY, 16/JULY/2024

01.30 – 02.30pm

PAGE	PARALLEL SESSIONS	
115	01.30 – 02.30pm	Oral presentation 10: Group dynamics and team sports & Well-being and quality of life
	Hall Tirol	Session Chair: Thomas Kayer, Groundwork
116	01.30 – 02.30pm	Symposium 14: Professional development and mentoring
	Hall Strassburg Nord	Session Chair: Julie Hayden, National University
116	01.30 – 02.30pm	Workshop (applied) 16: Youth
	Hall Strassburg Süd	Session Chair: Chris Harwood, Nottingham Trent University Session Chair: Dadi Rafnsson, Reykjavik University
117	01.30 – 02.30pm	Workshop (applied) 17: Transitions in and out of sport/ dual career
	Hall Brüssel	Session Chair: Wanda Schapendonk, NOC*NSF
117	01.30 – 02.30pm	Workshop (research) 18: Cognition
	Hall Maximilian	Session Chair: M ^a Dolores González Fernández, A Coruña University
118	01.30 – 02.30pm	Oral presentation 11: Motor control and learning & Motor development & Perception & attention
	Hall Igls	Session Chair: Vicky Gottwald, Bangor University
118	01.30 – 02.30pm	Symposium (research) 15: Research methods (incl. qualitative & quantitative)
	Hall Grenoble	Session Chair: Jannis Friedrich, German Sport University Cologne
120	01.30 – 02.30pm	Symposium 16: Elite sports and expertise
	Hall New Orleans	Session Chair: Marte Bentzen, The Norwegian School of Sport Sciences
121	01.30 – 02.30pm	Workshop (applied) 19: Mental skills training
	Hall Innsbruck	Session Chair: Liliana Fontes, School of Psychology. University of Minho
121	01.30 – 02.30pm	Symposium 17: Leadership
	Hall Aalborg	Session Chair: Katrien Fransen, KU Leuven

123	01.30 – 02.30pm	Oral presentation 12: Cultural sport psychology & Daily life
	Hall Freiburg	Session Chair: Tatiana V. Ryba, University of Jyväskylä
124	01.30 – 02.30pm	Workshop (applied) 20: Crisis
	Hall Orangerie	Session Chair: Charlotte Behlau, University of Muenster

TUESDAY, 16/JULY/2024

02.40 – 03.40pm

PAGE	PARALLEL SESSIONS	
125	02.40 -03.40pm	Oral presentation 13: Health & Talent identification/ development & Mental skills training
	Hall Tirol	Session Chair: Urban Johnson, Halmstad University
126	02.40 – 03.40pm	Symposium 18: Coaching
	Hall Strassburg Nord	Session Chair: Saša Ceciċ Erpiċ, University of Ljubljana
126	02.40 – 03.40pm	Special Session Roundtable (applied) 01: Youth
	Hall Strassburg Süd	Session Chair: Katie Castle, Castle Psychology
127	02.40 – 03.40pm	Oral presentation 14: Transitions in and out of sport/ dual career
	Hall Brüssel	Session Chair: Gershon Tenenbaum, Reichman University & Ariel University
128	02.40 – 03.40pm	Roundtable (research) 01: Best practice
	Hall Maximilian	Session Chair: Lauren McHenry, McHenry Mental Performance, LLC
128	02.40 – 03.40pm	Oral presentation 15: Neuroscience
	Hall Igls	Session Chair: Masahiro Kokubu, University of Tsukuba
129	02.40 – 03.40pm	Symposium 19: Cognition
	Hall Grenoble	Session Chair: Paul Mansell, Staffordshire University
130	02.40 – 03.40pm	Symposium 20: Development/lifespan perspectives
	Hall New Orleans	Session Chair: Lukas Linnér, Halmstad University
131	02.40 – 03.40pm	Workshop (applied) 21: Best practice
	Hall Innsbruck	Session Chair: Carl Vincent Mohr, Groundwork

132	02.40 – 03.40pm	Workshop (applied) 22: Leadership Hall Aalborg Session Chair: Janneke de Noord, Amsterdam University of Applied Sciences
132	02.40 – 03.40pm	Oral presentation 16: Decision making and judgement Hall Freiburg Session Chair: Erwin Apitzsch, Lund University
133	02.40 – 03.40pm	Symposium 21: Other topics Hall Orangerie Session Chair: Harvey Anderson, Sheffield Hallam University

TUESDAY, 16/JULY/2024

04.10 – 05.10pm

PAGE	PARALLEL SESSIONS	
134	04.10 – 05.10pm	Oral presentation 17: Well-being and quality of life Hall Tirol Session Chair: Natalie Durand-Bush, University of Ottawa
135	04.10 – 05.10pm	Network meeting (open) 02: Professional development and mentoring Hall Strassburg Nord Session Chair: Fabrizio Sors, University of Trieste
136	04.10 – 05.10pm	Special Session Roundtable (applied) 02: Transitions in and out of sport/dual career Hall Brüssel Session Chair: Natalia Stambulova, Halmstad University
136	04.10 – 05.10pm	Symposium 23: Psychophysiology Hall Maximilian Session Chair: Sylvain Laborde, German Sport Universtiy Cologne
137	04.10 – 05.10pm	Symposium 24: Cognition Hall Igls Session Chair: Stephan Frederic Dahm, University of Innsbruck
139	04.10 – 05.10pm	Symposium 25: Consulting/counselling Hall Grenoble Session Chair: Martin Turner, Manchester Metropolitan University
140	04.10 – 05.10pm	Workshop (applied) 23: Social Psychology Hall New Orleans Session Chair: Scott Russell, Queensland University of Technology

140	04.10 – 05.10pm	Workshop (applied) 24: Mental skills training Hall Innsbruck Session Chair: Michael Gerson, JFK School of Psychology and Social Sciences at National University
140	04.10 – 05.10pm	Symposium 26: Leadership Hall Aalborg Session Chair: Todd Loughhead, University of Windsor
142	04.10 – 05.10pm	Oral presentation 18: Developmental/lifespan perspectives & Elderly Hall Freiburg Session Chair: Erwin Apitzsch, Lund University
143	04.10 – 05.10pm	Special Session Roundtable (applied) 03: Best practice Hall Orangerie Session Chair: Karin Moesch, Malmö University & Swedish Sport Confederation Session Chair: Daniel Birrer, Swiss Federal Institute of Sport Magglingen

TUESDAY, 16/JULY/2024

05.30 – 06.30pm

PAGE	FEPSAC GENERAL ASSEMBLY AND EMA GERON AWARD - FEPSAC Members only	
143	05.30 – 06.30pm	FEPSAC General Assembly and Ema Geron Award Hall Brüssel Session Chair: Maurizio Bertollo (FEPSAC President)

TUESDAY, 16/JULY/2024

06.30 – 09.00pm

PAGE	FEPSAC YOUNG PRACTITIONER PRESENTATION, BÖP-AWARD, SLAM SESSION	
145	06.30 – 09.00pm	FEPSAC Young Practitioner Presentation, BÖP-Award, Slam Session Hall Brüssel Session Chair: Sylvain Laborde, German Sport University Cologne Session Chair: Andrea Keplinger, Berufsverband Österr. PsychologInnen (BÖP)

TUESDAY, 16/JULY/2024

08.00pm

ENYSSP GATHERING - Invited Participants Only		
145	08.00pm	ENYSSP Gathering
ISSP-FEPSAC DINNER - Invited Participants Only		
145	08.00pm	ISSP-FEPSAC Dinner

WEDNESDAY, JULY 17TH, 2024

WEDNESDAY, 17/JULY/2024

08.30 – 09.30am

PAGE	KEYNOTE
146	08.30 – 09.30am Keynote III: Our Duty to Safeguard Sport: From Ignorance and Silence to Knowledge and Practice Stiliani “Ani” Chroni, Inland Norway University of Applied Sciences Hall Tirol Session Chair: Anastasiya Khomutova, University of Brighton

WEDNESDAY, 17/JULY/2024

09.30 – 10.30am

PAGE	POSTER SESSION
146	09.30 – 10.30am Poster Session II Kristall Foyer

WEDNESDAY, 17/JULY/2024

11.00am – 12.00pm / 12.30pm

PAGE	PARALLEL SESSIONS
162	11.00am – 12.00pm Oral presentation 19: Leadership Hall Tirol Session Chair: Guillaume Martinent, University of Claude Bernard Lyon 1
163	11.00am – 12.30pm Symposium 27: Other topics Hall Strassburg Nord Session Chair: Roland Seiler, University of Bern
164	11.00am – 12.00pm Symposium 28: Other topics Hall Strassburg Süd Session Chair: Valeria Eckardt, Witten/Herdecke University & German Sport University Cologne
165	11.00am – 12.00pm Symposium 29: Psychophysiology Hall Maximilian Session Chair: Réka Zsanett Bondár, Swiss Federal Institute of Sport Magglingen
167	11.00am – 12.00pm Workshop (applied) 25: Mental skills training Hall Igls Session Chair: Darrell Phillips, University of Kansas
168	11.00am – 12.00pm Oral presentation 20: Music, Dance and Performing Arts Hall Grenoble Session Chair: Alexander McWilliam, Bangor University

168	11.00am – 12.00pm Symposium 30: Transitions in and out of sport/dual career Hall New Orleans Session Chair: Milla Saarinen, Norwegian School of Sport Sciences
170	11.00am – 12.00pm Podium discussion (invited) 04: Sexual violence: sexual harassment and sexual abuse Hall Innsbruck Session Chair: Stiliani “Ani” Chroni, Inland Norway University of Applied Sciences
170	11.00am – 12.00pm Symposium 31: Human factors Hall Aalborg Session Chair: Rebecca Zakrajsek, University of Tennessee
171	11.00am – 12.00pm Symposium 32: Military, police and tactical populations Hall Freiburg Session Chair: Rachel Arnold, University of Bath

WEDNESDAY, 17/JULY/2024

12.30 – 01.30pm

PAGE	MEETINGS - Invited Participants Only
172	12.30 – 01.30pm FEPSAC-SASP Meeting Hall Maximilian Session Chair: Michala Bednarikova, Private Practice & FEPSAC MC
173	12.30 – 01.30pm Erasmus+ sport network Meeting Hall Grenoble Session Chair: Yago Ramis, Universitat Autònoma de Barcelona

WEDNESDAY, 17/JULY/2024

01.30 – 02.30pm

PAGE	PARALLEL SESSIONS
173	01.30 – 02.30pm Oral presentation 21: Elite sports and expertise Hall Tirol Session Chair: Niels Rossing, Aalborg University
174	01.30 – 02.30pm Workshop (applied) 26: Consulting/counselling Hall Strassburg Nord Session Chair: Hanspeter Gubelmann, Swiss Federal Institute of Technology
174	01.30 – 02.30pm Workshop (applied) 27: Sexual violence, sexual harassment and sexual abuse Hall Strassburg Süd Session Chair: Helena Schmitz, German Sport University Cologne
174	01.30 – 02.30pm Podium Discussion 10: Best practice Hall Brüssel Session Chair: Jürgen Beckmann, Technical University of Munich

WEDNESDAY, JULY 17TH, 2024

WEDNESDAY, JULY 17TH, 2024

175	01.30 – 02.30pm	Workshop (applied) 28: Mental skills training
	Hall Maximilian	Session Chair: Gábor Barta, Károli Gáspár University
175	01.30 – 02.30pm	Symposium 33: Sports psychiatry and sports psychotherapy
	Hall Igls	Session Chair: Alessia Bruno, Performance Expansion
175	01.30 – 02.30pm	Oral presentation 22: Music, Dance and Performing Arts & Physical activity & Elite sports and expertise
	Hall Grenoble	Session Chair: Peter Gröpel, University of Vienna
176	01.30 – 02.30pm	Podium Discussion (open) 05: Talent identification/development
	Hall New Orleans	Session Chair: Theodore Kroeten, Joy of The People
177	01.30 – 02.30pm	Workshop (applied) 29: Mental skills training
	Hall Innsbruck	Session Chair: Veronique Richard, The University of Queensland
177	01.30 – 02.30pm	Symposium 34: Cognition
	Hall Aalborg	Session Chair: Lisa Musculus, German Sport University Session Chair: Valentin Benzing, University of Bern
178	01.30 – 02.30pm	Symposium 35: Military, police and tactical populations
	Hall Freiburg	Session Chair: Stewart Cotterill, Aecc University College

WEDNESDAY, 17/JULY/2024

02.40 – 03.40pm

PAGE	PARALLEL SESSIONS	
180	02.40 – 03.40pm	Oral presentation 23: Perception & attention
	Hall Tirol	Session Chair: Geir Jordet, Norwegian School of Sport Sciences
181	02.40 – 03.40pm	Workshop (applied) 30: Consulting/counselling
	Hall Strassburg Nord	Session Chair: Martin Turner, Manchester Metropolitan University
182	02.40 – 03.40pm	Symposium 36: Sexual violence, sexual harassment and sexual abuse
	Hall Strassburg Süd	Session Chair: Jeannine Ohlert, German Sport University Cologne

183	02.40 – 03.40pm	Symposium 37: Surgery
	Hall Brüssel	Session Chair: Peter Rehder, Medical University Innsbruck
183	02.40 – 03.40pm	Workshop (applied) 31: Psychophysiology
	Hall Maximilian	Session Chair: Uirassu Borges, German Sport University Cologne
183	02.40 – 03.40pm	Workshop (applied) 32: Music, Dance and Performing Arts
	Hall Grenoble	Session Chair: Eric Franklin, Institute for Franklin Method
184	02.40 – 03.40pm	Gimme Five presentation 02: Talent identification/development & Well-being and quality of life & Social cognition & Youth
	Hall New Orleans	Session Chair: Milla Saarinen, Norwegian School of Sport Sciences
185	02.40 – 03.40pm	Symposium 39: Mental skills training
	Hall Innsbruck	Session Chair: Amber Mosewich, University of Alberta
186	02.40 – 03.40pm	Symposium 40: Performance enhancement (e.g. doping: neuro-enhancement etc.)
	Hall Aalborg	Session Chair: Ian Boardley, University of Birmingham
187	02.40 – 03.40pm	Podium discussion (open) 06: Military, police and tactical populations
	Hall Freiburg	Session Chair: John Heil, Psychological Health Roanoke

WEDNESDAY, 17/JULY/2024

04.10 – 05.10pm

PAGE	PARALLEL SESSIONS	
188	04.10 – 05.10pm	Workshop (applied) 33: Perception & attention
	Hall Tirol	Session Chair: Geir Jordet, Norwegian School of Sport Sciences
188	04.10 – 05.10pm	Oral presentation 24: Best practice & Coaching
	Hall Strassburg Nord	Session Chair: Sophia Jowett, Loughborough University

WEDNESDAY, JULY 17TH, 2024

WEDNESDAY, JULY 17TH 2024

189	04.10 – 05.10pm	Network meeting (open) 03: Sexual violence, sexual harassment and sexual abuse
	Hall Strassburg Süd	Session Chair: Sylvie Parent, Université Laval, Research Chair on Safety and Integrity in Sport/Université Laval, Interdisciplinary Research Center on Intimate Relationship Problems and Sexual Abuse (CRIPCAS), Équipe Violence Sexuelle et Santé (ÉVISSA) & International Research Network on Violence and Integrity in Sport
190	04.10 – 05.10pm	Workshop (applied) 34: Perception & attention
	Hall Brüssel	Session Chair: Tarcan Kiper, Neo Auvra Corp Session Chair: Daniel Memmert, German Sport University Cologne
190	04.10 – 05.10pm	Workshop (applied) 35: Psychophysiology
	Hall Maximilian	Session Chair: York-Peter Klöppel, Red Bull Athlete Performance Center
190	04.10 – 05.10pm	Workshop (applied) 36: Sports psychiatry and sports psychotherapy
	Hall Igls	Session Chair: Li Jing Zhu, Sigmund Freud University Vienna
191	04.10 – 05.10pm	Workshop (applied) 37: Music, Dance and Performing Arts
	Hall Grenoble	Session Chair: Alexander McWilliam, Bangor University
191	04.10 – 05.10pm	Oral presentation 25: Talent identification/development
	Hall New Orleans	Session Chair: Daniel Rähse, Olympiazentrum Vorarlberg GmbH
192	04.10 – 05.10pm	Symposium 41: Mental skills training
	Hall Innsbruck	Session Chair: Henrik Gustafsson, Karlstad University & Norwegian School of Sport Science
193	04.10 – 05.10pm	Network meeting (open) 04: Best practice
	Hall Aalborg	Session Chair: Chris Harwood, Nottingham Trent University
194	04.10 – 05.10pm	Podium discussion (open) 07: Military, police and tactical populations
	Hall Freiburg	Session Chair: Whitney Moore, East Carolina University

WEDNESDAY, 17/JULY/2024

05.30 – 08.00pm

PAGE	VIP RECEPTION - Invited Participants Only	
194	05.30 – 08.00pm	VIP Reception - Invited Participants Only

THURSDAY, 18/JULY/2024

08.30 – 09.30am

PAGE	KEYNOTE	
195	08.30 – 09.30am	Keynote IV: The ecological dynamics of cognizant bodies in expert sport performance Duarte Araújo, University of Lisbon
	Hall Tirol	Session Chair: Rita de Oliveira, London South Bank University / FEPSAC

THURSDAY, 18/JULY/2024

09.00 / 09.30 – 10.30am

PAGE	POSTER SESSIONS & COMMITTEE MEETING - Invited Participants Only	
195	09.00 – 09.30am	Young Researcher Award Poster + Young Practitioner Award Poster
	Kristall Foyer	Session Chair: Markus Raab, German Sport University Cologne; Michala Bednarikova, Private practice and FEPSAC MC
199	09.00 – 10.30am	Committee Meeting FEPSAC Young Researcher Award & Young Practitioner Award - Invited Participants Only
199	09.30 – 10.30am	Poster Session III
	Kristall Foyer	

THURSDAY, 18/JULY/2024

11.00am –12.30pm

PAGE	YOUNG RESEARCHER AWARD	
215	11.00am – 12.30pm	FEPSAC Young Researcher Award Oral
	Hall Grenoble	Session Chair: Markus Raab, German Sport University Cologne

THURSDAY, 18/JULY/2024

11.00am –12.00pm

PAGE	PARALLEL SESSIONS	
217	11.00am – 12.00pm	Oral presentation 26: Perception & attention & Physical activity
	Hall Tirol	Session Chair: Markus Gerber, University of Basel

THURSDAY, JULY 18TH, 2024

218	11.00am – 12.00pm	Symposium 42: Emotion
	Hall Strassburg Nord	Session Chair: Julian Fritsch, Karlsruhe Institute of Technology
219	11.00am – 12.00pm	Oral presentation 27: Exercise psychology
	Hall Strassburg Süd	Session Chair: Ian Taylor, Loughborough University
220	11.00am – 12.00pm	Workshop (applied) 38: Mental skills training
	Hall Brüssel	Session Chair: Katie Sparks, Staffordshire University
220	11.00am – 12.00pm	Symposium 43: Coaching
	Hall Maximilian	Session Chair: Stilian "Ani" Chroni, Inland Norway University of Applied Sciences
221	11.00am – 12.00pm	Oral Presentation 28: Motivation
	Hall Igls	Session Chair: Georg Hafner, Praxis Althietzing
222	11.00am – 12.00pm	Workshop (applied) 39: Social and cultural diversity (e.g. migration: ethnicity)
	Hall New Orleans	Session Chair: David Smith, German Sports University Cologne
222	11.00am – 12.00pm	Workshop (applied) 40: Military, police and tactical populations
	Hall Innsbruck	Session Chair: Judith P. Andersen, University of Toronto
223	11.00am – 12.00pm	Symposium 44: Clinical sport psychology, clinical issues in sport and physical activity
	Hall Aalborg	Session Chair: Anthony Papathomas, Loughborough University
224	11.00am – 12.00pm	Workshop (applied) 41: Sports injury, prevention and rehabilitation
	Hall Freiburg	Session Chair: York-Peter Klöppel, Red Bull Athlete Performance Center

THURSDAY, 18/JULY/2024

12.15 - 01.15pm

PAGE	MEETING	- Invited Participants Only
225	12.15 - 01.15pm	Sport Psychology Council Meeting
	Hall New Orleans	Session Chair: Judy van Raalte, Springfield College

THURSDAY, 18/JULY/2024

01.30 – 02.30pm

PAGE	PARALLEL SESSIONS
225	01.30 – 02.30pm Gimme Five presentation 03: E-Sports & Exercise psychology & Group dynamics and team sports & Research methods (incl. qualitative & quantitative)
	Hall Tirol Session Chair: Fabio Richlan, Paris Lodron University of Salzburg
226	01.30 – 02.30pm Symposium 45: Emotion
	Hall Strassburg Nord Session Chair: V. Vanessa Wergin, The University of Queensland
228	01.30 – 02.30pm Oral presentation 29: Exercise psychology
	Hall Strassburg Süd Session Chair: Erwin Apitzsch, Lund University
228	01.30 – 02.30pm Workshop (applied) 42: Psychodynamic, systemic and hypnotherapeutic issues
	Hall Brüssel Session Chair: Ohad Nahum, The Academic College of Tel Aviv-Yaffo
229	01.30 – 02.30pm Workshop (applied) 43: Personality
	Hall Maximilian Session Chair: Tracy Donachie, Newcastle University
229	01.30 – 02.30pm Oral Presentation 30: Motivation
	Hall Igls Session Chair: Katie Garstang, Nottingham Trent University
230	01.30 – 02.30pm Oral presentation 31: Sports psychology and world events (e.g. Zika: COVID-19)
	Hall Grenoble Session Chair: Réka Zsanett Bondár, Swiss Federal Institute of Sport Magglingen
231	01.30 – 02.30pm Oral presentation 32: Social psychology
	Hall New Orleans Session Chair: David Smith, German Sports University Cologne

THURSDAY, JULY 18TH, 2024

231	01.30 – 02.30pm	Workshop (applied) 44: Military, police and tactical populations
	Hall Innsbruck	Session Chair: Stewart Cotterill, Aecc University College
232	01.30 – 02.30pm	Workshop (research) 45: Clinical sport psychology, clinical issues in sport and physical activity
	Hall Aalborg	Session Chair: Li Jing Zhu, Sigmund Freud University
232	01.30 – 02.30pm	Workshop (applied) 46: Sports injury, prevention and rehabilitation
	Hall Freiburg	Session Chair: Andrea Keplinger, Berufsverband Österr. PsychologInnen (BÖP)

THURSDAY, 18/JULY/2024

02.40 – 03.40pm

PAGE	PARALLEL SESSIONS	
233	02.40 – 03.40pm	Oral presentation 33: Coaching & Sexual violence, sexual harassment and sexual abuse
	Hall Tirol	Session Chair: Jeannine Ohlert, German Sport University Cologne
234	02.40 – 03.40pm	Symposium 46: Emotion
	Hall Strassburg Nord	Session Chair: Pia Zajonz, Humboldt-Universität zu Berlin
235	02.40 – 03.40pm	Oral presentation 34: Exercise psychology
	Hall Strassburg Süd	Session Chair: Catherine Sabiston, University of Toronto
235	02.40 – 03.40pm	Oral presentation 35: Mental skills training
	Hall Brüssel	Session Chair: Babett Lobinger, German Sport University Cologne
236	02.40 – 03.40pm	Symposium 47: Social psychology
	Hall Maximilian	Session Chair: Edda van Meurs, University of Münster
237	02.40 – 03.40pm	Symposium 48: Motivation
	Hall Igls	Session Chair: Ian Taylor, Loughborough University
239	02.40 – 03.40pm	Podium discussion (open) 08: Sports psychology and world events (e.g. Zika, COVID-19)
	Hall Grenoble	Session Chair: John Heil, Psychological Health Roanoke

239	02.40 – 03.40pm	Symposium 49: Leadership
	Hall New Orleans	Session Chair: Sebastian Brueckner, Private Practice
240	02.40 – 03.40pm	Oral presentation 36: Leadership & Moral action & Music, Dance and Performing Arts & Physical activity
	Hall Innsbruck	Session Chair: Li Jing Zhu, Sigmund Freud University
241	02.40 – 03.40pm	Symposium 50: Social psychology
	Hall Freiburg	Session Chair: Faye Didymus, Leeds Beckett University

THURSDAY, 18/JULY/2024

04.00 – 08.00pm

PAGE	SOCIAL ACTIVITIES: SPORTS AND SIGHTSEEING	
242	04.00 – 08.00pm	Social activities: sports and sightseeing

THURSDAY, JULY 18TH, 2024

FRIDAY, 19/JULY/2024

08.30 – 09.30am

PAGE	KEYNOTE	
243	08.30 – 09.30am	Keynote V: Sport psychology in Esports Mia Stellberg, University of Helsinki
	Hall Tirol	Session Chair: Andrea Keplinger, Berufsverband Österr. Psychologinnen (BÖP)

FRIDAY, 19/JULY/2024

09.30 – 10.30am

PAGE	POSTER SESSION	
243	09.30 – 10.30am	Poster Session IV
	Kristall Foyer	

FRIDAY, 19/JULY/2024

11.00am – 12.30pm

PAGE	PARALLEL SESSIONS	
261	11.00am – 12.30pm	Oral presentation 37: Sports injury, prevention and rehabilitation & Consulting/counselling
	Hall Tirol	Session Chair: York-Peter Klöppel, Red Bull Athlete Performance Center
262	11.00am – 12.30pm	Symposium 51: Crisis
	Hall Strassburg Nord	Session Chair: Bernd Strauss, University of Muenster
263	11.00am – 12.30pm	Symposium 52: Well-being and quality of life
	Hall Strassburg Süd	Session Chair: Philipp Röthlin, Swiss Federal Institute of Sport Magglingen & University of Bern
264	11.00am – 12.30pm	Oral presentation 38: E-Sports & Sports psychiatry and sports psychotherapy & Elite sports and expertise
	Hall Brüssel	Session Chair: Svenja A. Wolf, Florida State University
265	11.00am – 12.30pm	Symposium 53: Group dynamics and team sports
	Hall Maximilian	Session Chair: Katrien Fransen, KU Leuven
267	11.00am – 12.30pm	Special Session Roundtable (applied) 04: Ethics in applied settings
	Hall Igls	Session Chair: Alessandro Quartiroli, UW - La Crosse / University of Portsmouth

268	11.00am – 12.30pm	Workshop (applied) 48: Best practice
	Hall Grenoble	Session Chair: Nico W. Van Yperen, University of Groningen
268	11.00am – 12.30pm	Symposium 54: Elite sports and expertise
	Hall New Orleans	Session Chair: Nicola Hodges, University of British Columbia
269	11.00am – 12.30pm	Symposium 55: Military, police and tactical populations
	Hall Innsbruck	Session Chair: Vana Hutter, Netherlands Study Center for Criminology and Law Enforcement (NSCR)
270	11.00am – 12.30pm	Symposium 56: Elite sports and expertise
	Hall Aalborg	Session Chair: Bradley Young, University of Ottawa
272	11.00am – 12.30pm	Oral Presentation 39: Well-being and quality of life & Pedagogical psychology & Exercise psychology & Best practice
	Hall Freiburg	Session Chair: Tanja Ecken, Anglia Ruskin University

FRIDAY, 19/JULY/2024

12.30 – 02.30pm

PAGE	MEETING - Invited Participants Only	
273	12.30 – 02.30pm	FEPSAC History Meeting
	Second Floor	Session Chair: Roland Seiler, University of Bern

FRIDAY, 19/JULY/2024

01.30 – 02.30pm

PAGE	PARALLEL SESSIONS	
273	01.30 – 02.30pm	Special Session Roundtable (applied) 05: Elite sports and expertise
	Hall Tirol	Session Chair: Cameron Norsworthy, University of Western Australia & The Flow Centre
273	01.30 – 02.30pm	Symposium 57: Group dynamics and team sports
	Hall Strassburg Nord	Session Chair: Charlotte Behlau, University of Muenster
274	01.30 – 02.30pm	Symposium 58: E-Sports
	Hall Brüssel	Session Chair: Oliver Leis, Leipzig University

FRIDAY, JULY 19TH, 2024

276	01.30 – 02.30pm	Workshop (applied) 50: Daily life
	Hall Maximilian	Session Chair: Laura Gördes, University of Bern & German Sport University Cologne
276	01.30 – 02.30pm	Symposium 59: Coaching
	Hall Igls	Session Chair: Sophia Jowett, Loughborough University
277	01.30 – 02.30pm	Special Session Roundtable (research) 06: Best practice
	Hall Grenoble	Session Chair: Svenja A. Wolf, Florida State University
277	01.30 – 02.30pm	Podium discussion (open) 09: Elite sports and expertise
	Hall New Orleans	Session Chair: Sam Giles, Nottingham Trent University
278	01.30 – 02.30pm	Symposium 60: Military, police and tactical populations
	Hall Innsbruck	Session Chair: Lisanne Kleygrewe, Vrije Universiteit Amsterdam & Institute of Brain and Behaviour Amsterdam
279	01.30 – 02.30pm	Oral presentation 40: Youth
	Hall Aalborg	Session Chair: Víctor J. Rubio, University Autonoma Madrid
280	01.30 – 02.30pm	Workshop (applied) 51: Sports psychiatry and sports psychotherapy
	Hall Freiburg	Session Chair: Courtney Walton, The University of Melbourne

FRIDAY, 19/JULY/2024

02.40 – 03.40pm

PAGE	PARALLEL SESSIONS	
281	02.40 -03.40pm	Network meeting (open) 05: Elite sports and expertise
	Hall Tirol	Session Chair: Christoph Herr, DFB-Akademie
281	02.40 – 03.40pm	Symposium 61: Built environment
	Hall Strassburg Nord	Session Chair: Svenja Wachsmuth, University of Tübingen
282	02.40 – 03.40pm	Symposium 62: Well-being and quality of life
	Hall Strassburg Süd	Session Chair: Athanasios Papaioannou, University of Thessaly

283	02.40 – 03.40pm	Oral presentation 41: E-Sports & Perception & Attention & Non-traditional applications
	Hall Brüssel	Session Chair: Andrea Keplinger, Berufsverband Österr. Psychologinnen (BÖP)
284	02.40 – 03.40pm	Symposium 63: Group dynamics and team sports
	Hall Maximilian	Session Chair: Katrien Fransen, KU Leuven
286	02.40 – 03.40pm	Symposium 64: Professional development and mentoring
	Hall Igls	Session Chair: Martin Eubank, Liverpool John Moores University
287	02.40 – 03.40pm	Workshop (applied) 52: Best practice
	Hall Grenoble	Session Chair: Jacob Jensen, California State University
288	02.40 – 03.40pm	Symposium 65: Elite sports and expertise
	Hall New Orleans	Session Chair: Koen De Brandt, Vrije Universiteit Brussel Session Chair: Jolan Kegelaers, Vrije Universiteit Brussel
289	02.40 – 03.40pm	Network meeting (open) 06: Military, police and tactical populations
	Hall Innsbruck	Session Chair: Vana Hutter, Netherlands Study Center for Criminology and Law Enforcement (NSCR)
289	02.40 – 03.40pm	Symposium 66: Social and cultural diversity (e.g. migration, ethnicity)
	Hall Aalborg	Session Chair: Tatiana V. Ryba, University of Jyväskylä
290	02.40 – 03.40pm	Oral presentation 42: Elite sports and expertise & Exercise and COVID-19 Pandemics & Well-being and quality of life & Clinical sport psychology, clinical issues in sport and physical activity
	Hall Freiburg	Session Chair: Courtney Walton, The University of Melbourne

FRIDAY, JULY 19TH, 2024

FRIDAY, 19/JULY/2024

05.30 – 06.45pm

PAGE	KEYNOTE & AWARDS	
292	05.30 – 06.45pm	Keynote VI: Performance excellence under pressure: Reflections of a scientist practitioner Kristoffer Henriksen, University of Southern Denmark
	Hall Tirol	Session Chair: Michala Bednarikova, Private Practice / FEPSAC MC
		AWARDS (Young Researcher and Practitioner Awards, Applied and Science Slam Awards)

FRIDAY, 19/JULY/2024

06.45 – 07.00pm

PAGE	CLOSING CEREMONY	
292	06.45 – 07.00pm	Closing Ceremony of the Academic Programme
	Hall Tirol	Session Chair: Maurizio Bertollo (FEPSAC President)

FRIDAY, 19/JULY/2024

07.00 – 11.30pm

PAGE	CONFERENCE DINNER	
292	07.00 – 11.30pm	Conference Dinner
	Hall Dogana	for details see page 21

PERFORMANCE UNDER PRESSURE IN SPORTS,
MILITARY/POLICE, PERFORMING ARTS, MEDICINE,
BUSINESS AND DAILY LIFE

Detailed programme & presentations

Monday, July 15 th 2024	62
Tuesday, July 16 th 2024	89
Wednesday, 17 th 2024	146
Thursday, July 18 th 2024	195
Friday, July 19 th 2024	243

MONDAY, JULY 15TH 2024

CHILDCARE PROGRAMME

Time 07.50am – 05.20pm

FEPSAC MC MEETING - Invited Participants Only

Time 09.00am – 12.00pm
Location Hall Strassburg Nord

NETWORK MEETING 1 - Invited Participants Only

Time 09.00am – 05.10pm
Location Hall Maximilian

Group Dynamics

Svenja A. Wolf¹
¹Florida State University, Tallahassee, United States

SYMPOSIUM 01: OTHER TOPICS - Invited Participants Only

Time 09.00am – 05.10pm
Location Hall New Orleans

Sports officiating symposium: Mental health, decision making,
and social factors

Alexandra Pizzera¹, David Hancock²
¹German Sport University Cologne, Cologne, Germany
²Memorial University of Newfoundland, St. John's, Canada

PRESENTATIONS OF THE SYMPOSIUM

- 01.01. Interpretation of Handball Incidents in Professional Football by
Different Groups of Referees
Tobias Bauch^{1,2}, David Schmidt², Daniel Brinkmann³, Daniel Leyhr¹,
Oliver Höner¹
¹University of Tübingen, Tübingen, Germany ²DFB Schiri GmbH ³DFB-Akademie
- 01.02. Referees' Team Sensemaking in Soccer: A Matter of Confidence?
Simon Boyer¹, Ian Cunningham², Fabien Coutarel¹,
Géraldine Rix-Lièvre¹
¹Clermont Auvergne University, Clermont-Ferrand, France
²Edinburgh Napier University, Edinburgh, United Kingdom
- 01.03. Co-producing an Intervention for Psychological Resilience and
Mental Health Literacy in Sports Officials
Noel E. Brick¹, Tom Lishman¹, Stephen Shannon¹,
Orla McDevitt-Petrovic¹, Gavin Breslin²
¹Ulster University ²Queen's University Belfast, Belfast, United Kingdom
- 01.04. Development, Validation and Reliability of the Irrational Beliefs
Scale for Sports Officials (IBSSO)
Stuart C. Carrington¹, Martin J. Turner², Jamie S. North¹,
Abbe Brady¹
¹St Mary's University, Twickenham, United Kingdom
²Manchester Metropolitan University, Manchester, United Kingdom
- 01.05. Exploring Sport Officials Mental Health in Canada:
Preliminary Results
Tori Carter¹, David J. Hancock¹
¹Memorial University of Newfoundland, St. John's, Canada
- 01.06. Exploring Elite Ice Hockey Officials' Acquisition and Use of
Mental Skills
Christopher J. Coady¹, David J. Hancock¹
¹Memorial University of Newfoundland, St. John's, Canada

01.07. Asymmetry in Referee-Observer Perceptions of Referee Communication Behaviour in Children Sport: Attribution or Lack of Understanding about the Referees' Pedagogical Role?

Ian Cunningham¹, Wieslaw Firek², Katarzyna Płoszaj², Aleksandra Kühn-Dymecka³
¹Edinburgh Napier University, Edinburgh, United Kingdom ²Jozef Pilsudski University of Physical Education, Warsaw, Poland ³Cardinal Stefan Wyszyński University, Warsaw, Poland

01.08. The Multilayer Model of Refereeing in Sports
Theresa Hoffmann^{1,2}, Clare MacMahon³, Ralf Brand¹

¹University of Potsdam, Potsdam, Germany ²Berlin Football Association, Berlin, Germany ³La Trobe University, Melbourne, Australia

01.09. Height Bias in Basketball Officiating: The Influence of Player and Referee Height on Foul Decisions

Lisa Koop¹, Alexandra Pizzera¹, Markus Raab¹, Laura Voigt¹
¹German Sport University Cologne, Cologne, Germany

01.10. The Impact of Abuse Experiences and Coping Responses on Mental Health Outcomes in Sports Officials

Tom Lishman¹, Stephen Shannon¹, Orla McDevitt-Petrovic¹, Gavin Breslin², Noel E. Brick¹
¹Ulster University ²Queen's University Belfast, Belfast, United Kingdom

01.11. Negotiations, Agreements, and Understandings: Reconceptualising Refereeing in Sport as a Social Relational Activity

Scott Russell¹, Ian Renshaw¹, Keith Davids²
¹Queensland University of Technology, Brisbane, Australia ²University of Jyväskylä, Jyväskylä, Finland

01.12. Human Judgment Noise in Football Refereeing – Shifting Focus from Bias to Noise

Roy David Samuel¹, Yair Galily¹, Guy Hochman¹
¹Reichman University, Herzliya, Israel

01.13. The Relationship Between Sense of Community and Wellbeing Outcomes for University Student Referees

Jacob K. Tingle¹, Brittany L. Jacobs², April Flint³, Stacy Warner⁴
¹Trinity University, San Antonio, United States ²American Public University ³Emory University, Atlanta, United States ⁴East Carolina University, Greenville, United States

01.14. Virtual Reality (VR) as a Training Tool for Referees

Tammie van Biemen^{1,2}, Daniel Müller¹, David L. Mann¹
¹Vrije Universiteit Amsterdam, Amsterdam, Netherlands ²Royal Dutch Football Association, Zeist, Netherlands

PRECONGRESS WORKSHOP (APPLIED) 01:
ELITE SPORTS AND EXPERTISE

Time 10.00am – 12.30pm
Location Hall Brüssel

My best tools for coaching elite teams on the road to the Olympic Games 2024 in Paris!

Peter Haber¹
¹Peter Haber!, LLC, Colorado Springs, United States

PRECONGRESS WORKSHOP (APPLIED) 02: E-SPORTS

Time 10.00am – 12.30pm
Location Hall Igls

Best practice coaching in E-Sports

Katharina Hänsch¹
¹Sportpsychological Training, Cologne, Germany

ORAL PRESENTATION 01: COACHING & PROFESSIONAL DEVELOPMENT AND MENTORING

Time 01.30 – 02.30pm
Location Hall Tirol
Chair Nadja Walter

The development of an evidence-based intervention to enhance the psychology of coaching adult athletes

Bettina Callary¹, Catalina Belalcazar², Scott Rathwell³,
Bradley Young²

¹Cape Breton University, Sydney, Canada ²University of Ottawa, Ottawa, Canada
³University of Lethbridge, Lethbridge, Canada

Pedagogical approaches to developing future practitioners' capacity to perform under pressure

Charlotte Chandler¹, Andy Hooton¹

¹University Of Derby, Derby, United Kingdom

Delivering ProjectSCORE in Portugal: Coaches' and Athletes' Perspectives

Marta Ferreira^{1,2}, Fernando Santos^{1,3}, Maria Fernández-Villarino²,
Jason Mergler⁴, Leisha Strachan⁴, Dany J. MacDonald⁵

¹Higher School Of Education Of The Polytechnic Institute Of Porto, Porto, Portugal
²Faculty of Education and Sports Sciences. University of Vigo, Vigo, Spain ³cinED, Centro de Investigação e Inovação em Educação, Escola Superior de Educação, Instituto Politécnico do Porto, Porto, Portugal ⁴Faculty of Kinesiology and Physical Education, University of Manitoba, Manitoba, Canada ⁵Department of Applied Human Sciences, University of Prince Edward Island, Prince Edward Island, Canada

A case study of perceived change in coaching behaviour after participating in the "Growth Talent Mindsets for Sports Coaches' Intervention"

Dag André Nilsen^{1,2}, Lars Bjørke¹, Anne Marte Pensgaard²,
Thorsteinn Sigurjonsson¹

¹Inland Norway University Of Applied Sciences, Elverum, Norway ²Norwegian School of Sport Sciences, Oslo, Norway

SYMPOSIUM 02: PSYCHOPHYSIOLOGY

Time 01.30 – 02.30pm
Location Hall Strassburg Nord

Oscillatory Brain Activity and Heart Rate Variability: Biomarkers of Peak Performance

Arash Mirifar¹

¹University of Florida, Gainesville, United States

PRESENTATIONS OF THE SYMPOSIUM

02.01. The Effect of Anticipatory Difficulty on Perceptual-Motor Processing in Table Tennis Players

Yuying Guan¹, Yingzhi Lu¹

¹School of Psychology, Shanghai University of Sports, Shanghai, China

02.02. The neural dynamics associated with the integration of contextual prior information and kinematic information during action anticipation

Yujing Huang¹, Danlei Wang¹, Jiayi Song¹, Mengkai Luan^{1,2,3}

¹School of Psychology, Shanghai University of Sport, Shanghai, China ²Research Center for Exercise and Brain Science, Shanghai University of Sport, Shanghai, China
³Key Laboratory of Sports Cognition Assessment and Regulation of the General Administration of Sport of China, Shanghai University of Sport, Shanghai, China

02.03. Cortical correlates of cardiac deceleration in preparation for skilled action

Germano Gallicchio¹, Ryu, D.², Pecunioso, A.³, Jackson, R. C.⁴

¹School of Psychology and Sport Science, Bangor University, Bangor, United Kingdom ²Department of Physical Education, Seoul National University, Seoul, Republic of Korea ³Department of General Psychology, University of Padova, Padova, Italy ⁴School of Sport, Exercise and Health Sciences, Loughborough University, Loughborough, United Kingdom

02.04. The myth of beneficial effects of left-hand contractions on sport performance

Kanta Mizuno¹, Hiroaki Masaki²

¹Graduate School of Sport Sciences, Waseda University, Saitama, Japan ²Faculty of Sport Sciences, Waseda University, Saitama, Japan

02.05. Performance under (time) pressure: A neural oscillatory investigation into approach and avoidance conditions

Arash Mirifar¹, Hannah Engel¹, Andreas Keil¹

¹Center for the Study of Emotion & Attention, University of Florida, Gainesville, United States

SYMPOSIUM 03: OTHER TOPICS

Time 01.30 – 02.30pm
Location Hall Strassburg Süd

The Potential of Virtual and Mixed Reality for Research and Application in Sport Psychology, Police, and other First Responder Settings

Marie Ottilie Frenkel¹

¹Hochschule Furtwangen/Furtwangen University, Freiburg i. Br., Germany

PRESENTATIONS OF THE SYMPOSIUM

03.01. The Potential of Virtual and Mixed Reality for Research and Application in Sport Psychology, Police, and other First Responder Settings

Marie Ottilie Frenkel¹

¹Health, Safety, Society, Furtwangen University, Furtwangen, Germany

03.02. Measurement of First Responder Situation Awareness in Virtual Reality Environments

Lucas Paletta¹

¹Institute DIGITAL Joanneum Research Graz, Graz, Austria

03.03. Virtual Reality for Police: Bridging the Gap Between Immersive Training and Operational Performance

Lisanne Kleygrewe^{1,2}, Vana (R.I.) Hutter^{1,2,3}, Raoul R.D. Oudejans^{1,2,4}

¹Department of Human Movement Sciences, Faculty of Behavioural and Movement Sciences, Vrije Universiteit Amsterdam, Amsterdam Movement Sciences, the Netherlands ²Institute of Brain and Behaviour Amsterdam, Amsterdam, the

Netherlands ³Netherlands Institute for the Study of Crime and Law Enforcement (Nederlands Studiecentrum Criminaliteit en Rechtshandhaving; NSCR), Amsterdam, the Netherlands ⁴Faculty of Sports and Nutrition, Amsterdam University of Applied Sciences, Amsterdam, the Netherlands

03.04. Enhancing Medical First Responder Training: A mixed reality solution for simulating mass casualty incident operations

Anke S. Baetzner¹, Friederike Uhlenbrock¹, Arne Nieuwenhuys², Juliane Kämmer³, Cornelia Wrzus⁴, Marie Ottilie Frenkel⁵

¹Institute for Sports and Sports Sciences, Heidelberg University, Heidelberg, Germany

²Department of Exercise Sciences, University of Auckland, Auckland, New Zealand

³Department of Emergency Medicine, Inselspital Bern, University of Bern, Suisse

⁴Psychological Institute, Heidelberg University, Heidelberg, Germany ⁵Health, Safety, Society, Furtwangen University, Furtwangen, Germany

03.05. The potential of Virtual and Mixed Reality for Research and Application in Sport Psychology

Marie Ottilie Frenkel¹

¹Health, Safety, Society, Furtwangen University, Furtwangen, Germany

SYMPOSIUM 04: WELL-BEING AND QUALITY OF LIFE

Time 01.30 – 02.30pm
Location Hall Brüssel

Charting mental health frontiers: Partnering with athletes, coaches, leaders, and organizations to collaboratively enhance well-being in sports

Natalie Durand-Bush¹

¹University Of Ottawa, Ottawa, Canada

PRESENTATIONS OF THE SYMPOSIUM

04.01. #GGNation: A case study exploring student-athlete mental health at a Canadian University using Design Thinking

Sydney Graper¹, Diane Culver¹

¹University of Ottawa, Ottawa, Canada

- 04.02. Co-designed athlete retirement prototypes for the Canadian high performance sport system
Iman Hassan¹, Diane M. Culver²
¹University of Denver, Denver, United States ²University of Ottawa, Ottawa, Canada
- 04.03. The impact of sport culture on mental health and performance: The perspectives of athletes who were selected and not selected to compete in the 2020 and 2022 Olympic and Paralympic Games
Natalie Durand-Bush¹, Rachel Jewett², Rachel Jewett¹, Krista Van Slingerland¹
¹University of Ottawa, Ottawa, Canada ²Metropolitan University, Toronto, Canada
- 04.04. Designing an inclusive and accessible mental health literacy programme for Canadian coaches: Lessons learned from cross-sectoral collaboration
Jennifer Misurelli¹, Natalie Durand-Bush¹
¹University of Ottawa, Ottawa, Canada
- 04.05. Tennis Canada aims to create system-wide changes by designing a sport-specific mental health strategy: What have we learned to help other national sport organizations?
Mikaela Papich¹, Natalie Durand-Bush¹
¹University of Ottawa, Ottawa, Canada

SYMPOSIUM 05: YOUTH

Time 01.30 – 02.30pm
Location Hall Igls

Beyond the early versus late specialization debate: New research trends
Louise Kamuk Storm¹, Nicklas Stott Venzel¹, Charlotte Downing², Jannicke N. Pettersen³, Bryan Charbonnet⁴
¹University of Southern Denmark, Odense, Denmark ²The Swedish School of Sport and Health Sciences, Stockholm, Sweden ³Inland Norway University of Applied Sciences, Elverum, Norway ⁴Institute of Sport Science, University of Bern, Bern, Switzerland

PRESENTATIONS OF THE SYMPOSIUM

- 05.01. The youth sport specialization paradox
Nicklas Stott Venzel¹, Kristoffer Henriksen¹, Louise Kamuk Storm¹
¹University of Southern Denmark, Odense, Denmark
- 05.02. Intensive but worth it? High-level athletes' reflections on their experiences of early specialization
Charlotte Downing¹, Karin Redelius¹, Sanna Nordin-Bates¹
¹The Swedish School of Sport and Health Science, Stockholm, Sweden
- 05.03. Coaches' View of Factors Involved in the Children-to-Youth Sport Transition in Norway.
Jannicke Nikolaisen Pettersen¹, Stiliani "Ani" Chroni¹, Natalia Stambulova²
¹Inland Norway University of Applied Sciences, Elverum, Norway ²Halmstad University, Halmstad, Sweden
- 05.04. Moving beyond dichotomies and one-size-fits-all solutions: Early specialization versus sampling? Neither... nor...!
Bryan Charbonnet¹, Achim Conzelmann¹
¹Institute of Sport Science, University of Bern, Bern, Switzerland

WORKSHOP (RESEARCH) 04: OTHER TOPICS

Time 01.30 – 02.30pm
Location Hall Grenoble

Rediscovering behaviour in sport psychology
Geir Jordet¹
¹Norwegian School Of Sport Sciences, Oslo, Norway

WORKSHOP (APPLIED) 05: ELITE SPORTS AND EXPERTISE

Time 01.30 – 02.30pm
Location Hall Innsbruck

Preparing elite athletes for high pressure situations

York-Peter Klöppel¹, Kate O’Keeffe¹, Paul Miller¹, Irene Oyang²
¹Red Bull Athlete Performance Center, Salzburg, Austria ²Red Bull Athlete Performance Center, Santa Monica, United States

ORAL PRESENTATION 02: CLINICAL SPORT PSYCHOLOGY, CLINICAL ISSUES IN SPORT AND PHYSICAL ACTIVITY & EMOTION & EXERCISE PSYCHOLOGY

Time 01.30 – 02.30pm
Location Hall Freiburg
Chair Roland Seiler

A Systematic Review of the Nature and Efficacy of Rational Emotive Behaviour Therapy Interventions: A Sport and Exercise Focus
Jamie Barker¹, Ailish King¹, Martin Turner², Paul Young¹, Carolyn Plateau¹
¹Loughborough University, Loughborough, United Kingdom ²Manchester Metropolitan University, Manchester, United Kingdom

Climbing Anxiety Scale (CAS-20): Preliminary Development and Validation
Maria Stefania Ionel¹, Andrei Ion², Dragos Iliescu², Laura Visu-Petra¹
¹Department of Psychology, Babes-Bolyai University, Cluj-Napoca, Romania, Cluj-Napoca, Romania ²Department of Psychology and Cognitive Science, University of Bucharest, Bucharest, Romania

Professionalisation and Mental Health in Women’s Sport: Insights from UK Women’s Cricket
Daniel Ogden¹, Jamie Barker¹, Carolyn Plateau¹, Tim Woodman³, Nicholas Peirce², Thamindu Wedatilake²
¹Loughborough University, Loughborough, United Kingdom ²England and Wales Cricket Board, Loughborough, United Kingdom ³Bangor University, Bangor, United Kingdom

BREAK (WITHOUT DRINKS)

Time 02.30 – 02.40pm

ORAL PRESENTATION 03: EMOTION

Time 02.40 – 03.40pm
Location Hall Tirol
Chair Marika Berchicci

Study of the coach-athlete relationship in the context of Olympic wrestling competition: subjective experience and the implication of emotional competences.
Sophie Barre¹, Alain Mouchet¹
¹Univ Paris Est Creteil, LIRTES, Créteil, France

The Cognitive ‘Weight’ of Body-Related Shame Among
Edina Bijvoet¹, Ross M. Murray¹, Timothy N. Welsh¹, Catherine M. Sabiston¹
¹University Of Toronto, Toronto, Canada

A multidisciplinary study exploring the association between daily self-conscious emotions and reaction time in adolescents: A Multilevel Regression Analysis
Ross Murray¹, Madison Vani¹, Catherine Sabiston¹, Tim Welsh¹
¹University Of Toronto, Toronto, Canada

SYMPOSIUM 06: PSYCHOPHYSIOLOGY

Time 02.40 – 03.40pm
Location Hall Strassburg Nord

Psychophysiological Studies of Performance under Pressure

Andrew Cooke¹

¹Institute for the Psychology of Elite Performance (IPEP), Bangor University, Bangor, United Kingdom

PRESENTATIONS OF THE SYMPOSIUM

06.01. The effects of Punishment and Reward Sensitivity upon Mentally Tough Behavior: A Psychophysiological Approach

Stuart Beattie¹, Turki Alzahrani², Andrew Cooke¹

¹Institute for the Psychology of Elite Performance (IPEP), School of Sport Science and Psychology, Bangor University, Bangor, United Kingdom ²College of Education, Taif University, Saudi Arabia

06.02. Examining the interactive effects of punishment and reward sensitivity upon attentional control and psychophysiological reactions to stress

Louisa Codd¹, Stuart Beattie¹, Andrew Cooke¹

¹Institute for the Psychology of Elite Performance (IPEP), School of Sport Science and Psychology, Bangor University, Bangor, United Kingdom

06.03. Exploring the Relationship Between Gaze Behaviour and Fencing Performance

Andrada Vincze¹, Iacob Felicia³, Răzvan Jurchiș², Dragoș Iliescu^{3,4}

¹The Research Institute of the University of Bucharest, Bucharest, Romania
²Cognitive Psychology Laboratory, Department of Psychology, Babeș-Bolyai University, Bucharest, Romania ³Department of Psychology, University of Bucharest, Romania ⁴Department of Industrial Psychology, Stellenbosch University, Stellenbosch, Western Cape, South Africa

06.04. Neural underpinnings of incremental cycling exercise to exhaustion

Marika Berchicci^{1,2,3}, Francesco Di Russo², Luca Bovolon¹, Andrea Nicolò², Michele Girardi², Massimo Sacchetti², Maurizio Bertollo^{3,4}

¹Department of Psychological, Humanistic and Territorial Sciences, University "G. d'Annunzio", Chieti-Pescara, Italy ²Department of Movement, Human and Health Sciences, University of Rome "Foro Italico", Rome, Italy ³Behavioral Imaging and Neural Dynamics Center, University "G. d'Annunzio", Chieti-Pescara, Italy
⁴Department of Medicine and Aging Sciences, University "G. d'Annunzio", Chieti-Pescara, Italy.

WORKSHOP (APPLIED) 06: COGNITION

Time 02.40 – 03.40pm
Location Hall Strassburg Süd

New Trends in VR research and future developments

Tarcan Kiper¹, Fabio Richlan², Daniel Memmert³

¹Neo Auvra Corp, Istanbul, Turkey ²Centre for Cognitive Neuroscience, Paris Lodron University of Salzburg, Graz, Austria ³German Sport University Cologne, Institute of Exercise Training and Sport Informatics, Cologne, Germany

SYMPOSIUM 07: OTHER TOPICS

Time 02.40 -03.40pm
Location Hall Brüssel

Beyond the Game: Unraveling Interpersonal Violence in Sports

Laurie Schwab^{1,2}

¹Swiss Federal Institute Of Sport, Magglingen, Switzerland ²Institute of Sport Sciences of the University of Lausanne, Lausanne, Switzerland

PRESENTATIONS OF THE SYMPOSIUM

- 07.01. The Perceived Instrumental Effects of Violence in Sport (PIEVS) scale: Development (and application) of the German version
Schwab, L.^{1,2}, Röthlin, P.^{1,3}, Antonini Philippe, R.², Horvath, S.¹
¹Swiss Federal Institute of Sport, Magglingen, Switzerland ²Institute of Sport Sciences, University of Lausanne, Lausanne, Switzerland ³Institute of Sport Sciences, University of Bern, Bern, Switzerland
- 07.02. Diversity of profiles among adolescent athletes reporting sexual violence in sport
Gillard, A.^{1,2,3,4}, Labossière, S.^{1,7}, Vaillancourt Morel, M.P.^{1,3,6}, Parent, S.^{1,2,3,4,5}
¹Research Chair in Security and Integrity in Sport, Université Laval, Québec, Canada ²Department of Physical Education, Faculty of Education, Université Laval, Québec, Canada ³Interdisciplinary Research Center on Intimate Relationship Problems and Sexual Abuse (CRIPCAS), Montréal, Canada ⁴Équipe Violence Sexuelle et Santé (ÉVISSA), Université du Québec à Montréal, Montréal, Canada ⁵International Research Network on Violence and Integrity in Sport (IRNOVIS), Antwerp, Belgium ⁶Psychology Department, Université du Québec à Trois-Rivières, Canada ⁷Faculty of Educational Sciences, Université Laval, Québec, Canada
- 07.03. Sports-specific characteristics as risk factors of interpersonal violence in German sports clubs
Greither, T.¹, Mayer, S.¹, Allroggen, M.¹
¹Department of Child and Adolescent Psychiatry/Psychotherapy, University Hospital Ul, Ulm, Germany
- 07.04. Weight-related maltreatment in sport and its impact on eating behaviors among young athletes
Franzoni, A.¹, Antonietti, J.-P.¹, Messerli-Bürgy, N.¹
¹FAMILY AND DEVELOPMENT RESEARCH CENTER (FADO), INSTITUTE OF PSYCHOLOGY, UNIVERSITY OF LAUSANNE, LAUSANNE, SWITZERLAND
- 07.05. Development and Initial Validation of the Individual Readiness to Change on Violence in Sport Scale
Radziszewski, S.^{1,2,3,4}, Parent, S.^{1,2,3,4,5}, Gillard, A.^{1,2,3,4}
¹Research Chair in Security and Integrity in Sport, Université Laval, Québec, Canada ²Department of Physical Education, Faculty of Education, Université Laval, Québec, Canada ³Interdisciplinary Research Center on Intimate Relationship Problems

and Sexual Abuse (CRIPCAS), Montréal, Canada ⁴Équipe Violence Sexuelle et Santé (ÉVISSA), Université du Québec à Montréal, Montréal, Canada ⁵International Research Network on Violence and Integrity in Sport (IRNOVIS), Antwerp, Belgium

SYMPOSIUM 08: DEVELOPMENTAL/LIFESPAN PERSPECTIVES

Time 02.40 – 03.40pm
Location Hall Igls

The Ecology of Athlete Development

Kristoffer Henriksen¹, Louise Kamuk Storm¹
¹University Of Southern Denmark, Svendborg, Denmark

PRESENTATIONS OF THE SYMPOSIUM

- 08.01. Exploring Youth's Sport Environments Through Giving a Voice to the Young Athletes
Line Maj Sternberg¹, Louise Kamuk Storm¹, Kristoffer Henriksen¹
¹University of Southern Denmark, Svendborg, Denmark
- 08.02. A Holistic Ecological Approach to Whole Person Development: A Case Study of a British Sport School
Reuben Poole¹, Camilla Knight¹
¹Swansea University, Swansea, United Kingdom
- 08.03. Exploring Functional and Dysfunctional Environmental Features: A Case Study on a TDE in a German Olympic Sport
Luca-Lars Hauser¹, Oliver Höner¹, Svenja Wachsmuth¹
¹Eberhard Karls University Tübingen, Tübingen, Germany
- 08.04. The Nature Of Successful Elite Sport Environments
Anusofia Schlawe¹, Kristoffer Henriksen¹
¹University of Southern Denmark, Svendborg, Denmark

08.05. Ecology in Policy: Holistic Ecological Approach in the updated
Swedish National Guidelines for Elite Athletes' Dual Careers

Lukas Linnér¹, Natalia Stambulova¹
¹Halmstad University, Halmstad, Sweden

WORKSHOP (RESEARCH) 07: RESEARCH METHODS
(INCL. QUALITATIVE & QUANTITATIVE)

Time 02.40 – 03.40pm
Location Hall Grenoble

Unlocking Subgroup Secrets with LPA: A Hands-On Workshop
on Mixture Model Analysis with Exercise Psychology data

Whitney Moore¹, Alessandro Quartiroli^{2,3}
¹East Carolina University, Greenville, United States ²University of Wisconsin – La
Crosse, La Crosse, United States ³University of Portsmouth, Portsmouth, United
Kingdom

WORKSHOP (APPLIED) 08: ELITE SPORTS AND EXPERTISE

Time 02.40 – 03.40pm
Location Hall Innsbruck

Translating Pressure Training to Applied Practice

William Low¹, Joanne Butt², Ian Maynard³, Mike Stoker⁴
¹Heriot-Watt University, Edinburgh, United Kingdom ²Liverpool John Moores
University, Liverpool, United Kingdom ³University of Essex, Colchester, United
Kingdom ⁴UK Sports Institute, Sheffield, United Kingdom

ORAL PRESENTATION 04: COGNITION

Time 02.40 – 03.40pm
Location Hall Freiburg
Chair Stephan Frederic Dahm

Do Soccer Experts Benefit from Virtual Reality for Tactical
Memorization? Exploring the Moderating Effect of Visuospatial
Abilities

Hatem Ben Mahfoudh¹
¹Université Polytechnique Hauts-de-france, Aulnoy-lez-Valenciennes, France

Prior Self-Control Exertion and Repeated Sprint Performance

Ruth Boat¹, Raymon Hunte², Caroline Sunderland¹,
Simon Cooper¹
¹Nottingham Trent University, Nottingham, United Kingdom ²London Metropolitan
University, London, United Kingdom

General cognitive skills, sport-specific decision-making, and in-
situ observations: Is elite youth soccer players' performance in
NeurOlympics associated to soccer-specific decision-making?

Martin Leo Reinhard¹, Daniel Brinkmann², Benjamin Lever¹,
Oliver Höner¹
¹University of Tübingen, Institute of Sports Science, Department Sport Psychology and
Research Methods, Tübingen, Germany ²DFB-Akademie, Frankfurt (Main), Germany

The effect of mental fatigue on sprint tasks with varied cognitive
demands

Svenja Wirtz¹, Aleisha Exposto¹, Todd Pickering¹,
Clare MacMahon¹
¹La Trobe University, Melbourne, Australia

COFFEE BREAK

Time 03.40 – 04.10pm
Location Kristall and Tirol Foyer

GIMME FIVE PRESENTATION 01: COACHING & ELITE SPORTS AND
EXPERTISE & EMOTION & ETHICS IN APPLIED SETTINGS

Time 04.10 – 05.10pm
Location Hall Tirol
Chair Marie Ottilie Frenkel

Testing the Effects of an institutionalized Intervention on Youth
Ice Hockey Coaches Needs Supportive and Thwarting Styles

Dennis Bengtsson¹, Andreas Stenling², Jens Nygren¹,
Krister Hertting¹, Andreas Ivarsson¹

¹Halmstad University, Halmstad, Sweden ²Umeå University, Umeå, Sweden

Does basic psychological needs satisfaction during the day
enhance athletes' sleep quality and reduce their sleep deficit?

Patricia Frytz^{1,2}, Anne-Marie Elbe¹

¹Leipzig University, Leipzig, Germany ²University of Salzburg, Salzburg, Austria

Emotion regulation and coping in active military personnel:
a systematic review

Rebecca Kirkham¹, Joshua F. Wiley¹, Eugene Aidman²,
Murat Yücel^{3,4}, Lucy Albertella¹

¹Turner Institute for Brain and Mental Health, School of Psychological Sciences,
Monash University, Clayton, Australia ²Defence Science and Technology Group
Adelaide, Australia ³QIMR Berghofer Medical Research Institute, Herston, Australia
⁴Department of Psychiatry, School of Clinical Sciences, Monash University, Clayton,
Australia

The scope of Relational Frame Theory in understanding
performance behaviour

Tanuj Kohli¹

¹Loughborough University, Loughborough, United Kingdom

Calling it out: sources of pressure, perceived stress and
emotional intelligence among international tennis umpires

Clare Stevinson¹, Ronny Wilson¹

¹Loughborough University, Loughborough, United Kingdom

The Relationship between Pride with Teammate Prosocial
Behavior, Antisocial Behavior, and Sports Friendship among
Adolescent Athletes

Chi-Lun Tsai¹

¹Leipzig University, Leipzig, Germany

WORKSHOP (APPLIED) 09: PSYCHOPHYSIOLOGY

Time 04.10 – 05.10pm
Location Hall Strassburg Nord

Heart rate variability in sport and exercise psychology:
Applications of the vagal tank theory

Sylvain Laborde¹

¹German Sport University Cologne, Cologne, Germany

SYMPOSIUM 09: PROFESSIONAL DEVELOPMENT AND MENTORING

Time 04.10 – 05.10pm
Location Hall Strassburg Süd

Sport, exercise and performance psychology: old challenges
and new opportunities for the professional field

Anastasiya Khomutova¹

¹University Of Brighton, Eastbourne, United Kingdom

PRESENTATIONS OF THE SYMPOSIUM

09.01. Career pathways of European sport psychologists:
Moving beyond formal academic training

Svenja Wachsmuth¹, Zsanett Bondar²

¹Institute of Sports Science, University of Tübingen, Tübingen, Germany ²Elite Sport
department, Swiss Federal Institute of Sport Magglingen, Magglingen, Switzerland

- 09.02. Research-Practice-Bridge? Opportunities and challenges of a scientist-practitioner-model from the perspective of an early-career sport psychologist
Martin Leo Reinhard^{1,2}
¹Institute of Sports Science, University of Tübingen, Tübingen Germany ²VfB Stuttgart, Stuttgart, Germany
- 09.03. Beyond Sport and Exercise: A Philosophical Exploration of the Role of the Sport and Exercise Psychologist
Aura Goldman¹
¹Private practitioner, United Kingdom, Belgium
- 09.04. Two supervisors' perspectives on working with a new generation of sport psychology trainees: Challenges and opportunities.
Anne-Marie Elbe¹, Nadja Walter¹
¹Leipzig University, Leipzig, Germany
- 09.05. Bridging Boundaries: Charting the Future of Sport Psychology Through Unity, Innovation, and Identity
Ale Quartirolì¹
¹University of Wisconsin, United States - La Crosse

SYMPOSIUM 10: WELL-BEING AND QUALITY OF LIFE

Time 04.10 – 05.10pm
Location Hall Brüssel

Safeguarding I - Advancing understandings and prevention of interpersonal violence and abuse in sport
Melanie Lang¹
¹Edge Hill University, Ormskirk, United Kingdom

PRESENTATIONS OF THE SYMPOSIUM

- 10.01. Prevalence of interpersonal violence towards children in sport: Results from a large sample of Quebec teenagers
Parent, S., Labossière¹, S., Gillard, A.², Radziszewski, S.², Blais, M.³, Dion, J.⁴, Daignault, I.⁵, Goulet, C.², Hébert, M.³, Vertommen, T.⁶
¹Université de Sherbrooke, Sherbrooke, Canada ² Université Laval, Québec, Canada ³ Université du Québec à Montréal, Québec, Canada ⁴ Université du Québec à Chicoutimi, Québec, Canada ⁵ Université de Québec, Québec, Canada ⁶ Thomas More University of Applied Sciences, Belgium
- 10.02. The role of health professionals in the prevention of athlete harassment and abuse: A Belgian and an international study
Adriaens, K.¹, Verhelle, H.¹, Vertommen, T.¹
¹ Thomas More University of Applied Sciences, Mechlen, Belgium
- 10.03. Athletic identity affects prevalence and disclosure of emotional abuse in Finnish athletes
Muhonen, J.¹, Stirling, A.², Kokkonen, M.³ & Toivonen, V.³
¹ University of Helsinki, Finland; ² University of Toronto, Canada; ³ University of Jyväskylä, Finland
- 10.04. A Delphi study with coaches and athletes about their perceptions of 'grey zone' behaviors in psychological coach-athlete violence
Laureys, F.¹, Morbée, S.¹, Adriaens, K.², Vertommen, T.^{1,2}, Haerens, L.¹
¹ Ghent University, Ghent, Belgium ²Thomas More University of Applied Sciences, Mechlen, Belgium
- 10.05. Development and evaluation of an e-learning platform supporting small sport organizations in creating a safeguarding concept
Ohlert, J.¹, Hoffmann, U.², Maier, A.², Fabry, C.¹, Fegert, J. M.²
¹ German Sport University Cologne, Cologne, Germany ² University of Ulm, Ulm, Germany

ORAL PRESENTATION 05: YOUTH

Time 04.10 – 05.10pm
Location Hall Igls
Chair Louise Kamuk Storm

Understanding youth soccer players' enjoyment and the children-to-youth sport transition: A mixed methods study
Thomas Mangor Jørgensen¹, Siv Gjesdal¹, Frank Eirik Abrahamsen¹
¹Norwegian School of Sport Sciences, Oslo, Norway

The moderating role of appearance self-concept in the relationship between sport participation and flourishing among adolescents: A COMPASS Study
Kristen Lucibello¹, Mahmood Gohari², Mark Ferro², Guy Faulkner³, Catherine Sabiston⁴, Scott Leatherdale², Karen Patte¹
¹Brock University, St. Catharines, Canada ²University of Waterloo, Waterloo, Canada ³University of British Columbia, Vancouver, Canada ⁴University of Toronto, Toronto, Canada

Psychological characteristics and skills needed to progress through youth academy football: Player, parent, coach and support staff perspectives.
Lewis Murapa¹, Camilla Knight¹, Denise Hill¹, Kurtis Pankow¹, Chris Harwood²
¹Swansea University, SWANSEA, United Kingdom ²Nottingham Trent University, Nottingham, United Kingdom

Youth Engagement Framework for Sport
Vanessa Coulbeck¹, Sasha Gollish¹, Amy Nesbitt¹, Catherine Sabiston¹
¹University Of Toronto, Toronto, Canada

WORKSHOP (RESEARCH) 10: RESEARCH METHODS (INCL. QUALITATIVE & QUANTITATIVE)

Time 04.10 – 05.10pm
Location Hall Grenoble

How to collect and analyze athletes' data to uncover their resilience
Ruud Den Hartigh¹, Michel Brink², Niklas Neumann¹
¹Department of Psychology, University Of Groningen, Groningen, Netherlands
²Department of Human Movement Sciences, University Medical Center Groningen, Groningen, Netherlands

Part 1: The theory behind resilience as a dynamic and multidisciplinary process
Ruud den Hartigh¹
¹Department of Psychology, Faculty of Behavioural and Social Sciences, University of Groningen, Groningen, The Netherlands

Part 2: Load and recovery in team sports: a sport science perspective
Michel Brink¹
¹Department of Human Movement Sciences, University of Groningen, University Medical Center Groningen, Groningen, The Netherlands

Part 3: A Monitoring System for Athletes' Resilience: Data Analysis, Visualization, and Interpretation
Niklas D. Neumann¹
¹Department of Psychology, Faculty of Behavioural and Social Sciences, University of Groningen, Groningen, The Netherlands

WORKSHOP (APPLIED) 11: ELITE SPORTS AND EXPERTISE

Time 04.10 – 05.10pm
Location Hall Innsbruck

Unlocking Performance Potential: Integrating Existential
Psychology into Elite Sports at the Olympic Center Vorarlberg

Daniel Rähse¹, Simon Nußbaumer¹

¹Olympiazentrum Vorarlberg GmbH, Dornbirn, Austria ²German Sport University
Cologne, Cologne, Germany

Build Safety in Strengthening Team Culture in Sports and
Business: A Key Foundation

Ann-Kristin Reuter¹

¹Groundwork, Graz, Austria

WORKSHOP (APPLIED) 12: GROUP DYNAMICS AND TEAM SPORTS

Time 04.10 -05.10pm
Location Hall Aalborg

Helping Teams performing under pressure – practical guidelines
based on the five core competences of successful teams

Carl Vincent Mohr¹, Thomas Kayer¹, Christian Marko¹, Ann-Kristin
Reuter¹

¹Groundwork, Graz, Austria

Sharing Vulnerability as a fundamental element for enhancing
team performance in high pressure situations

Carl Vincent Mohr¹

¹Groundwork, Graz, Austria

Fostering Team Culture in Sports and Business: Create Belonging

Thomas Kayer¹

¹Groundwork, Graz, Austria

Uniting Purpose: Bridging the Worlds of Sports and Business
through Team Mission and Motivation

Thomas Kayer¹

¹Groundwork, Graz, Austria

Unleashing Creativity: the hardly known one

Christian Marko¹

¹Groundwork, Graz, Austria

ORAL PRESENTATION 06: CONSULTING/COUNSELLING &
MOTIVATION & COACHING

Time 04.10 – 05.10pm
Location Hall Freiburg
Chair Martin Turner

The Application of Transactional Analysis model of Ego States to
Inner Talk and Injunctions for Better Performance in Competition

Uros Bicanin¹

¹Center For Child Psychology, Belgrade, Serbia

Facilitating practitioner well-being, performance, and service
provision effectiveness: Contemporary insights into the impact of
reflective practice in applied sport psychology

Brendan Crole¹, Zoe Knowles², Andy Miles³, Emma Huntley⁴,
David Shearer¹

¹University Of South Wales, FAW Centre for Football Research, Pontypridd, United
Kingdom ²Liverpool John Moores University, Liverpool, United Kingdom ³Cardiff
Metropolitan University, Cardiff, United Kingdom ⁴Edge Hill University, Liverpool,
United Kingdom

Pre-performance: Mindfulness & Imagery Combined on Stress
and Performance

Katie Sparks¹, Andrew Wilkinson¹

¹Staffordshire University, Shrewsbury, United Kingdom

Examining the role of specific types of coaching identities
in coach burnout: Winning-centered, athlete development-
centered, and generalized coaching identities

Mariya (Masha) Yukhymenko-Lescroart¹

¹California State University, Fresno, Fresno, United States

BREAK (WITHOUT DRINKS)

Time 05.10 – 05.20pm

INTRODUCTION AND OPENING CEREMONY

Time 05.20 – 05.45pm

Location Hall Tirol

Maurizio Bertollo (FEPSAC President)

KEYNOTE LECTURE I

Time 05.45 – 06.45pm

Location Hall Tirol

Chair Christopher Willis

Coaching today’s athlete: meeting them where they are and taking them where they need to go

Daniel Gould¹

¹Michigan State University, East Lansing, United State

WELCOME COCKTAIL

Time 06.45 – 09.00pm

Location Kristall and Tirol Foyer

TUESDAY, JULY 16TH 2024

MORNING RUN AND YOGA

Time 06.00 – 07.00am

CHILDCARE PROGRAMME

Time 07.50am – 05.20pm

KEYNOTE LECTURE II

Time 08.30 – 09.30am

Location Hall Tirol

Chair Athanasios Papaioannou

Why is it so difficult when you have to, and so easy when you want to? The role of motivational factors for physical activity promotion

Cecilie Thøgersen-Ntoumani¹

¹University Of Southern Denmark, Odense, Denmark

FEPSAC GROUP PICTURE

Time 09.30 – 09.40am

Location Hall Tirol

POSTER SESSION I

Time 09.40 – 10.30am
Location Kristall Foyer

P001 Assessing the impact of psychophysiological variables on performance in recreational cyclists: a 30-day intervention study

Carla Alfonso¹, Lluís Capdevila¹

¹Universitat Autònoma de Barcelona, Barcelona, Spain

P002 Developing a Stress and Mental Ill/Well-Being Coach Education Intervention: Supporting Elite Football Coaches with an Evidence-Based and Contextually Informed Intervention

Lee Baldock¹, Brendan Cropley¹, Stephen Mellalieu², Rich Neil²

¹University Of South Wales, Barry, United Kingdom ²Cardiff Metropolitan University, Cardiff, United Kingdom

P003 Leveraging social relations modelling and social network analysis to understand the structure and nature of interpersonal processes in groups

Alex Benson¹, M. Blair Evans¹

¹Western University, London, Canada

P004 The Impact of Football Coaches' Behavior on Team Performance: A Meta-Analysis Using the Leadership Sport Scale

Ionut Buda¹, Alexandru Boncu¹, Simona Petracovski¹

¹West University Of Timisoara, Timisoara, Romania

P005 “What is this thing called performance adaptability?”: an applied framework for developing adaptability in sport

Liam Burnell^{1,2}, Chin Wei Ong¹, Joanne Butt², Martin Eubank²

¹Mindflick, Hathersage, United Kingdom ²Liverpool John Moores University, Liverpool, United Kingdom

P006 Monitoring the effort and recovery perception as an indicator of mental load in women professional football players

Lluís Capdevila^{1,2}, Eva Ferrer³, Gil Rodas^{3,4}

¹Sports Research Institute, Universitat Autònoma de Barcelona, Bellaterra (Barcelona), Spain ²Laboratory of Sport Psychology, Department of Basic Psychology, Universitat Autònoma de Barcelona, Bellaterra (Barcelona), Spain ³Barça Innovation Hub of Futbol Club Barcelona, Barcelona, Spain ⁴Medical Services of the Futbol Club Barcelona (FIFA Medical Center of Excellence), Barcelona, Spain

P007 The Correlation Between Attention And Boxing Performance: A Literature Review

Hao Chen¹

¹National Taiwan Normal University, Taipei, Taiwan

P008 Cross-Sectional Impact of Physical Activity and Sedentary Behavior on Executive Function in Older Adults

Feng-Tzu Chen¹, Hung-Yu Chen², Chen-Sin Hung³, Ting-Ting Wu¹

¹Department of Kinesiology, National Tsing Hua University, Hsinchu City, Taiwan ²Department of Sports Medicine, China Medical University, Taichung City, Taiwan ³Department of Physical Education and Sport Sciences, Taiwan Normal University, Taipei City, Taiwan

P010 The impact of wind and internal attentional focus in shooting performance of skilled archers

Yin-Hua Chen¹, Ya-Ling Chen¹, Jung-Tai King², Wen-Jui Kuo³

¹National Taiwan Sport University, Taoyuan, Taiwan ²National Dong Hwa University, Hualien, Taiwan ³National Yang Ming Chiao Tung University, Taipei, Taiwan

P011 Exploring the Potentials of Co-creation for Coach Learning: An Action Design Research Study.

Anders Broe Dahl Christensen¹, Lotte Stausgaard Skrubbeltrang², Niels Nygaard Rossing³

¹Aalborg University, Aalborg, Denmark ²Professionshøjskolen, UCN, Aalborg, Denmark ³Aalborg University, Aalborg, Denmark

- P012** An Integrative Literature Synthesis and Proposed Model Depicting Supervision in Sport Psychology Research
Sara Cohn¹, Joel Hark¹, Jean-Charles Lebeau² Giley Meir³,
Savanna K. Ward¹
¹Boston University, Boston, United States ²Ball State University, Muncie, United States ³University of Western States, Portland, United States
- P013** Mental Performance Consultants as Social Learning Leaders for Communities of Practice
Diane Culver¹, Tiago Duarte¹, Siobhan Rourke¹
¹University Of Ottawa, Ottawa, Canada
- P014** Regulatory Focus in Elite Handball: Players Profiles and Penalty-Taking
Cecilie Dannerbo¹, Anton Andersson³, Dexter Wolffsohn³,
Xavier Sanchez²
¹CIAMS, Université Paris-Saclay, CIAMS, Université d'Orléans, SAPRèM, Université d'Orléans ²CIAMS, Université Paris-Saclay, SAPRèM, Université d'Orléans ³Halmstad University, Sweden,
- P015** Youth Sport Environment Questionnaire: Polish Adaptation and Invariance Validation of a Short 10-Item Scale Across Gender and Age
Donka Darpatova-Hruzewicz¹, Zuzanna Walach-Bista²,
Kamil Damentka³
¹University SWPS School of Social Sciences and Humanities, Warsaw, Poland ²University of Physical Education, Katowice, Poland ³University of Gdansk, Gdansk, Poland
- P016** Mediators and Age as a Moderator of Satisfaction with Performance: An Examination of Polish Youth in Team Sports
Donka Darpatova-Hruzewicz¹, Zuzanna Walach-Bista²,
Kamil Damentka³
University SWPS School of Social Sciences and Humanities, Warsaw, Warsaw, Poland ²University of Physical Education, Katowice, Poland ³University of Gdansk, Gdansk, Poland

- P017** Exploring women's perception of urban environments and physical activity levels through walking interviews and eye-tracking
Rita De Oliveira¹
¹London South Bank University/ FEPSAC, London, United Kingdom
- P018** Arousal-Congruent Reappraisal in the Performance Context: Get Excited or Stay Calm?
Jake Deangelo¹, Myles Englis, Robert Eklund
¹Florida State University, Tallahassee, United States
- P019** The mediating role of mental fatigue in the relationship between recovery and performance satisfaction among high level ice hockey players
Nathan Descôtes^{1,3}, Yannick Balk², Sandrine Isoard-Gauthier¹,
Monique Mendelson³, Brugniaux Julien³, Jérôme Perez⁴
¹Univ. Grenoble-Alpes, SENS, Grenoble, France ²Health Care Section, Royal Netherlands Marechaussee, Amsterdam, Netherlands ³Univ. Grenoble-Alpes, HP2 Laboratory, Inserm U1300, Grenoble, France ⁴Performance and Research Department, Grenoble, France
- P020** Embrace the CHAOS: The co-creation and implementation of evidence-informed representative training designs in elite water polo to optimize competition preparation
Lily Dong^{1,2}, Nicolas Bourrel^{2,3}, David Paradelo³, Sommer Christie^{3,4},
Nicolas Berryman^{1,2,5}, Thomas Romeas^{2,6}
¹Université du Québec à Montréal, Montreal, Canada ²Institut national du sport du Québec, Montreal, Canada ³Water Polo Canada, Ottawa, Canada ⁴University of Ottawa, Ottawa, Canada ⁵Centre de recherche de l'Institut universitaire de gériatrie de Montréal, Montreal, Canada ⁶Université du Montréal, Montreal, Canada
- P021** Match play decision making and fatigue: A case study in women's water polo at the 2022 FINA World Championships
Lily Dong^{1,2}, Thomas Romeas^{2,3}, Ali Filali-Mouhim⁴,
Nicolas Berryman^{1,2,4}
¹Université du Québec à Montréal, Montreal, Canada ²Institut national du sport du Québec, Montreal, Canada ³Université de Montréal, Montreal, Canada ⁴Centre de recherche de l'Institut universitaire de gériatrie de Montréal, Montreal, Canada

- P023** A scoping review of machine learning algorithms applied to lifestyle data: a physical activity and health approach
Tony Estrella¹, Lluís Capdevila¹, Carla Alfonso¹, Josep-Maria Losilla²
¹Department of Basic Psychology, Autonomous University Of Barcelona, Bellaterra, Barcelona, Spain ²Department of Psychobiology and Methodology of Health Science, Universitat Autònoma de Barcelona, Bellaterra, Barcelona, Spain
- P024** Prediction of athleticism and sports characteristics throughout machine learning applied to heart rate variability
Tony Estrella¹, Lluís Capdevila¹
¹Autonomous University Of Barcelona, Barcelona, Spain
- P025** Influences of achievement goals and motivational climate towards the Hungarian athletes' performance at the 2023 World Championships
Anna Ferencz¹, Krisztina Kovács¹, Noémi Gyömbér¹
¹Hungarian University Of Sport Science (HUSS), Budapest, Hungary
- P026** Promoting leadership efficacy: Results from the Pro*Leader intervention programme
Liliana Fontes¹, Ricardo Cunha², A. Rui Gomes², Catarina Morais³
¹School of Psychology. University of Minho, Braga, Portugal ²Psychology Research Centre. School of Psychology. University of Minho, Braga, Portugal ³Universidade Católica Portuguesa, Faculty of Education and Psychology, Research Centre for Human Development, Porto, Portugal
- P027** Integrating Strength and Conditioning Coaches' Emotions within a Reflective Practice Cycle
Brian Gearity¹, Crystal Abitz², Clayton Kuklick¹, Paul Potrac³
¹University Of Denver, Colorado, United States ²Rocky Mountain University of Health Professions, Utah, United States ³Northumbria University, Northumbria, England
- P028** Relationship between Rumination and Perceived Athletic Performance among Elite Athletes: The Moderating Effect of Sport Psychological Skills
Xiaoling Geng¹, Jui-Ti Nien¹, Nai-Chi Chen¹, Dong-Tai Chen¹, Yu-Kai Chang¹
¹National Taiwan Normal University, Taipei, Taiwan

- P029** Mental Imagery and Self-Handicapping in Sport
Melanie Gregg¹, Ella Merefield²
¹The University Of Winipeg, Winipeg, Canada ²Durham University, Durham, England
- P030** Eye-tracking technology indicates lower team confidence is associated with longer gaze behaviors in women's soccer
Christine Habeeb¹, Taylor Kinney¹, Nicholas Murray¹
¹East Carolina University, Greenville, United States
- P031** Self-Reported Elite Players' Discrete Emotions and Performance Strategies at the 2022 Hockey African Cup of Nations
Medina Srem-Sai¹, John Elvis Hagan Jnr.^{2,4}, Hatem Elbanna^{3,4}, Thomas Schack⁴
¹Department of Health, Physical Education, Recreation and Sports, University of Education, P. O. Box 25, Winneba, Ghana, Winneba, Ghana ²University of Cape Coast, Cape Coast, Central Region, Ghana ³Department of Sports Psychology, Faculty of Physical Education, Mansoura University, Egypt, Mansoura, Egypt ⁴Department of Sports Science, Neurocognition and Action-Biomechanics-Research Group, Faculty of psychology and Sports Science, Bielefeld University, Germany, Bielefeld, Germany
- P032** The Relationship between Autonomy Support, Achievement Goals, and State Anxiety in Athletes
Angela Heinisch¹
¹Florida State University, Tallahassee, United States
- P033** Psychological Determinants of Sporting Success: An Analysis of Grit, Mental Toughness, and Passion among Youth Tennis and Basketball Players
Marcelina Hejła¹, Dominika Wilczyńska¹
¹Gdańsk University of Physical Education and Sport, Gdańsk, Poland
- P034** Promoting coach mental health in elite sport through a Community of Practice
Siobhan Henderson¹, Gordon Bloom¹
¹McGill University, Montreal, Canada

- P036 Relationship Between Sport Anxiety and Performance for Athletes in Taiwan with Rasch Analysis**
Yu-Cheng Huang¹
¹National Chengchi University, Taipei, Taiwan
- P037 Stress factors and preferred coping strategies of participants in XXXI bulgarian antarctic expedition**
Tatiana Iancheva¹, Doychin Boyanov¹, Nikolay Panayotov¹
¹National Sports Academy "vassil Levski", Sofia, Sofia, Bulgaria
- P038 Consensus Statement on Eating Disorders in Climbing**
Maria Stefania Ionel¹, Rebecca Williams², Madeleine Crane³, Mina Markovič⁴, Jamie Vardy⁵, Sarah Howard⁶, Miguel Santolaya⁷, Andrei Mandzuk⁸, Emma Wood⁹
¹Sport and Exercise Psychology Group, Department of Psychology, Babes-Bolyai University, Cluj-Napoca, Romania ²Smart Climbing, United Kingdom ³Climbing Psychology, Austria ⁴Mina Markovič climbing & psychology, Slovenia ⁵Apex Climbing Coaching, United Kingdom ⁶National Health Service (NHS), United Kingdom ⁷Department of Evolutionary and Educational Psychology, University Autónoma Madrid, Spain ⁸Mzk Performance, Canada ⁹School of Life and Health Sciences, University of Roehampton, United Kingdom
- P039 'But having someone, kind of, walk you through what to do...': Exploring Women Athletes' Preferences for Learning and Practicing Self-Compassion**
Karissa Johnson¹, Margo E. K. Adam², Kent C. Kowalski¹, Amber D. Mosewich², Nathaniel D. Osgood³, Benjamin J. I. Schellenberg⁴, Kate E. Storey⁵, Leah J. Ferguson¹
¹College of Kinesiology, University of Saskatchewan, Saskatoon, Canada ²Faculty of Kinesiology, Sport, and Recreation, University of Alberta, Edmonton, Canada ³Computer Science, University of Saskatchewan, Saskatoon, Canada ⁴Faculty of Kinesiology and Recreation Management, University of Manitoba, Winnipeg, Canada ⁵School of Public Health, University of Alberta, Edmonton, Canada
- P040 An explorative study into the experiences of female tennis coaches returning to or entering the profession after having children**
Ellen Jones¹, Lea-Cathrin Dohme¹, Lisa Edwards¹
¹Cardiff Metropolitan University, Cardiff, United Kingdom

- P041 Transformational Leadership and Mental Toughness: A Dual Mediation Model of Task-Involving Climate and Coach-Athlete Relationship**
San-Fu Kao¹, Chou-Yu Tsai², Chein-Ming Hsu¹
¹National Tsing Hua University, Hsinchu City, Taiwan ²Binghamton University, State University of New York, Binghamton, New York, United States
- P042 The Human of an Athlete: An Autoethnographic exploration of the Coach-Athlete Relationship from the Person-Centred lens**
Chinmayee Kelkar¹
¹University of Nottingham, Nottingham, United Kingdom
- P043 Transitions between mental states: Expanding the Multi-Action Plan model**
Bernadette Kellermann¹, Dave Collins¹, Alan MacPherson¹, Maurizio Bertollo²
¹University Of Edinburgh, Edinburgh, United Kingdom ²Department of Medicine and Aging Sciences, University "G. d'Annunzio" of Chieti-Pescara, Chieti, Italy
- P044 Attribution-Specific Analysis of Perceived Psychological Safety and Burnout among University Sports Team Members in the Forming Stages of the Team**
Yuhei Kotani¹, Yusuke Sato¹, Seiko Shirasaka¹
¹Keio University, Kanagawa, Japan
- P045 Applying Self-Compassion to Perfectionism in Sport**
Kent C. Kowalski², Danielle L. Cormier¹, Leah J. Ferguson², Abimbola O. Eke³
¹Faculty of Kinesiology, Sport, and Recreation; University of Alberta, Edmonton, Canada ²College of Kinesiology; University of Saskatchewan, Saskatoon, Canada ³Faculty of Kinesiology and Physical Education; University of Toronto, Toronto, Canada
- P046 "This is a different café" – Beliefs and bias about fatigue in a professional basketball team**
Krisztina Kovács¹
¹Hungarian University of Sport Science, Budapest, Hungary

P047 Role Of The Coach Developer in the Process Of Psychological Training For The Alpine Skiing Instructors – A Polish Experience

Marcin Krawczyński¹

¹Gdańsk University Of Physical Education And Sport, Ateneum University In Gdańsk, Gdańsk, Poland

P048 Demands-Resources Theory in Sports: A Coaching Perspective

Bianca Maria Laroëre¹, Jiří Mudrák², Vít Třebický¹

¹Faculty of Physical Education and Sport, Charles University, Prague, Czech Republic

²Institute of Psychology, Czech Academy of Sciences, Prague, Czech Republic

P049 What do we know about coaching at the Olympic and Paralympic Games? A scoping review.

Jordan Lefebvre¹, Steven Rynne¹, Véronique Richard¹

¹University Of Queensland, Brisbane, Australia

P050 Shared Stressors, Team Appraisals, and Communal Coping: An Interview Study

Oliver Leis¹

¹Leipzig University, Leipzig, Germany

P051 Coach Support, Motivation and Mental Health in Paralympics Athletes

Sara Pina Ochoa¹, Cristina Lopez De Subijana¹

¹Universidad Politécnica De Madrid, Madrid, Spain

P052 Exploring Communal Coping in Team Sports: Key Variables Influencing Collective Stress Response

Kevin Mahot¹, Fabien Varenne¹, Emilie Pété², Noémie Lienhart³, Julie Doron¹

¹Nantes Université, Mouvement - Interactions - Performance, UR 4334, Nantes, France ²Psy-DREPI (EA 7458) – Faculty of Sport Sciences, Université Bourgogne Franche-Comte, Dijon, France ³Université Grenoble-Alpes, SENS, Grenoble, France

P053 Sport Policy and Practice Recommendations for Pregnant and Parenting High-Performance Athletes

Tara-Leigh McHugh¹, Margie Davenport¹

¹University Of Alberta, Edmonton, Canada

P054 “What can you see? What can you hear?” The implementation of a behaviour-based mental toughness framework within international youth football

Alan McKay¹, Brendan Cropley¹, David Shearer¹, Sheldon Hanton²

¹University Of South Wales, Cardiff, United Kingdom ²Cardiff Metropolitan University, Cardiff, United Kingdom

P055 Learning Anticipation Skill with Kinematic and Contextual Information

Johannes Meyer¹, Nicholas J. Smeeton², Matyas Varga², Stefanie Klatt^{1,2}

¹German Sport University Cologne, Cologne, Germany ²University of Brighton, Brighton, United Kingdom

P056 A Story of Loss and Gain: A Study of a Lifetime Career in High Performance Motor Sport

Jennifer Milne¹

¹Dundee University, Kinross, United Kingdom

P057 A Differential Item Functioning Analysis of the Mindfulness Inventory for Sport

Thomas Minkler¹, Ruben Breniaux², Marjorie Bernier³, Nadia Sondt³

¹Whole Brain Solutions, Morgantown, United States ²Université de Montpellier, Faculté des Sciences du Sport (STAPS), Montpellier, France ³Univ. Brest, Centre de Recherche sur l'Éducation, l'Apprentissage et la Didactique, F-29200, Brest, France

P058 Journaling to Enhance Mindfulness in the Mindfulness-Acceptance-Commitment (MAC) Protocol for Optimizing Performance and Well-being

Zella Moore¹, Frank Gardner²

¹Manhattan College, New York, United States ²Touro University, New York, United States

P059 Managing stress efficiently: Results from the Pro.Stress intervention programme

Catarina Morais¹, A. Rui Gomes², Liliana Fontes³, Clara Simões⁴

¹Universidade Católica Portuguesa, Faculty of Education and Psychology, Research Centre for Human Development, Porto, Portugal ²Psychology Research Centre. School of Psychology. University of Minho, Braga, Portugal ³School of Psychology. University of Minho, Braga, Portugal ⁴Health Sciences Research Unit: Nursing (UICISA: E), Nursing School of Coimbra (ESENfC), Coimbra, Portugal

- P060 Cognitive load monitoring in elite youth soccer training**
Basil More-Chevalier^{1,2}, Professor David Labbé^{1,3}, Jocelyn Faubert¹, Thomas Romeas^{1,4}
¹École d'Optométrie, Université Montréal, Montréal, Canada ²Olympique Lyonnais, Lyon, France ³École de technologie supérieure, Montréal, Canada ⁴Institut National du Sport du Québec, Montréal, Canada
- P061 Masters athletes' preferences for adult-oriented coaching practices**
Derrik Motz¹, Bettina Callary², Bradley W. Young¹
¹University of Ottawa, Ottawa, Canada ²Cape Breton University, Sydney, Canada
- P062 Discrepancies between Soccer Players' Recognition of Their Coach's Communication and Coaches' Perception**
Kiwa Nakajima¹, Kazushi Kamada¹, Rei Amemiya¹
¹University of Tsukuba, Tsukuba, Ibaraki, Japan
- P064 The Relationship Between Psychological Abilities and Mental Health Among Elite Athletes in Japan**
Takeru Onishi¹, Susumu Iwasaki^{2,3}, Yasuhisa Tachiya¹
¹Japan High Performance Sport Center, Kita-ku Tokyo, Japan ²Osaka University, Toyonaka-city Osaka, Japan ³Fort Lewis College, Durango Colorado, United States
- P065 The Challenges of Understanding Safe Sport Guidelines while Fostering Close Coach-Athlete Relationships in Canadian High Performance Tennis**
Mikaela Papich¹, Gordon A. Bloom², Lea-Cathrin Dohme³
¹University Of Ottawa, Ottawa, Canada ²McGill University, Montreal, Canada ³Cardiff Metropolitan University, Wales, United Kingdom
- P066 University Team Sport Athletes' Perceptions and Experiences of Warm-ups**
Alice Points¹, Amelia Hooper¹, Max Stone¹, Tracy Donachie¹, Adam Coussens¹
¹Newcastle University, Newcastle Upon Tyne, United Kingdom

- P067 An autoethnographic report in coping with stress during the Ultra Trail du Mont Blanc (UTMB)**
Nadia Portelli¹, Stuart Beattie¹
¹Bangor University, Bangor, United Kingdom
- P068 Navigating Gendered Expectations: Exploring Emotional Labour Among Women Head Coaches in Canadian Universities**
Jesse Porter¹, Kirsty Spence²
¹University Of Toronto, Toronto, Canada ²Brock University, St. Catharines, Canada
- P069 Effectiveness of acceptance and commitment therapy among adolescent athletes: A systematic review**
Martin Ptáček¹, Ricardo Lugo²
¹Masaryk University, Faculty of Arts, Department of Psychology, Brno, Czech Republic ²Østfold University College, Faculty of Health, Welfare and Organisation, Department of Welfare, Management and Organisation, Halden, Norway
- P070 Development of an online acceptance and commitment training programme for adolescent athletes**
Martin Ptáček¹, Ricardo Lugo²
¹Masaryk University, Faculty of Arts, Brno, Czech Republic ²Østfold University College, Faculty of Health, Welfare and Organisation, Department of Welfare, Management and Organisation, Halden, Norway
- P071 Self-recording of variations in optimal performance state due to fluctuations in team sports scoring.**
Laura Puértolas Marin¹
¹INEFC Pirineus, Vilafranca Del Penedès, Spain
- P072 You can't con a conman: the perception of self-generated deceptive actions**
Ryan Raffan^{1,2}, David Mann², Geert Savelsbergh^{2,3}
¹Nelson Mandela University, Port Elizabeth, South Africa ²Vrije Universiteit Amsterdam, Amsterdam, The Netherlands ³Amsterdam University of Applied Sciences, Amsterdam, The Netherlands

- P073** The Importance of Psychological Preparation: Experience of the Czech Tennis Elite
Vendula Redlichova¹, Eva Dubovska², Martin Komarc¹
¹Charles University, Faculty Of Physical Education And Sport, Prague, Czech Republic ²Prague College of Psychosocial Studies, Prague, Czech Republic
- P074** Behavioral and neurobiological effects of soccer heading training in virtual reality
Fabio Richlan¹
¹Paris Lodron University of Salzburg, Salzburg, Austria
- P075** Supporting sport officials' career transitions: a co-construction of a skills framework
G  raldine Rix-Li  vre^{1,2}, Juliette Brugneaux², Nad  ge Rochat¹, Guillaume Serres¹, Simon Boyer^{1,2}
¹Universit   Clermont Auvergne, ACT  , Clermont-Ferrand, France ²Universit   Clermont Auvergne, PERF Arbitrage, Clermont-Ferrand, France
- P076** A roller coaster of emotions on the bench: A qualitative study of rugby coaches' emotional dynamics during competitive games
Nad  ge Rochat¹, Simon Boyer¹, Antoine Couhert^{1,2}, G  raldine Rix-Li  vre¹
¹Universit   Clermont Auvergne, ACT  , Clermont-Ferrand, France ²ASM Clermont Auvergne, Clermont-Ferrand, France
- P077** Early Developments of the Coaching Gender Self-Efficacy Scale (CGSES)
Siobhan Rourke¹, Diane M Culver¹
¹University Of Ottawa, Ottawa, Canada
- P078** Do concordant coach-athlete dyads predict higher athletes' perceived competence?
Valentin Roux^{1,2}, David Trouilloud²
¹Laboratoire Motricit  , Interactions, Performance (MIP) UR4334, University of Nantes, Nantes, France ²Laboratoire Sport et Environnement Social (SENS) EA3742, University of Grenoble Alpes, Grenoble, France

- P079** Referee as 'game-maker': An ecological grounded theory.
Scott Russell¹
¹Queensland University Of Technology, Brisbane, Australia
- P080** Second-Order Planning in Bimanual Object Manipulation Tasks: The Effects of Hand Size, Object Size, and Orientation
Danielle Salters¹, Sara Scharoun Benson¹
¹University Of Windsor, Windsor, Canada
- P081** The impact of music on the behavior of athletes in the face of stress
Simone Sanches¹, Renato Melo, Paula Barbosa
¹Paulista University, Campinas, Brazil
- P082** Investigating the Interplay of Emotional Intelligence, Sports Anxiety, and Performance Goal Orientation in Elite Athletes from India
Swaroop Savanur¹
¹Director, MyMentalCoach, Pune, India
- P083** Are you converting the match point? Self-efficacy and competitive anxiety in (professional) tennis
Victor Schebolta¹
¹GSDL University of Hagen, Hagen, Germany
- P084** Understanding the Mother-Coach, Child-Athlete, and Teammate Triad in Youth Sport
Meredith Schertzinger¹, Kaylee Flynn¹, Colin D. McLaren², Mark W. Bruner¹
¹Nipissing University, North Bay, Canada ²Cape Breton University, Sydney, Canada
- P085** Better on the Second Try, Exploring Visuomotor Calibration as it Pertains to Accuracy and Precision
David Smith¹, Philip Furley¹, Daniel Memmert¹
¹German Sports University Cologne, Cologne, Germany

- P086** Relationship between collegiate basketball athletes' competitive trait anxiety and their preference for motivational and instructional self-talk during a free throw

Hyejin Song¹

¹California State University Long Beach, Long Beach, United States

- P087** The Effectiveness of Neurofeedback Technology on Mental Preparation of Paralympic Athletes

Tali Spinner Kazula¹

¹Mentali associated with Wingate Academic Center & Paralympic Committee, Kfar Saba, Israel

- P089** Body image interference: how body image emotions and behaviours are related to disruptions in attentional control among elite athletes

Delaney Thibodeau¹, Catherine Sabiston¹

¹University Of Toronto, Toronto, Canada

- P090** Parents' Expectations of Sports Coaching and Acceptance of Corporal Punishment

Kohei Ueno¹

¹Kagawa University, Takamatsu, Japan

- P091** Effects of Non-Functional Overreaching and Overtraining Syndrome on Psychological and Cognitive Functioning in Elite Athletes: A Systematic Review.

Alice Valdesalici¹, Enrico Sella¹, Riccardo Domenicucci², Marta Ghisi^{1,3}, Erika Borella¹

¹Department of General Psychology, University Of Padova, Padova, Italy

²Department of Communication Sciences, Humanities and International Studies, University of Urbino "Carlo Bo", Urbino, Italy ³U.O.C. Hospital Psychology, University-Hospital of Padova, Padova, Italy

- P092** Coaching of individuals with intellectual disability, Czech Republic

Hana Valkova¹

¹Faculty of Sport Studies, Masaryk University, Brno - Bohunice, Česko

- P093** Development of an intervention to improve mental health literacy in Belgian, Slovenian and South African athletes

Lucas Van Ruyssevelt¹, Jolan Kegelaers¹, Laura Spolverato¹, Janja Usenik², Heinrich Grobbelaar³, Koen De Brandt¹

¹Vrije Universiteit Brussel, Brussels, Belgium ²University of Maribor, Maribor, Slovenia

³Stellenbosch University, Stellenbosch, South-Africa

- P094** Call to Action: Integration of Sport Psychology Techniques into Life Skills with Various High Performance Populations

Darrell Phillips¹, Jacob Chamberlin², Zeljka Vidic³, Javier Burga⁴

¹University of Kansas, Lawrence, Kansas, United States ²University of Kansas, Lawrence, Kansas, United States ³Western Michigan University, Kalamazoo, Michigan, United States ⁴Potential and Performance, LLC, Miami, Florida, United States

- P095** The influence of hard fouls on refereeing decisions in handball

Ludwig Vogel¹

¹Universität Bielefeld, Bielefeld, Germany

- P096** Child Maltreatment at Professional Ballet Schools: Hiding Behind the Cloak of 'Authoritarian Pedagogy'?

Sophie Wensel¹, Dr. Gretchen Kerr¹

¹University of Toronto, Toronto, Canada

- P097** Validation and Invariance Testing of the English Short Physical Activity Enjoyment Scale

Susanne Weyland¹, Navin Kaushal², Julian Fritsch¹, Darko Jekauc¹

¹Karlsruhe Institute Of Technology, Karlsruhe, Germany ²Indiana University, Indianapolis, Indiana

- P098** The dynamic nature of emotions and their relation to role perceptions in youth sport

Stuart G. Wilson¹, Luc J. Martin¹, Alex J. Benson²

¹Queen's University, Ottawa, Canada ²Western University, London, Canada

- P099 Mental fatigue over a season in women's Australian Rules Football: Is personality a moderating factor?
Svenja Wirtz¹, Kate Webster¹, Minh Huynh¹, Megan Smith, Clare MacMahon¹
¹La Trobe University, Melbourne, Australia
- P100 The effect of team role and in-game position on pre-start emotions and self-confidence of top-league volleyball players
Marta Witkowska¹
¹University Of Gdansk, Gdansk, Poland
- P315 The relationship between anxiety, shame, physical self-concept and self-discrepancies in physical education of adolescents
Dennis Dreiskämper¹, Max Keller¹, Lena Henning¹, Maike Tietjens¹
¹University Of Münster, Münster, Germany

COFFEE BREAK

Time 10.30 – 11.00am
Location Kristall and Tirol Foyer

ORAL PRESENTATION 07: COACHING

Time 11.00am – 12.00pm
Location Hall Tirol
Chair Sebastian Brueckner

“I’m not sacrificing my life for other people’s tennis”: An Explorative Study into the Career Narratives of Female Tennis Coaches
Lea-Cathrin Dohme¹, Ellen Jones¹, Lisa Edwards¹, Leanne Norman²
¹Cardiff Metropolitan University, Cardiff, United Kingdom ²Leeds Beckett University, Leeds, United Kingdom

- Exploring the Roles of a Football Coach in Times of Performance Crisis - A Qualitative Study
Constantin Rausch¹, Julian Fritsch¹, Jan Spielmann², Stefan Altmann², Darko Jekauc¹
¹Institute of Sports and Sports Science; Karlsruher Institute of Technology, Karlsruhe, Germany ²TSG ResearchLab gGmbH, Zuzenhausen, Germany
- “I’m quite brutal sometimes, I think, but they like that honesty”: Team-sport coaches’ and players’ experiences of their shared interactions
Lena Sloot¹, Daniel J. Brown¹, Juliette Stebbings¹, David Price¹, Martyn Standage²
¹University Of Portsmouth, Portsmouth, United Kingdom ²University of Bath, Bath, United Kingdom

- Black Canadian University Football Players’ Perspectives on the Coach-Athlete Relationship
Cherokee Washington¹, Gordon A. Bloom¹, Danielle Alexander², William Falcão³
¹Department of Kinesiology and Physical Education, McGill University, Montreal, Canada ²School of Human Kinetics, University of Ottawa, Ottawa, Canada ³Department of Management, John Molson School of Business - Concordia University, Montreal, Canada

PODIUM DISCUSSION (INVITED) 01: BEST PRACTICE

Time 11.00am – 12.00pm
Location Hall Strassburg Nord

Fepsac Editor-in-Chief podium „Ask the Editor“
Markus Raab¹
¹German Sport University Cologne, Cologne, Germany

WORKSHOP (APPLIED) 13: YOUTH

Time 11.00am – 12.00pm
Location Hall Strassburg Süd

Collecting Diverse and Inclusive Data for a Youth Engagement Framework for Sport

Sasha Gollish¹, Roxy Helliker O'Rourke¹, Catherine Sabiston¹,
Delaney Thibodeau¹

¹University Of Toronto, Toronto, Canada

PODIUM DISCUSSION (INVITED) 02: TRANSITIONS IN AND OUT OF SPORT/DUAL CAREER

Time 11.00am – 12.00pm
Location Hall Brüssel

Athletes' Dual Careers in the European Context

Natalia Stambulova¹, Yago Ramis², Miquel Torregrossa³, Saša CeciĆ Erpić⁴, Francesca Vitali⁵, Koen De Brandt⁶, Anastasiya Khomutova⁷

¹Halmstad University, Halmstad, Sweden ²Universitat Autònoma de Barcelona, Barcelona, Spain ³Universitat Autònoma de Barcelona, Barcelona, Spain ⁴University of Ljubljana, Ljubljana, Slovenia ⁵University of Verona, Verona, Italy ⁶Vrije Universiteit Brussel, Brussels, Belgium ⁷University of Brighton, Brighton, United Kingdom

WORKSHOP (RESEARCH) 14: BEST PRACTICE

Time 11.00am – 12.00pm
Location Hall Maximilian

Understanding the game of publishing in peer-reviewed journals: Strategies and writing skills

Xavier Sanchez¹

¹Université d'Orleans and Université Paris Saclay - SAPRÉM and CIAMS, Orleans, France

SYMPOSIUM 11: MOTOR DEVELOPMENT

Time 11.00am – 12.00pm
Location Hall Igls

An external focus enhances performance: is it as black and white as we think?

Vicky Gottwald¹, Robin Owen², David Marchant³, Thomas Simpson³, Henrik Herrebrøden⁴, Kevin Becker⁵

¹Bangor University, Bangor, Wales, United Kingdom ²Liverpool Hope University, Liverpool, England, United Kingdom ³Edge Hill University, Liverpool, England, United Kingdom ⁴Kristiania University College, Oslo, Norway ⁵University of Tennessee, Tennessee, United States of America

PRESENTATIONS OF THE SYMPOSIUM

11.01. An external focus enhances performance: is it as black and white as we think?

Vicky Gottwald¹

¹Bangor University, Wales, United Kingdom

11.02. Words in Motion: Unpacking the Verbal Instructions in Attentional Focus research

David Marchant¹, Thomas Simpson¹

¹Edge Hill University, England, United Kingdom

11.03. Presentation 3: Ecological uses of external and internal foci of attention: A qualitative investigation into OPTIMAL Theory of Motor Learning

Vicky Gottwald¹, Robin Owen²

¹Bangor University, Wales, United Kingdom ²Liverpool Hope University, England, United Kingdom

11.04. Presentation 4: Internal and external focus in tandem?

Henrik Herrebrøden¹

¹Kristiania University College, Oslo, Norway

11.05. Beyond the dichotomy: considering the role of a holistic focus of attention in optimizing motor performance

Kevin Becker¹

¹University of Tennessee, Knoxville, United States

ORAL PRESENTATION 08: RESEARCH METHODS
(INCL. QUALITATIVE & QUANTITATIVE)

Time 11.00am –12.00pm

Location Hall Grenoble

Chair Jannis Friedrich

Experimental sport psychology: Development of an experimental paradigm to induce rumination in athletes in the laboratory and the field

Alena Michel-Kröhler¹

¹Johannes Gutenberg-University Mainz, Mainz, Germany

A Systematic Review of the Mindful Sport Performance Enhancement Programme

Thomas Minkler¹, Ekaterina Oparina², Arturo Rodriguez²,
Ariel Gelman², Arian Fraile², Jason Kostrna²

¹Whole Brain Solutions, Morgantown, United States ²Florida International University, Miami, United States

Reflections on Using Framework Analysis in Sport Psychology Research

Eesha Shah¹, Rachel Arnold¹, Lee Moore¹, Desmond McEwan²

¹University of Bath, Bath, United Kingdom ²University of British Columbia, Vancouver, Canada

ORAL PRESENTATION 09: MENTAL SKILLS TRAINING & SEXUAL
VIOLENCE, SEXUAL HARASSMENT AND SEXUAL ABUSE &
PSYCHOPHYSIOLOGY

Time 11.00am -12.00pm

Location Hall New Orleans

Chair Marte Bentzen

The Effect of Action Observation and Motor Imagery on Jumping and Perceived Performance

Muhammet Cihat Ciftci¹, Baki Yilmaz¹

¹Ankara Yıldırım Beyazıt University, Ankara, Turkey

Everyone perpetrator, everyone victim, everyone bystander: Hazing, masculinities and liminality in homosocial team sports

Şafer Elmas¹, İlknur Hacısoftaoğlu², Hülya Aşçı³

¹Marmara University, Istanbul, Turkey ²Bilgi University, Istanbul, Turkey ³Fenerbahçe University, Istanbul, Turkey

The effects of heart rate variability biofeedback intervention on ironic performance error under pressure: An examination of modern pentathlon shooting

Recep Görgülü¹, Hilal Oruç¹, Khelifa Bartura²

¹Bursa Uludag University, Faculty of Sport Sciences, Psychology of Elite Performance Laboratory (PePLaB), Bursa, Turkey ²Department of Sport and Social Sciences, Norwegian School of Sport Sciences, Oslo, Norway

WORKSHOP (APPLIED) 15: ELITE SPORTS AND EXPERTISE

Time 11.00am –12.00pm

Location Hall Innsbruck

Doing narrative sport psychology in an elite youth football academy

Niels Rossing¹, Ludvig Johan Torp Rasmussen¹

¹Aalborg University, Aalborg, Denmark

SYMPOSIUM 12: YOUTH

Time 11.00am –12.00pm

Location Hall Aalborg

Health and safeguarding in youth sport: implications for sport psychology

Víctor J. Rubio¹, Gretchen Kerr², Kat V. Adams³, Robert J. Booth⁴,
Giulia Cusi^{5,6}

¹University Autonoma Madrid, Madrid, Spain ²University of Toronto, Toronto, ON, Canada ³Utah State University, Logan, UT, United States ⁴Loughborough University, Loughborough, Leicestershire, United Kingdom ⁵University “G. d’Annunzio” of Chieti-Pescara, Chieti, Italy ⁶Sapienza University of Rome, Rome, Italy

PRESENTATIONS OF THE SYMPOSIUM

12.01. Controlling Coaching, Psychological Abuse, or Both?

Gretchen Kerr, Sophie Wensel¹

¹University of Toronto, Toronto, Canada

12.02. Athlete Perceptions of Abusive Coaching: It Depends – On What?

Kat V. Adams¹, Katie N. Alexander¹, Travis E. Dorsch¹

¹Utah State University, Logan, United States

12.03. Playing fair beyond the whistle: the TAP model for navigating banter and bullying in male youth community football

Robert J. Booth¹, Ed Cope¹, Daniel J. A. Rhind¹

¹Loughborough University, Loughborough, United Kingdom

12.04. Child safeguarding and abuse in sport: the Safe Place Safe Play Project

Cosi G.¹, Fontanesi L.², Marchetti D.², Verrocchio M.C.²

¹Sapienza University of Rome, Rome, Italy ²University “G. d’Annunzio” of Chieti-Pescara, Chieti, Italy

12.05. Designing an early detection protocol to detect burdens to young people safe and healthy development in organized sport

Víctor J. Rubio¹, Roberto Ruiz-Barquín¹, Gema Martín¹, Teresa González-González¹

¹University Autonoma Madrid, Madrid, Spain

PODIUM DISCUSSION (INVITED) 03: CULTURAL SPORT PSYCHOLOGY

Time 11.00am – 12.00pm

Location Hall Freiburg

Invited ISSP panel: Cultural Praxis of sport psychology

Tatiana V. Ryba¹, Robert J. Schinke², Alessandro Quartiroli³, Stilian “Ani” Chroni⁴, Antoinette Minniti⁵, Chris Harwood⁶

¹University of Jyväskylä, Jyväskylä, Finland ²Laurentian University, Sudbury, Ontario, Canada ³University of Wisconsin – La Crosse, La Crosse, WI, United States ⁴Inland Norway University of Applied Sciences, Elverum, Norway ⁵High Performance Sport New Zealand, Auckland, New Zealand ⁶Nottingham Trent University, Nottingham, United Kingdom

SYMPOSIUM 13: OTHER TOPICS

Time 11.00am – 12.00pm

Location Hall Orangerie

Chair Gershon Tenenbaum

Single and Team Cognitive Processes and Performance Under Environmental Constrains

Gershon Tenenbaum^{1,2}, Roy Bedard⁴, Hila Sharon-David⁵, Thomas Schack³, Shiau-Chuen Chiou³, Jonas Kämpfer³, Ludwig Vogel³

¹Reichman University, Herzliya, Israel ²Ariel University, Ariel, Israel ³Bielefeld University, Bielefeld, Germany ⁴RRB Systems International, United States ⁵Ono Academic College, Kiryat Ono, Israel

PRESENTATIONS OF THE SYMPOSIUM

13.01. An Information Processing Framework Underlying Observational Learning

Shiau-Chuen Chiou^{1,2} and Thomas Schack^{1,2}

¹Neurocognition and Action Research Group, Center for Cognitive Interaction Technology (CITEC), Bielefeld University, Bielefeld, Germany ²Faculty of Psychology and Sports Science, Bielefeld University, Bielefeld, Germany

13.02. The Survival Mindset: Team Tactics During Law Enforcement Engagements

Roy Bedard¹

¹RRB Systems International, United States

13.03. Mental Representation in Motor Action: Perspectives for Mental Training and New Technologies

Thomas Schack^{1,2}, Jonas Kämpfer^{1,2}, Ludwig Vogel^{1,2}

¹Neurocognition and Action Research Group, Center for Cognitive Interaction Technology (CITEC), Bielefeld University, Bielefeld, Germany ²Faculty of Psychology and Sports Science, Bielefeld University, Bielefeld, Germany

13.04. The Role of Exercise as a Coping Mechanism: Understanding Decision-Making and Multi-Level Interventions

Hila David-Sharon¹

¹Ono Academic College, Kiryat Ono, Israel

LUNCH-ELSEVIER-AE MEETING - Invited Participants Only

Time 12.00 – 01.30pm
Location Hall Strassburg Nord
Chair Markus Raab

LUNCH BREAK

Time 12.00 – 01.30pm
Location Kristall and Tirol Foyer

EUROMENTAL PROJECT MEETING - Invited Participants Only

Time 12.00 – 01.30pm
Location Hall Brüssel
Chair Franziska Lautenbach

ORAL PRESENTATION 10: GROUP DYNAMICS AND TEAM SPORTS & WELL-BEING AND QUALITY OF LIFE

Time 01.30 – 02.30pm
Location Hall Tirol
Chair Thomas Kayer

The social stuff matters! Social identity, physical activity, and mental health in university students in the U.K.

Laura Healy¹, Pete Coffee², Matthew Savage¹, Philip Hennis¹, Daniele Magistro¹, James Donaldson¹, Kirsty Hunter¹, Ruth James¹

¹Nottingham Trent University, Nottingham, United Kingdom ²Heriot Watt University, Edinburgh, United Kingdom

Body language in English Premier League and Women's Super League football players

Geir Jordet¹, Yaw Amankwah¹, Thomas Elinam Jenssen¹, Mariken Kleppe¹, Malin Knai¹, Yanique Fletcher²

¹Norwegian School Of Sport Sciences, Oslo, Norway ²BI Norwegian Business School, Oslo, Norway

The effect of interpersonal goal conflict on intrapersonal tension and team conflict: an experimental study in the context of sport

Jonas Lüdemann¹, Martin Boss¹, Fabian Pels¹, Jens Kleinert¹

¹German Sport University Cologne, Cologne, Germany

The Effect of Enhancing Verbal and Non-Verbal Communication on Shared Mental Models, Team Cohesion, and Team Performance

Ishay Tsur¹, Gershon Tenenbaum²

¹Ben-Gurion University, Guilford Glazer Faculty of Business & Management, Beer-Sheva, Israel ²Reichman University, B. Ivcher School of Psychology, Herzliya, Israel

Applying the 5Cs Framework in Youth Sport: Strategies and Tools for Enhancing Your Practice

Chris Harwood¹, Dadi Rafnsson²

¹Nottingham Trent University, Nottingham, United Kingdom ²Reykjavik University, Reykjavik, Iceland

The 5Cs Framework: An Accessible Methodology for the Psychosocial Development of Young People through Sport

The 5Cs Action and Discussion cards: Enabling a Common Language and Cooperation in Athlete Psychosocial Development

SYMPOSIUM 14: PROFESSIONAL DEVELOPMENT AND MENTORING

Time 01.30 – 02.30pm

Location Hall Strassburg Nord

**A brief contact intervention for novice applied training:
A pyramid of parallel processing for optimal performance
n a pressure cooker**

Julie Hayden¹, Vicki Tomlinson², Michael Gerson³, Michael Gonzalez⁴, Alexa Garratt⁵, Neftali Beltran⁶

¹National University, Martinez, United States ²National University, Redondo Beach, Unites States ³National University, Alameda, United States ⁴National University, Rossmead, Unites States ⁵National University, Cambridge, United Kingdom ⁶Ability First, Pasadena, Unites States

WORKSHOP (APPLIED) 16: YOUTH

Time 01.30 – 02.30pm

Location Hall Strassburg Süd

WORKSHOP (APPLIED) 17: TRANSITIONS IN AND OUT OF SPORT/DUAL CAREER

Time 01.30 – 02.30pm

Location Hall Brüssel

A Holistic Approach to Career Transitions for Elite Athletes

Wanda Schapendonk¹, Hardy Menkehorst¹

¹NOC*NSF, Utrecht, The Netherlands ²Team NL Centrum Noord, Heerenveen, The Netherlands

WORKSHOP (RESEARCH) 18: COGNITION

Time 01.30 – 02.30pm

Location Hall Maximilian

Working Memory and Sport: a systematic review

M^a Dolores González Fernández¹, M^a Pilar Vieiro iglesias¹,
M^a Concepción Bao Fente¹, Ana M^a López-Cortón-Facal¹

¹A Coruña University, A Coruña, España

ORAL PRESENTATION 11: MOTOR CONTROL AND LEARNING & MOTOR
DEVELOPMENT & PERCEPTION & ATTENTION

Time 01.30 – 02.30pm
Location Hall Igls
Chair Vicky Gottwald

Combining motor imagery with low frequency sounds:
a neurophysiological study

Typhanie Dos Anjos¹, Franck Di Rienzo², Sebastien Daligault³,
Aymeric Guillot⁴

¹Libm, Villeurbanne, France ²Libm, Villeurbanne, France ³Cermep, Bron, France
⁴Libm, Villeurbanne, France

Preschoolers' physical activity attitudes reveal motor proficiency

Aave Hannus^{1,2}, Ave Amor¹, Kenn Konstabel^{1,2}

¹University of Tartu, Tartu, Estonia ²National Institute for Health, Tallinn, Estonia

Effects of feedback regarding bat-ball contact position on
accuracy and precision in perception and batting performance in
baseball

Masahiro Kokubu¹, Yuki Kishi¹, Takashi Kojima¹

¹University of Tsukuba, Tsukuba, Japan

Attentional Control Theory: Sport. From theory to application

Mark Wilson^{1,2}, Sam Vine¹, David Harris¹

¹University Of Exeter, Exeter, United Kingdom ²Sport Ireland, Dublin, Ireland

SYMPOSIUM (RESEARCH) 15: RESEARCH METHODS (INCL. QUALITATIVE
& QUANTITATIVE)

Time 01.30 – 02.30pm
Location Hall Grenoble

Sport Psychology in the Real World – Appreciating the
Complex

Jannis Friedrich¹, Markus Raab¹

¹German Sport University Cologne, Cologne, Germany

PRESENTATIONS OF THE SYMPOSIUM

15.01. Evidence for planning ahead in climbing whole-body kinematics

Antonella Maselli¹, Lisa Musculus², Markus Raab², Giovanni Pezzulo¹

¹Institute of Cognitive Sciences and Technologies, National Research Council

²German Sport University Cologne, Cologne, Germany

15.02. Peripheral Vision in Team Sports: From Theory to Practice

Christian Vater, Svitlana Pinchuk, Bozo Vukojevic

University of Bern, Bern, Switzerland

15.03. Pupil dynamics as an implicit marker of action recognition in a
naturalistic anticipatory task

David Mann¹, Jasper Elfrink¹, Daniel Müller¹, Luke Wilkins²,
Kazunobu Fukuhara³, Hiroki Nakamoto⁴

¹Vrije Universiteit Amsterdam, Amsterdam, Netherlands ²La Trobe University,
Melbourne, Australia ³Tokyo Metropolitan University, Hachioji, Japan ⁴National
Institute of Fitness and Sports in Kanoya, Kanoya, Japan

15.04. Estimating Memory Bias in Human Decision Making: An
Application to the Fourth Down Decision in American Football

Sandholtz, Nathan¹

¹Brigham Young University, Provo, United States

15.05. Studying the Complexity and Stability of Athletes' Psychological
and Physiological States: A Recurrence Network Approach

Niklas D. Neumann¹, Jur J. Brauers¹, Fred Hasselman², Ruud J.R.
Den Hartigh¹

¹University of Groningen, Groningen, Netherlands ²University of Groningen, University
Medical Center Groningen, Groningen, Netherlands

SYMPOSIUM 16: ELITE SPORTS AND EXPERTISE

Time 01.30 – 02.30pm
Location Hall New Orleans

Sustainably in the Profession of High-Performance Coaches –
Utopia or within reach?

Marte Bentzen¹, Joshua Frost², Karin Hägglund³, Gavin Breslin⁴,
Kristen Dieffenbach⁵, Göran Kenttä³

¹The Norwegian School of Sport Sciences, Oslo, Norway ²The University of Melbourne,
Melbourne, Australia ³The Swedish School of Sport and Health Sciences, Stockholm,
Sweden ⁴Queens University Belfast, Belfast, United Kingdom ⁵West Virginia
University, Morgantown, United States

PRESENTATIONS OF THE SYMPOSIUM

16.01. The Mental Health of Elite-Level Coaches: A Systematic Scoping
Review

Joshua Frost¹, Courtney C. Walton¹, Rosemary Purcell¹, Krista
Fisher¹, Kate Gwyther¹, Michael Kocherginsky¹, Simon M. Rice¹

¹The University of Melbourne, Australia, Elite Sports and Mental Health, Orygen,
Australia

16.02. Current Knowledge about Recovery and Self-care among
High-performance Coaches: A Systematic Scoping Review

Marte Bentzen¹, Jan Åge Kristensen¹, Göran Kenttä^{2,3}

¹The Norwegian School of Sport Sciences, Norway ²The Swedish School of Sport and
Health Sciences and The School of Human Kinetics, Sweden ³University of Ottawa,
Ottawa, Canada

16.03. Exploring Self-Compassion Among High-Performance Coaches
Karin Hägglund¹, Göran Kenttä^{1,2}, Marte Bentzen³, Christopher R. D.
Wagstaff⁴

¹The Swedish School of Sport and Health Sciences, Stockholm, Sweden ²University of
Ottawa, Ottawa, Canada ³The Norwegian School of Sport Sciences, Oslo, Norway
⁴University of Portsmouth, Portsmouth, United Kingdom

16.04. Increasing Coaches Mental Health Awareness and Intentions to
Offer Support to Athletes: The Mood Matters Pilot Programme

Gavin Breslin¹, Tandy Haughey², Paul Donnelly², Ciarán Kearney³,
Garry Prentice⁴

¹School of Psychology, Queens University Belfast, United Kingdom ²School of Sport,
Ulster University Belfast, United Kingdom ³St Mary's University College, Belfast,
United Kingdom ⁴Dublin Business School, Dublin, Ireland

16.05. No coach is an island: The impact of high performance from a
family perspective

Kristen Dieffenbach¹

¹Center of Applied Coaching and Sport Sciences, School of Sport Sciences, West
Virginia University, Morgantown, United States

WORKSHOP (APPLIED) 19: MENTAL SKILLS TRAINING

Time 01.30 – 02.30pm
Location Hall Innsbruck

Promoting stress adaption: The Pro*Stress intervention
programme

Liliana Fontes¹, A. Rui Gomes², Clara Simões³, Catarina Morais⁴

¹School of Psychology, University of Minho, Braga, Portugal ²Psychology Research
Centre, School of Psychology, University of Minho, Braga, Portugal ³Health Sciences
Research Unit: Nursing (UICISA: E), Nursing School of Coimbra (ESENfC), Coimbra,
Portugal. School of Nursing, University of Minho, Braga, Portugal ⁴Universidade
Católica Portuguesa, Faculty of Education and Psychology, Research Centre for
Human Development, Porto, Portugal

SYMPOSIUM 17: LEADERSHIP

Time 01.30 – 02.30pm
Location Hall Aalborg

The Shared Path to Success: Exploring Shared Leadership
Across Sports, Cultures, and Academia

Katrien Fransen¹

¹KU Leuven, Leuven, Belgium

PRESENTATIONS OF THE SYMPOSIUM

17.01. Shared Athlete Leadership and Teamwork: Two Peas in a Pod?

Mason B. Sheppard¹, Todd M. Loughhead¹

¹University of Windsor, Windsor, Canada

17.02. A Qualitative Exploration of How Shared Athlete Leadership
Influences Teamwork

Eesha J. Shah¹, Rachel Arnold¹, Lee Moore¹, Desmond McEwan²

¹Department for Health, University of Bath, Bath, United Kingdom ²School of
Kinesiology, University of British Columbia, Vancouver, Canada

17.03. An exploration of the leadership experiences of professional
female rugby players

Stewart T. Cotterill¹, Richard Cheetham²

¹AECC University College, Bournemouth, United Kingdom ²University of Winchester,
Winchester, United Kingdom

17.04. Are Leadership Structures Shaped by Power Distance? A
Cross-Cultural Analysis Using Social Network Analysis.

Radhika Butalia¹, Filip Boen¹, S. Alexander Haslam², Niklas K.
Steffens², Stef Van Puyenbroeck¹, Nasrin Biglari⁴, Mark W. Bruner⁵,
Aashritta Chaudhary⁶, Paweł Chmura⁷, Pete Coffee³, Alyson J.
Crozier⁸, Emma S. George⁹, Swanaya Gurjar¹⁰, Chris Hartley¹¹,
Maciej Huzarski¹², Francisco M. Leo¹³, Miguel A. López-Gajardo¹³,
Todd M. Loughhead¹⁴, Moe Machida-Kosuga¹⁵, Colin D. McLaren¹⁶,
Seyed Reza Hosseini Nia⁴, Matthew J. Slater¹⁷, Katrien Fransen¹

¹Department of Movement Sciences, KU Leuven, Leuven, Belgium ²School of
Psychology, University of Queensland, Saint Lucia, Australia ³Department of
Psychology, School of Social Sciences, Heriot-Watt University, Edinburgh United
Kingdom ⁴Faculty of Physical Education, Shahrood University of Technology,
Shahrrood, Iran ⁵School of Physical and Health Education, Nipissing University,
Ontario, Canada ⁶Department of Psychology, Jamia Millia Islamia, Delhi, India
⁷Department of Team Games, Wroclaw University of Health and Sport Sciences,
Wroclaw, Poland ⁸Alliance for Research in Exercise, Nutrition and Activity, University

of South Australia, Adelaide, Australia ⁹School of Health Sciences, Western Sydney
University, Sydney, Australia ¹⁰Department of Psychology, Cleveland State University,
Cleveland, United States ¹¹Faculty of Health Sciences and Sport, University of Stirling,
Stirling, United Kingdom ¹²Institute of Physical Culture Sciences, University of
Rzeszow, Rzeszow, Poland ¹³Faculty of Teacher Training, Universidad de Extremadura,
Spain ¹⁴Department of Kinesiology, University of Windsor, Windsor, Canada
¹⁵School of Physical Education, Osaka University of Health and Sport Sciences,
Japan ¹⁶Department of Experiential Studies in Community and Sport, Cape Breton
University, Halifax, Canada ¹⁷School of Health, Science and Wellbeing, Staffordshire
University, Staffordshire, United Kingdom

17.05. Transferring insights on leadership from the sports arena to
academia: Identifying key leadership roles of formal and peer
leaders in universities

Katrien Fransen¹, Charlotte M. Edelmann¹, Melissa Vanbeselaere¹,
Debora Vansteenwegen¹, Norbert Vanbeselaere¹, Filip Boen¹

¹KU Leuven, Leuven, Belgium

ORAL PRESENTATION 12: CULTURAL SPORT PSYCHOLOGY & DAILY LIFE

Time 01.30 – 02.30pm
Location Hall Freiburg
Chair Tatiana V. Ryba

“There Isn’t Enough British Literature in Your Thesis”: A Cultural
Sport Psychology Story

Nicholas de Cruz¹, Davide Pagano¹, Raquel Rodriguez De La Horra¹,
Prof Victoria Tischler¹

¹University of Surrey, Guildford, United Kingdom

Impact of a professional training programme on basic
psychological needs satisfaction among individuals with
intellectual disabilities

Evelia Franco¹, Elena Pérez-Calzado², María Fernández-Rivas²,
Carmen Ocete²

¹Universidad Loyola Andalucía, Seville, Spain ²Universidad Pontificia Comillas,
Madrid, Spain

Active Mind - Active Life? The Relationship between Active Travel
and Cognitive Abilities in Children

Melinda Herfet^{1,2}, Emiliano Mazzoli², Susanne Tittlbach¹, Anna
Timperio²

¹University of Bayreuth, Bayreuth, Germany ²Deakin University, Melbourne, Australia

Addressing your own cultural needs in a multicultural
environment: Reflections informed by fifteen years of experience
in sport psychology

Mariana Kaiseler¹

¹Institute of Sport, Manchester Metropolitan University, Manchester, United Kingdom

WORKSHOP (APPLIED) 20: CRISIS

Time 01.30 – 02.30pm

Location Hall Orangerie

The team in crisis - discussion and development of evidence-
based interventions

Charlotte Behlau¹, Stephanie Buenemann¹

¹University Of Muenster, Muenster, Germany

BREAK (WITHOUT DRINKS)

Time 02.30 – 02.40pm

ORAL PRESENTATION 13: HEALTH & TALENT IDENTIFICATION/
DEVELOPMENT & MENTAL SKILLS TRAINING

Time 02.40 – 03.40pm

Location Hall Tirol

Chair Urban Johnson

The Participation History of Aspiring Basketball Players in the
United Kingdom

Lucas Capalbo¹, Joana Fonseca², Sam Messam³, Umandeep Nizzar¹

¹London Metropolitan University, London, United Kingdom ²St Mary's University
Twickenham London, London, United Kingdom ³Basketball England, Manchester,
United Kingdom

Resilience profiles of elite athletes and their associations with
health-related behaviors, well-being, and performance: a latent
profile analysis

Meggy Hayotte¹, Aurélia Chrétien¹, Anne Vuillemin¹, Fabienne
d'Arripe-Longueville¹

¹Université Côte d'Azur, LAMHESS, Nice, France

Predictors of Regular Physical Activity and Mental Health in
Adolescents - Results of the Germany-wide Representative Study
“Move For Health”

Lena Henning¹, Ulrike Burrmann², Eva Göttlich¹, Hannah Pauly¹,
Dennis Dreiskämper¹

¹University of Münster, Münster, Germany ²Humboldt-Universität zu Berlin, Berlin,
Germany

A scoping review of research partnership literature in sport

Majidullah Shaikh¹, Heather Gainforth¹, Karl Erickson², Roxy Helliker
O`Rourke³

¹School of Health and Exercise Sciences, The University Of British Columbia,
Okanagan, Kelowna, Canada ²School of Kinesiology & Health Science, York
University, Toronto, Canada ³University of Toronto, Toronto, Canada

SYMPOSIUM 18: COACHING

Time 02.40 – 03.40pm
Location Hall Strassburg Nord

Eating disorders in sport: Opening coaches' eyes

Saša Cecić Erpič¹, Janja Usenik², Renata Barić³
¹University of Ljubljana, Ljubljana, Slovenia ²University of Maribor, Maribor, Slovenia
³University of Zagreb, Zagreb, Croatia

PRESENTATIONS OF THE SYMPOSIUM

- 18.01. Eating disorders in sport and the role of the coach: Project outline
Saša Cecić Erpič¹
¹University of Ljubljana, Ljubljana, Slovenia
- 18.02. Exploring Coaches' Perceptions of Eating Disorders in Sport: A Qualitative Analysis
Janja Usenik¹, Saša Cecić Erpič²
¹University of Maribor, Maribor, Slovenia ²University of Ljubljana, Ljubljana, Slovenia
- 18.03. Eating disorder as a change-event and the role of a coach: A case study of young ballet dancer
Saša Cecić Erpič¹
¹University of Ljubljana, Ljubljana, Slovenia
- 18.04. Exercise addiction and eating disorders – do men have it too?
Renata Barić¹, Sebastijan Sošić¹, Vedran Jakobek¹
¹University of Zagreb, Faculty of Kinesiology, Zagreb, Croatia

SPECIAL SESSION ROUNDTABLE (APPLIED) 01: YOUTH

Time 02.40 – 03.40pm
Location Hall Strassburg Süd

Psychological Risk Factors of Early Talent Identification
Programmemeing for Athletes in Mid-Childhood

Katie Castle¹
¹Castle Psychology, Sherwood Park, Canada

ORAL PRESENTATION 14: TRANSITIONS IN AND OUT OF SPORT/DUAL CAREER

Time 02.40 – 03.40pm
Location Hall Brüssel
Chair Gershon Tenenbaum

The Direct and Indirect Effects of Dual Career Competencies on Sport Intentions: The Mediating Role of Burnout and Flow in this Relationship

Duygu Karadağ¹, F.Hülya Aşçı²
¹Haliç University, Istanbul, Turkey ²Fenerbahçe University, Istanbul, Turkey

HerForm: A co-productive approach to meeting career development needs of female high-level athletes

Babett Lobinger¹, Ruan Schlebusch², Finola Roache³, Pamela Gilpin³, Wolfgang Stockinger⁴, Natalia Orive Siviter⁵, Lucy Southgate⁶, Owen Southgate⁶, Sinikka M. Heisler¹, Tom Schumacher¹, Valeria C. Eckardt^{1,7}
¹German Sport University Cologne, Institute of Psychology, Department of Performance Psychology, Cologne, Germany ²South African Cricketers' Association, Johannesburg, South Africa ³Rugby Players Ireland, Dublin, Ireland ⁴TWIN, Salzburg, Austria ⁵Spanish Women's Futsal Association, Madrid, Spain ⁶National Youth Sports Association Sweden, Ulricehamn, Sweden ⁷Herdecke University, Department of Psychology and Psychotherapy, Witten, Germany

Life situations in high-performance sport: A 4-year longitudinal study of transitional pathways of Swiss elite athletes

Merlin Kantigin Örencik¹, Michael Schmid¹, Jürg Schmid¹, Achim Conzelmann¹
¹University of Bern, Bern, Switzerland

A Scoping Review on the Theoretical and Methodological
Advances in the Study of Retirement From Elite Sport

Michael Schmid¹, Andreas Kuettel², Bryan Charbonnet¹, Tania
Rivero³, Juerg Schmid¹, Noora Ronkainen¹, Achim Conzelmann¹

¹University Of Bern, Bern, Switzerland ²Sports Science and Clinical Biomechanics,
University of Southern Denmark, Odense, Denmark ³Medical Library, University
Library of Bern, University of Bern, Bern, Switzerland

The effects of SMR neurofeedback training in elite archers: an
ERPs study with hybrid training format

Jeffrey Yu¹, Poyu Chen², Szu-Yuan Chen³, Chih-Hao Chiu⁴

¹Department of Physical Education and Sport Sciences, National Taiwan Normal
University, Taipei, Taiwan ²Department of Occupational Therapy and Graduate
Institute of Behavioral Sciences, Chang Gung University, Taoyuan, Taiwan ³Graduate
Institute of Athletics and Coaching Science, National Taiwan Sport University,
Taoyuan, Taiwan ⁴Department of Orthopedic Surgery, Taoyuan Chang Gung
Memorial Hospital, Taoyuan, Taiwan

ROUNDTABLE (RESEARCH) 01: BEST PRACTICE

Time 02.40 – 03.40pm

Location Hall Maximilian

On the Same Team: A Roundtable Discussion to Enhance
Global Researcher-Practitioner Collaborations

Lauren McHenry¹, E. Earlynn Lauer², Rebecca Zakrajsek³, Larry
Lauer⁴, Kristen Dieffenbach⁵, Dan Gould⁶

¹McHenry Mental Performance, LLC, Atlanta, United States ²Lauer Mental Training,
LLC, Orlando, United States ³University of Tennessee, Knoxville, United States ⁴USTA
Player Development, Orlando, United States ⁵West Virginia University, Morgantown,
United States ⁶Michigan State University, East Lansing, United States

Study of parietal cortex structural plasticity in physically active
college students

Keying Zhang¹, Dong Zhang², Jingjing Ji¹, Shanyuan Ma¹, Youhua
Li¹, Xiao Zhang³, Chunmei Cao⁴

¹Department of Physical Education, Southeast University, Nanjing, China ²Division of
Sports Science and Physical Education, Tsinghua University, Beijing, China ³Faculty
of Kinesiology, University of Calgary, Calgary, Canada ⁴Division of Sports Science
and Physical Education, Tsinghua University, Beijing, China

SYMPOSIUM 19: COGNITION

Time 02.40 – 03.40pm

Location Hall Grenoble

From A to B to C – stress and performing under pressure

Paul Mansell¹, Katie Sparks¹, Andrew Wilkinson¹, Nanaki Chadha²,
Liliana Fontes³

¹Staffordshire University, Stoke-on-Trent, United Kingdom ²Freelance Sport and
Exercise Psychologist, Delhi, India ³Universidade do Minho Freelance Sport and
Exercise Psychologist, Porto, Portugal

ORAL PRESENTATION 15: NEUROSCIENCE

Time 02.40 – 03.40pm

Location Hall Igls

Chair Masahiro Kokubu

Neural signature of motor imagery: a window for investigating
motor expertise

Aymeric Guillot¹, Franck Di Rienzo¹

¹University Claude Bernard Lyon 1, Villeurbanne, France

The role of resting-state brain activity in mediating the
association between physical activity and verbal memory

Vera Nina Looser¹, Sebastian Ludyga¹, Markus Gerber¹

¹University of Basel, Basel, Switzerland

PRESENTATIONS OF THE SYMPOSIUM

19.01. Altering stress mindset to enhance the wellbeing of young athletes

Paul Mansell¹

¹Staffordshire University, Stoke-on-Trent, United Kingdom

- 19.02. The combination of irrational beliefs and cognitive appraisals in influencing the affective states of athletes
Nanaki J. Chadha¹
¹Freelance Sport and Exercise Psychologist, Delhi, India
- 19.03. The role of physiological markers of challenge and threat states in athletic performance
Andrew Wilkinson¹
¹Staffordshire University, Stoke-on-Trent, United Kingdom
- 19.04. Pro*Stress – an intervention to enhance performance under pressure
Liliana Fontes¹
¹Universidade do Minho Freelance Sport and Exercise Psychologist, Porto, Portugal
- 19.05. Mindset: Performing Under Pressure” – a multimodal intervention to enhance wellbeing and performance under pressure
Katie Sparks¹
¹Staffordshire University, Stoke-on-Trent, United Kingdom

SYMPOSIUM 20: DEVELOPMENTAL/LIFESPAN PERSPECTIVES

Time	02.40 – 03.40pm
Location	Hall New Orleans
Chair	Lukas Linnér
Discussant	Xavier Sanchez

Performing under new pressure: Post-PhD experiences of young career scholars

Lukas Linnér¹, Xavier Sanchez², Milla Saarinen³, Kristel Kiens⁴, Marta Borrueco⁵

¹Halmstad University, Halmstad, Sweden ²Université d'Orléans, Orléans, France ³Norwegian School of Sport Sciences, Oslo, Norway ⁴Tallinn University, Tallinn, Estonia ⁵Universitat Autònoma de Barcelona, Barcelona, Spain

PRESENTATIONS OF THE SYMPOSIUM

- 20.01. Practicing What You Preach: From a PhD about Athletes' Dual Careers to Leadership of a Sports University
Lukas Linnér¹
¹Halmstad University, Halmstad, Sweden
- 20.02. From PhD to Postdoctoral Student in a new Country: Applying Savickas' Theory on Career Adaptabilities as a Lens
Milla Saarinen¹
¹Norwegian School of Sport Sciences, Oslo, Norway
- 20.03. Living My Messy and Unpredictable Career Trajectory Guided by Values and Supported by Mindfulness
Kristel Kiens¹
¹Tallinn University, Tallinn, Estonia
- 20.04. “Climbing the academic ladder? More like climbing up the walls”. An ecological examination of a young woman's attempt to develop a career in academia
Marta Borrueco¹
¹Universitat Autònoma de Barcelona, Barcelona, Spain

WORKSHOP (APPLIED) 21: BEST PRACTICE

Time	02.40 – 03.40pm
Location	Hall Innsbruck

The Human behind big spotlights, high pressure situations and perfectionism – Ways to improve sense of coherence, self-compassion and self-confidence

Carl Vincent Mohr¹, Thomas Kayer¹, Ann-Kristin Reuter¹

¹Groundwork, Graz, Austria

Self-Compassion as a Potential Resource for High-Performing Athletes: How Self-Kindness and Mindful Approaches Can Help Fulfill One's Highest Potential

Carl Vincent Mohr¹

¹Groundwork, Graz, Austria

Nurturing Mental Resilience in Sports: Understanding the Interplay Between Performance Enhancement and Mental Well-Being

Thomas Kayer¹

¹Groundwork, Graz, Austria

Boosting Confidence Under Pressure: "Mastering Self-Confidence for Competitive Excellence"

Ann-Kristin Reuter¹

¹Groundwork, Graz, Austria

WORKSHOP (APPLIED) 22: LEADERSHIP

Time 02.40 – 03.40pm

Location Hall Aalborg

Leadership development for Bachelor students: A Martial Arts and Performing Arts Approach to thriving under pressure

Janneke de Noord¹, Daniel de Bruin¹

¹Amsterdam University of Applied Sciences, Amsterdam, Netherlands

ORAL PRESENTATION 16: DECISION MAKING AND JUDGEMENT

Time 02.40 – 03.40pm

Location Hall Freiburg

Chair Erwin Apitzsch

The impact of contextual priors and physical load on action anticipation in soccer

Viktor Gredin¹, Charlotte Olsson¹, Urban Johnson¹, Andreas Ivarsson¹

¹Halmstad University, Halmstad, Sweden

Coaches' thoughts and decision-making processes while selecting table tennis players

Till Koopmann¹, Franziska Lath^{1,2}, Florian Loffing³, Irene Faber^{1,4}, Jörg Schorer¹

¹Carl Von Ossietzky Universität Oldenburg, Oldenburg, Germany ²Institute of Applied Sport Science, Leipzig, Germany ³German Sport University Cologne, Cologne, Germany ⁴Windesheim University of Applied Sciences, Zwolle, The Netherlands

Ethical Crossroads: Deciding under the Physiological Stress of Exercise

Sabrina Gomez Souffront¹, Marcelo Bigliassi¹, Jason Kostrna¹

¹Florida International University, Miami, United States

Assessing Decision Quality under Time Pressure: An Advanced Approach in Naturalistic Experiments

Robin Schrödter¹, Stefanie Klatt¹

¹German Sport University Cologne, Düsseldorf, Germany

SYMPOSIUM 21: OTHER TOPICS

Time 02.40 – 03.40pm

Location Hall Orangerie

Courage in Sport Symposium

Harvey Anderson¹, Erkut Konter², Violetta Oblinger-Peters³, Daniel Birrer⁴

¹Sheffield Hallam University, Sheffield, United Kingdom ²Istanbul Gelişim University, School of Physical Education and Sports, Istanbul, Turkey ³Institute of Sport Science, University of Bern, Bern, Switzerland ⁴Swiss Federal Institute of Sport, Magglingen, Switzerland

PRESENTATIONS OF THE SYMPOSIUM

- 21.01. Could we take the courage to lose mental toughness?
Harvey R Anderson¹
¹Academy of Sport & Physical Activity, Sheffield Hallam University, United Kingdom
- 21.02. Review of Sport Courage Research
Erkut Konter¹, Harvey Anderson²
¹Istanbul Gelişim University, School of Physical Education and Sports, İstanbul, Turkey ²Sheffield Hallam University, Sheffield, United Kingdom
- Finding Meaning in Sport Through Courage – Ideas On Integrating ACT And Existential Approaches to Sport Psychology
Violetta Oblinger-Peters¹, Noora J. Ronkainen¹
¹Institute of Sport Science, University of Bern, Bern, Switzerland
- Helping Athletes to Thrive by Supporting Them to ACT With Courage
Daniel Birrer¹, Violetta Oblinger-Peters²
¹Swiss Federal Institute of Sport Magglingen, Magglingen, Switzerland ²Institute of Sport Science, University of Bern, Bern, Switzerland

COFFEE BREAK

Time 03.40 – 04.10pm
Location Kristall and Tirol Foyer

ORAL PRESENTATION 17: WELL-BEING AND QUALITY OF LIFE

Time 04.10 – 05.10pm
Location Hall Tirol
Chair Natalie Durand-Bush

Exploring the Barriers and Facilitators to Mental Health Help-Seeking Behaviours in British Elite Track and Field Athletes

Jamie Barker¹, Thomas Miller¹, Janine Coates¹, Carolyn Plateau¹
¹Loughborough University, Loughborough, United Kingdom

Organizational stress in University athletes: Examining transactional pathways between stressors, situational properties, appraisals, coping, performance impact and wellbeing

Adam Bibbey¹
¹Oxford Brookes University, Oxford, United Kingdom

Safeguarding Mental Capital: Insights into Brain Health among Youth Rugby Athletes

Nicholas de Cruz¹, Davide Pagano¹, Raquel Rodriguez De La Horra¹, Victoria Tischler¹
¹University of Surrey, Guildford, United Kingdom

Developing a simple risk metric for the effect of sport-related concussion and physical pain on mental health

Daniel Walker¹, Adam Qureshi², David Marchant², Alex Bahrami Balani²
¹University of Bradford, Bradford, United Kingdom ²Edge Hill University, Ormskirk, United Kingdom

NETWORK MEETING (OPEN) 02: PROFESSIONAL DEVELOPMENT AND MENTORING

Time 04.10 – 05.10pm
Location Hall Strassburg Nord

European Network of Young Specialists in Sport Psychology (ENYSSP): 20 years and counting

Laur Nurkse¹, Pia Zajonz², Ionut Alexandru Iscru³, Helena Schmitz⁴, Fabrizio Sors⁵, Zsofia Szekeres⁶, Grzegorz Wieclaw⁷, Sanja Petric⁸, Evangelos Manolopoulos-Dekaristos⁹, Bernadette Ramaker¹⁰
¹Estonian Military Academy, Tartu, Estonia ²Humboldt-University of Berlin, Berlin, Germany ³Ovidius University of Constanta, Constanta, Romania ⁴German Sport University Cologne, Cologne, Germany ⁵University of Trieste, Trieste, Italy ⁶Cardiff

Metropolitan University, Cardiff, United Kingdom ⁷Independent practice, Poland
⁸Independent practice, Croatia ⁹Independent practice, Greece ¹⁰Independent
practice, Netherlands

SPECIAL SESSION ROUNDTABLE (APPLIED) 02: TRANSITIONS IN AND
OUT OF SPORT/DUAL CAREER

Time 04.10 – 05.10pm
Location Hall Brüssel

Working with Sport Clients in Transitions: A Multicultural
Scientist-Practitioner Perspective across Nine Countries

Natalia Stambulova¹, Roy David Samuel², Miquel Torregrossa³,
Stiliani “Ani” Chroni⁴, Mariana Kaiseler⁵, Alessandro Quartiroli⁶,
Saša CeciĆ Erpić⁷, Ohad Nahum⁸, Elizabeth Ludwig⁹, Louise
Storm¹⁰

¹Halmstad University, Halmstad, Sweden ²Reichman University, Herzliya, Israel
³Universitat Autònoma de Barcelona, Barcelona, Spain ⁴Inland Norway University
of Applied Sciences, Elverum, Norway ⁵Manchester Metropolitan University,
Manchester, United Kingdom ⁶University of Wisconsin – La Crosse, La Crosse, WI,
United States ⁷University of Ljubljana, Ljubljana, Slovenia ⁸The Academic College
of Tel Aviv-Yaffo, Tel Aviv, Israel ⁹Leipzig University, Leipzig, Germany ¹⁰University of
Southern Denmark, Odense, Denmark

SYMPOSIUM 23: PSYCHOPHYSIOLOGY

Time 04.10 – 05.10pm
Location Hall Maximilian

Heart rate variability in sport & exercise psychology:
Implications for training, performance, and well-being

Sylvain Laborde¹

¹German Sport University Cologne, Cologne, Germany

PRESENTATIONS OF THE SYMPOSIUM

23.01. Relationship between measures of resting vmHRV and
subjective self-reported variables in athletes: a scoping review.

Alfonso, C. ¹; Capdevila, L. ¹; Laborde, S. ²

¹Universitat Autònoma de Barcelona, Spain ²German Sport University Cologne,
Germany

23.02. The Use of Heart Rate Variability in Esports: A Systematic Review

Welsh, M.R. ¹; Mosley, E. ²; Laborde, S. ³; Day, M. C. ¹; Sharpe, B. T. ¹;
Burkill, R. A. ⁴; Birch, P. D. ¹

¹University of Chichester, Chichester, United Kingdom ²Bournemouth University,
Bournemouth, United Kingdom ³German Sport University Cologne, Cologne,
Germany ⁴International Federation of Esports Coaches, United Kingdom

23.03. The influence of competitive exercise on aggression,
testosterone, cortisol, and cardiac vagal activity

Borges, U. ¹; Schwalb, F. ¹; Pels, F. ¹; Javelle, F. ¹; Hartmann, U. ¹;
Chermette, C. ¹; Kleinert, J. ¹

¹German Sport University Cologne, Cologne, Germany

23.04. Influence of Respiratory Frequency of Slow-Paced Breathing on
Vagally-Mediated Heart Rate Variability

Laborde, S. ¹; You, M. ²; Ackermann, S. ¹; Borges, U. ¹; Dosseville F. ²;
Mosley, E. ³

¹German Sport University Cologne, Cologne, Germany ²Normandie Université Caen,
Caen, France ³Bournemouth University, Bournemouth, United Kingdom

SYMPOSIUM 24: COGNITION

Time 04.10 – 05.10pm
Location Hall Igls

Novel ways of thinking about motor imagery practice: the
what, the when and the how?

Stephan Frederic Dahm¹

¹University Of Innsbruck, Innsbruck, Austria

PRESENTATIONS OF THE SYMPOSIUM

- 24.01. Imagery questionnaire in different time perspectives - psychometric data of the tool
Dagmara Budnik-Przybylska¹, Karol Nędza², Karol Karasiewicz³
¹University of Gdansk, Gdansk, Poland ² University of Plymouth, Plymouth, United Kingdom ³University of Szczecin, Szczecin, Poland
- 24.02. Mental chronometry in executed and imagined paper folding performance
Stephan Frederic Dahm¹, Pierre Sachse¹
¹University of Innsbruck, Innsbruck, Austria
- 24.03. Reconsidering the links between motor imagery and strength from a different viewpoint: shedding light on new perspectives for mental training
Aymeric Guillot¹, Eric Piveteau¹, Franck di Rienzo¹
¹University of Lyon, LIBM, France
- 24.04. Combining imagery and physical execution: Is the whole greater than it parts?
Amit Abraham¹, Anael Fitoussi¹, Adi Bar Haim¹, Eric Franklin²
¹Ariel University, School of Health Sciences, Department of Physical Therapy, Ariel, Israel ²International Institute for the Franklin Method, Zurich, Switzerland
- 24.05. Manipulating physical and observational practice in a novel gestural sequence task to probe the independence or co-dependence of kinesthetic and visual motor imagery
Carrie M. Peters¹, Matthew W. Scott^{1,2}, AnnaMae Pond¹, Ryan Jin¹, Sarah N. Kraeutner², Nicola J. Hodges¹
¹Motor Skills Lab, School of Kinesiology, University of British Columbia, Vancouver, Canada ²Neuroplasticity, Imagery, and Motor Behaviour Lab, University of British Columbia, Kelowna, Canada

SYMPOSIUM 25: CONSULTING/COUNSELLING

Time 04.10 – 05.10pm
Location Hall Grenoble
Chair Martin Turner

Rational emotive behaviour therapy (REBT) for performance under pressure

Martin Turner¹, Stuart Carrington⁴, Anna Jordana², Nanaki Chadha³
¹Manchester Metropolitan University, Stoke-on-Trent, United Kingdom ²Universitat Autònoma de Barcelona, Barcelona, Spain ³Private Consultant, Noida, India ⁴St Marys University, Twickenham, United Kingdom

PRESENTATIONS OF THE SYMPOSIUM

- 25.01. Problems with irrationality in sport: Why rational emotive behaviour therapy (REBT) is overlooked as a solution for performance under pressure.
Stuart C. Carrington¹
¹School of Sport, Exercise and Applied Science, St Mary's University, Twickenham, United Kingdom
- 25.02. Unravelling the landscape of rational emotive behaviour therapy (REBT) in sport through a systematic mapping review.
Anna Jordana¹
¹Departament de Psicologia Bàsica, Evolutiva i de l'Educació, Universitat Autònoma de Barcelona, Bellaterra, Spain
- 25.03. Evidence for the application of rational emotive behaviour therapy (REBT) to performance under pressure.
Nanaki J. Chadha¹
¹Private consultant, Noida, India
- 25.04. The Rational Practitioner: New (and old) frontiers of rational emotive behaviour therapy (REBT) in sport.
Martin Turner¹
¹Department of Psychology, Manchester Metropolitan University, Stoke-on-Trent, United Kingdom

WORKSHOP (APPLIED) 23: SOCIAL PSYCHOLOGY

Time 04.10 – 05.10pm
Location Hall New Orleans

A practical workshop on undertaking an ecological grounded theory approach to social sports inquiry

Scott Russell¹
¹Queensland University Of Technology, Brisbane, Australia

WORKSHOP (APPLIED) 24: MENTAL SKILLS TRAINING

Time 04.10 – 05.10pm
Location Hall Innsbruck

Mindful Approaches to Practice, Performance and Pressure: A Micro and Macro Way of Teaching and Training Contemplatives to Athlete-Performers

Michael Gerson¹, Julie Hayden¹, Vicki Tomlinson¹, Alexa Garratt¹,
Michael Gonzalez¹
¹JFK School of Psychology and Social Sciences at National University, Alameda, United States

SYMPOSIUM 26: LEADERSHIP

Time 04.10 -05.10pm
Location Hall Aalborg

Beyond the whistle: Using coaches and athlete leaders to provide collaborative leadership to their teams

Todd Loughhead¹
¹University Of Windsor, Windsor, Canada

PRESENTATIONS OF THE SYMPOSIUM

- 26.01. Do leaders really influence performance? An integrated systematic review and series of meta-analyses
Charlotte Clare¹, James Hardy¹, Ross Roberts¹, David Tod², Alex Benson³
¹Bangor University, Bangor, United States ²Lancaster University, Lancaster, United Kingdom ³Western University, London, Canada
- 26.02. A Social Network Analysis comparing coach rated and athlete rated leadership networks
Ashley Flemington¹, Todd M. Loughhead¹
¹University of Windsor, Windsor, Canada
- 26.03. A triangulated leadership perspective from successful leadership triads: Coaches, assistant coaches, and athlete leader perspectives on leader effectiveness.
Kyle F. Paradis¹, Steafan Deery¹, Lee Ann Sharp¹, and Noel Brick¹
¹Ulster University
- 26.04. Using the head coach and team leaders in a season long team building intervention
Todd M. Loughhead¹, Megan E. Kalbfleisch¹, Mason Sheppard¹, Krista J. Munroe-Chandler¹, and Gordon A. Bloom²
¹University of Windsor, Windsor, Canada ²McGill University, Montreal, Canada
- 26.05. Assessing the content validity of a measure of athlete leader fairness
Katherine E. Hirsch^{1,2} and Todd M. Loughhead²
¹New Mexico State University, Las Cruces, United States ²University of Windsor, Windsor, Canada

ORAL PRESENTATION 18: DEVELOPMENTAL/LIFESPAN
PERSPECTIVES & ELDERLY

Time 04.10 – 05.10pm
Location Hall Freiburg
Chair Erwin Apitzsch

Psychological trajectories over a one-year recreational football training programme

Mélanie Boithias¹, Emma Guillet Descas², Guillaume Martinent², Alain Belli¹

¹University Jean Monnet Saint-Etienne, Lyon 1, Université Savoie Mont-Blanc, Laboratoire Interuniversitaire de Biologie de la Motricité, F-42023, St Etienne, France
²University Claude Bernard Lyon 1 - Laboratory of Vulnerabilities and Innovation in Sport (L-VIS), Lyon, France

Multicomponent Structured Exercise (MSE) and Depression for Older Adults: A Systematic Review and Meta-analysis

Shishi Cheng¹, Yanping DUAN¹, Min YANG¹

¹Hong Kong Baptist University, Kowloon, Hong Kong

Affective Responses to Continuous Aerobic Activities: Exploring the Timing of Assessments

Filipe Santos^{1,2}, Vasco Bastos^{1,2}, Paul Davis³, Diogo S. Teixeira^{1,2}

¹Faculty of Physical Education and Sport, Lusófona University, Lisbon, Portugal
²Research Center in Sport, Physical Education, and Exercise and Health (CIDEFES), Lisbon, Portugal
³Department of Psychology, Umeå University, Umeå, Sweden

Psychological distance in maternal relationships and anxiety in female university student aesthetic athletes

Nao Shikanai¹

¹Asia University, Tokyo, Japan

SPECIAL SESSION ROUNDTABLE (APPLIED) 03: BEST PRACTICE

Time 04.10 – 05.10pm
Location Hall Orangerie

Mindfulness- and acceptance-based approaches: Current state, challenges and misunderstandings

Karin Moesch^{1,2}, Daniel Birrer³, Kristoffer Henriksen^{4,10}, Kristel Kriens⁵, Henrik Gustafsson^{6,7}, Göran Kenttä^{8,9}

¹Department of Sports Sciences, Malmö University, Malmö, Sweden ²Swedish Sport Confederation, Stockholm, Sweden ³Swiss Federal Institute of Sport Magglingen, Magglingen, Switzerland ⁴Department of Sports Science and Clinical Biomechanics University of Southern Denmark, Odense, Denmark ⁵Tallinn University, Tallinn, Estonia ⁶Department of Educational Studies, Karlstad University, Karlstad, Sweden ⁷Department of Sport and Social Science, Norwegian School of Sport Sciences, Oslo, Norway ⁸Swedish School of Sport and Health Sciences, Stockholm, Sweden, ⁹The School of Human Kinetics, University of Ottawa, Ottawa, Canada ¹⁰Team Denmark, Brøndby, Denmark

BREAK (WITHOUT DRINKS)

Time 05.10 – 05.30pm
Location Kristall and Tirol Foyer

FEPSAC GENERAL ASSEMBLY AND EMA GERON AWARD
(DIETER HACKFORT)

Time 05.30 – 06.30pm
Location Hall Brüssel
Chair Maurizio Bertollo

FEPSAC YOUNG PRACTITIONER PRESENTATION, BÖP-AWARD, SLAM
SESSION

Time 06.30 – 09.00pm
Location Hall Brüssel

FEPSAC Young Practitioner Award (oral)
Chair: Sylvain Laborde

Everyone is Figuring it out Along the Way: Diving Headfirst into
the World of Esports

Ismael Pedraza-Ramirez¹, Bernadette Ramaker²
¹German Sport University Cologne, Cologne, Germany ²Independent Practice,
Alkmaar, The Netherlands

BÖP-Practitioner Award (Walter Minatti)
Chair: Andrea Keplinger

Science and Applied Slam
Chair: Sylvain Laborde

Walking Before Walking: Not for Babies Only
Abraham Amit¹, Ratzabi Y.¹, Frenkel Toledo S.^{1,2}, Fareed Mawasie A.²,
Haim A.²
¹Ariel University, Ariel, Israel ²Loewenstein Hospital, Ra'anana, Israel

Cats, ass drills, and positive vibes
Franziska Lautenbach¹
¹Humboldt-Universität zu Berlin, Berlin, Germany

The monster of failure and how to trick it.
A case study: Understanding and overcoming anxieties
Torggler Heike¹
¹Counseling, Mentalcoaching, Somatic Experiencing, Biofeedback In Merano,
Mölsen, Italy

(S)He says – (S)He understands: Insights of Coach–Athlete
Relationship and Communication – From Research into Practice
Nadja Walter¹
¹Leipzig University, Leipzig, Germany

Succeeding Against All Odds: How Psychological Flexibility
Helped a Division 1 Men's Basketball Team Win Their First
Championship in 12 Years
Hyejin Song¹
¹California State University Long Beach, Sachoan, South Korea

ENYSSP GATHERING - Invited Participants Only

Time 08.00pm

ISSP-FEPSAC DINNER - Invited Participants Only

Time 08.00pm

WEDNESDAY, 17TH 2024

MORNING RUN AND YOGA

Time 06.00 – 07.00am

CHILDCARE PROGRAMME

Time 07.50am – 05.20pm

KEYNOTE LECTURE III

Time 08.30 – 09.30am

Location Hall Tirol

Chair Anastasiya Khomutova

Our Duty to Safeguard Sport: From Ignorance and Silence to Knowledge and Practice

Stiliani “Ani” Chroni

¹Inland Norway University of Applied Sciences, Elverum, Norway

POSTER SESSION II

Time 09.30 – 10.30am

Location Kristall Foyer

P102 The influence of attentional focus instructions on task focus and motor performance

Reza Abdollahipour¹, Miriam Palomo Nieto², Ludvík Valtr¹, William Land³¹Palacký University Olomouc, Olomouc, Czech Republic ²Universidad Complutense de Madrid, Madrid, Spain ³University of Texas at San Antonio, San Antonio, United States

P103 Remote physical exercise on the quality of life of isolated older women during the COVID-19 pandemic

Alexandro Andrade^{1,2}, Loiane Cristina de Souza^{1,2}, Henrique Kurtz Bottrel Ricardo^{1,2}, Danilo Reis Coimbra^{2,3}, Anderson DOLiveira^{1,2}¹Health and Sports Science Center – CEFID/Santa Catarina State University, Florianópolis, Brazil ²Laboratory of Sports and Exercise Psychology – LAPE, Florianópolis, Brazil ³Federal University of Juiz de Fora (UFJF), Life Sciences Institute, ICV, Physical Education Department, Governador Valadares, Brazil

P104 Applied Skill Acquisition Approaches in Imagery: Contextual Interference

Maxime Ansell¹, Caroline Wakefeild¹, Robin Owen¹, Liam Owens¹¹Liverpool Hope University, Liverpool, United Kingdom

P106 Risk factors of reporting sport injury: Violence toward athletes and mental health

Emilie Belley-Ranger^{1,2,3,4}, Sylvie Parent^{1,2,3,4}, Hélène Paradis¹¹Research Chair on Safety and Integrity in Sport/Université Laval, Canada ²Interdisciplinary Research Center on Intimate Relationship Problems and Sexual Abuse (CRIPCAS), Canada ³Équipe Violence Sexuelle et Santé (ÉVISSA), Canada ⁴International Research Network on Violence and Integrity in Sport

P107 The influence of vibratory massage after physical exertion on selected psychological processes

Jan Blecharz¹, Tomasz Pałka¹, Krzysztof Wrzesniewski¹¹University Of Physical Education In Krakow, Krakow, Polska

P108 Subjective experience, self-efficacy, and motivation of professional football referees during the COVID-19 pandemic

Jeremias Braid^{1,2}, J. Lukas Thürmer^{2,3}, Patrick Kastner^{1,2}, Michael Christian Leitner^{1,2,4}, Fabio Richlan^{1,2}¹Centre for Cognitive Neuroscience, Paris-Lodron-University, Salzburg, Austria ²Department of Psychology, Paris-Lodron-University, Salzburg, Austria ³Department of Psychology, Ludwig-Maximilians-University, Munich, Germany ⁴Salzburg University of Applied Sciences, Salzburg, Austria

P109 “Here, we go to many more funerals than weddings”: Narratives of critical incidents in mountain sports

Eva Brockschmidt¹, Ross Wadey¹, Melissa Day²¹St Mary's University, Twickenham, United Kingdom ²University of Chichester, Chichester, United Kingdom

- P110** Aerobic fitness and academic achievement: Disentangling the indirect role of executive function and intelligence in elementary school children

Julien Chana^{1,2}, Marc Yanguet^{1,2,3}, Lauren Raine³, Benoit Bediou¹, Charles Hillman³, Daphné Bavelier¹

¹University of Geneva, Geneva, Switzerland ²Distance Learning University, Brig, Switzerland ³Northeastern University, Boston, United States

- P111** An Interpretative Phenomenological Analysis exploring student-athletes' lived experiences of using mental toughness and self-compassion to cope with sub-optimal performances

Abbie Smith¹, Charlotte Chandler¹

¹University Of Derby, Derby, United Kingdom

- P112** Associations of Aerobic and Muscular Fitness with Sustained Overt Attention and Discrimination Abilities in Preadolescents

Chien-chih Chou¹, Ting-Yu Chueh, Jui-Wen Fang

¹University Of Taipei, Taipei City, Taiwan ²University of Taipei, Taipei City, Taiwan ³National Taiwan Sport University, Taoyun, Taiwan

- P113** Effects of acute psychological stress on heart rate variability in normotensive offspring of hypertensive parents

I-Hua Chu¹, Connie Wang¹, Tzu-Cheng Yu¹

¹Kaohsiung Medical University, Kaohsiung City, Taiwan

- P115** Visible Women: Factors associated with mentioning the (female) gender in the title of single-gender studies in sport psychology

Felix Ehrlenspiel¹, Elif Gezen², Andrea Schittenhelm³

¹Technische Universität München, Munich, Germany ²Ludwig-Maximilians Universität, Munich, Germany ³Universität der Bundeswehr, Munich, Germany

- P117** Prevalence of eating disorder symptoms and excessive weight control behavior among adolescent Swiss athletes

Amandine Franzoni¹, Nadine Messerli-Bürgy¹

¹FAMILY and Development research center (FADO), Institute of Psychology, University of Lausanne, Lausanne, Switzerland

- P118** Less-is-more via Embodiment – How the Body Simplifies Cognition

Jannis Friedrich¹, Markus Raab¹, Laura Voigt¹

¹German Sport University Cologne, Cologne, Germany

- P119** The Mental Health of Elite-Level Coaches: A Systematic Scoping Review

Joshua Frost^{1,2}, Courtney C. Walton^{1,2,3}, Rosemary Purcell^{1,2}, Krista Fisher^{1,2}, Kate Gwyther^{1,2}, Michael Kocherginsky^{1,2}, Simon M. Rice^{1,2}

¹Elite Sports and Mental Health, Orygen, Parkville, Australia ²Centre for Youth Mental Health, The University of Melbourne, Parkville, Australia ³Melbourne School of Psychological Sciences, The University of Melbourne, Parkville, Australia

- P120** Longitudinal examination of the effect of specific and non-specific goal types for physical activity promotion in an insufficiently active population

Katie Garstang¹, Daniele Magistro¹, Patricia Jackman², Simon Cooper¹, Laura Healy¹

¹Nottingham Trent University, Nottingham, United Kingdom ²University of Lincoln, Lincoln, United Kingdom

- P121** Frequency of violence and attitudes towards violence in sport

Zrinka Greblo Jurakić¹

¹Faculty Of Croatian Studies, University Of Zagreb, Zagreb, Croatia

- P122** Operationalizing Physical Literacy Through Sport Education in an Elementary Physical Education Programme

Melanie Gregg¹, Hairui Liu², Peter Hastie³

¹The University Of Winnipeg, Winnipeg, Canada ²University of North Dakota, Grand Forks, United States ³Auburn University, Auburn, United States

- P123** Empowering young athletes against interpersonal violence - design and evaluation of a workshop series in sports clubs
Teresa Greither¹, Helena Schmitz², Marion Sulprizio², Jeannine Ohlert^{2,3}, Marc Allroggen¹
¹Department of Child and Adolescent Psychiatry/Psychotherapy, University Hospital Ulm, Ulm, Germany ²Institute of Psychology, German Sport University Cologne, Cologne, Germany ³The German Research Center for Elite Sport Cologne – momentum, German Sport University Cologne, Cologne, Germany
- P124** Questioning the transfer of motor imagery benefits to design effective imagery training programmes
Aymeric Guillot¹, Franck Di Rienzo¹
¹University Claude Bernard Lyon 1, Villeurbanne, France
- P126** Stepping beyond tradition: Comparing traditional verbal coaching instructions to a constraints-led approach when learning boxing stance
Liam Hardman¹, Robin Owen², Vicky Gottwald¹
¹Bangor University, Bangor, United Kingdom ²Liverpool Hope University, Liverpool, United Kingdom
- P127** The Impact of Perceived Parental Pressure on Athletes: A Meta-Analytic Review
Rajan Hayre¹, Robert Ley¹, Kelton Lee Travis¹
¹Simon Fraser University, Burnaby, Canada
- P128** Aesthetic Disconnect: Girls' Experiences of Competitive Aesthetic Sports
Sophie Seppanen¹, Robert Ley²
¹Simon Fraser University, Vancouver, Canada; ²Simon Fraser University & Private Practice, Vancouver, Canada

- P129** The influences of aging and age simulation on implicit motor sequence learning
Anna Lina Heggenberger¹, Janine Vieweg¹, Sabine Schäfer¹
¹Universität des Saarlandes, Saarbrücken, Germany
- P130** Effects of acute aerobic exercise on inhibitory control and decision-making function in mobile phone dependent individuals - An ERP study
Tao Huang¹, YiTing Liu¹, Zhizhong Li¹, Chun Xie¹, Kefeng Zheng²
¹Shanghai Jiao Tong University, Shanghai, China ²Tsing Hua University, Beijing, China
- P131** Anticipation of backcourt throws in junior and senior handball goalkeepers
Kim Huesmann¹, Jörg Schorer¹, Dirk Büsch¹, Florian Loffing²
¹University of Oldenburg, Oldenburg, Germany ²German Sport University Cologne, Cologne, Germany
- P132** The Effect of Exercise Types on Cognitive Function Among Breast Cancer Patients: A Systematic Review of Randomized Controlled Trials
Chen-Sin Hung¹, Hsing-Jung Yeh^{2,3}, Feng-Tzu Chen⁴, Yu-Kai Chang^{1,5,6}
¹Department of Physical Education and Sport Sciences, National Taiwan Normal University, Taipei, Taiwan ²Division of Gastroenterology and Hepatology, Department of Internal Medicine, Taipei Medical University Hospital, Taipei, Taiwan ³Division of Gastroenterology and Hepatology, Department of Internal Medicine, School of Medicine, College of Medicine, Taipei Medical University, Taipei, Taiwan ⁴Department of Kinesiology, National Tsing Hua University, Hsinchu, Taiwan ⁵Institute for Research Excellence in Learning Science, National Taiwan Normal University, Taipei, Taiwan ⁶Social Emotional Education and Development Center, National Taiwan Normal University, Taipei, Taiwan
- P133** Well-being in Austrian university students: psychometric properties evaluation of the WHO-5 and the SWLS and trends before to during COVID-19
Johannes Jaunig¹, Josefien Koet², Matteo C. Sattler¹
¹University of Graz, Institute of Human Movement Science, Sport and Health, Graz, Austria ²Vrije Universiteit Amsterdam, Faculty of Science, Prevention and Public Health, Amsterdam, Netherlands

- P136** Dancesport training facilitates sensorimotor synchronization: Electrophysiological evidence of beat perception
Xinhong Jin¹, Yingzhi Lu¹, Yingying Wang¹, Xiaoyu Wang², Chao Guo², Chenglin Zhou¹
¹Shanghai University Of Sport, Shanghai, China ² Dalian University of Technology, Dalian, China
- P137** Researching Leisure-Time Physical Activity: Should I seek a large cross-sectional sample, or follow only a few people closely over time?
Richard Keegan¹, Gorden Sudeck³, Adam Ibrahim², Kelley Strohacker²
¹University Of Canberra, Canberra, Australia ²University of Tennessee, Knoxville, United States of America ³University of Tübingen, Tübingen, Germany
- P138** A Realist Inquiry Exploring a Ward Based Physical Activity Service in a Psychiatric Intensive Care Unit.
Toby Keel¹, Katarzyna Machaczek², Florence Kinnaick^{1,5}, Mehtab Rahman⁶, Matt Waugh⁶, James King^{1,3,5}, Kieran Breen⁴
¹School of Sport, Exercise and Health Sciences, Loughborough University, Loughborough, United Kingdom ²Centre for Applied Health & Social Care Research, Sheffield Hallam University (CARE), Sheffield, United Kingdom ³NIHR Leicester Biomedical Research Centre, Leicester, United Kingdom ⁴ St Andrew's Healthcare, Northampton, United Kingdom ⁵National Centre for Sport and Exercise Medicine, Loughborough, United Kingdom ⁶St Charles Hospital, London, United Kingdom
- P139** The effect of visual environment on eye movement and cycling stability when passing a straight and narrow path.
Takashi Kojima¹, Katsuki Cho¹, Masahiro Kokubu²
¹Graduate School of Comprehensive Human Sciences, University of Tsukuba, Tsukuba, Japan ²Institute of Health and Sport Sciences, University of Tsukuba, Tsukuba, Japan
- P140** Quality and quantity of movement-contingent perceptual effects impacts the effectiveness of action-effect priming on a ball-tossing task
William Land³, Reza Abdollahipour², Wan Yao³, Alberto Cordova³
¹University of Tennessee, San Antonio, United States ²Palacky University, Olomouc, Czech Republic ³University of Texas at San Antonio, San Antonio, United States

- P141** Examining an ideomotor account of external focus benefits
William Land¹, Reza Abdollahipour², Kevin Becker³
¹University of Texas at San Antonio, San Antonio, United States ²Palacky University, Olomouc, Czech Republic ³University of Tennessee, Knoxville, United States
- P142** Improving the Communication of Football Coaches from a Behavioral Analysis Perspective
Federico Leguizamo¹, Antonio Núñez Prats¹, Elena Gervilla¹, Jordi Llabrés¹, Alejandro Garcia-Mas¹
¹University of the Balearic Islands, Illes Balears, Spain
- P143** Modelling the Compensatory and Carry-over Effects between Physical Activity and Fruit-Vegetable Consumption in Young Adults: A Prospective Study
Wei Liang¹, Yanping Duan², Yanping Wang², Sonia Lippke³
¹Shenzhen University, Shenzhen, China ²Hong Kong Baptist University, Hong Kong, China ³Constructor University Bremen, Bremen, Germany
- P144** Neurophysiological Responses of Volleyball Players: A Literature Review on EEG and HRV
Chin-Hung Liao¹, Tsung-Min Hung^{1,2}
¹National Taiwan Normal University, Taipei, Taiwan, New Taipei City, Taiwan ²Institute for Research Excellence and Learning Science, National Taiwan Normal University, Taipei, Taiwan
- P146** Memories and experiences from physical education are linked to adult physical behavior: a retrospective study
Julia Limmeroth¹, Norbert Hagemann¹
¹University Of Kassel, Kassel, Germany
- P147** Impact of COVID-19 Pandemic on Home Advantage in Euroleague Basketball
Rūtenis Paulauskas¹, Bruno Figueira^{1,2}, Aušra Lisinskienė¹
¹Vytautas Magnus University, Educational Research Institute, Education Academy, Kaunas, Lithuania ²University of Évora, Évora, Portugal

P148 Validating the Self-Report Behavioral Automaticity Index in German: Exploring Future Directions and Enhancements

Phil Ljubic¹, Benedikt Broda¹, Sabine Windmann¹, Chris Englert¹

¹Goethe University, Frankfurt, Germany

P149 Relationship between College Student-Athletes' Life Stress and Sport Injury: The Moderating Role of Dispositional Mindfulness

Frank Lu¹, Yi-Hsiang Chiu, Yu-Hui Chiu

¹Chinese Culture University, Taipei City, Taiwan

P150 Delivering ProjectSCORE in Canada and Portugal: Lessons Learned and Future Pathways

Dany MacDonald¹, Fernando Santos², Leisha Strachan³

¹University Of Prince Edward Island, Charlottetown, Canada ²inED, Centro de Investigação e Inovação em Educação, Escola Superior de Educação, Instituto Politécnico do Porto, Portugal, Porto, Portugal ³Faculty of Kinesiology and Physical Education, Winnipeg, Canada

P152 Sources of Threat During Public Speaking: The Development and Validation of the Public Speaking Threats Questionnaire (PSTQ)

Alexander McWilliam¹, Stuart Beattie¹, Nichola Callow¹

¹Bangor University, Bangor, United Kingdom

P153 Public Speaking Anxiety - A Systematic Review and Meta-Analysis

Alexander McWilliam¹, Stuart Beattie¹, Nichola Callow¹

¹Bangor University, Bangor, United Kingdom

P154 The short form of the Sports Competition Rumination Scale (SCRS-SF) for applied sports psychology and research

Alena Michel-Kröhler¹, Sabrina Krysz², Stefan Bert¹

¹Johannes Gutenberg-University Mainz, Mainz, Germany ²Kiel University, Kiel, Germany

P155 Relationship between attentional focus and EEG activity during one-legged standing task

Takayoshi Miyaguchi¹, Takayuki Murayama², Minh Thi Nguyen³, Haruyuki Kojima⁴

¹Graduate School of Human and Socio-Environmental Studies, Kanazawa University, Ishikawa, Japan ²Institute of Liberal Arts and Science, Kanazawa University,

Ishikawa, Japan ³Graduate School of Frontier Science Initiative, Kanazawa University, Ishikawa, Japan ⁴Department of Psychology, Kanazawa University, Ishikawa, Japan

P156 Psychological First Aid (PFA) for Extreme Stress Reactions among Athletes and Performers

Frank Gardner², Zella Moore¹

¹Manhattan College, New York, United States ²Touro University, New York, United States

P157 Investigating common spatial processing mechanisms for numbers and movement: Does number magnitude affect the direction of gait?

Mauro Murgia¹, Angelica Ielo¹, Fabrizio Sors¹, Valter Prpic², Tiziano Agostini¹, Cathy Craig³

¹University of Trieste, Trieste, Italy ²University of Bologna, Bologna, Italy ³Ulster University, Belfast, United Kingdom

P158 Maturity matters for a developmental embodied-cognition perspective in sport and exercise psychology?!

Lisa Musculus¹

¹German Sport University, Cologne, Germany

P159 Shame Among Athletes: Theoretical and Practical Considerations to Consultation

Ohad Nahum¹

¹The Academic College of Tel Aviv-Yaffo, Tel Aviv, Israel

P160 Insights Derived from the Long Practice of Psychological Support for Athletes

Shiro Nakagomi¹, Shigeki Akiba², Aiko Okuda³

¹University of Tsukuba, Tsukuba, Japan ²Kokushikan University, Tama, Japan ³Biwakogakuin University, Higashi-omi, Japan

P161 Tackling cases of maltreatment in sport: The experiences and recommendations of sport psychology consultants

James Newman¹, Mr Andrew Higham¹, Mr Adam Lickess¹

¹Sheffield Hallam University, Sheffield, United Kingdom

- P162** Perspectives on the behavioural determinants of professional jockey's weight-making behaviours: a COM-B analysis
Shane Noonan-Holohan¹, SarahJane Cullen², Giles Warrington³, Paula Fitzpatrick⁴, Jennifer Pugh⁵, Adrian McGoldrick⁵, Ciara Losty¹
¹South East Technological University, Waterford, Ireland ²Dublin City University, Dublin, Ireland ³University of Limerick, Limerick, Ireland ⁴South East Technological University, Carlow, Ireland ⁵Irish Horseracing Regulatory Board, Kildare, Ireland
- P163** Examination of the Process Through Which Psychological Support Counseling Can Lead to Enhanced Performance
Aiko Okuda¹
¹Biwakogakuin University, Higashi Omi, Japan
- P164** Double Whammy: Testing an interactionist hypothesis of self-focus and distraction mechanisms when performing with anxiety
Robin Owen¹, Toby Ellmers², Shuge Zhang³
¹Liverpool Hope University, Liverpool, United Kingdom ²Imperial College London, London, United Kingdom ³University of Derby, Derby, United Kingdom
- P165** Examining the predictors of psychology skills use in athletic therapy: A theory of planned behaviour approach
Melissa Pare¹, Krista Munroe-Chandler¹, Todd Loughhead¹
¹University Of Windsor, Windsor, Canada
- P167** Perspectives towards, and experiences of clean sport in international Cerebral Palsy Football: A cross-cultural qualitative exploration
Carolyn Plateau¹, Ellie May Storr¹, Sam Turner², Jamie Barker¹
¹Loughborough University, Loughborough, United Kingdom ²International Federation of Cerebral Palsy Football, Amsterdam, Netherlands
- P168** Study about the Hungarian national swimming team's applied coping strategies and anxiety regulation from the perspective of the management team
Eszter Petra Radnóti¹, Péter Szájer¹, László Tóth¹
¹Hungarian University Of Sport Science, Budapest, Hungary

- P169** The Use of Virtual-Reality to Capture Batting Skill in Women's Performance Pathway Cricketers: A Test of Construct Validity
Oliver Runswick¹
¹Department of Psychology, Institute of Psychology, Psychiatry and Neuroscience, King's College London, London, United Kingdom
- P170** Cross-Cultural Physical Literacy
Yekta Sahin^{1,5}, Dimitra Koutsouki², Katerina Asonitou², Fabio Verdone³, Merve Palali⁵, Dimitra Mitsou², Marina Salvara², Ifiyenia Koskina², Yasemin Gok⁴, Hidir Sulak⁵
¹Ankara University, Ankara, Turkey ²The National and Kapodistrian University of Athens, Athens, Greece ³Endas, Rome, Italy ⁴Ministry of Youth and Sport, Ankara, Turkey ⁵Sanliurfa Genclik ve Spor Il Mudurlugu, Sanliurfa, Turkey
- P171** FITnurse: A Mindful Physical Activity Intervention for Nursing Students
Maile Sapp¹, Rebecca Schwartz-Mette², Kayla Parsons³, Kelley Strout⁴, Edson Filho⁵
¹University of Maine, Clinical Psychology, Orono, ME, United States ²University of Buffalo, Clinical Psychology, Buffalo, NY, United States ³University of Maine, School of Nutrition, Orono, ME, United States ⁴University of Maine, School of Nursing, Orono, ME, United States ⁵Boston University, Boston, United States
- P173** Elite Swimmers' and Coaches' Understanding and Psychological Experience of Taper: A Multi-Phase Qualitative Investigation
David Shearer¹, Max Stone², Ross Hall¹, Camilla Knight³, Cath Shearer⁴, Brendan Cropley¹, Ross Nicholas⁵
¹University Of South Wales, Treforest, United Kingdom ²Newcastle University, Newcastle, United Kingdom ³Swansea University, Swansea, United Kingdom ⁴Sport Wales, CARDIFF, United Kingdom ⁵Swim Wales, Swansea, United Kingdom
- P175** External focus instructions optimize drop landing biomechanics in female volleyball players
Lukas Slovak¹, David Zahradnik¹, Javad Sarvestan¹, William Land², Reza Abdollahipour³
¹University of Ostrava, Ostrava, Czech Republic ²University of Texas at San Antonio, San Antonio, United States of America ³Palacky University Olomouc, Olomouc, Czech Republic

- P176** **Emergency Sport Psychologist, Helping 120 Cheerleaders Find Their Spirit Again After a Traumatic Sporting Accident: A Case Study**
David Smith¹, Christian Zepp¹
¹German Sports University Cologne, Cologne, Germany
- P177** **Mindfulness and stress-recovery balance during a two days of BMX competition**
Nadia Sondt¹, Marjorie Bernier¹, Gilles Kermarrec¹, Philippe Vacher¹
¹Univ Brest, Brest, France
- P178** **Sound intensity and frequency spectrum of volleyball serves affect the predictions of ball's landing point based on auditory-motor experience**
Fabrizio Sors¹, Ivan Camponogara^{2,3}, Geremia D'Orso¹, Mauro Murgia¹
¹University of Trieste, Trieste, Italy ²New York University Abu Dhabi, Abu Dhabi, United Arab Emirates ³Zayed University, Abu Dhabi, United Arab Emirates
- P179** **Understanding biopsychosocial sport injury risk factors in competitive, collegiate cheer student-athletes.**
Bridget Sturch¹, Mackenzie Griffin¹, Diane Wiese-Bjornstal¹
¹University of Minnesota - Twin Cities, Minneapolis, United States
- P181** **Understanding Athletes' Problems When Providing Psychological Support: Review and Classification of Levels of Physical and Mental Experience**
Masashi Suzuki¹, Mikiko Ohata¹
¹Chubu Gakuin University, Seki-city, Japan ²Chukyo University, Shōwa-ku, Japan
- P182** **Reviving Choking Research: Exploring the Experience of Choking under Pressure through a Contextual Behavioural Science Lens**
Sara Svoboda¹, Karl Steptoe¹, Jamie Barker¹, Denise Hill²
¹Loughborough University, Loughborough, United Kingdom ²Swansea University, Swansea, Wales

- P183** **The Impact of Immersive Virtual Reality on the Self-Efficacy and Attention of Individuals with Substance Use Disorders**
Yannis Theodorakis¹, Evlalia Touloudi¹, Mary Hassandra¹, Vasileios Stavrou², Fotis Panagiotounis³, Evangelos Galanis¹, Marios Goudas¹
¹Department of Physical Education and Sport Sciences, University of Thessaly, Trikala, Greece ²Laboratory of Cardio-Pulmonary Testing and Pulmonary Rehabilitation, Respiratory Medicine Department, Faculty of Medicine, University of Thessaly, Larisa, Greece ³Department of Education, Therapy Center of Dependent Individuals, Athens, Greece
- P184** **An Expert Understanding of the Single Session Mindset**
Sam Porter², Tim Pitt³, Owen Thomas¹, Jo Butt⁴, Martin Eubank⁴
¹Cardiff Metropolitan University, Cardiff, United Kingdom ²Liverpool John Moores University and Mindflick, Liverpool, United Kingdom ³Mindflick, Sheffield, United Kingdom ⁴Liverpool John Moores University, Liverpool, United Kingdom
- P185** **Perceptions and Experiences of Psychological Readiness When Return to Sport After Injury**
Jill Tracey¹, Scott Donald¹, Sam Burelle¹
¹Wilfrid Laurier University, Waterloo, Canada
- P186** **Cultural Humility in Athletic Trainers: The Role of Congruent Perceptions During Sport Injury Rehabilitation**
Alec Treacy¹, Myles Englis¹, Robert Eklund¹
¹Florida State University, Tallahassee, United States
- P187** **I wish I knew more! Training needs for high school sport stakeholders who teach life skills development and transfer**
Christiane Trottier¹, Camille Sabourin¹, Joey Toupin¹, Vicky Drapeau¹, Marc-Antoine Pépin¹, Claude Goulet¹, Éric Frenette¹, William R. Falcão², François Billaut¹, Stéphane Pelet¹, Pierre Trudel³, Raymond Veillette¹, Sébastien Lavoie⁴
¹Université Laval, Quebec, Canada ²Concordia University, Montréal, Canada ³University of Ottawa, Ottawa, Canada ⁴École Saint-Jean-Eudes, Québec, Canada

- P188** The function-specific instruction with Neurofeedback Training changes frontal midline theta and boosts motor performance in novice golfers

Kuo-Pin Wang, Ming-Yang Cheng, Hatem Elbanna, Thomas Schack

¹Center for Cognitive Interaction Technology (CITEC), Bielefeld University, Bielefeld, Germany ²Beijing Sport University, Beijing, China ³Center for Cognitive Interaction Technology (CITEC), Bielefeld University, Bielefeld, Germany ⁴Center for Cognitive Interaction Technology (CITEC), Bielefeld University, Bielefeld, Germany

- P189** Injured and unhappy? Investigating mental distress and well-being in athletes following sports injury

Tabea Werner¹, Alena Michel-Kröhler¹, Karolina Grebner¹, Stefan Berti¹, Michèle Wessa¹

¹Johannes Gutenberg-University, Mainz, Germany

- P190** Different injury patterns and psychosocial correlates in athletes: A replication and extension

Tabea Werner¹, Alena Michel-Kröhler¹, Karolina Grebner¹, Stefan Berti¹, Michèle Wessa¹

¹Johannes Gutenberg-University, Mainz, Germany

- P191** Testing the Sport Mental Health Assessment Tool 1 (SMHAT-1) in Elite Polish Track and Field Athletes

Grzegorz Więclaw¹, Jarosław Krzywański^{2,1}, Katarzyna Konopka², Agata Kuśmierczyk², Grzegorz Lisek^{3,2}, Małgorzata Sławińska⁴, Olga Surąła⁴, Małgorzata Szewczyk-Nowak¹, Katarzyna Wójcik^{2,3}, Wojciech Waleriańczyk⁴

¹Polish Track And Field Association, Warsaw, Poland ²COMS: National Centre for Sports Medicine, Warsaw, Poland ³Józef Piłsudski University of Physical Education in Warsaw, Warsaw, Poland ⁴Department of Social Sciences, Institute of Sport-National Research Institute, Warsaw, Poland

- P192** Exploring the Influence of Psychosocial Factors on Knee Function and Quality of Life Two Years Post-ACL Surgery

Tom Williams¹, Lynne Evans², Angus Robertson³, Lew Hardy⁴, Stuart Roy³, Daniel Lewis³

¹St Mary's University, Twickenham, United Kingdom ²Cardiff Metropolitan University, Cardiff, Wales, United Kingdom ³Cardiff Sports Orthopaedics, Cardiff, Wales, United Kingdom ⁴Bangor University, Bangor, Wales, United Kingdom

- P193** Skills of recovery: Describing momentary recovery self-regulation between hard workouts among recreationally competitive cyclists using experience sampling methods.

Stuart G. Wilson^{1,2}, Bradley W. Young²

¹Queen's University, Kingston, Canada ²University of Ottawa, Ottawa, Canada

- P195** Establishing a cognitive function assessment model through physiological parameters using artificial intelligence algorithms

Tzu-Cheng Yu¹, I-Hua Chu²

¹Kaohsiung Medical University Ph.d. programme of biomedical engineering, Kaohsiung, Taiwan ²Kaohsiung Medical University Department of sports medicine, Kaohsiung, Taiwan

- P196** Effects of different stress situations on putting performance, EEG and cerebral blood flow

Chien-Lin Yu¹, Wei-Chun Chang¹, Ren-Ting Yang¹, Tsung-Min Hung²

¹Department of Physical Education and Sport Sciences, National Taiwan Normal University ²Institute for Research Excellence and Learning Science, National Taiwan Normal University, Taipei, Taiwan

- P197** Detecting Deceptive Actions in Football: An event-related potential Study

Lin Yu^{1,2}, Marush Knarr¹, Dirk Koester³, Thomas Schack^{1,2}

¹Neurocognition and Action - Biomechanics Research Group, Faculty of Psychology and Sports Science, Bielefeld University ²Neurocognition and Action - Biomechanics Research Group, Faculty of Psychology and Sports Science, Bielefeld University, Bielefeld, Germany ³Center for Cognitive Interaction Technology (CITEC), Bielefeld University, Bielefeld, Germany ⁴Faculty of Applied Sport Sciences and Personality, BSP Business and Law School, Berlin, Germany

- P198** Roles of motor experience in monitoring of action outcome during interactive actions

Minggang Zhang¹, Mengkai Luan¹, Yingzhi Lu¹, Xiaochun Wang¹

¹Shanghai University Of Sport, Shanghai, China

- P199** Artificial intelligence (AI) evolution in sports performance enhancement: Progress, prospects, and challenges

Yuhan Zhang¹, Kun Wang¹, Chun Xie¹

¹Department of Physical Education, Shanghai Jiao Tong University, Shanghai, China

COFFEE BREAK

Time	10.30 – 11.00am
Location	Kristall and Tirol Foyer

ORAL PRESENTATION 19: LEADERSHIP

Time	11.00am – 12.00pm
Location	Hall Tirol
Chair	Guillaume Martinent

Coaching, yes, but how? Forms of leadership used by French women elite coaches and the impact of gender on them

Amélie Boyer¹, Virginie Nicaise, Cécile Ottogalli-Mazzcavallo
¹Lyon Université, Innovation and Vulnerabilities Laboratory, Lyon, France

Behavioural Intentions of Women and Men French Boxing Leaders

Alix Parfait¹, Marie-Carmen Garcia¹, Emma Guillet Descas¹
¹Université Claude Bernard Lyon 1, Lyon, France

Designing, implementing, and evaluating a leadership development programme for adolescent girls in sport

Morgan Rogers¹, Cari Din¹, Penny Werthner¹
¹University Of Calgary, Calgary, Canada

Shared Leadership in Sports Teams – A Social Network Approach

Annabell Schüßler¹, Svenja Bellmann¹, Henning Plessner¹
¹University Of Heidelberg, Heidelberg, Germany

SYMPOSIUM 27: OTHER TOPICS

Time	11.00am – 12.30pm
Location	Hall Strassburg Nord

Mutual Influences and Co-operation in Sport Psychology -
A Historical Perspective

Erwin Apitzsch², Roland Seiler¹, Sidonio Serpa³, Alberto Cei⁴, Jörn Munzert⁵, Natalia Stambulova⁶

¹University of Bern, Bern, Switzerland ²Lund University, Lund, Sweden ³CIDEFES, Lusofona University, Lisbon, Portugal ⁴San Raffaele University, Rome, Italy ⁵Justus Liebig University Giessen, Giessen, Germany ⁶Halmstad University, Halmstad, Sweden

PRESENTATIONS OF THE SYMPOSIUM

27.01. Challenges of the Managing Council in Connecting East and West European Countries in the Work of FEPSAC

Erwin Apitzsch¹
¹Lund University, Lund, Sweden

27.02. Co-operation in the Early Years of FEPSAC: Ideological and Organisational Constraints and Barriers

Roland Seiler¹
¹University of Bern, Bern, Switzerland

27.03. The Relations ISSP-FEPSAC: History of a Friendly Enmity

Sidonio Serpa¹, Alberto Cei²
¹CIDEFES, Lusofona University, Lisbon, Portugal ²San Raffaele University, Rome, Italy

27.04. Language, Inner Speech, and Self-Instruction: Reception of the Cultural-Historical School in Western Europe and the US

Jörn Munzert¹
¹Justus Liebig University Giessen, Giessen, Germany

27.05. Role of FEPSAC and the European Commission in Developing
Dual Career Discourse in Europe

Natalia Stambulova¹
¹Halmstad University, Halmstad, Sweden

SYMPOSIUM 28: OTHER TOPICS

Time 11.00am – 12.00pm
Location Hall Strassburg Süd
Chair Valeria Eckardt

Parenting an elite sport athlete: The interconnectedness of
experiences throughout career stages

Valeria Eckardt^{1,2}, James Newman³, Philipp Koch⁴, Noémie
Lienhart⁵, Nadja Ackeret^{6,7}
¹Dept. of Psychology and Psychotherapy, Witten/Herdecke University, Witten, Germany
²Dept. of Performance Psychology, German Sport University Cologne, Cologne,
Germany ³Academy of Sport and Physical Activity, Sheffield Hallam University, Sheffield,
United Kingdom ⁴Institute of Sport Science, University of Bern, Bern, Switzerland
⁵Université Grenoble Alpes, Grenoble, France ⁶Swiss Federal Institute of Sport,
Magglingen, Switzerland ⁷Institute of Psychology, University of Bern, Bern, Switzerland

PRESENTATIONS OF THE SYMPOSIUM

28.01. Parental support in professional youth soccer academies – a
cross-cultural understanding of children’s perceptions and
expectations

Newman, James¹, Bechtloff, Anton², Hassan, Rawa³, Wragg,
Connie¹, Dorsch, Travis E.⁴, Eckardt, Valeria C.²
¹Academy of Sport and Physical Activity, Sheffield Hallam University, Sheffield,
United Kingdom ²Department of Performance Psychology, German Sport University
Cologne, Cologne, Germany ³Westfälische-Wilhelms Universität Münster, Cologne,
Germany ⁴Department of Human Development and Family Studies, Utah State
University, Logan, United States

28.02. Profiles of success – The role of parents and coaches in the
development of professional soccer players
Koch, Philipp¹, Zuber, Claudia¹, Charbonnet, Bryan¹, & Conzelmann,
Achim¹

¹Institute of Sport Science, University of Bern, Bern, Switzerland

28.03. Communication between coaches and parents: Which strategies
to implement best?

Lienhart Noémie¹, Teillet Matthieu²
¹Univ. Grenoble Alpes, SENS 38000 Grenoble, France ²Nantes Université, Movement –
Interactions – Performance UR 4334, F-44000 Nantes, France

28.04. Talk to me! Examining parents’ and coaches’ satisfaction with
communication in youth soccer

Eckardt, Valeria C.^{1,2}, Dorsch, Travis E.³
¹Witten/Herdecke University, Witten, Germany ²German Sport University Cologne,
Germany ³Utah State University, Logan, Utah, USA ^{*}Symposium chair

28.05. Navigating the junior-to-senior transition: Parental challenges,
support strategies, and wishes

Ackeret Nadja^{1,2}, Röthlin Philipp^{1,3}, Horvath Stephan¹, Ronkainen
Noora^{1,3}, Berger Thomas^{1,2}
¹Swiss Federal Institute of Sport Magglingen, Magglingen, Switzerland ²Institute
of Psychology, University of Bern, Bern, Switzerland ³Institute of Sport Science,
University of Bern, Bern, Switzerland

SYMPOSIUM 29: PSYCHOPHYSIOLOGY

Time 11.00am – 12.00pm
Location Hall Maximilian

Bio- and Neurofeedback in Action: Bridging the Mind-Body
Gap in Sports and Beyond

Réka Zsanett Bondár¹, Andrew Cook^{2,3}
¹Department of Elite Sport, Swiss Federal Institute of Sport Magglingen,
Magglingen, Switzerland ²Institute for the Psychology of Elite Performance (IPEP)
Bangor University, Bangor, United Kingdom ³School of Psychology and Sport
Science, Bangor University, Bangor, United Kingdom

PRESENTATIONS OF THE SYMPOSIUM

- 29.01. Self-Regulation: Bio- and Neurofeedback Research and Applied Work in Sport with High Performance Athletes
Penny Werthner¹
¹Faculty of Kinesiology, University of Calgary, Calgary, Canada
- 29.02. A Single Session of Sensorimotor Rhythm Neurofeedback Training Enhances the Long Game Performance of Professional Golfers
Jia-Hao Wu¹, Yi-Chin Tu¹, Rodolphe J. Gentili^{2,3}, Bradley D. Hatfield^{2,3}, Tsung-Min Hung^{1,4}
¹Department of Physical Education and Sport Sciences, National Taiwan Normal University, Taipei 106, Taiwan ²Department of Kinesiology, University of Maryland, College Park, MD 20742, United States ³Programme in Neuroscience and Cognitive Science, University of Maryland, College Park, MD, United States ⁴Institute for Research Excellence and Learning Sciences, National Taiwan Normal University, Taipei 106, Taiwan
- 29.03. Neurofeedback Training and Athletes' Neural Regulation: What Changes Can be Expected
Arash Mirifar¹, Andreas Keil¹, Felix Ehrlenspiel²
¹Center for the Study of Emotion & Attention, University of Florida, Gainesville, Florida, United States of America ²Department of Sport and Health Sciences, Chair of Sport Psychology, Technische Universität München, Munich, Bavaria, Germany
- 29.04. Beyond the Mind`s Eye: Pupil-based Biofeedback as a Potential Training for Arousal Modulation in Athletes
Réka Zsanett Bondár¹, Marieke Lieve Weijs², Andrea Dettling¹, Sarah Nadine Meissner², Marc Bächinger², Nicole Wenderoth^{2,3,4} and Daniel Birrer¹
¹Department of Elite Sport, Swiss Federal Institute of Sport Magglingen, Magglingen, Switzerland ²Neural Control of Movement Laboratory, Department of Health Sciences and Technology, ETH Zurich, Zurich, Switzerland ³Neuroscience Center Zurich, University and ETH Zurich, Zurich, Switzerland ⁴Future Health Technologies, Singapore-ETH Centre, Campus for Research Excellence and Technological Enterprise (CREATE), Singapore, Singapore

- 29.05. Putts to Parkinson's: Applying Sport Neurofeedback to Clinical Care
Andrew Cooke^{1,2}, John Hindle^{3,4}, Catherine Lawrence^{5,6}, Eduardo Bellomo¹, Aaron W. Pritchard⁴, Catherine A. MacLeod⁶, Pam Martin-Forbes^{2,7}, Sally Jones⁷, Martyn Bracewell^{2,8,9}, David E. J. Linden^{10,11,12,13} and David M. A. Mehler^{11,12,13,14,15}
¹Institute for the Psychology of Elite Performance (IPEP), Bangor University, Bangor, United Kingdom ²School of Psychology and Sport Science, Bangor University, Bangor, United Kingdom ³The Centre for Research in Ageing and Cognitive Health (REACH), University of Exeter, Exeter, United Kingdom ⁴University of Exeter Medical School, United Kingdom ⁵Centre for Health Economics and Medicines Evaluation (CHEME), Bangor University, Bangor United Kingdom ⁶School of Health Sciences, Bangor University, Bangor, United Kingdom ⁷Betsi Cadwaladr University Health Board, United Kingdom ⁸North Wales Medical School, Bangor University, Bangor, United Kingdom ⁹Walton Centre NHS Foundation Trust, Liverpool, United Kingdom ¹⁰School for Mental Health and Neuroscience, Faculty of Health, Medicine and Life Sciences, Maastricht University, Maastricht, The Netherlands ¹¹Cardiff University Brain Research Imaging Centre (CUBRIC), School of Psychology, Cardiff University, Cardiff, United Kingdom ¹²MRC Center for Neuropsychiatric Genetics and Genomics, School of Medicine, Cardiff University, Cardiff, United Kingdom ¹³Division of Psychological Medicine and Clinical Neurosciences, School of Medicine, Cardiff University, Cardiff, United Kingdom ¹⁴Department of Psychiatry, Psychotherapy and Psychosomatics, Medical School, RWTH Aachen University, Aachen, Germany ¹⁵Institute for Translational Psychiatry, University Hospital Münster, Muenster, Germany

WORKSHOP (APPLIED) 25: MENTAL SKILLS TRAINING

Time	11.00am – 12.00pm
Location	Hall Igls

Stress-is-Beneficial Mindset: A Workshop for Creating a Stress-is-Beneficial Mindset using Growth Mindset, REBT, SMART Goals, Fortune Lines and Imagery Scripts
Darrell Phillips¹, Bailey Gilbert¹
¹University of Kansas, Lawrence, Kansas, United States

ORAL PRESENTATION 20: MUSIC, DANCE AND PERFORMING ARTS

Time 11.00am – 12.00pm
Location Hall Grenoble
Chair Alexander McWilliam

Perfectionistic climates in aesthetic sports and ballet: Exploring the tendency to continue training with injury or pain

Charlotte Downing¹, Ulrika Tranaeus¹, Sanna Nordin-Bates¹
¹The Swedish School Of Sport And Health Sciences, Stockholm, Sweden

Transferring choking interventions from sports to music

Veronika J. Lubert¹, Peter Gröpel¹
¹University Of Vienna, Vienna, Austria

Psychological Abuse in Aesthetic Sports and Ballet: Patterns and Links to Perfectionistic Climate Perceptions

Sanna Nordin-Bates¹, Charlotte Downing¹, Ulrika Tranaeus¹
¹Swedish School of Sport and Health Sciences, Stockholm, Sweden

Physiological synchrony and team performance under pressure: An experimental study with expert musicians

Clara Scheer¹, Anja-Xiaoxing Cui², Christoph Reuter², Peter Gröpel¹
¹University of Vienna, Department of Sport and Human Movement Science, Vienna, Austria ²University of Vienna, Department of Musicology (Systematic Musicology), Vienna, Austria

SYMPOSIUM 30: TRANSITIONS IN AND OUT OF SPORT/DUAL CAREER

Time 11.00am – 12.00pm
Location Hall New Orleans

Dual careers at the lower secondary education -a pathway to success or too much too early?

Milla Saarinen¹
¹Norwegian School Of Sport Sciences, Oslo, Norway

PRESENTATIONS OF THE SYMPOSIUM

- 30.01. Seeking Dual Career Balance: Unravelling the concept of Well-being among Student Athletes in Finnish Lower Secondary Sports Schools
Joni Kuokkanen¹
¹Åbo Akademi, Turku, Finland
- 30.02. Taking “the right choices” as a young dual career athlete: self-surveillance, ambiguities, and acts of resistance
Marie Loka Øydna¹, Jens Christian Nielsen¹, Christian Thue Bjørndal¹
¹Norwegian School of Sport Sciences, Oslo, Norway
- 30.03. Examining the coach-created motivational climate in lower secondary sports schools and its relationship to student-athletes’ motivation and performance outcomes
Siv Gjesdal¹, Milla Saarinen¹, Christian Thue Bjørndal¹
¹Norwegian School of Sport Sciences, Oslo, Norway
- 30.04. Predicting Sport and School Burnout in Lower Secondary School Student-Athletes: A Person Oriented Approach
Milla Saarinen¹, Daniel John Phipps¹, Gro Jordalen¹, Christian Thue Bjørndal¹
¹Norwegian School of Sport Sciences, Oslo, Norway
- 30.05. A demanding education, with flexibility and support for ambitious athletes
Building a dual career programme on theory and knowledge
Daði Rafnsson¹
¹University of Reykjavik, Reykjavik, Iceland

PODIUM DISCUSSION (INVITED) 04: SEXUAL VIOLENCE: SEXUAL HARASSMENT AND SEXUAL ABUSE

Time 11.00am – 12.00pm
Location Hall Innsbruck

Diverse Roles and Tasks, Rules and Dilemmas, Successes and Failures: Sport Psychology Consultancy and Interpersonal Violence in Sport

Stiliani “Ani” Chroni¹, Göran Kenttä, Anastasiya Khomutova, Rob Owens, Emma Kavanagh, Natalie Durand-Busch, John Heil
¹Inland Norway University of Applied Sciences, Elverum, Norway

SYMPOSIUM 31: HUMAN FACTORS

Time 11.00am – 12.00pm
Location Hall Aalborg

Transferring humanistic psychology concepts into sport: Implication for enhanced wellbeing and performance success

Rebecca Zakrajsek¹, Svenja Wachsmuth²
¹University Of Tennessee, Knoxville, United States ²Eberhard Karls University Tübingen, Tübingen, Germany

PRESENTATIONS OF THE SYMPOSIUM

- 31.01. Study 1: Psychological safety in sport: (How) Does the concept apply to football youth academies?
Svenja Wachsmuth¹, Fee C. Gierens¹, Svenja A. Wolf², Hans-Dieter Hermann¹, Oliver Höner¹
¹Eberhard Karls University Tübingen, Tübingen, Germany ²Florida State University, Tallahassee, United States

- 31.02. Study 2: Development of an Unconditional Positive Regard Scale: A Critical Step Toward Advancing Applications of Person-Centered Theory to Coach-Athlete Relationships
Shelby Miller¹, Rebecca A. Zakrajsek¹, Lauren McHenry²
¹University of Tennessee, Knoxville, United States ²McHenry Mental Performance, LLC
- 31.03. Study 3: Athlete's Perceptions of Coach Unconditional Positive Regard, Self-Regard, Thriving, and Resilience: Implications for Performance Under Pressure
Rebecca A. Zakrajsek¹, Shelby Miller¹, Lauren McHenry²
¹University of Tennessee, Knoxville, United States ²McHenry Mental Performance, LLC
- 31.04. Study 4: Examining Longitudinal Experiences of Thriving in National Swimmers
Daniel J. Brown¹, Ross Hill², Emily Beach¹, David Fletcher²
¹University of Portsmouth, Portsmouth, United Kingdom ²Loughborough University, Loughborough, United Kingdom

SYMPOSIUM 32: MILITARY, POLICE AND TACTICAL POPULATIONS

Time 11.00am – 12.00pm
Location Hall Freiburg

Helping police personnel better cope with work-related stress and perform under pressure: Novel methods, technologies, and interventions

Rachel Arnold¹, Lee Moore¹
¹University Of Bath, Bath, United Kingdom

PRESENTATIONS OF THE SYMPOSIUM

- 32.01. 'I don't have time to cuddle a dog!' A mixed-methods occupational stress-audit in the UK police force
Rachel Arnold¹, Holly Bainbridge¹, Sam Vine², Rob Honey³, Peter Turnbull⁴, Lee J Moore¹
¹Department for Health, University of Bath, Bath, United Kingdom ²Department of Sport and Health Sciences, University of Exeter, Exeter, United Kingdom ³School of Management, University of Bristol, Bristol, United Kingdom ⁴School of Psychology, Cardiff University, Cardiff, United Kingdom
- 32.02. The development of a physical activity intervention in Welsh police control rooms – A longitudinal co-production approach
Helen Oliver¹, Owen Thomas¹, Richard Neil¹, Robert J Copeland², Tjerk Moll¹
¹Cardiff Metropolitan University, Cardiff, United States ²Sheffield Hallam University, Sheffield, United Kingdom
- 32.03. Do you see what I see? A feasibility study investigating the use of eye-tracking technology within an operationalised police setting.
Zoe L Wimshurst¹, Georgie Benford²
¹School of Psychology, Sport and Physical Activity, AECC University College, Bournemouth, United Kingdom ²Department for Health and Social Sciences, University West of England, Bristol, United Kingdom

LUNCH BREAK

Time 12.00 – 01.30pm
Location Kristall and Tirol Foyer

FEPSAC-SASP MEETING - Invited Participants Only

Time 12.30 – 01.30pm
Location Hall Maximilian
Chair Michala Bednarikova

ERASMUS + SPORT NETWORK MEETING - Invited Participants Only

Time 12.30 – 01.30pm
Location Hall Grenoble
Chair Yago Ramis

ORAL PRESENTATION 21: ELITE SPORTS AND EXPERTISE

Time 01.30 – 02.30pm
Location Hall Tirol
Chair Niels Rossing

Facing competition's demands: coping strategies and attentional foci of elite fencers in response to stressful situations

Maelle Bracco¹, Nadia Sondt², Sylvain Dugeny², Mael Goisbault³, Marjorie Bernier², Julie Doron³, Guillaume Martinent¹

¹Université Claude Bernard Lyon 1, Université de Lyon, Laboratoire sur les Vulnérabilités et l'Innovation dans le Sport (EA 7428), Villeurbanne, France ²Univ Brest, Centre de Recherche sur l'Education les Apprentissages et la Didactique (EA 3875), Brest, France ³Nantes Université, Motricité - Interactions - Performance, MIP, UR 4334, Nantes, France

The relation between health and performance throughout the career pathways of elite athletes, musicians, and mathematicians: A qualitative study

Jannika John¹, Svenja Wachsmuth¹, Ansgar Thiel¹

¹University of Tübingen, Tübingen, Germany

Is it Important for Elite Coaches to be Need-Supportive even During Competitive Games?

Sofie Morbée¹, Leen Haerens¹, Bart Soenens¹, Joke Thys¹, Maarten Vansteenkiste¹

¹Ghent University, Ghent, Belgium

Risk and Protective Factors for the Olympic Games at home:
The mental Preparation of Athletics' Brazilian Team in Rio 2016

Simone Sanches¹

¹Paulista University, Campinas, Brazil

WORKSHOP (APPLIED) 26: CONSULTING/COUNSELLING

Time 01.30 – 02.30pm
Location Hall Strassburg Nord

Empowering parents in elite sport settings – an integrative approach

Hanspeter Gubelmann¹, Babett Lobinger¹, Cristina Baldassarre¹

¹Swiss Federal Institute Of Technology, Zurich, Switzerland

WORKSHOP (APPLIED) 27: SEXUAL VIOLENCE, SEXUAL HARASSMENT AND SEXUAL ABUSE

Time 01.30 – 02.30pm
Location Hall Strassburg Süd

Empowering Sport Psychologists in Addressing Interpersonal Violence

Helena Schmitz¹, Teresa Greither²

¹German Sport University Cologne, Cologne, Germany ²University Hospital Ulm, Ulm, Germany

PODIUM DISCUSSION 10: BEST PRACTICE

Time 01.30 – 02.30pm
Location Hall Brüssel
Chair Jürgen Beckmann

Sports Injuries: Pressure on the Athlet and the Medical Team - Heading Under Pressure to Come Back Stronger

Christian Fink¹, Stefan Mair², Elias Elhardt³

¹Praxis Gelenkpunkt, Austria ²Sporttherapie Huber und Mair GmbH, Austria

³Snowboard Professional, Germany

WORKSHOP (APPLIED) 28: MENTAL SKILLS TRAINING

Time 01.30 – 02.30pm
Location Hall Maximilian

Experiencing body awareness: A body-focused exploration on how we connect to ourselves and others

Gábor Barta¹, Szabolcs Gergő Harsányi¹, Szabolcs Takács¹, Máté Smohai¹

¹Károli Gáspár University, Institute of Psychology, Budapest, Hungary

SYMPOSIUM 33: SPORTS PSYCHIATRY AND SPORTS PSYCHOTHERAPY

Time 01.30 – 02.30pm
Location Hall Igls

Trauma and Performance. A Neuroexperiential Model: The Athlete' Super Brain. Working creatively with Adults, Young People and their system

Alessia Bruno¹

¹Performance Expansion, Riccione, Italy

ORAL PRESENTATION 22: MUSIC, DANCE AND PERFORMING ARTS & PHYSICAL ACTIVITY & ELITE SPORTS AND EXPERTISE

Time 01.30 – 02.30pm
Location Hall Grenoble
Chair Peter Gröpel

What makes us act habitual? The role of personality traits in predicting exercise and nutrition habit strength

Laura Gördes^{1,2}, Sylvain Laborde²

¹University of Bern, Bern, Switzerland ²German Sport University Cologne, Cologne, Germany

Current State of Knowledge on Toxic Leadership and Its Consequences in High Performance Sports: Results from a Scoping Review

Carolina Lundqvist^{1,2}, Jeroen Camps³, Tine Verthommen^{4,5}, Natalie Barker-Ruchti⁶, Örn Kolbeinsson¹

¹Department of Behavioural Sciences and Learning, Linköping University, Linköping, Sweden ²Athletics Research Center, Department of Health, Medicine and Caring Sciences, Linköping University, Linköping, Sweden ³Thomas More University of Applied Sciences, Antwerp, Belgium ⁴People and Well-being Research Group, Center of Expertise Care and Well-being, Thomas More University of Applied Sciences, Antwerp, Belgium ⁵Department of Movement and Sports Sciences, Faculty of Medicine and Health Sciences, Ghent University, Ghent, Belgium ⁶School of Health Sciences, Örebro University, Örebro, Sweden

Mental health and self-compassion among the performing arts

Courtney Walton¹, Sabrina McKenzie¹, Caroline Gao¹, Simon Rice¹, James Kirby², Margaret Osborne¹

¹The University Of Melbourne, Melbourne, Australia ²The University of Queensland, Brisbane, Australia

The efficiency of sport psychology protocol in reducing performance anxiety and increasing performance self-confidence in classical musicians and opera singers

Kaya Ariel Woytynowska², Ágota Lénart¹,

¹Hungarian University of Sports Science, Budapest, Hungary ²High School of Business - National Louis University, Nowy Sacz, Poland

PODIUM DISCUSSION (OPEN) 05: TALENT IDENTIFICATION/
DEVELOPMENT

Time 01.30 – 02.30pm
Location Hall New Orleans

Easy does it-- the simple path to expertise

Theodore Kroeten¹

¹Joy Of The People, Saint Paul, United States

WORKSHOP (APPLIED) 29: MENTAL SKILLS TRAINING

Time 01.30 – 02.30pm
Location Hall Innsbruck

Designing and implementing creative embodied activities to optimize psychological skills in high-performance contexts

Veronique Richard¹, Christian Luthardt²

¹The University Of Queensland, St Lucia, Australia ²FC Bayern München AG, Munich, Germany

SYMPOSIUM 34: COGNITION

Time 01.30 – 02.30pm
Location Hall Aalborg
Chair Lisa Musculus & Valentin Benzing

The Role of Cognition in Development and Performance in Sports and Physical Activity

Lisa Musculus¹, Valentin Benzing²

¹German Sport University, Cologne, Germany ²University of Bern, Bern, Switzerland

PRESENTATIONS OF THE SYMPOSIUM

- 34.01. Move to Improve! Empowering Working Memory and Inhibition in Preschoolers and Schoolchildren Thanks to an Enriched Motor Programme
- Elisa Bisagno¹, Alessia Cadamuro¹, Ambra Gentile², Marianna Alesi²
- ¹University of Modena and Reggio Emilia ²University of Palermo, Palermo, Italy

34.02. Can climbing boost embodied planning? Age-specific effects of two training interventions

Lisa Musculus¹, Azzurra Ruggeri^{2,3,4}, Laura Juppen¹, Max Pallares¹, Markus Raab¹

¹German Sport University Cologne, Institute of Psychology, Dept. Performance Psychology, Cologne, Germany ²Max-Planck Institute for Human Development, iSearch ³Technical University Munich, TUM School of Education, Munich, Germany ⁴Central European University, Department of Cognitive Science, Vienna, Austria

34.03. The Effects of Social Interaction in Acute Physical Activity on Executive Functions

Cäcilia Zehnder¹, Peter Affolter², Martin Weiss², Moritz Engel¹, Mirko Schmidt¹, Valentin Benzing¹

¹University of Bern, Institute of Sport Science, Bern, Switzerland ²Bern University of Applied Sciences, Bern, Switzerland

34.04. Basketball players inhibition skills in peripheral vision

Christian Vater¹

¹University of Bern, Institute of Sport Science, Bern, Switzerland

SYMPOSIUM 35: MILITARY, POLICE AND TACTICAL POPULATIONS

Time 01.30 – 02.30pm

Location Hall Freiburg

Performance Psychology in the Military: reflections on, and lessons learnt working with military populations

Stewart Cotterill¹, Richard Keegan³, Sophie Bruce², Kathryn Longshore⁴

¹Aecc University College, Bournemouth, United Kingdom ²Latitude Performance, London, United Kingdom ³University of Canberra, Canberra, Australia ⁴United States Military Academy, West Point, United States of America

PRESENTATIONS OF THE SYMPOSIUM

35.01. Hard Yakka: Reflections and Insights from Seven Years of Conducting Human Performance Psychology Research in Australian Military Settings

Richard Keegan¹

¹University of Canberra, Canberra, Australia

35.02. Working as a Sport Psychologist with ARMY athletes: how can we tailor our approach to maximize impact?

Sophie Bruce¹

¹Latitude Performance, London, United Kingdom

35.03. Experiences Working with Cadets at the United States Military Academy

Kat Longshore¹

¹United States Military Academy, West Point, United States

35.04. Practitioner experiences of delivering performance psychology services with specialist military populations.

Stewart T. Cotterill¹

¹Aecc University College, Bournemouth, United Kingdom

BREAK (WITHOUT DRINKS)

Time 02.30 – 02.40pm

ORAL PRESENTATION 23: PERCEPTION & ATTENTION

Time 02.40 – 03.40pm
Location Hall Tirol
Chair Geir Jordet

Identification of disruptive elements of football players' concentration
Matheo Maurin^{1,2,3}, Jean-Philippe Lachaux², Christopher Carling^{3,4}, Chloé Leprince^{3,4}, Guillaume Martinent¹
¹Laboratory on Vulnerabilities and Innovation in Sport, University of Claude Bernard Lyon ¹, Lyon, France ²Lyon Neuroscience Research Center, EDUWELL team, INSERM UMRS 1028, CNRS UMR 5292, Université Claude Bernard Lyon ¹, Université de Lyon, F-69000, Lyon, France ³French Football Federation's Research Centre, Clairefontaine-en-Yvelines, France ⁴Sport Expertise and Performance Laboratory (EA 7370), INSEP, Paris, France

Sleep to see - Does total sleep deprivation affect conscious processing?
Dennis Redlich¹
¹German Sport University Cologne, Cologne, Germany

Exploring the Impact of Open- and Closed-Skill Sports on Visual and Auditory Attention in Children
Gabriele Russo¹, Andrea Cecilian¹, Michela Iorio², Alice Ancellotti², Marcelo Bigliassi³
¹University of Bologna, Rimini, Italy ²University of Modena & Reggio-Emilia, Reggio-Emilia, Italy ³Florida International University, Miami, United States

Psychophysiological Interventions in Biathlon
Zöe Wimshurst¹, Emma Mosley², Stephanie Tibbert¹, Phillip Heritage¹, Greg Neil³
¹AECC University College, Bournemouth, United Kingdom ²Bournemouth University, Bournemouth, United Kingdom ³Solent University, Southampton, United Kingdom

WORKSHOP (APPLIED) 30: CONSULTING/COUNSELLING

Time 02.40 – 03.40pm
Location Hall Strassburg Nord
Chair Martin Turner

An applied workshop on cognitive-behavioural approaches to performance under pressure
Martin Turner¹, Faye Didymus², Sam Wood¹, Betsy Tuffrey³, Jennifer Hobson⁴
¹Manchester Metropolitan University, Stoke-on-Trent, United Kingdom ²Leeds Beckett University, Leeds, United Kingdom ³Seed Psychology, Hampshire, United Kingdom ⁴Sheffield Hallam University, Sheffield, United Kingdom

- 30.01. Cognitive Therapy (CT)
Faye F. Didymus¹
¹Carnegie School of Sport, Leeds Beckett University, Leeds, United Kingdom
- 30.02. Acceptance and Commitment Therapy (ACT)
Sam Wood¹
¹Institute of Sport, Manchester Metropolitan University, Manchester, United Kingdom
- 30.03. Rational Emotive Behaviour Therapy (REBT)
Betsy Tuffrey¹
¹Seed Psychology LTD
- 30.04. Multimodal CBT (MMCBT) Approach
Jennifer Hobson¹
¹Academy of Sport and Physical Activity, Sheffield Hallam University, Sheffield, United Kingdom

SYMPOSIUM 36: SEXUAL VIOLENCE, SEXUAL HARASSMENT AND
SEXUAL ABUSE

Time 02.40 – 03.40pm
Location Hall Strassburg Süd
Discussant Tine Vertommen

Safeguarding II: Approaches to enhancing athlete safety

Jeannine Ohlert¹
¹German Sport University Cologne, Cologne, Germany

PRESENTATIONS OF THE SYMPOSIUM

- 36.01. Critical reflections on developing and delivering safe sport training
Emma Kavanagh¹, Ashley Stirling²
¹Bournemouth University, Poole, United Kingdom ²University of Toronto, Toronto, Canada
- 36.02. Re-Defining Success in Sport
Erin Willson¹
¹University of Toronto, Toronto, Canada
- 36.03. The role of psychological safety underlying experiences of interpersonal violence in sport
Philip Hurst¹, Dikaia Chatziefstathiou¹
¹Canterbury Christ Church University, Canterbury, United Kingdom
- 36.04. Listening to children to advance ‘safe(r) sport’
Melanie Lang¹
¹Edge Hill University, Ormskirk, United Kingdom

SYMPOSIUM 37: SURGERY

Time 02.40 – 03.40pm
Location Hall Brüssel

Personal traumatic input management: Coping strategies of surgeons dealing with results of extreme violence

Peter Rehder¹
¹Medical University Innsbruck, Innsbruck, Austria

WORKSHOP (APPLIED) 31: PSYCHOPHYSIOLOGY

Time 02.40 – 03.40pm
Location Hall Maximilian

The influence of breathing techniques on sport performance

Uirassu Borges¹, Svian Laborde¹
¹German Sport University Cologne, Cologne, Germany

WORKSHOP (APPLIED) 32: MUSIC, DANCE AND PERFORMING ARTS

Time 02.40 – 03.40pm
Location Hall Grenoble

Dynamic Neuro-Cognitive Imagery for Enhancing Dance and Sports Performance

Eric Franklin¹
¹Institute for Franklin Method, Wetzikon, Switzerland

GIMME FIVE PRESENTATION 02: TALENT IDENTIFICATION/
DEVELOPMENT & WELL-BEING AND QUALITY OF LIFE & SOCIAL
COGNITION & YOUTH

Time 02.40 – 03.40pm
Location Hall New Orleans
Chair Milla Saarinen

How Can Structured Sport Interventions Enhance the Mental Health of Adolescents with Mild to Moderate Mental Health Problems?

Bert Klemmer¹, Florence Kinnaefick¹, Christopher Spray¹, Angel Chater²

¹Loughborough University, Loughborough, United Kingdom ²University College London, London, United Kingdom

The Relationship between Cognitive Flexibility and Attained Senior Performance Levels of Youth Elite Soccer Players

Simon Knoebel^{1,2}, Lisa Musculus³, Nils Gatzmaga⁴, Andy Borchert⁴, Martin Leo Reinhard⁵, Franziska Lautenbach²

¹Faculty of Sport Science, Chair of Sport Psychology, Leipzig University, Leipzig, Germany ²Sport Psychology, Institute of Sport Science, Humboldt-Universität zu Berlin, Berlin, Germany ³Department of Performance Psychology, Institute of Psychology, German Sport University Cologne, Cologne, Germany ⁴RasenBallSport Leipzig GmbH, Leipzig, Germany ⁵Sport Psychology and Research Methods, Institute of Sports Science, University of Tübingen, Tübingen, Germany

‘One size fits all’ – or should it? An individualised approach to enhancing talent development environments

George Lowe¹, Vicky Gottwald¹, Ross Roberts¹, James Hardy¹, Julian Owen¹

¹Bangor University, Bangor, United Kingdom ²Welsh Rugby Union, Cardiff, United Kingdom

Development and Field Test of a Survey to Measure Self-Presentation Concerns in Sport

Patrick O’Mara¹, Felix Ehrlenspiel¹

¹Technical University of Munich, Munich, Germany

Advancing Athlete Assessment: How to Improve Scouts’ Judgments of Performance?

Ilse Peringa¹, Ruud den Hartigh¹, Rob Meijer¹, Susan Niessen¹

¹Rijksuniversiteit Groningen, Groningen, Netherlands

How to facilitate and enhance thriving in high-performance athletes

Daniel Rähse¹

¹Olympiazentrum Vorarlberg GmbH, Dornbirn, Austria ²German Sport University Cologne, Cologne, Germany

SYMPOSIUM 39: MENTAL SKILLS TRAINING

Time 02.40 – 03.40pm
Location Hall Innsbruck

(Not) The Last Lecture on Self-Compassion in Sport Research

Amber Mosewich¹, Tara-Leigh McHugh¹, Kent Kowalski², Philipp Röthlin^{3,4}, Göran Kenttä⁵

¹University of Alberta, Edmonton, Canada ²University of Saskatchewan, Saskatoon, Canada ³Swiss Federal Institute of Sport Magglingen, Magglingen, Switzerland ⁴University of Bern, Bern, Switzerland ⁵The Swedish School of Sport and Health Sciences, Stockholm, Sweden

PRESENTATIONS OF THE SYMPOSIUM

39.01. What is the current state of self-compassion in sport research?

Tara-Leigh McHugh¹, Danielle Cormier¹, Amber Mosewich¹, Leah Ferguson², Kent Kowalski²

¹University of Alberta, Edmonton, Canada ²University of Saskatchewan, Saskatoon, Canada

39.02. What are the biggest critiques of self-compassion in sport research?

Kent Kowalski¹, Margo Adam², Laura Ceccarelli³, Danielle Cormier², Shaelyn Strachan³

¹University of Saskatchewan, Saskatoon, Canada ²University of Alberta, Edmonton, Canada ³University of Manitoba, Winnipeg, Canada

- 39.03. How can self-compassion in sport research be advanced?
Philipp Röthlin^{1,2}, Stephan Horvath¹
¹Swiss Federal Institute of Sport Magglingen, Magglingen, Switzerland ²Institute of Sport Sciences, University of Bern, Bern, Switzerland
- 39.04. What are the key considerations for embedding self-compassion in applied sport practice?
Göran Kenttä¹
¹The Swedish School of Sport and Health Sciences, Stockholm, Sweden

SYMPOSIUM 40: PERFORMANCE ENHANCEMENT
(E.G. DOPING: NEURO-ENHANCEMENT ETC.)

Time 02.40 – 03.40pm
Location Hall Aalborg

Evaluating Policy and Informing Practice Relevant to Anti-Doping Education
Ian Boardley¹, Nikos Ntoumanis², Vassilis Barkoukis³, Shuge Zhang⁴, Daniela Lux⁵, Jules Wolff⁶, Jingdong Liu⁷, Shushu Chen¹, Andrew Heyes¹, Martin Chandler¹, Lambros Lazuras⁸, Monica Stansecu⁹, Michael Petrou¹⁰, Julie Rivold², Anne-Marie Pensgaard¹¹, Andreas Ivarsson¹², Andrea Petroczi¹³, Cornelia Blank⁵
¹University of Birmingham, Birmingham, United Kingdom ²University of Southern Denmark, Odense, Denmark ³Aristotle University of Thessaloniki, Thessaloniki, Greece ⁴University of Derby, Derby, United Kingdom ⁵UMIT Tirol - University for Health Sciences and Health Technology, Hall in Tirol, Austria ⁶University of Illinois at Urbana-Champaign, Urbana, United States of America ⁷Sun Yat-sen University, Guangzhou, China ⁸University of Lincoln, Lincoln, United Kingdom ⁹National University of Physical Education and Sport, Bucharest, Romania ¹⁰Cyprus Anti-Doping Authority, Nicosia, Cyprus ¹¹Norwegian School of Sport Sciences, Oslo, Norway ¹²Halmstad university, Halmstad, Sweden ¹³Kingston University, Kingston, United Kingdom

PRESENTATIONS OF THE SYMPOSIUM

- 40.01. Evaluating the Implementation of the WADA International Standard for Education in Six Anti-Doping Organizations
Ian Boardley¹
¹University of Birmingham, Birmingham, United Kingdom
- 40.02. Development of Brief Assessment Packages of Psychosocial Constructs Related to Doping
Nikos Ntoumanis¹
¹University of Southern Denmark, Odense, Denmark
- 40.03. A Multi-Country Examination of Narcissism, Compassion, and Related Psychological Risk Factors Underpinning Intentional Doping
Shuge Zhang¹
¹College of Physical Education, Hunan University of Technology; Hunan Research Centre for Excellence in Fitness, Health & Performance, China
- 40.04. Testing the Effectiveness of the Safeyou Programme
Vassilis Barkoukis¹
¹Aristotle University of Thessaloniki, Thessaloniki, Greece
- 40.05. Deny, deflect, or own it and apologise? How athletes try to repair their image after an anti-doping rule violation
Daniela Lux¹
¹UMIT Tirol - University for Health Sciences and Health Technology, Hall in Tirol, Austria

PODIUM DISCUSSION (OPEN) 06: MILITARY, POLICE AND TACTICAL POPULATIONS

Time 02.40 – 03.40pm
Location Hall Freiburg

Sport Psychology Applied to Tactical Training and Use of Force
in Law Enforcement Officers (LEOs)

John Heil¹, Robert Owens¹, Grainne Scott³, Roy Bedard²

¹Psychological Health Roanoke, Roanoke, United States ²RRB Systems International, Sanford, United States ³New Zealand Police, Wellington, New Zealand

COFFEE BREAK

Time 03.40 – 04.10pm
Location Kristall and Tirol Foyer

WORKSHOP (APPLIED) 33: PERCEPTION & ATTENTION

Time 04.10 – 05.10pm
Location Hall Tirol

Visual scanning in football: From research to application

Geir Jordet¹

¹Norwegian School Of Sport Sciences, Oslo, Norway

ORAL PRESENTATION 24: BEST PRACTICE & COACHING

Time 04.10 – 05.10pm
Location Hall Strassburg Nord
Chair Sophia Jowett

How to help coaches meet the psychosocial skill needs of their
Generation Z athletes: A season long investigation in swimming

Julie Johnston¹, Joseph Stanford¹, Chris Saward¹, Mustafa Sarkar¹,
Chris Harwood¹, Daniel Gould²

¹Nottingham Trent University, Nottingham, United Kingdom ²Michigan State University, Michigan, United States of America

When “shit happens” – Developing a card game for athletes,
coaches and sport psychologists

Krisztina Kovács², Borbála Csapó-Bajnok², Regina Balázs³, Emőke
Roseti-Karikás⁴, Tünde Neugam⁵, Noémi Gyömbér¹, Eszter Bálint⁶

¹Institute of Behavioral Sciences, Semmelweis University, Budapest, Hungary ²Pál
Harrer Elementary School, Óbuda, Hungary ³MAFC Basketball Academy, Budapest,
Hungary ⁴Independent Researcher, Miercurea Ciuc, Romania ⁵Central Sports
and Youth Association, Budapest, Hungary ⁶Institute of Behavioral Sciences,
Semmelweis University, Budapest, Hungary

“Giving them space for autonomy and reflection”: How coaches
describe athletes’ self-regulated learning and view their role in
supporting it

Royden Radowits¹, Bradley W. Young¹

¹University Of Ottawa, School of Human Kinetics, Ottawa, Canada

Coach-Athlete-Relationship – Reflection on applied workshops
for coaches in competitive sport

Nadja Walter¹, Theresa Manges¹, Lisa Seidler¹

¹Leipzig University, Leipzig, Germany

NETWORK MEETING (OPEN) 03: SEXUAL VIOLENCE, SEXUAL
HARASSMENT AND SEXUAL ABUSE

Time 04.10 – 05.10pm
Location Hall Strassburg Süd

Towards sustainable research and knowledge mobilization
initiatives in safe sport research

Sylvie Parent^{1,2,3,4,6}, Émilie Beley-Ranger^{1,2,3,4}, Melanie Lang^{2,7}, Ohlert
Jeannine^{2,8}, Ashley Stirling^{2,9}, Tine Vertommen^{2,3,5,6}

¹Université Laval, Québec, Canada ²Research Chair on Safety and Integrity in Sport/
Université Laval, Québec, Canada ³Interdisciplinary Research Center on Intimate
Relationship Problems and Sexual Abuse (CRIPCAS), Montréal, Canada ⁴Équipe
Violence Sexuelle et Santé (ÉVISSA), Montréal, Canada ⁵Thomas More University of
Applied Sciences, Antwerp, Belgium ⁶International Research Network on Violence
and Integrity in Sport, Antwerp, Belgium ⁷Edgehill University, Edgehill, United
Kingdom ⁸German Sport University Cologne, Cologne, Germany ⁹University of
Toronto, Toronto, Canada

WORKSHOP (APPLIED) 34: PERCEPTION & ATTENTION

Time 04.10 – 05.10pm
Location Hall Brüssel

Cognition and VR: Trends and future developments

Tarcan Kiper¹, Daniel Memmert²

¹Neo Auvra Corp ²German Sport University Cologne, Institute of Exercise Training and Sport Informatics, Cologne, Germany

WORKSHOP (APPLIED) 35: PSYCHOPHYSIOLOGY

Time 04.10 – 05.10pm
Location Hall Maximilian

The impact of mental load on performance under pressure

York-Peter Klöppel¹, Kate O'Keeffe¹, Peter Schneider²

¹Red Bull Athlete Performance Center, Thalgau, Austria ²RasenBallsport Leipzig, Leipzig, Germany

WORKSHOP (APPLIED) 36: SPORTS PSYCHIATRY AND SPORTS PSYCHOTHERAPY

Time 04.10 – 05.10pm
Location Hall Igls

International Olympic Committee (IOC) CONSENSUS STATEMENT ON MENTAL ILLNESS IN ATHLETES

Li Jing Zhu¹

¹Sigmund Freud University Vienna, Vienna, Austria ²Chinese University, zhu hai, China

WORKSHOP (APPLIED) 37: MUSIC, DANCE AND PERFORMING ARTS

Time 04.10 – 05.10pm
Location Hall Grenoble

The Improv Self-Efficacy and Skills Programme - A Practical Workshop for Public Speaking Anxiety Reduction

Alexander McWilliam¹, Stuart Beattie¹, Nichola Callow¹

¹Bangor University, Reading, United Kingdom

ORAL PRESENTATION 25: TALENT IDENTIFICATION/DEVELOPMENT

Time 04.10 – 05.10pm
Location Hall New Orleans
Chair Daniel Rähse

What do we know about the development of talent in sports?
Not that much...

Ruud Den Hartigh¹, Jan Verbeek^{1,2}, Steffie Van der Steen³, Nico Van Yperen¹

¹Department of Psychology, University Of Groningen, Groningen, Netherlands ²Royal Dutch Football Association, Zeist, Netherlands ³Department of Pedagogical and Educational Sciences, University of Groningen, Groningen, Netherlands

Successful talent development environments and achievement goals of age-specific national teams in football, handball, and ice hockey

Ingar Mehus¹, Nils Petter Aspvik¹, Stig Arve Sæther¹

¹Ntnu, Trondheim, Norway

Talent Identification, Artificial Intelligence and Big Data: The looming threat of digital determinism and discrimination

Elia Morgulev^{1,2}

¹Kaye Academic College, Beer-Sheva, Israel ²Levinsky-Wingate Academic College, Tel Aviv, Israel

Building Capacity: Understanding the Development and Maintenance of Resilience among Women Collegiate Student-Athletes

Amber Mosewich¹, Ben Sereda¹, Paula Mazur¹, Ben Gallaher¹, Katie Gunnell², Nicholas Holt³, Tara-Leigh McHugh¹, Klaudia Sapieja¹

¹University of Alberta, Edmonton, Canada ²Carleton University, Ottawa, Canada

³University of Calgary, Calgary, Alberta

SYMPOSIUM 41: MENTAL SKILLS TRAINING

Time 04.10 – 05.10pm

Location Hall Innsbruck

The EUROMENTAL Project– Evidence based educational content for Europ

Franziska Lautenbach¹, Henrik Gustafsson^{2,3}, Marika Berchicci⁴

¹Humboldt-Universität zu Berlin, Berlin, Germany ²Karlstad University, Karlstad, Sweden ³Norwegian School of Sport Science, Oslo, Norway ⁴Università degli studi Gabriele d'Annunzio di Chieti-Pescara, Chieti, Italy

PRESENTATIONS OF THE SYMPOSIUM

41.01. Burnout: What can be done for athletes?

Guillaume Martinent¹, Emma Guillet-Descas¹, Virginie Nicaise¹, Henrik Gustafsson²

¹University of Claude Bernard Lyon ¹, Laboratory on Vulnerabilities and Innovation in Sport, France ² Karlstad University, Sweden & Norwegian School of Sport Sciences, Norway

41.02. Teamwork execution and team resilience: A multi-study examination of reciprocal and longitudinal relationships

Miguel Ángel López-Gajardo¹, Juan J. Pulido¹, Tomás García-Calvo¹, Francisco M. Leo¹

¹Universidad De Extremadura, Extremadura, Spain

41.03. Imagery in action – The linkage between Heart Rate and individual differences depending on the type of script imagined, instructional imagery modality, and imagery experience in athletes

Dagmara Budnik-Przybylska¹, Paweł Syty², Jan Maciąg², Łukasz Doliński², Marta Łabuda², Adrian Kastrau², Patryk Jasik², Maria Kaźmierczak¹, Jacek Przybylski¹, Selenia Di Fronso³, Maurizio Bertollo³

¹ University of Gdańsk, ² Gdańsk University of Technology, ³ University “G. d’Annunzio” of Chieti-Pescara

41.04. Sport Mental Training in Europe - Evaluation and Learnings from a Blended Intensive Programme

Pia Zajonz¹, Gantima Demirsöz¹

¹Humboldt-Universität zu Berlin, Berlin, Germany

NETWORK MEETING (OPEN) 04: BEST PRACTICE

Time 04.10 – 05.10pm

Location Hall Aalborg

The Development and Goals of the Specialist Certificate in Sport Psychology (EFPA)

Chris Harwood¹, Rosaleen Mcelvaney²

¹Nottingham Trent University, Nottingham, United Kingdom ²Dublin City University, Dublin, Ireland

PODIUM DISCUSSION (OPEN) 07: MILITARY: POLICE AND
TACTICAL POPULATIONS

Time 04.10 – 05.10pm
Location Hall Freiburg

**Interdisciplinary Research Hurdles & Successes -- Bringing
Research Lines, Labs, and Students together to Investigate
Psychophysiological Influences on Tactical Performance**

Whitney Moore¹, Christine Habeeb¹, Nicholas Murray¹
¹East Carolina University, Greenville, United States

BREAK (WITHOUT DRINKS)

Time 05.10 – 05.30pm

VIP RECEPTION - Invited Participants Only

Time 05.30 – 08.00pm

THURSDAY, JULY 18TH 2024

MORNING RUN AND YOGA

Time 06.00 – 07.00am

CHILDCARE PROGRAMME

Time 07.50am – 05.20pm

KEYNOTE LECTURE IV

Time 08.30 – 09.30am
Location Hall Tirol
Chair Rita de Oliveira

**The ecological dynamics of cognizant bodies in expert sport
performance**
Duarte Araújo¹
¹ University of Lisbon, Lisbon, Portugal

YOUNG RESEARCHER AWARD POSTER + YOUNG PRACTITIONER
AWARD POSTER - Invited Participants Only

Time 09.00 – 09.30am
Location Kristall Foyer
Chair Markus Raab, Michala Bednarikova

YRA P01 **Designing acute physical activity for children's cognition: Effects of cognitive challenge, bout duration, and positive feedback**

Sofia Anzeneder¹, Cäcilia Zehnder¹, Jürg Schmid¹, Anna Lisa Martin-Niedecken², Valentin Benzing¹, Mirko Schmidt¹

¹University of Bern, Institute of Sport Science, Bern, Switzerland ²Department of Design, Zurich University of the Arts, Zurich, Switzerland

YRA P02 **Empathy as a Key Personality Trait for Success in Professional Dancers**

Josef Bartos¹

¹Academy Of Performing Arts In Prague, Prague, Czech Republic

YRA P03 **Bayes on the court: Evidence for continuous prior-knowledge integration in virtual tennis returns**

Damian Beck¹, Stephan Zahno¹, Ralf Kredel¹, Ernst-Joachim Hossner¹

¹University of Bern, Bern, Switzerland

YRA P04 **Better Together: A Cross-Cultural Examination of Shared and Identity Leadership in Sports Teams**

Radhika Butalia¹, Filip Boen¹, Katrien Fransen¹

¹KU Leuven, Leuven, Belgium

YRA P06 **Examining the Applied Value of Narratives for Professional Practice: An Exploration of Sports Injury Narratives in Action**

Ciara Everard¹, Ross Wadey², Melissa Day³, Karen Howells⁴

¹Roehampton University, London, United Kingdom ²St Mary's University, London, United Kingdom ³University of Chichester, Chichester, United Kingdom ⁴Cardiff Metropolitan University, Cardiff, Wales

YRA P07 **Design of mobile phone and smartwatch running apps that better motivate and fit user's needs: A user-centred, participatory research**

Gabriela Gomes Fernandes¹, Brian Ravenet¹, Jean-Claude Martin¹, Xavier Sanchez²

¹LISN - Université Paris-Saclay, Paris, France ²CIAMS - Université d'Orléans, Orléans, France

YRA P08 **Can a Picture Speak a Thousand Words? A Longitudinal Photo-Elicitation Exploration of Football Coaches' Well-Being Experiences and Sensemaking.**

Andrew Higham¹, James Newman¹, James Rumbold¹, Joseph Stone¹

¹Sheffield Hallam University, Sheffield, United Kingdom

YRA P09 **Acute Concurrent Exercise Improves Inhibitory Control and Its Non-Mediation Role of Lactate: An ERP Study**

Ruei-Hong Li¹, Tai-Rui Chen¹, Yi-Ting Cheng¹, Yu-Kai Chang¹

¹Department of Physical Education and Sport Sciences, National Taiwan Normal University, Taipei City, Taiwan

YRA P10 **Measuring Nonverbal Behaviour during Matches in Elite Football from Different Video Sources**

Ingrid Lian¹, Geir Jordet¹, Siv Gjesdal¹

¹Norwegian School Of Sport Sciences, Oslo, Norway

YRA P11 **The Mediating Effect of Autonomous Motivation between Human Values and Physical Activity**

Yan Liang¹, Olivier Rascle², Nicolas Souchon³

¹East China Normal University, Shanghai, China ²University Rennes ², Rennes, France ³Université Paris Nanterre, Paris

YRA P12 **Reciprocal Relationships Between Teamwork Execution, Emergent States, and Perceived Team Performance: A Longitudinal Study**

Miguel Ángel López Gajardo¹, Francisco M. Leo², Jesús Díaz-García³, Ana Rubio-Morales³, Desmond McEwan⁴

¹Faculty of Health and Sports Sciences, University of Zaragoza, Zaragoza, Spain ²Faculty of Teacher Training, University of Extremadura, Cáceres, Spain ³Faculty of Sport Science, University of Extremadura, Cáceres, Spain ⁴UBC School of Kinesiology, University of British Columbia, Vancouver, Canada

YRA P13 **Conceptualizing Parental Secure Base Support Across Youth Sport Contexts**

Tove Mårs^{1,2}, Camilla Knight^{1,3}, Louise Davis^{2,1}, Markus Nyström⁴, Olivier Rouquette¹

¹Swansea University, Swansea, United Kingdom ²Umeå University, Umeå, Sweden ³University of Agder, Agder, Norway ⁴Luleå University of Technology, Luleå, Sweden

YRA P14 Social Identification on Relational Efficacy Beliefs in Sports Teams and Training Groups

Sarah Stephen¹, Pete Coffee¹, Christine Habeeb²

¹Heriot Watt University, Edinburgh, United Kingdom ²East Carolina University, Greenville, United States

YRA P15 Development of a cross-cultural training programme for sports coaches: A Delphi study

Deniz Urgan, Mario Borges, Eleni Vangeli, Rita de Oliveira

¹London South Bank University, London, United Kingdom

YRA P16 Maximizing Performance Under Pressure: A Comprehensive Multidisciplinary Approach to Individualizing Pressure Training in Elite Sport

Joseph Varga¹, David Young², Matt Barlow¹, Lew Hardy¹, Tim Woodman¹, Andy Cooke¹, Stuart Beattie¹, Ross Roberts¹, James Hardy¹

¹Institute for the Psychology of Elite Performance, Bangor University, Wales, United Kingdom ²England and Wales Cricket Board, National Cricket Performance Centre, Loughborough, England, United Kingdom

YRA P17 Running on anxiety: emotion dysregulation drives exercise dependence in alexithymic ultrarunners

Charlotte Welch¹, Tim Woodman¹

¹Bangor University, Bangor, United Kingdom

YRA P18 physiological and behavioral change at various levels of psychological pressure: a new experimental design study

Kagari Yamada¹, Kazutoshi Kudo¹

¹The University Of Tokyo, Tokyo-to, Japan

YPA P01 The Improv Self-Efficacy and Skills Programme (ISESP): A Novel Treatment to Reduce Public Speaking Anxiety

Alexander McWilliam¹, Stuart Beattie¹, Nichola Callow¹

¹Bangor University, Bangor, United Kingdom

YPA P02 Psychosocial risks in elite and professional French athletes: an analysis of the links between socio-environmental context and transdiagnostic psychological processes

Simon Valverde¹, H  l  ne Joncheray¹, Alexis Ruffault¹

¹Laboratoire Sport, Expertise et Performance, INSEP (EA ⁷³⁷⁰), Paris, France

COMMITTEE MEETING FEPSAC YOUNG RESARCHER AWARD POSTER & YOUNG PRACTITIONER AWARD - Invited Participants Only

Time	09.00 – 10.30am
Location	Hall Grenoble

POSTER SESSION III

Time	09.30 – 10.30am
Location	Kristall Foyer

P200 Impact of Music Tempo and Perceived Effort Across Various Metabolic Demands in Both Endurance and High-Intensity Training

Ashutosh Acharya, S Venu

¹SAI- Lakshmibai National College of Physical Education, Trivandrum, India ²Research Scholar, University of Kerala, Thiruvananthapuram, Kerala, India

P201 Mindful Eating Under Pressure: A Case Study

Merve Rumeysa Alpay¹, Reka Erika Kovacs², K  r  sat Hazar¹

¹Osmaniye Korkut Ata University, Osmaniye, Turkey ²E  tv  s Lor  nd University, Budapest, Hungary

P203 Depression, anxiety and stress among older women during the COVID-19 pandemic and the impacts of exercise

Alexandro Andrade^{1,2}, Loiane Cristina de Souza^{1,2}, Ananda Quaresma Nascimento^{1,3}, Maria Eduarda do Esp  rito Santo^{1,2}, Paulo Andr   Costa Monteiro^{1,2}, Maria Eduarda Vieira Souza^{1,2}, Anderson DOliveira^{1,2}

¹Health and Sports Science Center – CEFID/Santa Catarina State University, Florianópolis, Brazil ²Laboratory of Sports and Exercise Psychology – LAPE, Florianópolis, Brazil ³Laboratory of Physical Activity and Physiotherapy in Cardiopulmonary and Metabolic Prevention, Prehabilitation and Rehabilitation - LAPREC, Florianópolis, Brazil

P204 Exploring the Predictive Value of the Peak and End Rule on Enjoyment in a Resistance Training Session

Vasco Bastos^{1,2}, Ana Jesus Andrade^{1,2}, Diogo Santos Teixeira^{1,2}

¹Universidade Lusófona De Humanidades e Tecnologias, Lisbon, Portugal ²Centro de Investigação em Desporto, Educação Física, Exercício e Saúde, Lisbon, Portugal

P205 The Predictive Power of The Peak and End Rule on Reflective Affective Processing: A Randomized Controlled Trial Ancillary Study

Vasco Bastos^{1,2}, Ana Jesus Andrade^{1,2}, Diogo Santos Teixeira^{1,2}

¹Universidade Lusófona De Humanidades e Tecnologias, Lisbon, Portugal ²Centro de Investigação em Desporto, Educação Física, Exercício e Saúde, Lisbon, Portugal

P206 Examination of the psychometric properties of the German version of the Coach-Athlete Relationship Maintenance Questionnaire (CARM-Q-D)

Sören D. Baumgärtner¹

¹Goethe-University Frankfurt, Frankfurt am Main, Germany

P207 Knowledge, Facilitators, and Barriers to Exercise in Individuals with Dysautonomia

Matthew Bejar¹, Leslie Larsen², Dhwanil Shah¹, Derek Han¹, Rhean Riego de Dios¹, Nicole Levine¹

¹San Jose State University, San Jose, United States ²California State University, Sacramento, Sacramento, United States

P208 Mental health under siege: How to stay in the fight under demanding conditions as a high-level military and sport leader.

Andreas Bencker¹, Urban Johnson¹

¹Academy for Health and Welfare, Halmstad University, Halmstad, Sweden

P209 Me, the Team or the Coach – Who´s the Ugliest Winner? – How Personality and Confederates Predict Winning Ugly Behavior

Dominik Bentler¹, Günter W. Maier¹

¹Bielefeld University, Bielefeld, Germany

P210 Effects of Extended Reality Technology on Affective and Perceptual Responses to Exercise at the Ventilatory Threshold

Jonathan Bird¹, Costas Karageorghis², Leighton Jones³, David Harris¹, Mohammed Alharbi^{1,4}, Samuel Vine¹

¹University of Exeter, Exeter, United Kingdom ²Brunel University London, London, United Kingdom ³Sheffield Hallam University, Sheffield, United Kingdom ⁴University of Hail, Hail, Kingdom of Saudi Arabia

P211 Experiencing in Competitive and Health Sports - The Development of a German Clutch-Flow-Concern Scale (CFB-S)

Thomas Brandauer¹, Günter Amesberger²

¹Olympic Center Carinthia, Klagenfurt, Austria ²Paris Lodron Universität Salzburg, Salzburg, Austria

P212 Context matters! Co-creating movement interventions within a rural, northeastern Ontario school community

Brenda Bruner¹, Barbi Law¹, Bruno Gonçalves Galdino da Costa²

¹Nipissing University, North Bay, Canada ²McGill University, Montreal, Canada

P213 Physical activity counselling to support behaviour change in patients pursuing metabolic and bariatric surgery: A multicentre feasibility trial

Jennifer Brunet¹, Marine Asselin², Paquito Bernard³, Josyane Lapointe³, Dale Bond⁴, Ahmed Jérôme Romain⁵, Pierre Garneau⁵, Laurent Biertho⁶, André Tchernof⁶, Patricia Blackburn⁷, Marie-France Langlois⁸, Aurélie Baillot⁹

¹University Of Ottawa, Ottawa, Ontario, Canada ²Université de Lorraine, Metz, France ³Université du Québec à Montréal, Montréal, Québec, Canada ⁴Hartford Hospital/HealthCare, Hartford, Connecticut, United States ⁵Université de Montréal, Montréal, Québec, Canada ⁶Université Laval, Québec city, Québec, Canada ⁷Université du Québec à Chicoutimi, Chicoutimi, Québec, Canada ⁸Université de Sherbrooke, Sherbrooke, Québec, Canada ⁹Université du Québec en Outaouais, Gatineau, Québec, Canada

- P214** Effects of physical activity behaviors on planetary health: a scoping review
Lluís Capdevila^{1,2}, Josep M Losilla^{1,3}, Carla Alfonso^{1,2}, Tony Estrella^{1,2}, Jaume F Lalança²
¹Sport Research Institute, Universitat Autònoma de Barcelona, Bellaterra (Barcelona), Spain ²Laboratory of Sport Psychology, Department of Basic Psychology, Universitat Autònoma de Barcelona, Bellaterra (Barcelona), Spain ³Department of Psychobiology and Methodology in Health Science, Universitat Autònoma de Barcelona, Bellaterra (Barcelona), Spain
- P216** Performing under pressure: Role of others' presence in sport performance
Laura Chareyre¹, Sandrine Isoard-Gauthier¹, Aïna Chalabaev¹
¹Social Environment Laboratory - Université Grenoble Alpes, Grenoble, France
- P217** Leveraging non-formal and informal learning in sport: An action research goal-setting intervention for elite youth swimmers
Anders Broe Dahl Christensen¹, Luc Martin², Niels Nygaard Rossing³
¹Aalborg University, Aalborg, Denmark ²Queen's University, Queens, Canada ³Aalborg University, Aalborg, Denmark
- P218** An exploration of Psycho-Behavioural Traits and Characteristics Among UK Special Forces Operators.
Shane Breen¹, Stewart Cotterill¹
¹AECC University College, Bournemouth, United Kingdom
- P219** Regulatory Focus Profiles in Relation to Ice Hockey Playing Positions
Cecilie Dannerbo¹, Ludvig Nilsson³, Jonathan Tobiasson³, Kim Rydberg Heland³, Xavier Sanchez²
¹SAPRÈM, Université d'Orléans. CIAMS, Université d'Orléans. CIAMS, Université Paris-Saclay ²SAPRÈM, Université d'Orléans. CIAMS, Université d'Orléans ³Halmstad University, Halmstad, Sweden
- P220** A Yoga Intervention to Help Reduce Symptoms of Insomnia in Children with Autism Spectrum Disorder
Miryam de Courville¹, Nathalie Poirier¹
¹Université du Québec à Montréal, Montreal, Canada

- P221** Beyond the Finish Line: Exploring Intrinsic Motivation in Singaporean Handcycling Athletes
Nicholas de Cruz¹, Eesha Shah²
¹University of Surrey, Guildford, United Kingdom ²University of Bath, Bath, United Kingdom
- P224** Professional Cricketer Mental Health and the Role of Alcohol: A Longitudinal Examination
George Ely¹, Tim Woodman¹, Ross Roberts¹, Eleri Jones¹, Lynsey Williams², Nicholas Peirce³
¹Bangor University, Bangor, United Kingdom ²Professional Cricketers' Association (PCA), United Kingdom ³England and Wales Cricket Board (ECB), United Kingdom
- P225** Adapted physical activity as complementary treatment to alleviate the symptoms of endometriosis? Results from the CRESCENDO programme pilot study
Géraldine Escriva-Boulley¹, Lionel Lenotre¹, Tracy Milane¹, Marie-Anne Jean¹
¹Haute Alsace University, Mulhouse cedex ³, France
- P226** Amotivation and needs thwarting among students in Physical Education. Do intellectual disabilities and contact with individuals with intellectual disabilities matter?
Evelia Franco¹, Alba González-Peño², Elena Pérez-Calzado³, Javier Coterón², Carmen Ocete³
¹Universidad Loyola Andalucía, Seville, Spain ²Universidad Politécnica de Madrid, Madrid, Spain ³Universidad Pontificia Comillas, Madrid, Spain
- P227** A "springboard" in the study of burnout in artistic gymnasts
Federica Galli¹, Alessandra De Maria¹, Alessia Corrado¹, Arnaldo Zelli¹, Luca Mallia¹
¹University Of Rome, "Foro Italico", Rome, Italy

- P228** Validity and feasibility of four standardized cardiorespiratory fitness tests in patients with depression: A cross-sectional study
Markus Gerber¹, Timon Schilling¹, Sebastian Ludyga¹, Oliver Faude¹, Arno Schmidt-Trucksäss¹, Robyn Cody¹, Doris Strauss², Anke Schneiders², Gavin Brupbacher^{2,3}

¹Department of Sport, Exercise and Health, University of Basel, Basel, Switzerland

²Clinic Oberwaid, St. Gallen, Switzerland ³Department of Consultation-Liaison Psychiatry and Psychosomatic Medicine, University Hospital Zurich, Zurich, Switzerland

- P229** Navigating Performance Under Pressure Research: Practical Recommendations with iVR and AV

Solène Gerwonn¹, Anke Baetzner¹, Yannick Hill^{2,3}

¹Institute of Sports and Sports Sciences, Heidelberg University, Heidelberg, Germany

²Department of Human Movement Sciences, Vrije Universiteit Amsterdam, Amsterdam, The Netherlands ³Institute of Brain and Behaviour Amsterdam, Amsterdam, The Netherlands

- P231** Help seeking behavior in elite sport: Barriers and facilitators

Karolina Grebner¹, Annika Schaller¹, Tabea Werner¹, Alena Michel-Kröhler¹, Stefan Berti¹, Michèle Wessa^{1,2}

¹Department Of Clinical Psychology And Neuropsychology, Institute For Psychology, Johannes Gutenberg-university Mainz, Mainz, Germany ²Leibniz-Institute for Resilience Research, AG Wessa, Mainz, Germany

- P232** Barriers and facilitators to adherence to a mindfulness programme in elite sport: a qualitative investigation

Kévin Haffner¹, Ruben Breniaux², Pierre Bagot³, Julie Doron⁴, Marjorie Bernier⁵

¹Nantes Université, Movement - Interactions - Performance, MIP, UR 4334, F-44000, Nantes, France ²Univ. Montpellier, Montpellier, France ³Univ. Brest, Centre de Recherche sur l'Éducation, F-29200 l'Apprentissage et la Didactique, Brest, France ⁴Nantes Université, Movement - Interactions - Performance, MIP, UR 4334, F-44000, Nantes, France ⁵Univ. Brest, Centre de Recherche sur l'Éducation, F-29200 l'Apprentissage et la Didactique, Brest, France

- P233** Preliminary psychometric analysis of the Perceived Locus of Causality (PLOC) scale in Czech high school students.

Ivana Harbichová¹, Jana Novotná¹, Vendula Redlichová¹, Lawrence Scheier², Martin Komarc¹

¹Charles University in Prague, Faculty Of Physical Education And Sport, Prague, Czech Republic ²LARS Research Institute, Inc, Scottsdale, Arizona, United States

- P234** High-risk sports – identifying incentives instead of motives

Lisa Hepperle¹

¹Technical University of Munich, Munich, Germany

- P235** Changes in Academy Soccer Players' Psychological Demands and Resources are Related to Changes in their Mental Health

Jennifer Hobson¹, Martin Turner², Marc Jones², Joseph Dixon³

¹Sheffield Hallam University, Sheffield, United Kingdom ²Manchester Metropolitan University, Manchester, United Kingdom ³Staffordshire University, Stoke-on-Trent, United Kingdom

- P236** Online-based mental training for student-athletes: A qualitative investigation of stakeholder experiences

Stefan Holmstrom¹, Pia Liedholm¹, Elin Tinge¹, Henrik Gustafsson², Erik Lundkvist¹

¹Umeå University, Umeå, Sweden ²Karlstad University, Karlstad, Sweden

- P237** Positive thinking and its relationship to the personal characteristics of eyeball players

Hemn Hoshyar Karim¹, Oglah Suleiman²

¹University of Charom rector's office, Chamchamal Sulaimaniha, Iraq ²University of Mosul Faculty of Education, Qadisha /Mosul, Iraq

- P239** The Relationship between Muscle Fitness and Cognitive Performance in Adults with Attention-Deficit/Hyperactivity Disorder: An Event-Related Potentials Perspective

Chiao-Ling Hung^{1,3}, Dong-Yang Fong², Chien Yen Wang¹, Chih-Hsien Lin³

¹Department of Athletics, National Taiwan University, Taipei, Taiwan ²Physical Education Office, National Taipei University of Technology, Taipei, Taiwan ³Master's Programme in Sport Facility Management and Health Promotion, National Taiwan University, Taipei, Taiwan

- P240** Dyadic Motive Fit: Does Personality Predict Team Performance?

Norman Hüttner¹, Florian Müller¹, Rouwen Cañal-Bruland¹

¹Friedrich Schiller University Jena, Jena, Germany

P241 Personal characteristics of athletes and musicians. What they can learn from each other?

Izabela Huzarska¹, Dagmara Budnik-Przybylska², Karol Karasiewicz³, Jacek Przybylski², Paweł Jurek²

¹Rzeszów University, Rzeszów, Poland ²University of Gdańsk, Gdańsk, Poland

³University of Szczecin, Szczecin, Poland

P242 The Effect of Personality and Training on the Tactical Performance and Stress Response of Non-Specialized and Special Forces

Fabio Ibrahim¹

¹Helmut-Schmit-Universität, Hamburg, Germany

P243 The Perceived Physical Literacy Questionnaire (PPLQ): A Novel Tool in German Language for Measuring Physical Literacy in Adults

Johannes Jaunig¹, Johannes Carl³, Peter Holler²

¹University of Graz, Institute of Human Movement Science, Sport and Health, Graz, Austria ²FH JOANNEUM University of Applied Sciences, Institute of Health Management in Tourism, Bad Gleichenberg, Austria ³Deakin University, Faculty of Health, Institute for Physical Activity and Nutrition, Geelong, Australia

P244 The relationship between situational interests in physical education classes, extracurricular sports enjoyment, and extracurricular exercise behaviors in college students

Tai Ji¹, Junzhe Jin¹, Xin Li¹, Lu Cao², Yan Luo¹

¹Shanghai Jiao Tong University, Shanghai, China ²Shanghai Normal University, Shanghai, China

P245 Understanding Motivations for Physical Activity Participation: Insights from the Croatian Adult Population

Danijel Jurakić¹, Zrinka Greblo Jurakić²

¹University Of Zagreb Faculty of Kinesiology, Zagreb, Croatia ²University Of Zagreb Faculty of Croatian Studies, Zagreb, Croatia

P246 Purposeless Walking: Effects of brief mindfulness-inspired non-striving manipulation on walking speed and sentiment

Ying Hwa Kee¹, Wei Jie Tan

¹Nanyang Technological University, Singapore

P247 Parents, peers or teachers – who matters when it comes to basic psychological needs satisfaction in Physical Education (PE)?

Martin Komarc¹, Lawrence Scheier², Ivana Harbichová¹

¹Charles University, Faculty Of Physical Education And Sport, Prague, Czech Republic ²LARS Research Institute, Inc., Sun City, AZ, United States

P248 The Interaction between Experience and Motivation: How Unified Partners Fuel Motivation for Sustained Engagement in Unified Sports?

Pei-Ling Kuo¹, Božo Vukojević, Jan Kaminski, Pia Zajonz

¹German Sport University Cologne, Cologne Germany

P249 Human values and physical activity in Chinese college students

Yan Liang¹

¹East China Normal University, Shanghai, China

P250 Virtual Reality vs. Traditional Exercise: A Comparative Study on Enjoyment, Motivation, and Psychological Responses among College Students

Wenxi Liu¹, Yuxin Wang¹, Feng Zhang¹, Tao Huang¹, Kun Wang¹

¹Shanghai Jiao Tong University, Shanghai, China

P251 Mental health of elite athletes: The importance of coaches' social identity leadership and athletes' satisfaction with sport performance

Cristina Lopez De Subijana¹, Joan Pons², Vanessa Wergin³, Cliff Mallett³

¹Universidad Politécnica De Madrid, Madrid, Spain ²Universitat de les Illes Balears, Palma, Spain ³University of Queensland, Brisbane, Australia

P252 Examining the moderating role of physical activity in the relationship between negative weight commentary and body image among young adults

Kristen Lucibello¹, Catherine Sabiston², Erin O'Loughlin², Maryam Marashi², Karen Patte¹, Jennifer O'Loughlin³

¹Brock University, St. Catharines, Canada ²University of Toronto, Toronto, Canada

³University of Montreal, Montreal, Canada

- P253** Longitudinal trajectories of cognitive bias, stress appraisals, emotional regulation and risk behaviours across process communication model personality profiles among firefighters
Guillaume Martinent¹, Sébastien Lhardy¹, Emma Guillet-Descas¹
¹University of Claude Bernard Lyon ¹, Laboratory on Vulnerabilities and Innovation In Sport, Villeurbanne, France
- P254** Validity of ultra-short term heart rate variability derived from femoral arterial pulse waveform in a British military cohort
Rabeea Magsood^{1,2}, Susie Schofield², Alexander Bennett^{2,3}, Ahmed Khattab¹, Anthony Bull⁴, Nicola Fear⁵, Christopher Boos^{1,6}
¹Department of Medical Sciences and Public Health, Faculty of Health & Social Sciences, Bournemouth University, Bournemouth, United Kingdom ²National Heart and Lung Institute, Faculty of Medicine, Imperial College London, London, United Kingdom ³Academic Department of Military Rehabilitation, Defence Medical Rehabilitation Centre, Stanford Hall Estate, Near Loughborough, Nottinghamshire, United Kingdom ⁴Centre for Blast Injury Studies, Department of Bioengineering, Imperial College London, London, United Kingdom ⁵The Academic Department of Military Mental Health, King's College London, London, United Kingdom ⁶Department of Cardiology, University Hospitals Dorset, Poole Hospital, Poole, United Kingdom
- P255** Motivational profiles for exercise and well-being in young Japanese women
Hiroshi Matsumoto¹
¹Mukogawa Women's University, Nishinomiya, Japan
- P256** Bridging the 'know-do' gap: Engaging in co-production to design and implement the '1616' sport-based youth development programme
Caillie McGuire¹, Kelsey Saizew¹, Mitch C. Profeit¹, Alex J. Benson², Karl Erickson³, Jean Côté¹, Meredith Wolff⁴, Brandy Ladd⁴, Luc J. Martin¹
¹Queen's University, Kingston, Canada ²Western University, London, Canada ³York University, Toronto, Canada ⁴Ladd Foundation, Toronto, Canada
- P257** Enhanced Risk of Disordered Eating in Female Athletes: Exploring the contribution of Sport Types and Competitive Levels
Stéphanie Mériaux-Scoffier¹, Barbara Vulpinari¹
¹Université Côte D'azur, Lamhess, Nice, France

- P258** Psychological Intervention during an Exercise Adherence Programme: Effect in Perceived Autonomy
Daniela Miranda-Rochín², Jeanette M. López-Walle¹, Abril Cantú-Berrueto¹, José L. Tristán-Rodríguez¹
¹Universidad Autónoma de Nuevo León, Facultad de Organización Deportiva, México, Nuevo León, México ²Universidad Autónoma de Barcelona, Facultad de Psicología, Barcelona, España
- P260** Biomarkers of athlete burnout: A novel investigation with student-athlete rowers
Lee Moore¹, Rachel Arnold¹, Matt Dobson², Sandrine Isoard-Gautheur³, Henrik Gustafsson⁴, Professor Mark Wetherell⁵
¹University Of Bath, Bath, United Kingdom ²Gemina Labs, Vancouver, Canada ³Universite Grenoble-Alpes, Grenoble, France ⁴Karlstad University, Karlstad University, Sweden ⁵Northumbria University, Newcastle, United Kingdom
- P261** Mental Health Prevalence in Olympic Athletes: Implementing the Romanian Version of IOC Sports Mental Health Assessment Tool 1 (SMHAT-1)
Zsófia Nemeti-Fehér¹, Alina Gherghișan³, Maria Stefania Ionel², Andrei Ion¹
¹Department of Psychology and Cognitive Science, University of Bucharest, Romania ²Sport and Exercise Psychology Group, Department of Psychology, Babes-Bolyai University, Cluj-Napoca, Romania ³Romanian Olympic and Sports Committee, Bucharest, Romania
- P262** Can Meditator Athletes Counteract the Detrimental Effect of Mental Fatigue on Endurance Performance and Neurocognitive Functions? A Randomized Crossover Study
Nien Jui-Ti¹, Weng Yen-Fei¹, Chen Dong-Tai¹, Chang Yu-Kai¹
¹Department of Physical Education and Sport Sciences, National Taiwan Normal University, Taipei, Taiwan
- P263** Advancing the conceptualisation and practice of achieving flow in performance settings
Cameron Norsworthy¹
¹University of Western Australia, Perth, Australia ²Flow Centre, Mosman Park, Australia

- P264 Exploring Parent-Initiated Motivational Climate in Physical Education: Differences Between Gender, Age and Family Status**
Jana Novotná¹, Ivana Harbichová¹, Lawrence Scheier², Martin Komarc¹

¹Charles University, Faculty of Physical Education and Sport, Prague, Czech Republic ²LARS Research Institute, Inc, Sun City, AZ and Prevention Strategies, LLC, Greensboro, NC, United States

- P265 Tests and questionnaires in Physical Activity and Sports Psychology in Spanish: A Systematic Review**
Alejandro Garcia-Mas¹, Enrique Cantón², David Peris Delcampo², Ian Blázquez, Antonio Núñez Prats¹

¹University of the Balearic Islands, COPIB., Palma De Mallorca, Spain ²University of Valencia, COPCV, Valencia, Spain

- P266 Female Academy Cricketers' Experiences and Perceptions of Mental Health and Mental Health Support: A Qualitative Exploration**
Daniel Ogden¹, Jamie Barker¹, Carolyn Plateau¹, Rebecca Brooker¹

¹Loughborough University, Loughborough, United Kingdom

- P267 Not just bad news: A Systematic Review on Well-being, personality, and positive emotions impact on sport performance**
David Peris-Delcampo¹, Antonio Núñez Prats², Paula Ortíz-Marholz³, Aurelio Olmedilla⁴, Enrique Cantón¹, Alejandro Garcia-Mas²

¹University of Valencia, COPCV, Valencia, Spain ²University of the Balearic Islands, COPIB, Palma de Mallorca, Spain ³Andrés Bello University, Santiago, Chile ⁴University of Murcia, Murcia, Spain

- P268 Psychological Well-being and Dependence on Physical Exercise in Amateur Runners**

David Peris-Delcampo^{1,2}, Joan R. García-Perales¹, Enrique Cantón¹

¹Faculty of Psychology, University of Valencia, Valencia, Spain ²Spanish Federation Of Sports Psychology, Valencia, Spain

- P269 Case study: Psychological intervention with an athlete coming out of an injury, applying the "Canton's Giraffe" motivational coaching model**

David Peris-Delcampo¹, Enrique Cantón²

¹Spanish Federation Of Sports Psychology, Valencia, Spain ²Faculty of Psychology, University of Valencia, Valencia, Spain

- P270 Experiences and influences on wellbeing among elite UK para-athletes**

Carolyn Plateau¹, Brodie Miller¹, Emily Hunton², Jamie Barker¹

¹Loughborough University, Loughborough, United Kingdom ²Uk Sports Institute, Loughborough, United Kingdom

- P272 The impact of voluntarily mindful sighing on motor performance, brain waves, motivation, and efficacy beliefs**

Piotr Piasecki¹, Julian Fritsch², Edson Filho¹

¹Boston University, Boston, United States ²Karlsruhe Institute of Technology, Karlsruhe, Germany

- P273 Validating the 3x2 Achievement Goal Questionnaire - Sports: Assessing Achievement Goals among Indian Sport Players**

Kanupriya Rawat¹, Hab. Aleksandra Błachnio²

¹Kazimierz Wielki University, Bydgoszcz, Poland ²Kazimierz Wielki University, Bydgoszcz, Poland

- P274 Stigma as a Predictor of Teammate Help-Seeking Intentions: A Comparison of Male and Female Student-Athletes**

Nastja Rettich¹, Christine Habeeb², Nadja Walter¹

¹Leipzig University, Leipzig, Germany ²East Carolina University, Greenville, NC, United States

- P275 Acceptability, Feasibility, and Initial Efficacy for Exercise in Commercially Available Virtual Reality to Enhance Psychological and Physical Wellbeing**

Oliver Runswick¹, Harry Rowland¹, Megan Smith¹, Lucia Valmaggia¹, Richard Bruce²

¹Department of Psychology, Institute of Psychology, Psychiatry and Neuroscience, King's College London, London, United Kingdom ²Centre for Applied Human and Physiological Sciences, Faculty of Life Science and Medicine, King's College London, London, United Kingdom

- P276** Exploratory Examination of the Chain Mediating Relationships between Presenteeism and Physical and Psychological Health
Tasuku Sakai¹, Rei Amemiya¹
¹University of Tsukuba, Tsukuba, Ibaraki, Japan
- P277** Enhancing Healthy Lifestyle Habits, Exercise Self-Efficacy, and Mental Health in Israeli College Students: An Educational Intervention Approach
Hila Sharon-David¹, Avi Moyal¹, Omri Ronen¹
¹Ono Academic College, Tel Aviv, Israel
- P278** Burnout in academic contexts: Testing the predictor value of stress and cognitive appraisal
Clara Simões Mendes¹, Liliana Fontes², Catarina Morais³, A.Rui Gomes⁴
¹Health Sciences Research Unit: Nursing (UICISA: E), Nursing School of Coimbra (ESENfC), Coimbra, Portugal. School of Nursing, University of Minho, Braga, Portugal ²School of Psychology, University of Minho, Braga, Portugal ³Universidade Católica Portuguesa, Faculty of Education and Psychology, Research Centre for Human Development, Porto, Portugal ⁴Psychology Research Centre, School of Psychology, University of Minho, Braga, Portugal
- P279** The Impact of Smartwatch Use on Motivation, Self-Regulation, Health and Performance: A 12-Month Longitudinal Investigation
Richard Steel¹, Suvo Mitra¹
¹Nottingham Trent University, Nottingham, United Kingdom
- P280** Mindfulness Knowledge Transfer For Elite Athletes Using N-of-1 Trials
Ning Su¹, Gangyan Si², Xiang Wang³, Ling Han⁴, Biao Jing¹
¹Shenzhen University, Shenzhen, China ²Hong Kong Sports Institute, Hong Kong, China ³Hong Kong Baptist University, Hong Kong, China ⁴Shenzhen Sports School, Shenzhen, China
- P282** Choking Hazards: A Scoping Review on Choking Susceptibility
Burgandy Thiessen¹
¹Brock University, St. Catharines, Canada

- P283** The effectiveness of mental health literacy interventions in young people: a meta-analysis
Henry Titley-Wall¹, Lee Cumbers³, Samuel Williams, John Mills²
¹University Academy ², Manchester, United Kingdom ²Ulster University, Ulster, United Kingdom ³University of Chichester, Chichester, United Kingdom
- P284** The Strength Behind the Uniform: Knowledge and Applications of Mental Skills with Military Families
Jill Tracey¹, Shelby Rodden-Matthews¹
¹Wilfrid Laurier University, Waterloo, Canada
- P285** Impact of Passive and Exercise-Induced Heat Stress on Fatigue, Vitality, and Thermal Perception
Jannic Wälde¹, Günter Amesberger¹, Sabine Würth¹, Thomas Finkenzeller¹
¹Paris Lodron Universität Salzburg, Salzburg, Austria
- P286** Exploring UK Paralympic athletes' perceptions of mental health, well-being, and associated support services following the Tokyo 2021 Paralympic Games
Benjamin Walker¹, Jamie Barker¹, Carolyn Plateau¹, Sam Cumming²
¹Loughborough University, Loughborough, United Kingdom ²UK Sports Institute, United Kingdom
- P287** The characteristics of sleep quality and sleep beliefs in college students with obesity
Peisi Wang¹, Kun Wang¹, Chun Xie¹, Jiali Qian¹, Lei Xu¹, Guozhuang Chen¹, Shaobo Cai¹
¹Department of Physical Education, Shanghai Jiao Tong University, Shanghai, China
- P288** The Relationship Between Appearance-Based Exercise Motivation and Exercise Dependence in College Students: A Moderated Mediation Model
Yimeng Wang¹, Kun Wang¹, Chun Xie¹, Jiali Qian¹, Peisi Wang¹, Lei Xu¹, Guozhuang Chen¹
¹Department of Physical Education, Shanghai Jiao Tong University, Shanghai, China

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“Comfort over fashion”: Clothing comfort and clothing type differentially impact social physique anxiety and appearance monitoring in females

Madison Vani¹, Catherine Sabiston¹, Elizabeth Cox¹, April Karlinsky², Timothy Welsh¹

¹University Of Toronto, Toronto, Canada ²California State University, San Bernardino, San Bernardino, United States
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Does the Propensity for Reinvestment Moderate the Performance Relationship of Challenge and Threat States?

Andrew Wilkinson¹, Jamie Barker², Robin Jackson², Karl Steptoe², David Fletcher²

¹Staffordshire University, Stoke-on-Trent, United Kingdom ²Loughborough University, Loughborough, United Kingdom
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Running enhances plasticity in brain regions related to motor control and cognition: a long-term follow-up study

Keying Zhang¹, Kai Jin¹, Mr. Jianyu Li², Dong Zhang³, Chunmei Cao²

¹Department of Physical Education, Southeast University, Nanjing, China ²Division of Sports Science and Physical Education, Tsinghua University, Beijing, China ³China Institute of Artificial Intelligence in Sports, Capital University of Physical Education and Sports, Beijing, China
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Characteristics of Rhythm Perception in Hurdlers and Exploration of Rhythm Perception Training Mode

Xuening Zhang¹, Xiang Meng¹, Meirong Sun¹

¹Beijing Sport University, Beijing, China
- P294

Exploring Chinese athletes’ experiences of participating in a psychological skills training programme: A narrative analysis

Xiao Zhang¹, Morgan Rogers¹, Penny Werthner¹

¹Faculty of Kinesiology, University of Calgary, Calgary, Canada
- P295

Mental Illness among athletes of heavy competitive sports

Li Jing Zhu¹, Chris Lam³, Michael Musalek¹, Alfred Pritz¹, John Heil⁴

¹Sigmund Freud University, Vienna, Austria ²Vienna Medical University, Vienna, Austria ³Hong Kong University, Hong Kong, China ⁴Roanoke psychological Health, Roanoke, Virginia, United States

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Evaluating the Implementation and Effectiveness of the Noise Cancelling Programme on Mental Skills Development in Young Athletes: A Longitudinal Study

Karol Nedza¹, Jacek Przybylski², Jonathan Rhodes¹, Dagmara Budnik-Przybylska², Artur Poczwardowski³

¹University Of Plymouth, Plymouth, United Kingdom ²University of Gdansk, Gdansk, Poland ³University of Denver, Denver, United States
- P308

Doping in elite cycling: a qualitative study of the various situations of vulnerability

Karine Corrion¹, Valentine Filleul¹, Hugo Bimes¹, Denis Hauw², David Pavot³, Jacky Maillot⁴, Eric Meinadier⁴, Fabienne d’Arripe-Longueville¹

¹Université Côte D’azur, Nice, France ²Institut des sciences du Sport, Université de Lausanne, Lausanne, Suisse ³Université Sherbrooke, Montréal, Canada ⁴French Federation of cycling, Paris, France

COFFEE BREAK

Time	10.30am – 11.00am
Location	Kristall and Tirol Foyer

FEPSAC YOUNG RESEARCHER AWARD ORAL

Time	11.00am – 12.30pm
Location	Hall Grenoble
Chair	Markus Raab

- 11.00–11.15

A Multi-Study Examination of the Physical and Mental Health Consequences of Burnout in Athletes

Hanna L. Glandorf¹, Daniel J. Madigan¹, Owen Kavanagh¹, Sarah H. Mallinson-Howard¹

¹York St John University, York, United Kingdom

11.15–11.30 “We are on the outside but it’s okay”: A grounded theory of cooperation between parents, coaches, and administrators

Valeria Eckardt^{1,2}, Travis E. Dorsch³

¹Witten/Herdecke University, Witten, Germany ²German Sport University Cologne, Cologne, Germany ³Utah State University, Logan, UT, United States

11.30–11.45 The undoing-hypothesis in athletes – Testing and implementing interventions to up-regulate positive emotions to improve cognitive and motor performance

Pia Zajonc¹, Franziska Lautenbach¹

¹Humboldt-Universität zu Berlin, Berlin, Germany

11.45–12.00 The impact of acute exercise combined with virtual reality on inhibitory control in younger individuals: An ERP study of RCT

Yi-Ting Cheng¹, Tzu-Yu Huang¹, Chen-Sin Hung¹, Yu-Kai Chang^{1,2,3}

¹National Taiwan Normal University, Department of Physical Education and Sport Sciences, Taipei, Taiwan ²National Taiwan Normal University, Institute for Research Excellence in Learning Science, Taipei, Taiwan ³National Taiwan Normal University, Social Emotional Education and Development Center, Taipei, Taiwan

12.00–12.15 The effects of optic flow on cycling effort: How gazing on the road makes cyclists go faster

Sem Otten^{1,2}, Ruud Den Hartigh², Frank Zaal³, Benoît Bardy¹, Christophe Gernigon¹

¹EuroMov Digital Health in Motion, University of Montpellier and IMT Mines Alès, Montpellier, Netherlands ²Department of Psychology, University of Groningen, Groningen, Netherlands ³Department of Human Movement Sciences, University Medical Center Groningen, Groningen, Netherlands

12.15–12.30 Athletic identity influences normalisation and disclosure of emotional abuse in Finnish athletes

Jatta Muhonen¹, Ashley Stirling¹, Marja Kokkonen¹

¹University Of Helsinki, Helsinki, Finland

ORAL PRESENTATION 26: PERCEPTION & ATTENTION & PHYSICAL ACTIVITY

Time 11.00am – 12.00pm
Location Hall Tirol
Chair Markus Gerber

Real-Time Auditory Feedback Affects Balance in a Virtual Environment Among Young and Older Adults
Alberto Cordova¹, Michael Stewart², Rasel Mahmud³, John Quarles¹, Wan Xiang Yao¹, Se-Wong Park¹, William Land¹, David Ogu¹
¹University Of Texas San Antonio, San Antonio, United States ²Texas Tech University, Lubbock, TX, United States ³Southern New Hampshire, Manchester, NM, United States

A Systematic and Narrative Review of Physical Literacy Frameworks Published Since 2012
Richard Keegan¹, Dean Dudley², Lisa Barnett³, Petra Juric³, Alethea Jerebine³, Nicola Ridgers⁴, Lauren Arundell³, Jo Salmon³, Amanda Derbyshire⁵
¹University Of Canberra, Canberra, Australia ²Macquarie University, Sydney, Australia ³Deakin University, Melbourne, Australia ⁴University of South Australia, Adelaide, Australia ⁵University of Western Australia, Perth, Australia

Empowering and Disempowering Motivational Climate and Flow in Physical Education and Physical Activity: The Mediating Role of Tripartite Efficacy Beliefs
Nurgül Keskin Akın¹, Fevziye Hülya Aşçı²
¹Ağrı İbrahim Çeçen University, Merkez, Ağrı, Turkey ²Fenerbahçe University, İstanbul, Turkey

A systematic scoping review of engagement to physical activity following stroke
Bettina Pasztor¹, Avril Drummond², Jennie Hancox¹, Ian M. Taylor¹
¹Loughborough University, Loughborough, United Kingdom ²University of Nottingham, Nottingham, United Kingdom

SYMPOSIUM 42: EMOTION

Time 11.00am – 12.00pm
Location Hall Strassburg Nord

A symposium on affective processes in sport and exercise

Julian Fritsch¹, Philip Furley²

¹Karlsruhe Institute of Technology, Karlsruhe, Germany ²German Sport University
Cologne, Cologne, Germany

PRESENTATIONS OF THE SYMPOSIUM

- 42.01. Do personality traits moderate the relationship between psychological needs and enjoyment of physical activity?
Eliane S. Engels¹, Anne K. Reimers², Muriel Pickel², Philipp A. Freund³
¹Medical School Hamburg, Hamburg, Germany ²Friedrich-Alexander-University
Erlangen-Nürnberg, Erlangen, Germany ³Leuphana University Lüneburg, Lüneburg,
Germany
- 42.02. They're Out, but We're Still In: Examining the Emotions and Group Dynamics Impacts of Athlete Injury on Teammates
Tyler Greene¹, Svenja Wolf¹, Ashis Mohanty¹, Taylor Wilhelmy¹
¹Florida State University, Tallahassee, United States
- 42.03. Tennis players' non-verbal behaviour: is there a negativity bias and is its decoding accuracy related to the response time?
Julian Fritsch¹, Milana D'Agostino¹, Philip Furley²
¹Karlsruhe Institute of Technology, Karlsruhe, Germany ²German Sport University
Cologne, Cologne, Germany
- 42.04. Nonverbal Affective Expressions and Their Relation to Performance in Sports
Philip Furley¹
¹German Sport University Cologne, Cologne, Germany

- 42.05. The effects of static/dynamic mindfulness-based strategies on perceived stress, emotional states and mindfulness levels in athletes and recreationally active people

Selenia di Fronso¹

¹Behavioral Imaging and Neural Dynamics (BIND) Center; Faculty of Psychology,
e-Campus University, Novedrate (CO), Italy

ORAL PRESENTATION 27: EXERCISE PSYCHOLOGY

Time 11.00am – 12.00pm
Location Hall Strassburg Süd
Chair Ian Taylor

Walk It Out: The Effects of Emotional and Cognitive Fatigue on a Self-Selected Intensity Physical Activity Task

Samira Sunderji¹, Catherine M. Sabiston¹

¹University Of Toronto, Toronto, Canada

Individualized Pleasure-Oriented Exercise Sessions on Exercise Frequency and Affective Outcomes: A Pragmatic Randomized Controlled Trial

Diogo Teixeira¹, Vasco Bastos¹, Ana Andrade¹, António Palmeira¹,
Panteleimon Ekkekakis

¹Lusófona University, Lisbon, Portugal ²Michigan State University, Michigan, United States

The Beneficial Effects and Neural Mechanisms of Acute High-Intensity Interval Exercise on Food-related Cognitive Control among Young Adults With Obesity

Kun Wang¹, Chun Xie¹, Huang Tao¹

¹Department of Physical Education, Shanghai Jiao Tong University, Shanghai, China

Feasibility and Effects of High-Intensity Interval Training in Older Adults with Mild to Moderate Depressive Symptoms: A Pilot Study

Yanping Wang¹, Yanping Duan¹, Wei Liang²

¹Hong Kong Baptist University, Hong Kong, China ²Shen Zhen University, Shen Zhen,
China

WORKSHOP (APPLIED) 38: MENTAL SKILLS TRAINING

Time 11.00am – 12.00pm

Location Hall Brüssel

Multi-Modal REBT and Self-Compassion Intervention for Performing Under Pressure

Katie Sparks¹, Dr Paul Mansell¹, Dr Andrew Wilkinson¹

¹Staffordshire University, Shrewsbury, United Kingdom

SYMPOSIUM 43: COACHING

Time 11.00am – 12.00pm

Location Hall Maximilian

Transitions in Coaching and Gaps in the Knowledge and Practice of Sport Psychology

Stiliani “Ani” Chroni¹, Kristen Dieffenbach, Aku Nikander, Richard Tahtinen, Stephen Mellalieu

¹Inland Norway University of Applied Sciences, Elverum, Norway ²West Virginia University, Morgantown, United States ³University of Jyväskylä, Jyväskylä, Finland ⁴University of Akureyri, Akureyri, Iceland ⁵Cardiff Metropolitan University, Cardiff, United Kingdom

PRESENTATIONS OF THE SYMPOSIUM

- 43.01. Exiting pro-soccer and entering women’s coaching: An uncharted multi-year journey
Stiliani “Ani” Chroni¹, Vaggelis Tzachristos², Kristen Dieffenbach³, Sigurd Pettersen¹
¹Inland Norway University of Applied Sciences, Norway ²University of Thessaly, Greece ³West Virginia University, United States

- 43.02. A transnational journey from playing to coaching and to developing coaches
Derek Read¹, Kristen Dieffenbach¹, Stiliani “Ani” Chroni²
¹West Virginia University, Morgantown, United States ²Inland Norway University of Applied Sciences, Rena, Norway

- 43.03. From a junior coach to the senior ranks: Relational transition from a collaborative autoethnographic perspective
Aku Nikander¹, Tatiana Ryba¹
¹University of Jyväskylä, Jyväskylä, Finland
- 43.04. When opportunities become obstacles: An autoethnographic exploration of high-performance coach career development
Richard Tahtinen¹
¹University of Akureyri, Akureyri, Iceland
- 43.05. A case study of the career termination of an elite female coach
Stephen Mellalieu¹
¹Cardiff Metropolitan University, Wales, United Kingdom

ORAL PRESENTATION 28: MOTIVATION

Time 11.00am – 12.00pm

Location Hall Igls

Chair Georg Hafner

The interaction between goal types and goal motives, and subsequent effects on performance related outcomes in a novel walking task
Katie Garstang¹, Daniele Magistro¹, Patricia Jackman², Simon Cooper¹, Laura Healy¹
¹Nottingham Trent University, Nottingham, United Kingdom ²University of Lincoln, Lincoln, United Kingdom

The mediating role of perceived stress and control in the relationship between athletes’ motivational climate and emotions: A multilevel study
Higinio González-García¹, Guillaume Martinent², Michel Nicolas³
¹Universidad Internacional De La Rioja (UNIR), Logroño, Spain ²Université Claude Bernard Lyon ¹, Lyon, France ³Université de Bourgogne-Franche Comté, Dijon, France

Effort revealed: A scoping review to define and operationalize effort

Hannah Pauly¹, Svenja Anna Wolf², Dennis Dreiskämper¹, Bernd Strauss¹

¹Department of Sport and Exercise Psychology, University of Muenster, Muenster, Germany ²Sport Psychology programme, Florida State University, Florida, United States

A Systematic Review about the Effects of Self-Determination Theory (SDT)-Interventions on Motivational Variables in Physical Education Teachers

Juan José Pulido González¹, José A. Sayavera-Cidoncha, Luis García-González, Ángel Abós, Miguel Á. Tapia-Serrano, Javier Sevil-Serrano

¹University of Extremadura, Faculty of Education And Psychology, Badajoz, Spain

WORKSHOP (APPLIED) 39: SOCIAL AND CULTURAL DIVERSITY (E.G. MIGRATION: ETHNICITY)

Time 11.00am – 12.00pm

Location Hall New Orleans

Psychological Effects of LGBTI Discrimination in Sport

David Smith¹

¹German Sports University Cologne, Cologne, Germany

WORKSHOP (APPLIED) 40: MILITARY, POLICE AND TACTICAL POPULATIONS

Time 11.00am – 12.00pm

Location Hall Innsbruck

Accelerated learning strategies for optimizing performance under pressure: An evidence-based applied workshop on police training

Judith P. Andersen^{1,2}, Prof Vana Hutter^{3,4,5}

¹University of Toronto, Department of Psychology, Mississauga, Canada ²Temerty Faculty of Medicine, University of Toronto, Canada ³Department of Human Movement Sciences, Faculty of Behavioural and Movement Sciences, Vrije Universiteit Amsterdam, Netherlands ⁴Institute of Brain and Behaviour Amsterdam, Amsterdam, Netherlands ⁵Netherlands Institute for the Study of Crime and Law Enforcement (Nederlands Studiecentrum Criminaliteit en Rechtshandhaving; NSCR), Amsterdam, Netherlands

40.01. Using theories on motor learning and performing under pressure to design learning activities for police training

R.I. (Vana) Hutter^{1,2,3}

¹Department of Human Movement Sciences, Faculty of Behavioural and Movement Sciences, Vrije Universiteit Amsterdam, Netherlands ²Institute of Brain and Behaviour Amsterdam, Amsterdam, Netherlands ³Netherlands Institute for the Study of Crime and Law Enforcement (Nederlands Studiecentrum Criminaliteit en Rechtshandhaving; NSCR), Amsterdam, Netherlands

40.02. The International Performance, Resilience and Efficiency Programme (iPREP) for the Application of HRV Biofeedback in Applied Law Enforcement Settings

Judith P. Andersen^{1,2}

¹University of Toronto, Department of Psychology, Mississauga, Canada ²Temerty Faculty of Medicine, University of Toronto, Canada

SYMPOSIUM 44: CLINICAL SPORT PSYCHOLOGY, CLINICAL ISSUES IN SPORT AND PHYSICAL ACTIVITY

Time 11.00am – 12.00pm

Location Hall Aalborg

Qualitative Insights into Mental Illness in Sport

Anthony Papathomas¹, Erin Prior¹, Dr Cecilia Åkesdotter², Ross Wadey³, Katherine Tamminen⁴

¹Loughborough University, Loughborough, United Kingdom ²The Swedish School of Sport and Health Sciences, Stockholm, Sweden ³St Mary's University, Twickenham, United Kingdom ⁴University of Toronto, Toronto, Canada

PRESENTATIONS OF THE SYMPOSIUM

- 44.01. 'I'm Manic and it's Class': An Olympic Athlete's Experience of Bipolar Disorder
Erin Prior¹, Anthony Papathomas¹, Daniel Rhind¹
¹ Loughborough University, Loughborough, United Kingdom
- 44.02. Poetic representations and clinical experiences of eating disorders in elite athletes
Cecilia Åkesdotter¹, Göran Kenttä¹, Emma Forsén Mantilla¹
¹ The Swedish School of Sport and Health Sciences, Stockholm, Sweden
- 44.03. A Media Analysis of Kelly Smith's Career: Sporting Injury, Mental Illness, and Professional Women's Football
Ross Wadey¹, Isabel Woods¹, Kerry McGannon², Melissa Day³
¹St Mary's University, United Kingdom ²Laurentian University, Canada ³University of Chichester, United Kingdom
- 44.04. Using Athlete Mental Illness Stories for Coach Education: Perils and Opportunities
Anthony Papathomas¹, Maria Luisa Fernanda Periera Vargas¹, Florence Kinnafick¹, Paul Rhodes²
¹Loughborough University, Loughborough, United Kingdom ²University of Sydney, Sydney, Australia

WORKSHOP (APPLIED) 41: SPORTS INJURY, PREVENTION AND REHABILITATION

Time 11.00am – 12.00pm
Location Hall Freiburg

The best ability is availability – An interdisciplinary approach to injury prevention and rehabilitation in elite sport
York-Peter Klöppel¹, Irene Oyang², Paul Miller¹
¹Red Bull Athlete Performance Center, Salzburg, Austria ²Red Bull Athlete Performance Center, Santa Monica, LA, United States

LUNCH BREAK

Time 12.00 – 01.30pm
Location Kristall and Tirol Foyer

SPORT PSYCHOLOGY COUNCIL MEETING

Time 12.15 – 01.15pm
Location New Orleans
Chair Judy van Raalte

GIMME FIVE PRESENTATION 03: E-SPORTS & EXERCISE PSYCHOLOGY & GROUP DYNAMICS AND TEAM SPORTS & RESEARCH METHODS (INCL. QUALITATIVE & QUANTITATIVE)

Time 01.30 – 02.30pm
Location Hall Tirol
Chair Fabio Richlan

Supporting a National Team during the Overwatch World Cup: Three Confessional Tales
Jon Brain^{1,2,3}, Oliver Wright³, Alessandro Quartiroli^{1,4}, Christopher Wagstaff¹
¹University of Portsmouth, Portsmouth, United Kingdom ²Thomas More University, Antwerp, Belgium ³Mastering the Mind, Leicester, United Kingdom ⁴University of Wisconsin - La Crosse, Wisconsin, United States

Understanding the Prevalence and Burden of Harassment Faced by Female Esports Players
Jessica Hayburn¹, Gareth Jowett¹, Adam Gledhill¹
¹Leeds Beckett University, Leeds, United Kingdom

Understanding Clutch Moments in Sport: How do Athletes Perform Well Under Pressure?

Jacob Hufton¹, Stewart Vella¹, Matthew Schweickle¹

¹Global Alliance Of Mental Health And Sport, University of Wollongong, Australia

Reflections on working with a sporting organisation in a participatory research approach to co-creating an organisational mental health intervention

Daniel Ogden¹, Jamie Barker¹, Carolyn Plateau¹

¹Loughborough University, Loughborough, United Kingdom

An Examination of the Inter-relationships Amongst Shared Athlete Leadership, Teamwork, and Thriving

Eesha Shah¹, Rachel Arnold¹, Lee Moore¹, Shohei Takamatsu², Yujiro Kawata³, Nicholas de Cruz⁴, Monique Adedeji⁴, Patricia Jackman⁵, Desmond McEwan⁶

¹University of Bath, Bath, United Kingdom ²Kobe Shinwa University, Kobe, Japan

³Juntendo University, Chiba, Japan ⁴University of Surrey, Guildford, United Kingdom

⁵University of Lincoln, Lincoln, United Kingdom ⁶University of British Columbia, Vancouver, Canada

SYMPOSIUM 45: EMOTION

Time 01.30 – 02.30pm
Location Hall Strassburg Nord

Stress, Emotions, and emotion regulation implications for performance and wellbeing

V. Vanessa Wergin¹, Faye F. Didymus², Svenja A. Wolf³, Katherine Tamminen⁴

¹The University of Queensland, Brisbane, Australia ²Leeds Beckett University, Leeds, United Kingdom ³Florida State University, Tallahassee, United States ⁴University of Toronto, Toronto, Canada

PRESENTATIONS OF THE SYMPOSIUM

45.01. Lifetime stressor exposure, health, and well-being in sport performers: Exploring the underlying properties of stressors
Ella McLoughlin¹, Rachel Arnold², Faye F. Didymus³, and Lee J. Moore²

¹ School of Science and Technology, Nottingham Trent University, Nottingham, United Kingdom ² Department for Health, University of Bath, Bath, United Kingdom ³ Carnegie School of Sport, Leeds Beckett University, Leeds, United Kingdom

45.02. The influences of athletes' stress appraisals on health, well-being, and performance: A systematic review

Zachary MacDonald¹, Faye F. Didymus¹, and Lee J. Moore²

¹ Carnegie School of Sport, Leeds Beckett University, Leeds, United Kingdom ² Department for Health, University of Bath, Bath, United Kingdom

45.03. Passing the emotional baton: The roles emotions play amongst gymnasts

Ashlyn Fesperman¹, Svenja A. Wolf¹

¹Florida State University, Tallahassee, United States

45.04. "It's all about me!": Understanding the experience of providing interpersonal emotion regulation in competitive sport dyads

Rebecca R. Foti¹, Svenja A. Wolf¹, Katherine A. Tamminen², Alyah Garcia¹, Alyssa Farley¹

¹Florida State University, Tallahassee, United States ²University of Toronto, Toronto, Canada

45.05. Hyping your team up or pulling it down? Impact of interpersonal emotion regulation on team performance in collective collapse situations

V. Vanessa Wergin¹, Svenja A. Wolf², Gabrielle Shore¹, Clifford J. Mallett¹

¹The University of Queensland, Saint Lucia, Australia ²Florida State University, Tallahassee, United States

ORAL PRESENTATION 29: EXERCISE PSYCHOLOGY

Time 01.30 – 02.30pm
Location Hall Strassburg Süd
Chair Erwin Apitzsch

Resistance training and body image: A mixed-methods study of young adult women's experiences

Maryam Marashi¹, Erin K. O'Loughlin¹, Sarah E. Ryan¹, Catherine M. Sabiston¹

¹University of Toronto, Toronto, Canada

Weight commentary and sport dropout: An exploration of the interpersonal dynamics in adolescent girls' sports

Sarah Ryan¹, Kristen M. Lucibello², Catherine M. Sabiston¹

¹University of Toronto, Toronto, Canada ²Brock University, St. Catharines, Canada

Connecting Breast Cancer Survivors for Exercise: A Virtual Partner-based RCT with Qualified Exercise Professionals

Catherine Sabiston¹, Ross Murray¹, Erin O'Loughlin¹, Jenna Smith-Turchyn²

¹University Of Toronto, Toronto, Canada ²McMaster University, Hamilton, Canada

WORKSHOP (APPLIED) 42: PSYCHODYNAMIC, SYSTEMIC AND HYPNOTHERAPEUTIC ISSUES

Time 01.30 – 02.30pm
Location Hall Brüssel

Three Psychodynamic Concepts: Applicability for the Sport Psychologist

Ohad Nahum¹

¹The Academic College of Tel Aviv-Yaffo, Tel-aviv, Israel

WORKSHOP (APPLIED) 43: PERSONALITY

Time 01.30 – 02.30pm
Location Hall Maximilian

Good is Good Enough: A Peer Led Cognitive Dissonance Intervention for Athletes (The PLIP Project).

Tracy Donachie¹

¹Newcastle University, Newcastle, United Kingdom

ORAL PRESENTATION 30: MOTIVATION

Time 01.30 – 02.30pm
Location Hall Igls
Chair Katie Garstang

The importance of a self-support approach to satisfy basic psychological needs in relation to performance in athletes

Behzad Behzadnia¹

¹Department of Motor Behavior and Sport Psychology, University of Tabriz, Tabriz, Iran

The impact of self-compassion training on the motivation to practice sports by young athletes

Marta de Białynia Woycikiewicz¹

¹The Jozef Pilsudski University of Physical Education in Warsaw, Warszawa, Poland

You Wouldn't Catch Me doing that: A qualitative exploration of motivations in extreme sport participants

Odette Hornby¹, David Shearer¹, Gareth Roderique-Davies¹, Robert Heirene²

¹University Of South Wales, Cardiff, United Kingdom ²University of Sydney, Sydney, Australia

ORAL PRESENTATION 31: SPORTS PSYCHOLOGY AND WORLD EVENTS
(E.G. ZIKA: COVID-19)

Time 01.30 – 02.30pm
Location Hall Grenoble
Chair Réka Zsanett Bondár

The double lockdown: School closure and limited opportunities to practice sport among Swedish student-athletes during the COVID-19 pandemic

Urban Johnson¹, Linus Jonsson¹, Eva-Carin Lindgren¹, Andreas Ivarsson¹, Krister Hertting¹

¹Halmstad University, School of Health and Welfare, Movement for Health and Performance, Halmstad, Sweden

Dealing with uncertainty: Student-athletes and teachers in Swedish certified sport-oriented upper secondary schools experiences of the COVID-19 pandemic

Linus Jonsson¹, Krister Hertting¹, Eva-Carin Lindgren¹, Andreas Ivarsson¹, Urban Johnson¹

¹Halmstad University, Halmstad, Sweden

Basketball referee burnout. A scoping review

Theodoros Rachiotis¹, Manolis Adamakis¹, Nektarios Stavrou¹, Kostas Karteroliotis¹

¹National and Kapodistrian University, School of Physical Education and Sport Science, Athens, Greece

Examining the roles of stigma on the effects from mental health literacy to athlete help-seeking attitude: A longitudinal study

Xiang Wang¹, Wei Liang², Yanping Duan¹, Gangyan Si³

¹Hong Kong Baptist University, Hong Kong, China ²ShenZhen University, Shen Zhen, China ³Hong Kong Sports Institute, Hong Kong, China

ORAL PRESENTATION 32: SOCIAL PSYCHOLOGY

Time 01.30 – 02.30pm
Location Hall New Orleans
Chair David Smith

Sport-related stressors and athletes' emotional states in intensive rugby training centres: The buffering effect of coach's need-supportive style

Valentin Duvert-Chenebert^{1,2}, Aurélie Campagne², David Trouilloud¹

¹Laboratoire Sport et ENvironnement Social, Saint-Martin-d'Hères, France

²Laboratoire de Psychologie et NeuroCognition, Saint-Martin-d'Hères, France

The relationships among group cohesion profiles, coping and affects during competition

Higinio González-García¹, Guillaume Martinent², Michel Nicolas³

¹Universidad Internacional De La Rioja (UNIR), Logroño, Spain ²Université Claude Bernard Lyon, Lyon, France ³Université de Bourgogne-Franche Comté, Dijon, France

Loneliness in sport: a systematic review

Patricia C. Jackman¹, Rebecca Hawkins¹, Matthew D. Bird¹, Oliver Williamson^{1,2}, Lambros Lazuras¹

¹University Of Lincoln, Lincoln, United Kingdom ²Southern Cross University, Coffs Harbour, Australia

Social Media Propagation: Exploring the Spread of Fitspiration in China and Feminism's Shield Against Body Dissatisfaction

Bo Peng¹, Amy Ha¹

¹The Chinese University Of Hong Kong, Hong Kong, Hong Kong

WORKSHOP (APPLIED) 44: MILITARY, POLICE AND TACTICAL POPULATIONS

Time 01.30 – 02.30pm
Location Hall Innsbruck

Developing and delivering evidence-based, context specific,
performance psychology programmes for military populations

Stewart Cotterill¹

¹Aecc University College, Bournemouth, United Kingdom

WORKSHOP (RESEARCH) 45: CLINICAL SPORT PSYCHOLOGY, CLINICAL
ISSUES IN SPORT AND PHYSICAL ACTIVITY

Time 01.30 – 02.30pm

Location Hall Aalborg

Sport injury and psychological traumata in winter sports

Li Jing Zhu¹

¹Sigmund Freud University Vienna, Vienna, Austria

WORKSHOP (APPLIED) 46: SPORTS INJURY, PREVENTION AND
REHABILITATION

Time 01.30 – 02.30pm

Location Hall Freiburg

“Critical life event - sports injury” - How sportpsychologists can
influence, rehabilitation and recovery programmes of athletes in
high elite sports

Andrea Keplinger¹

¹Praxis Für Sport- und Gesundheitspsychologie bzw. Berufsverband Österr.
PsychologInnen (BÖP), Mils Bei Imst, Austria

BREAK (WITHOUT DRINKS)

Time 02.30 – 02.40pm

ORAL PRESENTATION 33: COACHING & SEXUAL VIOLENCE, SEXUAL
HARASSMENT AND SEXUAL ABUSE

Time 02.40 – 03.40pm

Location Hall Tirol

Chair Jeannine Ohlert

Teaching styles and motivation to participate in PE: A multigroup
analysis of the mediating role of basic psychological needs

Luis Calmeiro¹, Tiago Vieira², Jamie McCabe³, Pedro Teques²

¹Nanyang Technological University, National Institute of Education, Singapore,
Singapore ²Polytechnic Institute of Maia, Maia, Portugal ³Leisure & Culture Dundee,
Dundee City Council, Dundee, United Kingdom

An Ecological Analysis of Sexual Violence in Hockey Canada

Thomas Leaf¹

¹University of Toronto, Toronto, Canada

Breaking the Silence: Harassment, Abuse, and Mental Health
Challenges within Swedish Cheerleading

Carolina Lundqvist^{1,2}

¹Department of Behavioural Sciences and Learning, Linköping University, Linköping,
Sweden ²Athletics Research Center, Department of Health, Medicine and Caring
Sciences, Linköping University, Linköping, Linköping University

Safeguarding and protecting children and professionals in sport:
an abuse survivor’s typical journey

Kaya Ariel Woytynowska¹, Ágota Lénart², Andrea Gál², Diána
Szekeres², Ilona Bodnár², Judit Farkas², Szilvia Perényi², István
Soós²

¹High School of Business - National Louis University, Nowy Sacz, Poland ²Hungarian
University of Sports Science, Budapest, Hungary

SYMPOSIUM 46: EMOTION

Time 02.40 – 03.40pm
Location Hall Strassburg Nord

Focus on the positive: Associations of positive emotions and performance in different sport settings

Pia Zajonz¹, Sascha Leisterer¹
¹Humboldt-Universität zu Berlin, Berlin, Germany

PRESENTATIONS OF THE SYMPOSIUM

- 46.01. Longitudinal relationships between mental toughness, resilience, cognitive appraisals and perceived performance in competitive soccer goalkeepers
Mathéo Maurin^{1,2} and Guillaume Martinent¹
¹ Claude Bernard Lyon ¹, Lyon, France ²French Football Federation Research Centre, Clairefontaine, France
- 46.02. The impact of positive emotions on executive functions in a soccer-specific setting
Franziska Lautenbach¹, Marie-Luise Herrmann³, Christoph Jahn⁴, Simon Knöbel^{1,2}
¹Humboldt-Universität zu Berlin, Berlin, Germany ²Leipzig University, Leipzig, Germany ³Umbrella Software GmbH, Leipzig, Germany ⁴RB Leipzig, Leipzig, Germany
- 46.03. How the undoing effect of positive emotions improve motor performance in youth elite athletes
Pia Zajonz¹, Theodor Bens¹, Helena Opitz¹, Laura Schlesinger¹, Franziska Lautenbach¹
Humboldt-Universität zu Berlin, Berlin, Germany
- 46.04. Positive Emotions and Sport Activity Behaviour: The Example of Authentic and Hubristic Pride
Sascha Leisterer¹
Humboldt-Universität zu Berlin, Germany and Leipzig University, Berlin, Germany

- 46.05. Rival or role model? Perceived pride displays predict emotional responses and behavioral consequences in athletic performance
Jordan C. Smith¹, Svenja A. Wolf¹, Jens Lange², Jon Maner¹, Robert Eklund¹, Jeannine Turner¹
¹Florida State University, Tallahassee, United States ²Universität Hamburg, Hamburg, Germany

ORAL PRESENTATION 34: EXERCISE PSYCHOLOGY

Time 02.40 – 03.40pm
Location Hall Strassburg Süd
Chair Catherine Sabiston

Exergames, the future in sport and exercise? Opportunities for health psychology and sport psychology
Georg Hafner¹
¹Praxis Althietzing, Vienna, Austria

A decennial update on the exercise intensity–music-tempo preference relationship
Leighton Jones¹, Costas Karageorghis², Tony Ker¹
¹Sheffield Hallam University, Sheffield, United Kingdom ²Brunel University London, London, United Kingdom

What does it mean to be Trauma-Informed in Physical Activity? A Qualitative Exploration
Akusile Makawa¹, Florence Kinnaick¹, Gemma Witcomb¹, Hayley Jarvis²
¹Loughborough University, Loughborough, United Kingdom ²MIND, London, United Kingdom

ORAL PRESENTATION 35: MENTAL SKILLS TRAINING

Time 02.40 – 03.40pm
Location Hall Brüssel
Chair Babett Lobinger

The Effects of Rational Emotive Behavior Therapy (REBT) on Irrational Beliefs, Negative Thinking Control, and Anxiety in Baseball Players

Hsiang Yu Su¹, Han Ni Peng¹

¹National Taiwan Sport University, Taoyuan City, Taiwan

BPS DSEP Position Statement: Psychological Skill Training for Performance Enhancement, Long-Term Development, and Wellbeing in Youth Sport

Sam Thrower¹, Jamie Barker², Adam Bruton³, Pete Coffee⁴, Jennifer Cumming⁵, Chris Harwood⁶, Karen Howells⁷, Camilla Knight⁸, Paul McCarthy⁹, Stephen Mellalieu⁷

¹Oxford Brookes University, Oxford, United Kingdom ²Loughborough University, Loughborough, England ³Brunel University, London, England ⁴Heriot-Watt University, Edinburgh, Scotland ⁵University of Birmingham, Birmingham, England ⁶Nottingham Trent University, Nottingham, England ⁷Cardiff Metropolitan University, Cardiff, Wales ⁸Swansea University, Swansea, Wales ⁹Glasgow Caledonian University, Glasgow, Scotland

The Impact of MSPE Training on Enhancing Attention Regulation in Judo Athletes

Zuzanna Wałach-Biśta¹, Kajetan Słomka¹

¹Academy of Physical Education in Katowice, Katowice, Poland

SYMPOSIUM 47: SOCIAL PSYCHOLOGY

Time 02.40 – 03.40pm

Location Hall Maximilian

Social influence in sports - insights from observational and archival analyses

Edda van Meurs¹, Bernd Strauss¹

¹University Of Münster, Münster, Deutschland

PRESENTATIONS OF THE SYMPOSIUM

47.01. Home advantage and referee bias – what about national teams matches? Insights from UEFA Nations League

Fabrizio Sors¹, Michele Grassi¹, Tiziano Agostini¹, Mauro Murgia¹

¹Department of Life Sciences, University of Trieste, Italy

47.02. Social Facilitation in Biathlon: Contrasting the Impact of Audience and Co-Acting Competitors on Performance

Amelie Heinrich¹, Florian Müller², Oliver Stoll³, Rouwen Cañal-Bruland²

¹Department of Social and Health Sciences in Sport, University of Konstanz, Konstanz, Germany ²Department for the Psychology of Human Movement and Sport, Institute of Sport Science, Friedrich Schiller University Jena, Jena Germany ³Department of Sport Psychology, Sport Pedagogy and Sport Sociology, Institute of Sport Science, Martin Luther University Halle-Wittenberg, Germany

47.03. Spectators lead to performance reductions and to male over-estimation in a fine-motor coordination task

Sabine Schaefer¹, Christian Kaczmarek¹, Fabian Pelzer¹

¹Bewegungswissenschaft, Motorik und Kognition, Sportwissenschaftliches Institut, Universität des Saarlandes, Germany

47.04. Performance Under Pressure – The Psychological Impact of Ghost Games in Football during the COVID-19 Pandemic

Michael Leitner¹, Fabio Richlan²

¹Fachhochschule Salzburg GmbH, Salzburg University of Applied Sciences, Salzburg, Austria ²Centre for Cognitive Neuroscience, Institute of Psychology, Paris Lodron University Salzburg, Salzburg, Austria

47.05. Players or referees: Who is affected most by the home crowd?

Edda van Meurs¹, Mara Kofoth¹, Bernd Strauss¹

¹Department of Sport & Exercise Psychology, Institute of Sport and Exercise Sciences, University of Münster, Münster, Germany

SYMPOSIUM 48: MOTIVATION

Time 02.40 – 03.40pm

Location Hall Igls

Novel insights on the determinants of athletic persistence

Ian Taylor¹, Chris Englert², Nathalie Andre³, Izzy Wellings¹, Miss Johanna Staeler⁴

¹Loughborough University, Loughborough, United Kingdom ²University of Frankfurt, Frankfurt-am-Main, Germany ³Universite de Poitiers, Poitiers, France ⁴University of Konstanz, Konstanz, Germany

PRESENTATIONS OF THE SYMPOSIUM

- 48.01. Novel insights into self-control in sport and exercise psychology
Chris Englert¹
¹Department of Sport Psychology, University of Frankfurt, Frankfurt, Germany
- 48.02. Endurance athletes show a higher resistance to mental fatigue in a subsequent physical task
Nathalie André¹, Sarvenaz Daneshgar-Pironneau¹, Abdelrhani Benraïss¹, Alison Lorcery¹, Francesco Mirabelli¹, Davide Gargiolo², Michel Audiffren¹
¹Research Centre on Cognition and Learning, University of Poitiers, France. ²Health and Physical Activity Faculty, Università degli Studi di Roma "Foro Italico", Rome, Italy
- 48.03. Affect mediates the relationship between physiological and motivational responses to exercise
Izzy Wellings¹, Richard Ferguson¹, Ian M. Taylor¹
¹School of Sport, Exercise, & Health Sciences, Loughborough University, Loughborough, United Kingdom
- 48.04. Autonomous motivation and athletic identity as predictors of desire-goal conflict and endurance performance
Ian M. Taylor¹, Lara Drewes¹, Dani Fort¹, George Horne¹, Steven Quercia-Smale¹, Izzy Wellings¹
¹School of Sport, Exercise, & Health Sciences, Loughborough University, Loughborough, United Kingdom
- 48.05. How to learn to like physical effort? Regular physical training does neither increase the value of physical effort nor the willingness to exert effort
Johanna Stähler¹, Maik Bieleke¹, Julia Schüler¹
¹Department of Sport Science, University of Konstanz, Konstanz, Germany

PODIUM DISCUSSION (OPEN) 08: SPORTS PSYCHOLOGY AND WORLD EVENTS (E.G. ZIKA, COVID-19)

Time 02.40 – 03.40pm
Location Hall Grenoble

The Intersection of Mass Casualty and Critical Incidents with Sport and Performance Psychology

John Heil¹, Grainne Scott²
¹Psychological Health Roanoke, Roanoke, United States ²New Zealand Police, Wellington, New Zealand

SYMPOSIUM 49: LEADERSHIP

Time 02.40 – 03.40pm
Location Hall New Orleans

Coaches as Leaders: International Perspectives on the „How?“, „What?“, and „Why?“ Across Diverse Contexts

Sebastian Brueckner¹, Louise Kamuk Storm², Radhika Butalia³, Chen Zhao⁴, Kristen, Dieffenbach⁵, Maike Tietjens⁷
¹Private Practice, Muenster, Germany ²University of Southern Denmark, Odense, Denmark ³KU Leuven, Leuven, Belgium ⁴Bath Spa University, Bath, United Kingdom ⁵Loughborough University, Loughborough, United Kingdom ⁶West Virginia University, Morgantown, WV, United States ⁷University of Muenster, Muenster, Germany

PRESENTATIONS OF THE SYMPOSIUM

- 49.01. The youth sport coach as a cultural leader
Louise Kamuk Storm¹, Sofie Dideriksen¹, Natalia Stambulova², Kristoffer Henriksen¹
¹University of Southern Denmark, Odense, Denmark ²Halmstad University, Halmstad, Sweden

49.02. Coach Leadership in a Crisis Context: Investigating Effective Coach Behaviours During the COVID-19 Pandemic with a Process View

Chen Zhao^{1,2}, Sophia Jowett²

¹Bath Spa University, Bath, United Kingdom ²Loughborough University, Loughborough, United Kingdom

49.03. Measuring Leadership in Sport: Development and Validation of the Identity Leadership Inventory – Youth (ILI-Y)

Radhika Butalia¹, Anthony Miller², Niklas K. Steffens³, S. Alexander Haslam³, Mark W. Bruner⁴, Colin D. McLaren⁵, Filip Boen¹, Matthew J. Slater⁶, Kyle Dunn⁶, Katrien Fransen¹

¹KU Leuven, Leuven, Belgium ²Manchester Metropolitan University, Manchester, United Kingdom ³University of Queensland, Saint Lucia, Australia ⁴Nipissing University, North Bay, Canada ⁵Cape Breton University, Sydney, Canada ⁶Staffordshire University, Stoke-on-Trent, United Kingdom

49.04. Turning Involvement into Investment: Organizational System Design to Support Youth Sport Coach Leadership

Kristen Dieffenbach¹, Hannah Swartz¹, Derek Read¹, Jordan Rademacher¹

¹West Virginia University, Morgantown, United States

49.05. CULTurn: A Leadership Intervention based on 360-Degree Competing Values Framework and Charismatic Leadership Feedback with National Team Coaches

Sebastian Brueckner¹, Maike Tietjens², Ralf Lanwehr³, Jasper Guzmán²

¹Private Practice, Germany ²University of Muenster, Muenster, Germany ³South Westphalia University of Applied Sciences, Germany

ORAL PRESENTATION 36: LEADERSHIP & MORAL ACTION & MUSIC, DANCE AND PERFORMING ARTS & PHYSICAL ACTIVITY

Time 02.40 – 03.40pm
Location Hall Innsbruck
Chair Li Jing Zhu

Moral Atmosphere, Motivational Climate, and Moral Behavior in Team Sport: The Moderating Role of Contesting Orientations and Moral Disengagement

Aydan Gozmen Elmas¹, Hülya Aşçı²

¹Marmara University-Faculty of Sport Sciences, Istanbul, Turkey ²Fenerbahçe University-Faculty of Sport Sciences, Istanbul, Turkey

Review of Sport Leadership Power

Erkut Konter¹, Harvey Anderson²

¹Istanbul Gelişim University, Istanbul, Turkey ²Sheffield Hallam University, Sheffield, United Kingdom

Translating Sport and exercise psychology to the domain of Music: Reflections on an ACT intervention with a Professional Musician

Dan Martin^{1,3}, Ale Quartiroli^{2,3}, Chris Wagstaff³, Richard Thelwell³

¹Newcastle University, Newcastle, United Kingdom ²University Wisconsin La Crosse, Wisconsin, United States of America ³University of Portsmouth, Portsmouth, United Kingdom

Co-Produced Research to Bridge the “Knowledge Gap” to Support Physical Activity Participation in Children and Young People with Limb Difference

Ross Wade¹, Keira Roche², Carly Stewart², Melissa Day³, Cindy Okonkwo¹, Starworks Starworks Starworks⁴

¹St Mary's University, London, United Kingdom ²LimbPower, England, England ³University of Chichester, Chichester, England ⁴Starworks, England, England

SYMPOSIUM 50: SOCIAL PSYCHOLOGY

Time 02.40 – 03.40pm
Location Hall Freiburg

Moving Beyond the Social Vacuum in Research on Stress, Emotion, and Thriving: Individual, Interpersonal, and Collective Perspectives

Faye Didymus¹

¹Leeds Beckett University, Leeds, United Kingdom

PRESENTATIONS OF THE SYMPOSIUM

- 50.01.

Do more skilled athletes appraise high-pressure situations as a challenge? A multi-study investigation

Lee J. Moore¹, Rachel Arnold¹, Emma Solomon-Moore¹, Paul Freeman²

¹University of Bath, Bath, United Kingdom ²University of Essex, Colchester, United Kingdom
- 50.02.

Interpersonal Coping in Sport: A Systematic Review

Chloe J. Woodhead¹, Faye F. Didymus¹, Alexandra J. Potts¹

¹Leeds Beckett University, Leeds, United Kingdom
- 50.03.

Who engages in positive and negative interpersonal emotion regulation within teams? A social network analysis study

Katherine A. Tamminen¹, Jeemin Kim²

¹University of Toronto, Toronto, Canada ²Michigan State University, East Lansing, United States
- 50.04.

Investigating the links between collective emotions and team integration

Svenja A. Wolf¹, David W. Eccles¹, Vanessa Wergin²

¹Florida State University, Tallahassee, United States ²University of Queensland, Saint Lucia, Australia
- 50.05.

A mixed-methods audit of human thriving at Mercedes AMG High-Performance Powertrains (HPP)

Tommy Hughes¹, Rachel Arnold¹, Desmond McEwan², Lee Moore¹

¹University of Bath, Bath, United Kingdom ²The University of British Columbia, Canada

BREAK (WITHOUT DRINKS)

Time03.40 – 04.00pm

SOCIAL ACTIVITIES: SPORTS AND SIGHTSEEING

Time04.00 – 08.00pm

FRIDAY, JULY 19TH 2024

MORNING RUN AND YOGA

Time06.00 – 07.00am

CHILDCARE PROGRAMME

Time07.50am – 05.20pm

KEYNOTE LECTURE V

Time08.30 – 09.30am

LocationHall Tirol

ChairAndrea Keplinger

Sport psychology in Esports

Mia Stellberg¹
¹University of Helsinki, Helsinki, Finland

POSTER SESSION IV

Time09.30 – 10.30am

LocationKristall Foyer

- P297

Psychological predictors of mental well-being in Judo: Exploring the impacts of the coach-athlete relationship, perceived support, and psychological safety

İlhan Adiloğulları¹, Andreas Küttel², Ender Şenel³, Sophia Jowett⁴

¹Çanakkale Onsekiz Mart University, Çanakkale, Turkey ²University of Southern Denmark, Odense, Denmark ³Muğla Sıtkı Koçman University, Muğla, Turkey ⁴Loughborough University, Leicestershire, United Kingdom

- P298 Do patterns of physical activity and sedentary behavior differ by personality profiles?**
Johanna Ahola¹, Tiia Kekäläinen¹, Sebastien Chastin², Timo Rantalainen¹, Marja-Liisa Kinnunen³, Lea Pulkkinen⁴, Katja Kokko¹
¹Gerontology Research Center and Faculty of Sport and Health Sciences, University of Jyväskylä, Jyväskylä, Finland ²School of Health and Life Sciences, Glasgow Caledonian University, Glasgow, Scotland; Department of Movement and Sports Sciences, Ghent University, Ghent, Belgium, ³The Wellbeing Services County of Central Finland, Jyväskylä, Finland; School of Medicine, University of Eastern Finland, Finland, ⁴Department of Psychology, Faculty of Education and Psychology, University of Jyväskylä, Jyväskylä, Finland
- P299 Teachers' perceptions about the role of intercultural competence in multicultural classrooms**
Vassilis Barkoukis¹, Virginia Politi¹, Anastasiia Zumbareva², Anca Minescu², Antonella Brighi³
¹Aristotle University of Thessaloniki, Thessaloniki, Greece ²University of Limerick, Limerick, Ireland ³Free University of Bolzano, Bolzano, Italy
- P300 Evaluation of a training course for teachers about school dropout**
Vassilis Barkoukis¹, Despoina Ourda¹, Dora Timar², Adrian Calugaru²
¹Aristotle University of Thessaloniki, Thessaloniki, Greece ²Romanian Humanistic Association, Bucharest, Romania
- P301 Exploring the relation between self-compassion and personality traits in adolescent elite athletes**
Johanna Belz¹, Jana Beckmann¹, Wiebke Dierkes¹, Jens Kleinert¹
¹German Sport University Cologne, Cologne, Germany
- P302 Is the ball still in the men's court? Examining gender perception of sports in Italy by comparing genders and cohorts**
Francesca Vitali¹, Alice Lucarini², Alessia Pecchini¹, Alessia Cadamuro², Elisa Bisagno²
¹University of Verona, Verona, Italy ²University of Modena and Reggio Emilia, Reggio Emilia, Italy

- P303 Sport Psychology Practitioners' Contributions to the Drafting Process of a Professional Esports Team: A Case Study**
Jon Brain^{1,2,3}, Oliver Wright³, Alessandro Quartirolì^{1,4}, Christopher Wagstaff¹
¹University Of Portsmouth, Portsmouth, United Kingdom ²Thomas More University of Applied Sciences, Antwerp, Belgium ³Mastering the Mind, Leicester, United Kingdom ⁴University of Wisconsin - La Crosse, Wisconsin, United States
- P304 A citation network analysis of talent selection in sports and business**
Birte Brinkmöller¹, Dennis Dreiskämper¹, Oliver Höner², Bernd Strauss¹
¹University of Muenster, Münster, Germany ²Eberhard Karls University Tübingen, Tübingen, Germany
- P305 The Associations among Sedentary Behavior, BMI, and Mental Health in Jamaican Adults: The Jamaica Physical Activity Study**
André Bateman¹, Lucas Capalbo², Nikisha Harris¹, Akosua Gyimah¹, Robyn Brown¹, Nasima Reyes¹, Chelsi Ricketts³
¹The University of the West Indies at Mona, Kingston, Jamaica ²London Metropolitan University, London, United Kingdom ³Michigan State University, East Lansing, MI, United States
- P306 Fear of heights: a progressive desensitisation method for climbers, hikers and runners**
Aude Charles¹
¹Ancoris - Aude Charles, Martigny, Switzerland
- P307 Relationship between Ruminative Dispositions and Sports Performance: Mediating Role of Problem-Oriented Coping Strategies**
Dong-Tai Chen¹, Jui-Ti Nien¹, Jeffrey Yu¹, Yu-Kai Chang¹
¹Department of Physical Education and Sport Sciences, National Taiwan Normal University, Taipei, Taiwan

P309 Coach-Athlete Relationships, Self-Confidence and Psychological Wellbeing: The role of Perceived and Received Coach Support

Adam Coussens¹, Max Stone¹, Tracy Donachie¹

¹Newcastle University, Newcastle, United Kingdom

P310 “What the hell is happening to me”: A longitudinal exploration of diet, exercise, and self-compassion in retiring Canadian student-athletes

Marina Cummiskey¹, Lindsay R. Duncan¹

¹McGill University, Montreal, Canada

P311 Optimizing the Performance of Soccer Assistant Referees through Stroboscopic Training

Pierluigi Diotaiuti¹, Beatrice Tosti¹, Stefano Corrado¹, Giuseppe Spica¹, Stefania Mancone¹

¹University of Cassino and Southern Lazio, Cassino, Italy

P312 Enhancing Fencing Performance with Stroboscopic Training: A Cognitive and Visual Improvement Study

Pierluigi Diotaiuti¹, Giuseppe Spica¹, Stefano Corrado¹, Beatrice Tosti¹, Stefania Mancone¹

¹University of Cassino and Southern Lazio, Cassino, Italy

P313 Athletes' leadership style and collective efficacy

Galina Domuschieva-Rogleva¹, Viktorija Doneva¹

¹National Sports Academy “Vassil Levski”, Sofia, Bulgaria

P314 Perceived motivational climate and group cohesion of athletes

Galina Domuschieva-Rogleva¹, Viktorija Doneva Doneva¹

¹National Sports Academy “vassil Levski”, Sofia, Bulgaria

P316 Thriving Under Threat: A Scoping Review of Human Thriving in Recurring Potentially Traumatic, Elevated Threat and High Stress Work Environments

Sally Edmondson¹, Kemi Wright², Ben Jackson^{1,3}, Bonnie Furzer^{1,4}

¹University Of Western Australia, Perth, Australia ²University of New South Wales, Sydney, Australia ³Telethon Kids Institute, Perth, Australia ⁴Fremantle Health Service, Fremantle, Australia

P317 The Forgotten Child – Abusive behaviour towards Young Referees in Swedish Sport Clubs

Inger Eliasson

¹Umeå university, Umeå, Sweden

P318 Dual Career of student-athletes through the lens of employability

Alessia Ferraboli¹, Mattia Belluzzi¹, Chiara D'Angelo¹

¹Università Cattolica Del Sacro Cuore, Milan, Italy

P319 Outdoor sport in natural spaces as a tool for promoting connection with nature and community among vocational training school students

Valentina Ferrari¹, Daniela Marzana¹, Chiara D'Angelo¹

¹Catholic University of the Sacred Heart, Milan, Italy

P320 Overcoming gender barriers through adventure sports?

Anika Frühauf¹, Barbara Osterhammer¹, Martin Kopp¹

¹University of Innsbruck, Innsbruck, Austria

- P321** Effects of physical activity counseling on accelerometer-based physical activity levels in in-patients with major depressive disorder: PACINPAT randomized controlled trial
Markus Gerber¹, Jan-Niklas Kreppke¹, Robyn Cody¹, Oliver Faude¹, Sebastian Ludyga¹, Johannes Beck², Martin Hatzinger³, Christian Imboden⁴, Undine E. Lang⁵, Thorsten Mikoteit³, Nina Schweinfurth-Keck⁵, Lukas Zahner¹
¹Department of Sport, Exercise and Health, University of Basel, Basel, Switzerland
²Psychiatric Clinic Sonnenhalde, Riehen, Switzerland ³Psychiatric Services Solothurn, Solothurn, Switzerland ⁴Private Clinic Wyss, Muenchenbuchsee, Switzerland ⁵Adult Psychiatric Clinics, University of Basel, Basel, Switzerland
- P324** No Pain No Gain: The Impact of Alexithymia on Performance Following Self-Control Exertion
Hannah Graham¹, Ruth Boat¹, Simon Cooper¹, Noel Kinrade¹
¹Nottingham Trent University, Lincoln, United Kingdom
- P325** Person-Environment Fit: Investigating the Form of Life to Support Player Development at an Elite Football Academy
James Grant¹, Mark O'Sullivan⁴, Kirsten Wing¹, Andrew Wilson³, Will Roberts², Mark De Ste Croix¹
¹University Of Gloucestershire, Southampton, United Kingdom ²University of Waikato
³School of Humanities and Social Sciences, Leeds Beckett University ⁴Norwegian University of Sport Sciences Oslo
- P326** Gender and Age-related Variations in Organizational Stressors of Amateur German Players in Popular Team Sports
John Elvis Hagan Jnr^{1,2}, Medina Srem-Sai³, Thomas Schack²
¹University of Cape Coast, Cape Coast, Central Region, Ghana ²Department of Sports Science, Neurocognition and Action-Biomechanics- Research Group, Faculty of psychology and Sports Science, Bielefeld University, Germany, Bielefeld, Germany
³Department of Health, Physical Education, Recreation and Sports, University of Education, P. O. Box 25, Winneba, Ghana, Winneba, Ghana

- P327** Social support and social identity outcomes from men's lifestyle change interventions: Insights from RuFIT-NZ
Elaine A Hargreaves¹, Pete Coffee², Tim Rees³, Teketo K Tegegne⁴, Ralph Maddison^{4,5}
¹School of Physical Education, Sport & Exercise Sciences, University Of Otago, Dunedin, New Zealand ²Department of Psychology, Heriot Watt University, Edinburgh, Scotland ³Department of Rehabilitation and Sport Sciences, Bournemouth University, Bournemouth, England ⁴Institute for Physical Activity and Nutrition, Deakin University, Melbourne, Australia ⁵National Institute for Health Innovation, University of Auckland, Auckland, New Zealand
- P328** Cognitive Diversity Among Elite Moba and FPS Esports Athletes
Jesse Hart¹, Natalia Zakalski², Joschua Elger³
¹Team Liquid, Auckland, New Zealand ²Team Liquid, Sao Paolo, Brazil ³Team Liquid, Utrecht, Netherlands
- P329** Psychometric indicators Multidimensional Perfectionism Scale-(Sport -MPS2) In Arab culture
Magdy Hassan Yousef Abdelrahman¹
¹Alexandria University, Alexandria, Egypt
- P330** Examining the curvilinear relationship between grit and burnout in Japanese university student athletes: A comparison with the linear relationship
Keigo Hatto¹, Daichi Sugawara¹
¹University Of Tsukuba, Tsukuba, Japan
- P331** Identity Changes, Social Support and Dual Career Attitude in Adolescent Student-Athletes
Chung-Ju Huang¹, Tzu-Lin Wong²
¹University of Taipei, Taipei, Taiwan ²National Taipei University of Education, Taipei, Taiwan
- P332** Exploration of Student Learning Stress and Achievement: A Programme on Grit
Yu Chia Huang¹, Yu Cheng Huang²
¹National Chengchi University ²F., No. 331, Bo'ai St., Zhubei City Hsinchu County, Taiwan
²National Chengchi University ²F., No. 331, Bo'ai St., Zhubei City Hsinchu County, Taiwan

- P333 Exploring Student-Athlete's Social Identity During Transitions from Elite Sport into Higher Education**
Benjamin Jeffery¹
¹Nottingham Trent University, Nottingham, United Kingdom
- P334 The Influence of Athletic and Academic Identity on Student-Athletes' Adaptation to University and Well-Being**
Benjamin Jeffery¹
¹Nottingham Trent University, Nottingham, United Kingdom
- P335 Perfectionism and motivation in sports: associations and interactive effects of the two higher-order dimensions of perfectionism**
Julia Karbowska¹, Wojciech Waleriańczyk¹
¹Institute of Sport - National Research Institute, Warsaw, Poland
- P336 Influence of parenting styles on athletes' help-seeking styles and stress coping styles**
Eriko Katagami¹
¹Kyoritsu Women's University, Tokyo, Japan
- P337 Usefulness of monitoring athletes' subjective responses across the season: A case of high-profile EKIDEN team**
Masato Kawabata¹, Norimitsu Kinoshita², Masaya Tokita²
¹Rikkyo University, Niiza, Saitama, Japan ²Hosei University, Machida, Tokyo, Japan
- P338 Relationship between Personality Traits and Cognitive Strategies of College Students with Experience in Athletic Club Activities**
Ryota Kawamura¹, Takayuki Sugo², Hironobu Tsuchiya²
¹Osaka University of Health and Sciences Graduate School, Osaka Prefecture (kinki Area), Japan ²Osaka University of Health and Sciences, Osaka Prefecture (kinki Area), Japan
- P339 Moving Forward: How Exercise and Sport Affect Cognitive Function and Pain of Individuals Living in a Greek Refugee Camp**
Anouk Glättli¹, Konstantinia Filippou², Antonis Hatzigeorgiadis², Ioannis D. Morres², Markus Gerber¹, Florian Knappe¹
¹University Of Basel, Basel, Switzerland ²University of Thessaly, Trikala, Greece

- P340 The attractiveness of sports groups according to self-categorization – A vignette study with conjoint analysis**
Jasmin Krauß¹, Frank Hänsel¹
¹Technical University Darmstadt, Darmstadt, Germany
- P341 Unveiling the Longitudinal Reciprocal Relationship Between Burnout and Engagement Among Adolescent Athletes in Finnish Lower Secondary Sports Schools**
Joni Kuokkanen¹, Milla Saarinen², Dan Phipps³
¹Abo Akademi University, Vasa, Finland ²Norwegian School of Sport Sciences, Oslo, Norway ³University of Jyväskylä, Jyväskylä, Finland
- P342 Differential Psychological Profiles in Elite and Non-Successful Athletes: Implications for Stress Resilience**
Gayane Lalayan¹, Lusine Stepanyan¹
¹Armenian State Institute Of Physical Culture And Sport, Yerevan, Armenia
- P343 Application of a probabilistic methodology to determine optimal psychophysiological states during police tactical driving**
William Land¹
¹University of Texas at San Antonio, San Antonio, United States
- P344 Dual career and triple roles: Understanding multiple roles of student-athletes and their interactions using qualitative approach**
Solène Lefebvre Du Grosriez^{1,2}, Silvia Scotto di Luzio³, Fabienne d'Arripe-Longueville⁴, Professor Philippe Sarrazin¹, Sandrine Isoard-Gautheur¹
¹Univ. Grenoble-Alpes, SENS, Grenoble, France ²Univ. Orléans, SAPRêM, CIAMS, Orléans, France ³Univ. Lumière Lyon ², DIPHE, Bron, France ⁴Univ. Côte d'Azur, LAHMESS, Nice, France
- P345 Educational Needs of the Esports Industry: A Delphi Study**
Oliver Leis¹, Benjamin T. Sharpe², Marcelo Moriconi³, Vasileios Barkoukis⁴
¹Leipzig University, Leipzig, Germany ²University of Chichester, Chichester, United Kingdom ³Instituto Universitário De Lisboa, Lisboa, Portugal ⁴Aristotle University of Thessaloniki, Thessaloniki, Greece

- P346** Developing the System of Dual Career Support for University Student-Athletes: An update of the Swedish National Dual Career Guidelines

Lukas Linnér¹, Natalia Stambulova¹, Pernilla Eriksson², Agnes Wredenber³, Christian Augustsson⁴, Kent Lindahl⁵

¹Halmstad University, Halmstad, Sweden ²Umeå University, Umeå, Sweden ³Mid Sweden University, Östersund, Sweden ⁴Karlstad University, Karlstad, Sweden ⁵Swedish Sports Confederation, Stockholm, Sweden

- P347** The Impact of Sports Participation on Social and Emotional Health in a Large Sample of Lithuanian Youth

Aušra Lisinskiene¹, Marc Lochbaum^{1,2}, Rūtenis Paulauskas¹

¹Educational Research Institute, Education Academy, Vytautas Magnus University, Kaunas, Lithuania ²Texas Tech University, Texas, Lubbock, United States of America (U.S.A.)

- P348** Coach-Athlete-Parent (C-A-P) Relationships in Youth Sports: The final version of Positive and Negative Processes in C-A-P Questionnaire (PNPCAP)

Aušra Lisinskiene¹, Marc Lochbaum^{1,2}

¹Educational Research Institute, Education Academy, Vytautas Magnus University, Kaunas, Lithuania ²Texas Tech University, Texas, Lubbock, United States of America (U.S.A.)

- P349** Adolescents-athletes' combined perceptions of the behaviors and attitudes of coaches, parents and peers toward their competitive sport: A scoping review

Lisa Maj¹, Sandrine Isoard-Gauthier¹, David Trouilloud¹

¹Laboratory SENS, Grenoble, France

- P350** Differences in trait mindfulness of female university athletes based on their Experiences of time-loss due to sports injuries

Yuki Matsunaga^{1,2}, Takayuki Sugou²

¹Teikyo University, Tokyo, Japan ²Osaka University of Health and Sports Science, Osaka, Japan

- P351** A randomised controlled trial of the effectiveness of a compassionate mind training intervention for academy football players

Angus J. Meichan¹, Philip J. Molyneux¹, Tim P. Alexander¹

¹University of Hull, Hull, United Kingdom

- P352** Finding Flow: Helping professionals to achieve flow

Cameron Norsworthy¹, Susan Jackson

¹University of Western Australia & The Flow Centre, Mosman Park, Australia

- P353** A Qualitative Study to Explore the Effects of Social Media on Jockey Welfare

Katie O'Farrell¹, Cíara Losty¹

¹SETU Waterford, Ireland

- P354** The '1TeamActive' physical activity and wellbeing programme in a UK police population

Helen Oliver¹, Owen Thomas¹, Katherine Willoughby², Catharine Moss²

¹Cardiff Metropolitan University, Cardiff, United Kingdom ²TeamPolice, Flookburgh, United Kingdom

- P355** Characteristics of Commitment in Japanese Student Athletes: An Examination from Burnout

Sae Orimo¹, Hideaki Takai²

¹Graduate school of Nippon Sport Science University ^{2,1,1} Fukasawa, Setagaya-ku, Tokyo, Japan ²Faculty of Physical Education, Nippon Sport Science University ^{2,1,1} Fukasawa, Setagaya-ku, Tokyo, Japan

- P356** A[head] of the game: An exploration of disabled athletes experiences with, and coach-athlete conversations of, mental health and illness

Roxy Helliker O'Rourke¹, Andrea Bundon², Catherine M. Sabiston¹, Kelly P. Arbour-Nicitopoulos¹

¹University Of Toronto, Toronto, Canada ²University of British Columbia, Vancouver, Canada

- P357 Profiles of Actual and Perceived Motor Competence Among 9-14 Year Old Girls: Associations With Biological Maturation, BMI, and Sports Participation**

Sena Ozay Otgonbayar, Emine Caglar¹, Sadettin Kirazci², Nigar Kucukkubas³, Pelin Aksent⁴, Erdem Karabulut¹, Ayda Karaca¹, Mehmet Mesut Celebi⁵, Elif Nursel Ozmert¹, Giyasettin Demirhan¹

¹Hacettepe University, Ankara, Turkey ²Middle East Technical University, Ankara, Turkey ³Yalova University, Yalova, Turkey ⁴Kirikkale University, Kirikkale, Turkey ⁵Ankara University, Ankara, Turkey

- P358 Matrioska careers: disclosing football competences to cope with precariousness, a grounded theory study**

Martina Palumbo¹, Antonio Samà², Edgardo Zanolli¹, Caterina Gozzoli¹

¹Università Cattolica Del Sacro Cuore, Milano, Milano, Italy ²Canterbury Christ Church University, Canterbury, United Kingdom

- P360 Navigating power dynamics: Exploring transitions in high-performance dyadic sport partnerships**

Emily V. Pike¹, Lindsay R. Duncan¹

¹McGill University, Montreal, Canada

- P361 A first empirical look at the influence of environmental factors and mental performance on Next Gen athletes' mental health**

Lara Pomerleau-Fontaine¹, Véronique Boudreault¹, Sophie Labossière¹, Sylvie Parent², Sophie Brassard³, Natalie Durand-Bush⁴, Juliette Maurin¹

¹Université De Sherbrooke, Montréal, Canada ²Université Laval, Québec, Canada ³Game Plan, Montréal, Canada ⁴Université of Ottawa, Ottawa, Canada

- P362 The group matters: The influence of team cohesion and Interpersonal Emotion Regulation on adolescent athletes' mental health**

Joan Pons¹, Yago Ramis², Katherine Tamminen³, Elena Gervilla¹, Miquel Torregrossa², Cristina López de Subijana⁴, Jahel Molina⁵, Jesús Portillo⁶

¹Universitat De Les Illes Balears, Palma, Spain ²Universitat Autònoma de Barcelona, Barcelona, Spain ³University of Toronto, Toronto, Canada ⁴Universidad Politécnica de Madrid, Madrid, Spain ⁵Villarreal Club de Fútbol, Castellón, Spain ⁶Centro Andaluz de Medicina del Deporte, Seville, Spain

- P363 Influence of the Educational Sports Model of Real Madrid Foundation on Gender Equity**

Gema Ortega-Vila¹, José Robles-Rodríguez², Francisco Javier Giménez-Fuentes-Guerra², Laura Primo¹, Manuel Tomás Abad-Robles², Enrique Ortega-Toro³, Francisco Alarcón-López⁴

¹Real Madrid Foundation, Madrid, Spain ²Faculty of Education, Psychology and Sport Sciences, University of Huelva, Huelva, Spain ³Faculty of Sport Science, Regional Campus of International Excellence "Campus Mare Nostrum," University of Murcia, Murcia, Spain ⁴Department of General and Specific Didactics, Faculty of Education, University of Alicante, Alicante, Spain

- P364 Sociodemographic variables moderating the relationship between students' perceived support from Physical Education teachers and students' prosocial behavior**

Laura Primo¹, Juan González-Hernández², Gustavo Carlo³, Yin Yang⁴, Cristina Lopez de Subijana¹

¹Social Sciences Applied to Sport, Physical Activity, and Leisure Department, Universidad Politécnica de Madrid, Madrid, Spain ²Personality, Assessment, and Psychological Treatment Department, Universidad de Granada, Granada, Spain ³Department of Education, University of California, Irvine, United States ⁴School of Psychology, Beijing Sport University, Beijing, China

- P365 Canadian Men Ice Hockey Players' Perspectives of Sport Norms**

Francesca Principe¹, Erin Willson¹, Gretchen Kerr¹, Nicole Godman¹

¹Faculty of Kinesiology and Physical Education, University of Toronto, Toronto, Canada

- P367 Sexual and Gender Minority Youth's Experience of Bullying in Sport: A Multidimensional Approach**

Stephanie Radziszewski¹, Corentin Montiel², Sylvie Parent¹, Martin Blais³, Jesse Gervais³

¹Université Laval, Québec, Canada ²Université de Montréal, Montréal, Canada ³Université du Québec à Montréal, Montréal, Canada

- P368 Self-efficacy assessment hinders improvement on a deliberate cricket bowling practice task**

Dhruv Raman¹, Bittu Rajaraman²

¹Boston University, Boston, United States ²Ashoka University, Sonapat, India

- P369 The power of bad - negativity bias in sport**
Dennis Redlich¹, Philipp Strunk¹
¹German Sport University Cologne, Cologne, Germany
- P370 Just Being: An alternative approach to supporting young people's mental health in a sport and physical activity environment**
Ciara Reidy¹
¹Glasgow Caledonian University, Glasgow, United Kingdom ²Sport Aberdeen, Aberdeen, United Kingdom
- P371 Extracurricular Sports and Their Impact on Self, Others, and Task-Oriented Socioemotional Skills**
Felipe Reis¹, Josafá Cunha¹
¹Federal University Of Paraná, Curitiba, Brazil
- P372 Coopetitive sport participation – an extreme case study among a diverse group of handball players with special needs**
Niels Rossing¹, Anders Broe Dahl Christensen¹, Lotte Stausgaard Skrubbeltrang²
¹Aalborg University, Aalborg, Denmark ²University College Northern Denmark, Hjørring, Denmark
- P373 Inclusive Physical Education: Examining the Impact of Baskin-Based Interventions on Physical and Psychosocial Skills in Healthy and Disabled Students**
Gabriele Russo¹, Marcelo Bigliassi², Riccardo Pierobon³, Andrea Cecilian¹
¹University of Bologna, Rimini, Italy ²Florida International University, Miami, United States ³University of Modena & Reggio-Emilia, Reggio-Emilia, Italy
- P374 Dual career construction styles among adolescent student-athletes in lower secondary education and in transition to upper secondary education**
Milla Saarinen¹, Joni Kuokkanen²
¹Norwegian School Of Sport Sciences, Oslo, Norway ²Åbo Akademi, Vaasa, Finland

- P376 Dual career pathways in Italian student-athletes: A qualitative investigation**
Giampaolo Santi¹, Irene Lardschneider¹, Ross Wadey², Attilio Carraro¹
¹Free University of Bozen-Bolzano, Bozen-Bolzano, Italy ²St. Mary's University, Twickenham, London, United Kingdom
- P377 Positive Youth Development-Focused Coach Education: A Scoping Review**
Fernando Santos¹, Marta Ferreira², Maria Fernández-Villarino³, Tarkington J. Newman⁴, Jason Mergler⁵, Leisha Strachan⁵, Dany J. MacDonald⁶
¹InED, Centro de Investigação e Inovação em Educação, Escola Superior de Educação, Instituto Politécnico do Porto, Portugal, Porto, Portugal ²Facultad de Ciencias de la Educación y del Deporte. Universidad de Vigo, Spain; Escola Superior de Educação, Instituto Politécnico do Porto, Portugal, Porto, Portugal ³Facultad de Ciencias de la Educación y del Deporte. Universidad de Vigo, Spain, Vigo, Spain ⁴College of Social Work, Sport Social Work Research Lab, University of Kentucky, United States, Kentucky, United States of America ⁵Faculty of Kinesiology and Physical Education, University of Manitoba, Canada, Manitoba, Canada ⁶Department of Applied Human Sciences, University of Prince Edward Island, Canada, Prince Edward Island, Canada
- P378 Parental Behaviour in Youth Soccer: Perspectives of Athletes and Coaches**
Ihsan Sari¹, F. Hülya Aşçı², Muharrem Aydın³
¹Sakarya University of Applied Sciences, Faculty of Sports Sciences, Sakarya, Turkey ²Fenerbahçe University, Faculty of Sports Sciences, İstanbul, Turkey ³Turkish Ministry of National Education, Mimar Sinan Secondary School, İstanbul, Turkey
- P379 The Impact of Achievement and Affiliation motives on Young Athletes' Dropout and Persistence in Elite Sports**
Sebastian Schröder¹
¹Otto-von-guericke-university Magdeburg, Berlin, Germany
- P380 A study on the impact of using verbal descriptions and video feedback on skill teaching for judo beginners**
Shiow-Fang Shieh¹
¹National Yunlin University Of Science & Technology, Touliu, Taiwan

- P381** Investigating PE teachers' beliefs about self-regulation, self-control, and self-regulated learning

Malgorzata Siekanska¹, Agnieszka Wojtowicz¹, Bradley W. Young²

¹University of Physical Education in Krakow, Poland, Kraków, Poland ²School of Human Kinetics, University of Ottawa, Canada, Ottawa, Canada

- P382** Towards a Holistic Understanding of Sustained Participation and Dropout in Swedish Artistic and Rhythmic Gymnastics

Elin Sievert¹, Andreas Stenling^{1,3}, Camilla Knight^{2,3}, Bård Erland Solstad³, Louise Davis¹

¹Umeå University, Umeå, Sweden ²Swansea University, Swansea, United Kingdom ³University of Agder, Kristiansand, Norway

- P383** What are the key topics coaches judge important to address in educational opportunities regarding maltreatment in sport?

William Simard¹, Andrea J. Woodburn¹, Allyson Gillard¹, Stéphanie Radziszewski¹, Sylvie Parent¹

¹University Laval, Quebec, Canada

- P384** Perceived stress as a mediator between mental toughness and burnout in young Polish athletes

Malgorzata Slawinska¹

¹Institute of Sport - National Research Institute, Warszawa, Poland

- P385** Motives for participating in dragon boating with breast cancer - physiological and psychological aspects

Simone Spangler¹

¹German University of Health and Sports (DHGS), Munich, Germany

- P386** An experimental investigation of social identification on communication and effort in two-person groups.

Sarah Stephen¹, Christine Habeeb²

¹Heriot Watt University, Edinburgh, United Kingdom ²East Carolina University, Greenville, United States

- P387** Development of performance motivation and self-efficacy of young athletes in track and field athletics at Elite Sport School (ESS)

Christine Stucke¹, Melanie Schulz², Lea Wipper³

¹Otto-von-Guericke University, Magdeburg, Germany ²Athletics-Association, Saxony-Anhalt, Germany ³University of Applied Sciences, Bad Honnef, Germany

- P389** The Scouting Self-Efficacy scale in Football (SSESF): Initial conceptualisation and exploratory factor analysis

Henry Titley-Wall¹, Edward Hope³, Kyle Paradis², John Mills²

¹University Academy ²Manchester, United Kingdom ³Ulster University, Ulster, United Kingdom ³Liverpool John Moores University, Liverpool, United Kingdom

- P390** Winner For Life 2.0: An innovative programme for school sport stakeholders and parents to promote life skills development and transfer

Christiane Trottier¹, Vicky Drapeau¹, Pénélope Duval-Brassard¹, Marc-Antoine Pépin¹, Claude Goulet¹, Éric Frenette¹, François Billaut¹, Stéphane Pelet¹, Pierre Trudel², Raymond Veillette¹, William R. Falcão³, Sébastien Lavoie⁴

¹Université Laval, Quebec, Canada ²University of Ottawa, Ottawa, Canada ³University of Concordia, Montréal, Canada ⁴École Saint-Jean-Eudes, Québec, Canada

- P391** Mindscapes: An investigation on the relationship between motor imagery and cardiac interoception among sport students

Delfin Turşin¹, Andrew Cooke², Germano Gallicchio², Martina Gandola¹

¹University of Pavia, Pavia, Italy ²Bangor University, Bangor, United Kingdom

- P392** Elena Uberti

- P393** The role of bystanders in addressing athlete harassment and abuse: What do we know so far?

Helena Verhelle¹, Karolien Adriaens¹, Jonathan Brain¹, Tine Vertommen^{1,2}

¹Thomas More University of Applied Psychology, Antwerp, Belgium ²Ghent University department of Movement and Sport Sciences, Ghent, Belgium

P394 Testing the effects of perfectionism on running performance in a prospective design

Wojciech Waleriańczyk¹
¹Institute of Sport, Warszawa, Poland

P395 Elite UK Paralympic Athlete Mental Health: Exploring the Views of Sporting Stakeholders

Benjamin Walker¹, Jamie Barker¹, Carolyn Plateau¹, Sam Cumming²
¹Loughborough University, Loughborough, United Kingdom ²UK Sports Institute, United Kingdom

P397 Eye-tracking and teachers' professional vision: A scoping review as basis for physical education studies

Jelto Witt¹, Joerg Schorer¹, Florian Loffing², Ingo Roden³
¹University of Oldenburg, Insitute for Sportscience, Departement of Sport and Movement Science, Oldenburg, Germany ²German Sport University Cologne, Institute of Psychology, Section Performance Psychology, Cologne, Germany ³University of Oldenburg, Institute for Pedagogy, Department of Educational Psychology, Oldenburg, Germany

P398 The Flight Line or Regular Order? A Reflection on the Origin of the Sport Embodiment

Chungyi Wu¹
¹National Taipei University Of Education, Taipei, Taiwan

P399 Therapeutic alliance in electronic sports

Natalia Zakalski Valerio¹
¹Team Liquid, Sao Paulo, Brazil

P400 Dual careers in elite sport - a resource for mental health

Zsuzsanna Zimanyi¹, Stefan Reiter², Jürgen Willrett¹, Sebastian Beitz²

¹Olympic Training Center Freiburg Schwarzwald ²Universität Wuppertal¹Olympic Training Center Freiburg Schwarzwald, Freiburg, Germany ²Universität Wuppertal, Wuppertal, Germany

COFFEE BREAK

Time 10.30am – 11.00am
Location Kristall and Tirol Foyer

ORAL PRESENTATION 37: SPORTS INJURY, PREVENTION AND REHABILITATION & CONSULTING/COUNSELLING

Time 11.00am – 12.30pm
Location Hall Tirol
Chair York-Peter Klöppel

The effect of cold therapy on delayed onset muscle soreness and quadriceps femoris strength after high-intensity eccentric training

Adel Belkadi¹, Mime Mokhtar¹, Asli Houcin², Benhammou saddek¹, cherara lalia¹

¹Institute Of Physical Education And Sports, University Of Mostaganem,27000 Algeria, Mostaganem, Algeria ²Université d'Oran des sciences et de la technologie- Mohamed Boudiaf, BP 1505, El M'naouer 31000 Oran, Algérie

Basketball Players' Re-injury Anxiety and Regulatory Focus: A Correlational Study

Quentin Surbon¹, Xavier Sanchez²
¹Université d'Orléans SAPRÉM, Orléans, France ²Université d'Orléans SAPRÉM & Université Paris Saclay (CIAMS), Orléans, France

Cognitive behavioral therapy and virtual reality intervention protocol for athletes with anterior cruciate ligament injury: A randomized controlled trial

Hande Turkeri Bozkurt¹, Britton W. Brewer², Ziya Koruç³
¹Hacettepe University, Ankara, Turkey ²Springfield College, Springfield, United State of America ³Hacettepe University, Ankara, Turkey

Understanding Rehabilitation Environments in Elite Sport

Ross Wadey¹, Rhiannon Ellis¹, Ciara Everard²

¹St Mary's University, London, United Kingdom ²University of Roehampton, London, United Kingdom

A qualitative exploration of sport psychology practitioners' perceptions and experiences of using Think Aloud in applied practice

Amy Whitehead¹, Patricia Jackman², Steven Vaughan¹, Laura Swettenham¹, Phil Birch³, David Tod⁴, Hayley McEwan⁵

¹Liverpool John Moores University, Liverpool, United Kingdom ²University of Lincoln, Lincoln, United Kingdom ³University of Chichester, Chichester, United Kingdom ⁴University of Lancaster, Lancaster, United Kingdom ⁵University of the West of Scotland, Lanarkshire, United Kingdom

SYMPOSIUM 51: CRISIS

Time	11.00am – 12.30pm
Location	Hall Strassburg Nord
Discussant	Maurizio Bertollo

The Psychology of Crises in Sport: Interdisciplinary Perspectives

Bernd Strauss¹, Katherine Tamminen²

¹University of Muenster, Muenster, Germany ²University of Toronto, Toronto, Canada

PRESENTATIONS OF THE SYMPOSIUM

- 51.01. Theoretical perspectives of performance crises in sport psychology
- Stephanie Buenemann¹, Charlotte Behlau¹, Katherine Tamminen², Maike Tietjens¹, and Bernd Strauss¹
- ¹University of Muenster, Muenster, Germany ²University of Toronto, Toronto, Canada

51.02. Personal crisis in athletes: injuries and retirement

Andreas Ivarsson¹, Adam Gledhill²

¹Halmstad University, Sweden; and University of Agder, Norway, ²Leeds Beckett University, United Kingdom

51.03. The Crisis of Toxic Cultures in Competitive Sport

Gretchen Kerr¹, Anthony Battaglia¹

¹University of Toronto, Toronto, Canada

51.04. The COVID-19 Pandemic Crisis-Transition and Its Influence on Sport

Natalia Stambulova¹, Kristoffer Henriksen²

¹Halmstad University, Halmstad, Sweden ²University of Southern Denmark, Odense, Denmark

SYMPOSIUM 52: WELL-BEING AND QUALITY OF LIFE

Time	11.00am – 12.30pm
Location	Hall Strassburg Süd

Fostering Environments for Mental Health in Competitive Sport

Philipp Röthlin^{1,2}, Stephan Horvath¹, Emilia Backman³, Johanna Kaiser⁴, Göran Kenttä^{5,6}, Kyle Paradis⁷

¹Swiss Federal Institute Of Sport Magglingen, Magglingen, Switzerland ²Institute of Sport Sciences, University of Bern, Bern, Switzerland ³University of Copenhagen, Copenhagen, Denmark ⁴University of Leipzig, Leipzig, Germany ⁵The Swedish School of Sport and Health Sciences, Sweden ⁶The School of Human Kinetics, University of Ottawa, Ottawa, Canada ⁷Ulster University, Belfast, Northern Ireland

PRESENTATIONS OF THE SYMPOSIUM

- 52.01. Triangulating recreational, competitive, and elite athlete perceptions of mental health in sport.
- Kyle Paradis¹, Gavin Meek¹, Gavin Breslin², Mark Tully¹
- ¹School of Sport, Ulster University ²School of Psychology, Queens University Belfast

52.02. Compassion matters in elite sports environments: Insights from high-performance coaches

Emilia Backman¹, Charlotte Hejl¹, Kristoffer Henriksen², Ingo Zettler¹

¹University of Copenhagen, Copenhagen, Denmark ²University of Southern Denmark, Odense, Denmark

52.03. Utilization of Psychological Support in Leipzig (Germany) – An Inventory of the LIFENET Initiative

Johanna Kaiser¹, Julian Schmitz¹

¹University of Leipzig, Leipzig, Germany

52.04. Elite Athlete Mental Health: Federations' Views on Key Issues and Responsibilities

Stephan Horvath¹, Philipp Röthlin^{1,2}, Christoph Andreas Weber¹

¹Swiss Federal Institute of Sport Magglingen, Magglingen, Switzerland ²Institute of Sport Sciences, University of Bern, Bern, Switzerland

52.05. “How much pain and suffering do I need to go through in order to become successful?”

Göran Kenttä^{1,2}

¹The Swedish School of Sport and Health Sciences, Stockholm, Sweden. ²The School of Human Kinetics, University of Ottawa, Ottawa, Canada

ORAL PRESENTATION 38: E-SPORTS & SPORTS PSYCHIATRY AND SPORTS PSYCHOTHERAPY & ELITE SPORTS AND EXPERTISE

Time 11.00am – 12.30pm
Location Hall Brüssel
Chair Svenja A. Wolf

Mental Health and Substance Use in Swiss Elite Para-Athletes
Nikolai Kiselev^{1,2}, Lucas Lüdi³, Michele Lardi², Tiffany Hartmann², Janet Lam², Christian Imboden⁴, Malte Claussen⁵, Olivia Stoffel¹, Andreas Heiniger⁶, Matthias Schlüssel¹, Ceren Acarturk⁷, Christoph Kreinbucher-Bekerle⁸, Michael P. Schaub²

¹PluSport, Umbrella Organization of Swiss Disabled Sports, Volketswil, Switzerland

²Swiss Research Institute for Public Health and Addiction (ISGF), University of Zürich, Zurich, Switzerland ³Department of Psychology, Experimental Psychopathology and Psychotherapy, University of Zurich, Zurich, Switzerland ⁴Private Clinic Wyss, Münchbuchsee, Switzerland ⁵Clinic for Depression and Anxiety, Psychiatric Center Münsingen, Münsingen, Switzerland ⁶RollstuhlSport, Umbrella Organization of Swiss WheelChair Sports, Nottwil, Switzerland ⁷Koç Üniversitesi, Istanbul, Turkey ⁸Department for Movement Sciences, Sport and Health, University of Graz, Graz, Austria

Stories Behind the Screen: A Narrative Analysis of Pursuing an Esports Coaching Career

Laura Swettenham¹, Jonathan Brain², Matthew Watson³, Alessandro Quartiroli⁴

¹Liverpool John Moores University, Liverpool, United Kingdom ²The University of Portsmouth, Portsmouth, United Kingdom ³International Federation of Esports Coaches, England ⁴University of Wisconsin – La Crosse, United States

Applied intervention to improve reaction time and accuracy trade-off on elite female esports' team

Natalia Zakalski Valerio¹, Jesse Hart²

¹Team Liquid, Sao Paulo, Brazil ²Team Liquid, Auckland, New Zealand

SYMPOSIUM 53: GROUP DYNAMICS AND TEAM SPORTS

Time 11.00am – 12.30pm
Location Hall Maximilian

Identity Dynamics in Sport: Navigating Social Identities and Identity Leadership Across Cultures and Ages

Katrien Fransen¹

¹KU Leuven, Leuven, Belgium

PRESENTATIONS OF THE SYMPOSIUM

- 53.01. Exploring the Experience of Retired Elite Chinese Athletes via the Social Identity Model of Identity Change: A Longitudinal Qualitative Study
Ye Zhang¹, S. Alexander Haslam¹, Catherine Haslam¹, Niklas K. Steffens¹
¹The University of Queensland, Saint Lucia, Australia
- 53.02. Crossing the Finish Line: Facilitating Athletes' Retirement with the More Than Sport Programme
Korneel Schepers¹, Filip Boen¹, Niklas K. Steffens², Tegan Cruwys³, Catherine Haslam², S. Alexander Haslam², Katrien Fransen¹
¹KU Leuven, Leuven, Belgium ²The University of Queensland, Saint Lucia, Australia ³Australian National University, Canberra, Australia
- 53.03. Does Identity Leadership Provided by Coaches and Athlete Leaders Promote Team and Individual Performance? A Cross-Cultural Study in Football Teams
Radhika Butalia¹, Filip Boen¹, S. Alexander Haslam², Stef Van Puyenbroeck¹, Pete Coffee³, Nasrin Biglari⁴, Mark W. Bruner⁵, Aashritta Chaudhary⁶, Paweł Chmura⁷, Alyson J. Crozier⁸, Emma S. George⁹, Swanaya Gurjar¹⁰, Chris Hartley¹¹, Maciej Huzarski¹², Francisco M. Leo¹³, Miguel A. López-Gajardo¹³, Todd M. Loughhead¹⁴, Moe Machida-Kosuga¹⁵, Colin D. McLaren¹⁶, Seyed Reza Hosseini Nia⁴, Matthew J. Slater¹⁷, Katrien Fransen¹
¹Department of Movement Sciences, KU Leuven, Leuven, Belgium ²School of Psychology, University of Queensland, Saint Lucia, Australia ³Department of Psychology, School of Social Sciences, Heriot-Watt University, Edinburgh, United Kingdom ⁴Faculty of Physical Education, Shahrood University of Technology, Sharhoo, Iran ⁵School of Physical and Health Education, Nipissing University, North Bay, Canada ⁶Department of Psychology, Jamia Millia Islamia, Jamia, India ⁷Department of Team Games, Wroclaw University of Health and Sport Sciences, Wroclaw, Poland ⁸Alliance for Research in Exercise, Nutrition and Activity, University of South Australia, Adelaide, Australia ⁹School of Health Sciences, Western Sydney University, Sydney, Australia ¹⁰Department of Psychology, Cleveland State University, Cleveland, United States ¹¹Faculty of Health Sciences and Sport, University of Stirling, Stirling, United Kingdom ¹²Institute of Physical Culture Sciences, University of Rzeszow, Rzeszow, Poland ¹³Faculty of Teacher Training, Universidad de Extremadura, Extremadura, Spain ¹⁴Department of Kinesiology, University of Windsor, Windsor, Canada ¹⁵School of Physical Education, Osaka University of Health and Sport Sciences, Osaka, Japan ¹⁶Department of Experiential Studies in Community and Sport, Cape Breton University, Sydney, Canada ¹⁷School of Health, Science and Wellbeing, Staffordshire University, Staffordshire, United Kingdom

- 53.04. Unlocking the Power of Groups in Youth Sport: A Proof of Concept Evaluation of the Together For Us (T4Us) Intervention
Mark W. Bruner¹, Colin D. McLaren², Meredith Schertzing¹, Ian D. Boardley³, Luc J. Martin⁴, Richard B. Slatcher⁵, Stewart Vella⁶, Justin M. Carré¹, Katrien Fransen⁷
¹Nipissing University ²Cape Breton University ³University of Birmingham ⁴Queen's University ⁵University of Georgia ⁶University of Wollongong ⁷KU Leuven
- 53.05. Towards Leaderful Youth Teams: Testing the Effectiveness of the 5R Shared Leadership Programme in Youth Sports
Marie-Laure Hendrickx¹, Filip Boen¹, Radhika Butalia¹, Mark W. Bruner², Katrien Fransen¹
¹KU Leuven, Leuven, Belgium ²Nipissing University, North Bay, Canada

SPECIAL SESSION ROUNDTABLE (APPLIED) 04: ETHICS IN APPLIED SETTINGS

Time	11.00am – 12.30pm
Location	Hall Igls

Sport and Performance Psychology Practitioners' Self-Care: From Science to Practice

Alessandro Quartiroli¹, Heather Hunter², Dawn-Marie Armstrong³, Dan Martin⁴, Sebastian Brueckner⁵

¹UW - La Crosse / University of Portsmouth, La Crosse / Portsmouth, United States / United Kingdom ²University of Gloucestershire / University of Portsmouth (United Kingdom), Gloucester / Portsmouth, United Kingdom ³Loughborough University, Loughborough, United Kingdom ⁴Newcastle University, Newcastle, United Kingdom ⁵Private Practice, Münster, Germany

WORKSHOP (APPLIED) 48: BEST PRACTICE

Time 11.00am – 12.30pm
Location Hall Grenoble

Adopting the Scientist-Practitioner Model - What does it actually mean?

Nico W. Van Yperen¹

¹University Of Groningen, Groningen, Netherlands

SYMPOSIUM 54: ELITE SPORTS AND EXPERTISE

Time 11.00am – 12.30pm
Location Hall New Orleans

Neurophysiological approaches to studying motor skill acquisition and expert performance

Mark Williams¹, Nicola Hodges²

¹Florida Institute of Human and Machine Cognition, Pensacola, United States

²University of British Columbia, Vancouver, Canada

PRESENTATIONS OF THE SYMPOSIUM

54.01. Neurophysiological approaches to studying motor skill acquisition and expert performance

Mark Williams¹ and Nicola J. Hodges²

¹ Institute of Human and Machine Cognition, Pensacola, Florida, United States²
School of Kinesiology, University of British Columbia, Vancouver, British Columbia, Canada

54.02. Beyond the neural underpinnings of action emulation in expert athletes: an EEG study

Saskia Wilken¹, Adriana Böttcher^{2,3}, Christian Beste^{2,3}, Markus Raab⁵, Sven Hoffmann¹

¹ General Psychology: Judgment, Decision Making, & Action, Institute of Psychology, University of Hagen, Hagen, Germany² Cognitive Neurophysiology, Department of Child and Adolescent Psychiatry, Faculty of Medicine, TU Dresden, Dresden, Germany³ University Neuropsychology Center, Faculty of Medicine, TU Dresden⁵

Performance Psychology, Institute of Psychology, German Sport University Cologne, Cologne, Germany

54.03. To be, or not to be... consciously aware: A neurophysiological examination of explicit and implicit motor learning

Andrew Cooke¹, Eduardo Bellomo¹, Germano Gallicchio¹, Christopher Ring², James Hardy¹

¹Institute for the Psychology of Elite Performance (IPEP), School of Sport Science and Psychology, Bangor University, United Kingdom²School of Sport, Exercise and Rehabilitation Sciences, University of Birmingham, United Kingdom

54.04. Neuroimaging in sport: A narrative review on research directions to expand knowledge on expert perceptual-cognitive skills

Brady S. DeCouto¹, Merim Bilalic², A. Mark Williams¹

¹Human Health, Resilience & Performance, Florida Institute for Human & Machine Cognition, Pensacola, FL, United States² Department of Psychology, University of Northumbria, Newcastle, United Kingdom

SYMPOSIUM 55: MILITARY, POLICE AND TACTICAL POPULATIONS

Time 11.00am – 12.30pm
Location Hall Innsbruck

Performing under pressure; Firearms use and firearms training in police

Vana Hutter¹, Mario Staller², Swen Koerner³, Karlijn Kooijman⁴, Jennifer Chan⁶, Paula Di Nota⁶, Judith Andersen⁶, Raoul Oudejans⁴, Daniel Kennedy⁴, Mustafa Sarkar⁵, Ben Ashdown⁵, Judith Nijenstein⁴, Anne Bik⁴

¹Netherlands Study Center for Criminology and Law Enforcement (NSCR), Amsterdam, Netherlands²University of Applied Sciences for Police and Administration, North Rhine-Westphalia, Germany³German Sport University Cologne, Department of Training Pedagogy and Martial Research, Cologne, Germany⁴VU University, Amsterdam, The Netherlands⁵Nottingham Trent University, Nottingham, United Kingdom⁶Health Adaptation Research on Trauma (HART) Lab, Department of Psychology, University of Toronto, Mississauga, Ontario, Canada

PRESENTATIONS OF THE SYMPOSIUM

- 55.01. Good and Bad Performance under Pressure: Results from a German Police-Citizen Encounter
Mario S. Staller¹, Swen Koerner²
¹ University of Applied Sciences for Police and Administration, North Rhine-Westphalia ² German Sport University Cologne, Department of Training Pedagogy and Martial Research , Cologne, Germany
- 55.02. Risk factors for involuntary firearm discharges in Special Intervention Division officers; A focus group study
Karlijn Kooijman¹, Raoul R.D.Oudejans¹, Daniel Kennedy¹, R.I. (Vana) Hutter^{1,2}
¹ VU University, Amsterdam, Netherlands ² NSCR, Amsterdam, Netherlands
- 55.03. Assessment and Implications of Biomarkers for Predicting Lethal Use-of-Force Decisions in Applied Police Environments
Jennifer F. Chan¹, Paula M. Di Nota^{1,2}, Judith P. Andersen¹
¹ Health Adaptation Research on Trauma (HART) Lab, Department of Psychology, University of Toronto, Mississauga, Ontario, Canada² Ontario Ministry of Transportation, Toronto, Ontario, Canada
- 55.04. Evaluating the impact of mental fortitude (resilience) training in UK police firearm instructors and students
Mustafa Sarkar¹, Ben Ashdown¹
¹ Nottingham Trent University, Nottingham, United Kingdom
- 55.05. Short, Powerful and Intensive? An evaluation of a new training programme for firearms training at a police academy.
J.R. Nijenstein¹, A. Bik¹, R.R.D. Oudejans¹, R.I. (Vana) Hutter²
¹ VU University, Amsterdam, The Netherlands ² Netherlands Study Center for Criminology and Law Enforcement (NSCR), Amsterdam, The Netherlands

SYMPOSIUM 56: ELITE SPORTS AND EXPERTISE

Time	11.00am – 12.30pm
Location	Hall Aalborg

Self-Regulated Sport Practice: International Perspectives of Theoretical, Assessment and Applied Interest

Bradley Young¹, Malgorzata Siekanska²
¹University of Ottawa, Ottawa, Canada ²University of Physical Education in Krakow, Krakow, Poland

PRESENTATIONS OF THE SYMPOSIUM

- 56.01. Assessing athletes' self-regulated learning using the Self-Regulation of Sport Practice – Short survey
Stuart G. Wilson¹, Bradley W. Young², Sharleen Hoar³, Kathryn Johnston⁴, Royden Radowits², Joseph Baker⁴
¹Queen's University ²University of Ottawa ³Canadian Sport Institute Pacific ⁴University of Toronto
- 56.02. Self-regulated learning in sport practice: Do individual- and team-sport Polish athletes judge the content and contribution of survey items differently?
Malgorzata Siekanska¹, Jan Blecharz¹
¹University of Physical Education in Krakow
- 56.03. How coaches use their adolescent athletes' scores on the Self-Regulation of Sport Practice survey to problematize their coaching
Royden Radowits¹, Bradley W. Young¹, Sharleen Hoar², Joseph Baker³
¹University of Ottawa ²Canadian Sport Institute Pacific ³University of Toronto
- 56.04. Self-Regulated learning: Theory-to-practice and data-driven decision-making
Jordan D. Goffena¹
¹Miami University
- 56.05. A view to further enhance work on the psychology of practice: Addressing contextual and personality factors in self-regulated sport practice
Bradley W. Young¹, Malgorzata Siekanska²
¹ University of Ottawa ² University of Physical Education in Krakow

ORAL PRESENTATION 39: WELL-BEING AND QUALITY OF LIFE & PEDAGOGICAL PSYCHOLOGY & EXERCISE PSYCHOLOGY & BEST PRACTICE

Time 11.00am – 12.30pm
Location Hall Freiburg
Chair Tanja Ecken

Ending on a High Note: The Last Exercise-Related Affective Response Predicts Subsequent Physical Activity in People With Chronic Diseases

Layan Fessler¹, Philippe Sarrazin¹, Boris Cheval²

¹Univ. Grenoble-Alpes, SENS, F-38000 Grenoble, France, Grenoble, France
²Department of Sport Sciences and Physical Education, École Normale Supérieure; VIPS2 Laboratory, University of Rennes, Rennes, France

Performance Recovery and Optimization for Wellness (PRO-Wellness): The Effect of an Intervention to Promote Well-Being Among Student-Athletes

Edson Filho¹, Piotr Piasecki¹, Dhruv Raman¹

¹Boston University, Boston, United States

Regul-8: A Mindfulness Intervention for Students in School Sport Profiles to Enhance Self-Regulation and Mental Health

Marie Ottilie Frenkel¹, Britta Köhler², Robert Leppich³, Peter Düking⁴

¹Hochschule Furtwangen/Furtwangen University, Freiburg i. Br., Germany
²Heidelberg University, Heidelberg, Germany ³University of Würzburg, Würzburg, Germany ⁴Technical University of Braunschweig, Braunschweig, Germany

Effects of Acute Exercise of different time, duration and intensity on Circulating Irisin levels and Stress Profile in Pre-diabetic population

Inayat Shah¹, Fazeelat Hajra Karim²

¹Khyber Medical University, Peshawar, Pakistan ²Department of Physiology, Khyber Girls Medical College, Peshawar, Pakistan

LUNCH BREAK

Time 12.30am – 01.30pm
Location Kristall and Tirol Foyer

FEPSAC HISTORY MEETING - Invited Participants Only

Time 12.30 – 02.30pm
Location Second Floor
Chair Roland Seiler

SPECIAL SESSION ROUNDTABLE (APPLIED) 05: ELITE SPORTS AND EXPERTISE

Time 01.30 – 02.30pm
Location Hall Tirol

The Latest Science and Practice of Flow

Cameron Norsworthy¹, Susan Jackson

¹University of Western Australia & The Flow Centre, Mosman Park, Australia

SYMPOSIUM 57: GROUP DYNAMICS AND TEAM SPORTS

Time 01.30 – 02.30pm
Location Hall Strassburg Nord

Unlocking Team Dynamics: Integrating Theory and Empirical Findings

Charlotte Behlau¹

¹University Of Muenster, Muenster, Germany

PRESENTATIONS OF THE SYMPOSIUM

- 57.01. The Nature of Transience in Teams and the Consequences on Group Dynamics
Jared Hrabcak¹, Svenja Wolf¹, Blair Evans¹
¹Florida State University, Western University
- 57.02. The Impact of Team Environment on the Positive and Negative Consequences of Social Indispensability
Carly Block¹, Svenja Wolf²
¹Boston University, Boston, United States ²Florida State University, Tallahassee, United States
- 57.03. Towards an Integrated Framework of Team Dynamics in Sport: Linking Cohesion, Team Mental Models, Coordination, Collective Efficacy, and Team Performance
Edson Filho¹
¹Boston University, Boston, Unites States
- 57.04. Great minds think alike: Measuring Shared Mental Models using virtual reality in team sports
Charlotte Behlau¹, Hannah Pauly¹, Dennis Dreiskaemper¹, Bernd Strauss¹
¹University of Muenster, Muenster, Germany

SYMPOSIUM 58: E-SPORTS

Time 01.30 – 02.30pm
Location Hall Brüssel

Sport Psychology in Esports: Performance Under Pressure

Oliver Leis¹, Laura Swettenham², Iván Bonilla Gorrindo³, Phil DJ Birch⁴, Matthew R Welsh⁴
¹Leipzig University, Leipzig, Germany ²Liverpool John Moores University, Liverpool, United Kingdom ³Universitat Autònoma de Barcelona, Barcelona, Spain ⁴University of Chichester, Chichester, United Kingdom

PRESENTATIONS OF THE SYMPOSIUM

- 58.01. Stressors and coping strategies in esports: A systematic review
Oliver Leis¹ Benjamin T. Sharpe², Vincent Pelikan¹, Julian Fritsch³, Adam R. Nicholls⁴, Dylan Poulus^{5,6}
¹Leipzig University, Germany; ² Institute of Psychology, Business, and Human Sciences, University of Chichester, United Kingdom; ³ Institute of Sports and Sports Science, Karlsruhe Institute of Technology, Germany; ⁴ School of Sport, Exercise, and Rehabilitation Sciences, University of Hull, United Kingdom; ⁵ Physical Activity, Sport and Exercise Research Theme, Faculty of Health, Southern Cross University, Australia; ⁶ Manna Institute, Southern Cross University Australia
- 58.02. Exploring Cognitions of League of Legends Players Using ‘Think Aloud’
Laura Swettenham¹, Joe Williams², Oliver Henriks³, Heini Hermann Hansen⁴, Oliver Leis⁵, Matthew Watson⁶, Amy Whitehead¹
¹ Liverpool John Moores University, United Kingdom ² TBC ³ Henriks Consulting Group ⁴ Holbæk Hospital, Denmark ⁵ Leipzig University, Leipzig, Germany ⁶ German Sport University Cologne, Germany
- 58.03. Tilt on Esports: Conceptualization and Measurement
Iván Bonilla¹, Andrés Chamarro¹, Carles Ventura²
¹Autonomous University of Barcelona, Cerdanyola del Vallès, Spain ²National Institute of Physical Education of Catalonia, Barcelona, Spain.
- 58.04. Pressure impacts esports performance
Benjamin T. Sharpe¹, Emmanuel A. C. Obine¹, Phil D. J. Birch², Chris Pocock², Lee J. Moore³
¹Institute of Psychology, Business, and Human Sciences, University of Chichester, Chichester, United Kingdom; ²Institute of Sport, Nursing and Allied Health, University of Chichester, Chichester, United Kingdom; ³Department for Health, Faculty of Humanities and Social Sciences, University of Bath, Bath, United Kingdom
- 58.05. The Effect of Pressure on Heart Rate Variability in Esports.
Matthew R. Welsh¹, Emma Mosley², Sylvain Laborde^{3,4}, Benjamin T. Sharpe⁵, Melissa C. Day¹, and Phil D. J. Birch¹
¹Institute of Applied Sciences, University of Chichester, Chichester, United Kingdom; ² Department of Rehabilitation and Sport Sciences, Bournemouth University, Bournemouth, United Kingdom; ³Department of Performance Psychology, Institute of Psychology, German Sport University Cologne, Koln, Germany; ⁴UFR STAPS, Normandie Université Caen, Caen, France; ⁵Institute of Psychology, Business, and Human Sciences, University of Chichester, Chichester, United Kingdom

WORKSHOP (APPLIED) 50: DAILY LIFE

Time 01.30 – 02.30pm
Location Hall Maximilian

“You are what you repeatedly do”: Supporting habit formation and disruption in sport and exercise settings

Laura Gördes^{1,2}, Sylvain Laborde²

¹University of Bern, Bern, Switzerland ²German Sport University Cologne, Cologne, Germany

SYMPOSIUM 59: COACHING

Time 01.30 – 02.30pm
Location Hall Igls

A global exploration of challenges coaches experience in the pursuit of effective coaching

Sophia Jowett¹, Gordon Bloom²

¹Loughborough University, Loughborough, United Kingdom ²McGill University, Montreal, Canada

PRESENTATIONS OF THE SYMPOSIUM

59.01. Exploring the career experiences and reflections of Special Olympics Canada’s National team programme coaches
Danielle Alexander-Urquhart¹, Gordon A. Bloom², Madison M. Fraser²

¹University of Ottawa, Ottawa, Canada ²McGill University, Montreal, Canada

59.02. Australian National Coaches: The unique challenges that can impede the effectiveness of the national coaching environment
Jordan S. Lefebvre¹, Steven B. Rynne¹, and Clifford J. Mallett¹

¹University of Queensland, Saint Lucia, Australia

59.03. University Serial Winning Coaches’ Experiences With Low Performance And Maladaptive Team Culture

Madison M Fraser¹, Gordon A Bloom¹, Clifford J Mallett²

¹McGill University, Montreal, Canada ²University of Queensland Australia, Saint Lucia, Australia

59.04. A conceptualisation of care within sport coaching

Matthew Gherardi¹, Sophia Jowett¹, Ed Cope¹

¹Loughborough University, Loughborough, United Kingdom

59.05. The cost of greater communication in remote coaching in endurance sports

Doug G Stewart¹, Sophia Jowett¹, Richard C Blagrove¹

¹Loughborough University, Loughborough, United Kingdom

SPECIAL SESSION ROUNDTABLE (RESEARCH) 06: BEST PRACTICE

Time 01.30 – 02.30pm
Location Hall Grenoble

Better Together?! On the Value, Challenges, and Best Practices of Research-Practice Integration

Svenja A. Wolf¹

¹Florida State University, Tallahassee, United States

PODIUM DISCUSSION (OPEN) 09: ELITE SPORTS AND EXPERTISE

Time 01.30 – 02.30pm
Location Hall New Orleans

Bridging Research and Practice: Systemic Implementation of Well-being Frameworks in High-Performance Sport

Sam Giles¹, Antoinette Minniti²

¹Nottingham Trent University, Nottingham, United Kingdom ²High Performance Sport New Zealand, Auckland, New Zealand

SYMPOSIUM 60: MILITARY, POLICE AND TACTICAL POPULATIONS

Time 01.30 – 02.30pm
Location Hall Innsbruck

Xtending Reality to Performance under Pressure: Advancing Operational Skills of Police and Military with Virtual Training

Lisanne Kleygrewe^{1,2}, Jennifer Lavoie³, Jakob Uhl^{4,5}, Tom Arthur^{6,7}, Judith P. Andersen⁸

¹Department of Human Movement Sciences, Vrije Universiteit Amsterdam, Amsterdam, the Netherlands ²Institute of Brain and Behaviour Amsterdam, Amsterdam, the Netherlands ³Departments of Criminology and Psychology, Wilfrid Laurier University, Brantford, Canada ⁴AIT Austrian Institute of Technology, Vienna, Austria ⁵Department of Artificial Intelligence and Human Interfaces, University of Salzburg, Salzburg, Austria ⁶Faculty of Health and Life Sciences, University of Exeter, Exeter, United Kingdom ⁷Cineon Training, Exeter, United Kingdom ⁸Health Adaptation Research on Trauma (HART) Lab, Department of Psychology, University of Toronto, Mississauga, Ontario, Canada

PRESENTATIONS OF THE SYMPOSIUM

60.01. Virtual Reality Training: A Concoction of Risks and Opportunities for Operational Skill Development

Tom Arthur^{1,2}, Sam Vine^{1,2}, David Harris¹, Mark Wilson¹

¹Faculty of Health and Life Sciences, University of Exeter, Exeter, United Kingdom ²Cineon Training, Exeter, United Kingdom

60.02. Quantifying the Physiological Signatures and User Experience of Virtual Reality Training for Mental Health Crisis Response in Police Officers Using a Full-body Immersive System

Jennifer Lavoie¹, John E. Muñoz², Alan T. Pope^{3,4}

¹Departments of Criminology and Psychology, Wilfrid Laurier University, Brantford, Canada ²System Design Engineering Department, University of Waterloo, Canada ³Langley Research Center, National Aeronautics and Space Administration, Hampton, VA, United States ⁴Learning Engagement Technologies, Poquoson, VA, United States

60.03. Human Digital Twin: Enhancing Close Combat Training with Extended Reality Integration

Markus Murtinger^{1,2}, Jakob Uhl^{1,2}, Eliran Feildboy³

¹AIT Austrian Institute of Technology, Vienna, Austria ²Department of Artificial Intelligence and Human Interfaces, University of Salzburg, Salzburg, Austria ³Project Gecko, Germany

60.04. Considerations on VR Training and Evaluation in Police: From Neurophysiology, Cognition and Performance to Ethics, Policy, and Practice

Judith P. Andersen¹, Paula M. Di Nota^{1,2}, Juha-Matti Huhta³

¹Health Adaptation Research on Trauma (HART) Lab, Department of Psychology, University of Toronto, Mississauga, Ontario, Canada ²Ontario Ministry of Transportation, Toronto, Ontario, Canada ³Police University College of Finland, Tampere, Finland

60.05. Performing under Pressure: Applying Didactical Principles to Virtual Reality to Prepare Police Officers for High-Risk Situations

Lisanne Kleygrewe^{1,2}, Vana (R.I.) Hutter^{1,2,3}, Raoul R.D. Oudejans^{1,2,4}

¹Department of Human Movement Sciences, Faculty of Behavioural and Movement Sciences, Vrije Universiteit Amsterdam, Amsterdam Movement Sciences, the Netherlands ²Institute of Brain and Behaviour Amsterdam, Amsterdam, the Netherlands ³Netherlands Institute for the Study of Crime and Law Enforcement (Nederlands Studiecentrum Criminaliteit en Rechtshandhaving; NSCR), Amsterdam, the Netherlands ⁴Faculty of Sports and Nutrition, Amsterdam University of Applied Sciences, Amsterdam, the Netherlands

ORAL PRESENTATION 40: YOUTH

Time 01.30 – 02.30pm
Location Hall Aalborg
Chair Víctor J. Rubio

Fitness as a moderator of physiological and psychological reactions during a stressful situation at school (maths exam)

Markus Gerber¹, Damian Räber¹, Vera Nina Looser¹, Sebastian Ludyga¹

¹University of Basel, Wallbach, Switzerland

Applying a Gender Equity Lens to Understand Sport and Physical Activity Opportunities and Barriers in Ontario (Canada) Schools

Sasha Gollish¹, Alishba Mansoor¹, Sarah Ryan¹, Samira Sunderji¹, Catherine Sabiston¹

¹University Of Toronto, Toronto, Canada

Correlates of physical activity enjoyment as a theoretical framework for the activity related treatment of overweight within the STARKIDS study

Constanze Greule^{1,2,3}, Gorden Sudeck^{2,3}, Ansgar Thiel^{2,3}, Lydia Kastner^{2,3}, Pia Janßen^{1,2}, Andreas Nieß^{1,2}, Rebecca Erschens⁴, Katrin Ziser⁴, Florian Junne⁵, Inga Krauß^{1,2}

¹Department of Sports Medicine, University Hospital of Tübingen, Tübingen, Germany ²Interfaculty Research Institute for Sport and Physical Activity, Eberhard Karls University of Tübingen, Tübingen, Germany ³Institute of Sports Science, Eberhard Karls University of Tübingen, Tübingen, Germany ⁴Department of Psychosomatic Medicine and Psychotherapy, University Hospital of Tübingen, Tübingen, Germany ⁵Department of Psychosomatic Medicine and Psychotherapy, Otto von Guericke University Magdeburg, Magdeburg, Germany

Relationships Between Motives for Sports Practice and Video Game Play

Cécile Martha¹, Julie Devif², Bérangère Rubio³, Julien Cestac³, Frédéric Martinez², Jean-Pascal Assailly³, Christine Morin-Messabel², Marie-Axelle Granié²

¹Aix Marseille Univ, CNRS, ISM, Marseille, France ²Université Gustave Eiffel, Bron, France ³Université Gustave Eiffel, Versailles, France

WORKSHOP (APPLIED) 51: SPORTS PSYCHIATRY AND SPORTS PSYCHOTHERAPY

Time 01.30 – 02.30pm

Location Hall Freiburg

An introduction to Compassion-Focused Therapy in elite sport.

Courtney Walton¹, Karin Häggglund²

¹The University Of Melbourne, Melbourne, Australia ²The Swedish School of Sport and Health Sciences, Stockholm, Sweden

BREAK (WITHOUT DRINKS)

Time 02.30 – 02.40pm

NETWORK MEETING (OPEN) 05: ELITE SPORTS AND EXPERTISE

Time 02.40 – 03.40pm

Location Hall Tirol

Sports psychology in the german soccer system

Christoph Herr¹, Claire Schulz¹, Jan Spielmann², Christian Luthardt³, Moritz Hirmke⁴

¹DFB-Akademie, Frankfurt a.M., Germany ²TSG 1899 Hoffenheim, Zuzenhausen, Germany ³FC Bayern München, Munich, Germany ⁴University of Bamberg, Bamberg, Germany

SYMPOSIUM 61: BUILT ENVIRONMENT

Time 02.40 – 03.40pm

Location Hall Strassburg Nord

Creating sport (performance) environments for individual and organizational thriving: Current challenges and potential avenues

Svenja Wachsmuth¹, Rebecca A. Zakrajsek²

¹University of Tübingen, Tübingen, Germany ²University of Tennessee, Knoxville, United States

PRESENTATIONS OF THE SYMPOSIUM

61.01. Current and future challenges in creating optimal talent development environments in sport: Perceptions of athletes and their entourage

Luca L. Hauser¹, Oliver Höner¹, Svenja Wachsmuth¹

¹Eberhard Karls University Tübingen, Tübingen, Germany

61.02. The Effectiveness of a Coach-Athlete Relationship Intervention for Enhancing Relationship Quality and Athletic Thriving within Swedish Teams Sports

Louise Davis¹, Svenja Wachsmuth², Daniel J. Brown³, Marius Sommer¹, Sophia Jowett⁴

¹Department of Psychology & Umeå School of Sports Science, Umeå University, Sweden ²Institute for Sports Science, Eberhard Karls University of Tübingen, Germany ³School of Sport, Health & Exercise Science, University of Portsmouth, United Kingdom ⁴School of Sport, Exercise and Health Sciences, Loughborough University, United Kingdom

61.03. Promoting Thriving Environments in the University Sport System through a Pilot Credential of Coaching Excellence

Lauren McHenry¹, Emily Beach², Daniel Brown², Shelby Miller², Rebecca A. Zakrajsek²

¹McHenry Mental Performance, LLC; ²University of Portsmouth, Portsmouth, United Kingdom ³University of Tennessee, Knoxville, United States

61.04. Promoting Thriving using Relational and Systems-Led Approaches with Sport National Governing Bodies

Daniel J. Brown¹, Chris R. D. Wagstaff¹

¹University of Portsmouth, Portsmouth, United Kingdom

SYMPOSIUM 62: WELL-BEING AND QUALITY OF LIFE

Time 02.40 – 03.40pm
Location Hall Strassburg Süd

Positive psychology in sport and physical activity: Leaders and prosocial behaviors promoting health, well-being and adaptive social functioning

Athanasios Papaioannou¹, Maria Kavussanu²

¹University Of Thessaly, Trikala, Greece ²University of Birmingham

PRESENTATIONS OF THE SYMPOSIUM

62.01. Authentic Leadership and Athletes' Mental Health: The Role of Psychological Capital and Teammate Behaviour

Maria Kavussanu¹, Shuge Zhang², Qing Tang³, Jennifer Cumming¹, Thomas Mackman¹

¹University of Birmingham, Birmingham, United Kingdom ²University of Derby, Derby, United Kingdom ³Zhejiang University, Zhejiang, China

62.02. Measurement of Virtuous Leadership in Sports (VLQS)

George Loules¹, Athanasios Papaioannou²

¹University of Thessaly, Trikala, Greece ²University of Birmingham, Birmingham, United Kingdom

62.03. Title: Self-transcendent goals, helping peers to be physically active, vitality and physical activity: A study across three cultures

Athanasios Papaioannou¹, Joao Martins², Aruna Santhappan³, Marcos Onofre², Charalampos Krommidas¹

¹University of Thessaly, Trikala, Greece ²University of Lisbon, Lisbon, Portugal ³National Sports Institute of Malaysia, Kuala Lumpur, Malaysia

62.04. Measurement of Self-transcendent oriented climate and its association with social self-efficacy and socially shared regulation

Savina Sereli¹, Athanasios Papaioannou¹

¹University of Thessaly, Trikala, Greece

ORAL PRESENTATION 41: E-SPORTS & PERCEPTION & ATTENTION & NON-TRADITIONAL APPLICATIONS

Time 02.40 – 03.40pm
Location Hall Brüssel
Chair Andrea Keplinger

4 Years Ahead: E-Sportpsychological Coaching in the esports
player foundation

Moritz Anderten¹, J. Adami¹, H. den Haan¹

¹Deutsche Sporthochschule Cologne, Cologne, Germany

The effects of frequent suppression of priming negative
instructions on rifle shooting performance without cognitive load

Khelifa Bartura¹, Henrik Gustafsson², Frank Abrahamsen¹

¹Norwegian School of Sport Sciences, Oslo, Norway ²Faculty of Arts and Social
Sciences, Department of Educational Studies, Sport Sciences, Karlstad University,
Karlstad, Sweden ³Department of Sport and Social Sciences, Norwegian School of
Sport Sciences, NIH, Oslo, Norway

The Effectiveness of Eye-Movement Desensitisation and
Reprocessing and Imagery on Self-Efficacy, Confidence,
Anxieties, and Athletic Trauma of Elite Footballers (Soccer)

Tanja Ecken¹, David Pearson¹, Kjell Van-Paridon¹, Itay Basevitch¹

¹Anglia Ruskin University, Cambridge, United Kingdom

Differential Effect of Cognitive Ability among Esports Gamers of
Varying Expertise

Fatma Adalet Şahin Kırık¹, Recep Görgülü²

¹Bursa Uludağ University, Faculty of Arts and Science, Department of Psychology,
NİLÜFER, Turkey ²Bursa Uludağ University, Faculty of Sport Sciences, Psychology of
Elite Performance, Laboratory (PePLaB), NİLÜFER, Turkey

SYMPOSIUM 63: GROUP DYNAMICS AND TEAM SPORTS

Time 02.40 – 03.40pm

Location Hall Maximilian

Advancing the Field: Current Research on Psychological Safety
in Sports

Sophia Jowett¹, Katrien Fransen²

¹Loughborough University, Loughborough, United Kingdom ²KU Leuven, Leuven,
Belgium

PRESENTATIONS OF THE SYMPOSIUM

63.01. Coach and Athlete Perceptions of Psychological Safety in Sport:
Advancement of a conceptualization for sport

Kyle Paradis¹, Michael Cooke¹, Lee Ann Sharp¹, David Woods¹,
Mustafa Sarkar²

¹School of Sport, Ulster University, Ulster, United Kingdom ²Nottingham Trent
University, Nottingham, United Kingdom

63.02. Investigating the impact of coach behaviours and coach-athlete
relationships on psychological safety

Ender Şenel¹, Sophia Jowett², İlhan Adiloğulları³, Renzo Kerr-Cumbo⁴

¹Mugla Sıtkı Kocman University, Kötekli, Turkey ²Loughborough University,
Loughborough, United Kingdom ³Canakkale Onsekiz Mart University, Canakkale,
Turkey ⁴Malta College of Art, Science & Technology (MCAST), Paola, Malta

63.03. A Multi-Study Exploration of the Antecedents and Consequences
of Psychological Safety Across Adult, Youth, and Cross-Cultural
Sports Contexts

Katrien Fransen¹, Radhika Butalia¹, Filip Boen¹, S. Alexander
Haslam², Stef Van Puyenbroeck¹, Pete Coffee³, Nasrin Biglari⁴,
Mark W. Bruner⁵, Aashritta Chaudhary⁶, Paweł Chmura⁷, Alyson J.
Crozier⁸, Emma S. George⁹, Swanaya Gurjar¹⁰, Chris Hartley¹¹, Maciej
Huzarski¹², Francisco M. Leo¹³, Miguel A. López-Gajardo¹³, Todd M.
Loughead¹⁴, Moe Machida-Kosuga¹⁵, Colin D. McLaren¹⁶, Seyed
Reza Hosseini Nia⁴, Matthew J. Slater¹⁷, Rolf Van Dick¹⁸, Benedikt
Kratzer¹⁸, Desmond McEwan¹⁹, Mustafa Sarkar²⁰

¹Department of Movement Sciences, KU Leuven, Leuven, Belgium ²School of
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Universidad de Extremadura, Extremadura, Spain ¹⁴Department of Kinesiology,
University of Windsor, Windsor, Canada ¹⁵School of Physical Education, University of
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63.04. Developing psychological safety in elite sport: Research to practice

Mustafa Sarkar¹, Sally J. Hilton¹

¹Nottingham Trent University, Nottingham, United Kingdom

SYMPOSIUM 64: PROFESSIONAL DEVELOPMENT AND MENTORING

Time 02.40 – 03.40pm

Location Hall Igls

Sources of Influence in Sport and Exercise Psychologists' Professional Development

Martin Eubank¹, Nick Wadsworth², Hayley McEwan³, Johanna Belz⁴, Göran Kenttä⁵, David Tod⁶, Moira Lafferty⁷

¹Liverpool John Moores University, Liverpool, United Kingdom ²Liverpool John Moores University, Liverpool, United Kingdom ³University of the West of Scotland, South Lanarkshire, United Kingdom ⁴University of Cologne, Cologne, Germany ⁵The Swedish School of Sport and Health Sciences, Stockholm, Sweden ⁶Lancaster University, Lancaster, United Kingdom ⁷University of Chester, Chester, United Kingdom

PRESENTATIONS OF THE SYMPOSIUM

64.01. The Evolving Practitioner: A Longitudinal Narrative Analysis of Critical Moments and Practitioner Development

Nick Wadsworth¹, Hayley McEwan², Moira Lafferty³, David Tod⁴, Martin Eubank¹

¹Liverpool John Moores University, Liverpool, United Kingdom ²University of the West of Scotland, Glasgow, United Kingdom ³University of Chester, Chester, United Kingdom ⁴Lancaster University, Lancaster, United Kingdom

64.02. Mind the Gap: How Trainee Sport and Exercise Psychologists' Close the Personal and Professional Divide

Hayley McEwan¹, David Tod², Nick Wadsworth³, Moira Lafferty⁴, Martin Eubank³

¹University of the West of Scotland, Glasgow, United Kingdom ²Lancaster University, Lancaster, United Kingdom ³Liverpool John Moores University, Liverpool, United Kingdom ⁴University of Chester, Chester, United Kingdom

64.03. "I Can Never Stop Learning": The Importance of Lifelong Learning for Professional Development in Sport Psychology Practitioners

Johanna Belz¹, Göran Kenttä²

¹University of Cologne, Cologne, Germany ²The Swedish School of Sport and Health Sciences, Stockholm, Sweden

64.04. The Generative Self: Trainee Sport and Exercise Psychologists' Identity Narratives

Martin Eubank¹, Nick Wadsworth¹, Hayley McEwan², Moira Lafferty³, David Tod⁴

¹Liverpool John Moores University, Liverpool, United Kingdom ²University of the West of Scotland, Glasgow, United Kingdom ³University of Chester, Chester, United Kingdom ⁴Lancaster University, Lancaster, United Kingdom

WORKSHOP (APPLIED) 52: BEST PRACTICE

Time 02.40 – 03.40pm

Location Hall Grenoble

Helping NCAA Student Athletes Perform Under Pressure: Insights From Within an Athletics Department Consisting of 17 Teams and 300 Athletes

Jacob Jensen¹, Mark Otten¹

¹California State University, Northridge, Simi Valley, United States ²California State University, Northridge, Northridge, CA, United States

SYMPOSIUM 65: ELITE SPORTS AND EXPERTISE

Time	02.40 – 03.40pm
Location	Hall New Orleans
Chair	Koen De Brandt (Vrije Universiteit Brussel) and Jolan Kegelaers (Vrije Universiteit Brussel)
Discussant	Heinrich Grobbelaar (Stellenbosch University)

Promoting Mental Health in High-Performance Sport:
Perspectives of Athletes and Entourage Members

Koen De Brandt¹, Jolan Kegelaers¹, Heinrich Grobbelaar²

¹Vrije Universiteit Brussel, Brussels, Belgium ²Stellenbosch University, Stellenbosch, South Africa

PRESENTATIONS OF THE SYMPOSIUM

- 65.01. Evaluating Mental Health Literacy in Sports with a Novel Assessment Tool
Janja Usenik¹, Jolan Kegelaers², Koen De Brandt², Heinrich Grobbelaar³
¹University of Maribor, Maribor, Slovenia ²Vrije Universiteit Brussel, Brussels, Belgium
³Stellenbosch University, Stellenbosch, South Africa
- 65.02. Mental health outcomes, literacy and support provision of entourage members working in high-performance sport
Laura Spolverato¹, Jolan Kegelaers¹, Paul Wylleman¹, Maximiliano Devoto², Koen De Brandt¹
¹Vrije Universiteit Brussel, Brussels, Belgium ²Universitat Autònoma de Barcelona, Barcelona, Spain
- 65.03. Are We on The Same Path? Athletes and Entourage Members' Perspectives on How to Care for Mental Health in Elite Sport
Maximiliano Devoto¹, Laura Spolverato², Anna Jordana¹, Joan Pons³, Koen De Brandt², Jolan Kegelaers², Miquel Torregrossa¹
¹Vrije Universiteit Brussel, Brussels, Belgium ²Universitat Autònoma de Barcelona, Barcelona, Spain ³University of the Balearic Island, Mallorca, Spain

- 65.04. Be an athlete and a student: Systematic review on the relationships between role interactions and student-athlete well-being, mental and physical health
Lefebvre du Grosriez S.^{1,2}, Sarrazin P.¹, Isoard-Gautheur S.¹
¹Univ. Grenoble-Alpes, SENS, Grenoble, France. ²Univ. Orléans, SAPRêM, CIAMS, Orléans, France.

NETWORK MEETING (OPEN) 06: MILITARY, POLICE AND TACTICAL POPULATIONS

Time	02.40 – 03.40pm
Location	Hall Innsbruck
Open network meeting: Law Enforcement And Performing under Pressure (LEAPP)	
Vana Hutter ¹ , Judith Andersen ²	
¹ Netherlands Study Center for Criminology and Law Enforcement (NSCR), Amsterdam, Netherlands ² Health Adaptation Research on Trauma (HART) Lab, Department of Psychology, University of Toronto, Mississauga, Ontario, Canada	

SYMPOSIUM 66: SOCIAL AND CULTURAL DIVERSITY
(E.G. MIGRATION, ETHNICITY)

Time	02.40 – 03.40pm
Location	Hall Aalborg

Empowering women: Navigating gendered spaces in sport with authenticity and systemic resilience

Tatiana V. Ryba¹, Mirjam Raudasoja¹, Janja Usenik², Aku Nikander¹, Antoinette Minniti³
¹Department of Psychology, University of Jyväskylä, Jyväskylä, Finland ²Faculty of Education, University of Maribor, Maribor, Slovenia ³High Performance Sport New Zealand, Auckland, New Zealand

PRESENTATIONS OF THE SYMPOSIUM

- 66.01. “Sport belongs to everyone... But not during pregnancy” Views of Finnish sport stakeholders on pregnancy in sport
Mirjam Raudasoja¹, Tatiana V. Ryba¹
¹Department of Psychology, University of Jyväskylä, Jyväskylä, Finland
- 66.02. A single-case exploration of a Slovenian female judoka’s identity construction, dual career development, and power dynamics in combat sports
Janja Usenik¹
¹Faculty of Education, University of Maribor, Maribor, Slovenia
- 66.03. From a junior coach to the senior ranks: Relational transition from a collaborative autoethnographic perspective
Aku Nikander¹, Tatiana V. Ryba¹
¹Department of Psychology, University of Jyväskylä, Jyväskylä, Finland
- 66.04. Promoting leadership of women at High Performance Sport New Zealand
Antoinette Minniti¹, Sue Robson¹, Helene Wilson¹, Christine Arthur¹
¹High Performance Sport New Zealand, Auckland, New Zealand

ORAL PRESENTATION 42: ELITE SPORTS AND EXPERTISE & EXERCISE AND COVID-19 PANDEMICS & WELL-BEING AND QUALITY OF LIFE & CLINICAL SPORT PSYCHOLOGY, CLINICAL ISSUES IN SPORT AND PHYSICAL ACTIVITY

Time	02.40 – 03.40pm
Location	Hall Freiburg
Chair	Courtney Walton

Evaluating the Impact of Fatigue on Go-Kart Drivers: An Analysis Based on Pupillometric Indicators and Eye-Tracking Technology
Pierluigi Diotaiuti¹, Stefano Corrado¹, Beatrice Tosti¹, Giuseppe Spica¹, Stefania Mancone¹

Comparison of the Stress Coping Styles Of University Students Who Are Sedentary, Athletes and Exercise Participants
Gözde Ersöz¹, Fatoş Hansu²
¹Marmara University, İstanbul, Turkey ²Fenerbahçe University, İstanbul, Turkey

The role of social support in adolescent athletes’ mental health: A longitudinal approach
Joan Pons¹, Miquel Torregrossa², Anna Jordana², Marta Borrueco², Yago Ramis²
¹Universitat De Les Illes Balears, Palma, Spain ²Universitat Autònoma de Barcelona, Barcelona, Spain

Bouldering and Climbing as a Treatment for Depression – An Ongoing Systematic Review and Meta-Analysis
Gantima Praisan¹, Ioannis D. Morres², Oliver Leis³
¹Humboldt-Universität zu Berlin, Berlin, Germany ²University of Thessaly, Trikala, Greece ³Universität Leipzig, Leipzig, Germany

BREAK (WITHOUT DRINKS)

Time	03.40 – 05.30pm
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KEYNOTE LECTURE VI AND AWARDS

Time 05.30 – 06.45pm
Location Hall Tirol
Chair Michala Bednarikova

Performance excellence under pressure: Reflections of a scientist practitioner

Kristoffer Henriksen¹

¹University of Southern Denmark, Odense, Denmark

AWARDS (Young Researcher and Practitioner Awards, Applied and Science Slam Awards)

CLOSING CEREMONY OF THE ACADEMIC PROGRAMME

Time 06.45 – 07.00pm
Location Hall Tirol

CONFERENCE DINNER

Time 07.00 – 11.30pm
Location Hall Dogana

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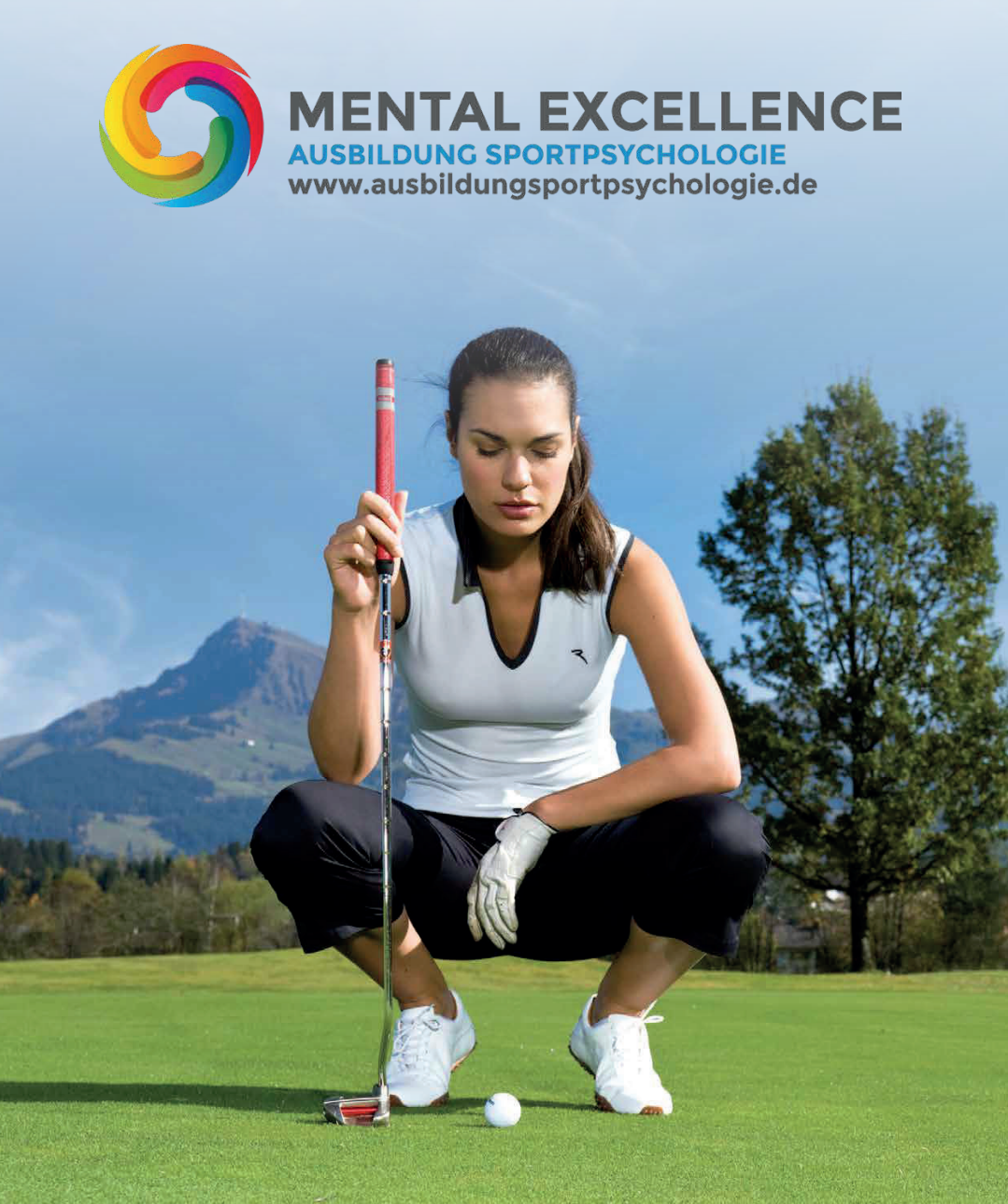
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